## Exchange Programme with Nagano Prefectural Ueda Senior High School, Japan

Our students went to Japan to experience their culture and school life previously. They all benefited a lot from the programme and here is their sharing:

## G11B Chan Shin Wai

After this trip, I have learnt lots of difference between Hong Kong and Japan, and one of the differences is education culture. In Japan, they emphasize on team spirit. They put great emphasis on "all for one and one for all" in the whole school. Everyone will consider the benefit to the school and try their best to make a good learning environment for each other to fight for a good academic result and attempt to give the honour to the school. The second value they emphasise is the sense of gratitude. They always treasure what they have. They even feel thankful for every meal and the one who cooks for them.

## G10E Chu Cheuk Lam

After this exchange programme, I found that Japanese students were always polite and paid respect to the others. They always respect the teachers and their classmates. Besides, they have a strong sense of punctuality. Students are never late for class and teachers finish their lessons on time, therefore, students also take their learning seriously and put lots of effort during lesson time and after school on their studies. These are good culture that Hong Kong students should learn.





