



# Power of Reading

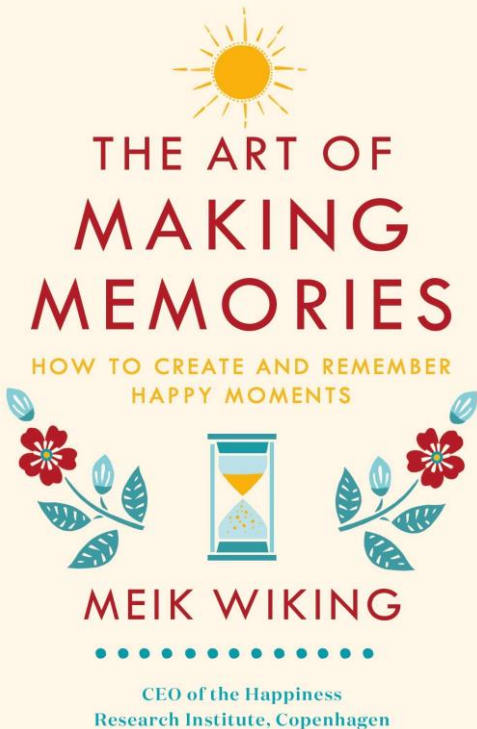
Library and Reading Affairs e-Newsletter Vol. 4 2019-2020

Welcome! This is the fourth newsletter published by the Library and Reading Affairs Team this year. In this volume, we have book and e-book recommendations, reading news, and a book and film review to share with you. Enjoy reading!

## Book Recommendation

### The Art of Making Memories: How to Create and Remember Happy Moments

From the author of the internationally bestselling *The Little Book of Hygge*



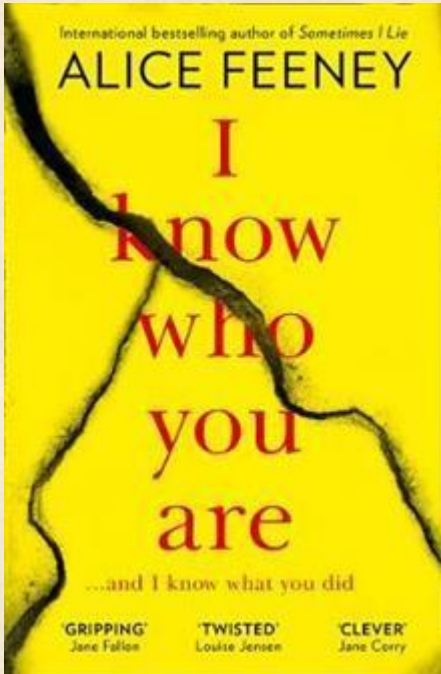
ISBN : 9780241376058

What's the actual secret to happiness? Great memories! The author Meik Wiking shows us how to create memories that make life sweet in this charming book.

This book examines how mental images are made, stored, and recalled in our brains, as well as the “art of letting go”—why we tend to forget certain moments to make room for deeper, more meaningful ones. It is a practical handbook filled with ideas to help us make the memories that will bring us joy throughout our lives.

## Book Recommendation

### I Know Who You Are



ISBN: 9780008236076

This book is the brilliant tale of two stories. One is about Aimee Sinclair – well-known actress on the verge of being full-on famous. One day towards the near-end of her shoot on her latest film, she comes home from filming to find her husband’s cell phone and wallet on the dining room table. He never goes anywhere without them. But he’s nowhere to be found.

Another story is that of a little girl who wandered away from home. We always tell our kids not to go with strangers or unexpected incidents will occur.

### The Funniest Thing You Never Said

This is the biggest and best humorous quotation book. Quotations are ordered not by A-Z, but by thematic categories: love, business, religion, celebrity, you name it, every category is covered. This collection includes not only all the classics from Oscar Wilde to Winston Churchill, Dorothy Parker to Groucho Marx but also many new hidden gems from lesser lights and contemporary quotes by everyone from Jilly Cooper to Jonathan Ross.

### The Funniest Thing You Never Said



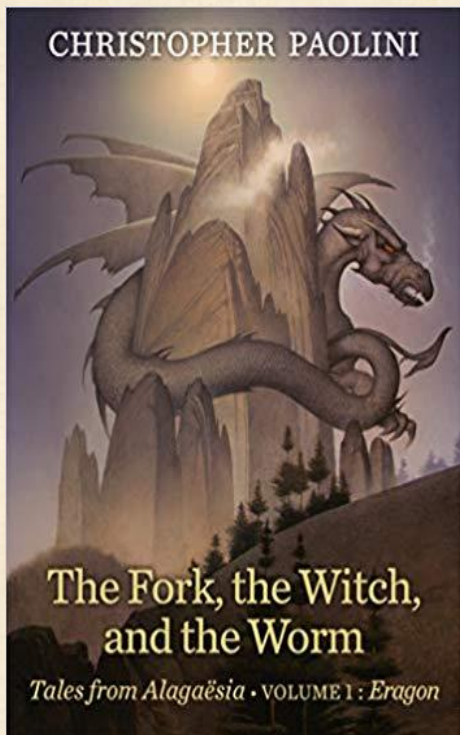
THE ULTIMATE COLLECTION OF  
**HUMOROUS**  
QUOTATIONS

ROSEMARIE JARSKI

ISBN: 9780091897666

## Book Recommendation

### The Fork, the Witch, and the Worm: Tales from Alagaësia

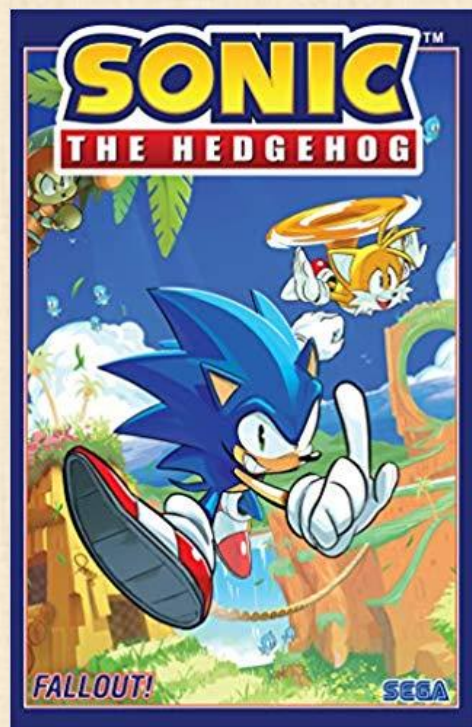


ISBN: 9781984894861

Welcome back to the world of Alagaësia. It's been a year since Eragon departed from Alagaësia in search of the perfect home to train a new generation of Dragon Riders. Now he is struggling with an endless sea of tasks: constructing a vast dragonhold, wrangling with suppliers, guarding dragon eggs, and dealing with belligerent Urgals and haughty elves. Then a vision from the Eldunarí, unexpected visitors, and an exciting Urgal legend offer a much-needed distraction and a new perspective.

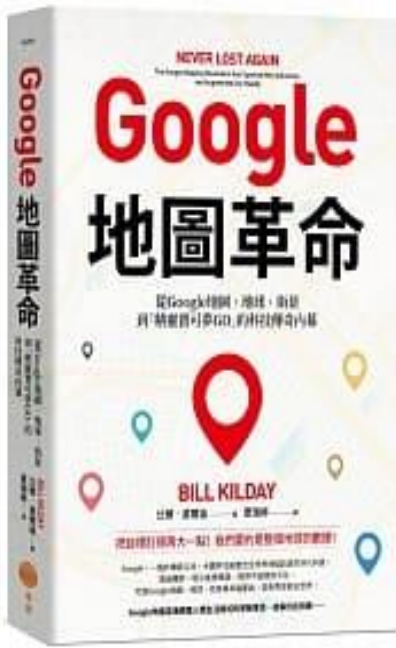
### Sonic The Hedgehog Vol. 1: Fallout!

The evil genius Dr. Eggman has been foiled--but the work of Sonic the Hedgehog isn't over yet! In the aftermath of the latest epic battle, rogue robots continue to attack small villages around the world. In order to succeed, Sonic will need the help of his friends Tails, Knuckles, and Amy, along with some new and surprising allies. This new collection from acclaimed author Ian Flynn features the Blue Blur like you've never seen him before.



ISBN: 9781684053278

### Google地圖革命

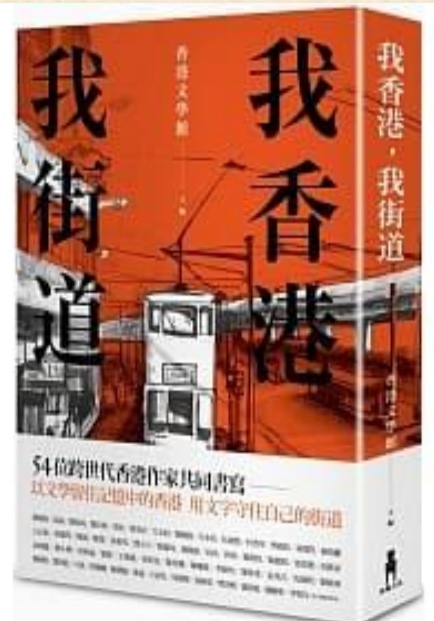


ISBN : 9789869833097

Google地圖這個有史以來最重要的應用程式之一，源於一個名不見經傳的團隊，而他們的技術顛覆了人們找路的方法。作者比爾·基爾迪是Keyhole和Google地圖早期的行銷總監，他講述了對於Google地圖這個應用程式的個人與幕後各方視角，以及開發者的想法。書中記錄了地圖科技演化的過程—20年的發展歷經許多波折，如何一夜成功，最後Google成就了地圖霸業。作者描述科技發展的內幕，並帶領我們認識打造出Google地圖、Google地球的團隊。

### 我香港，我街道

本書源自香港文學館歷時三年的「我街道，我知道，我書寫」計劃，收錄五十四位香港作家書寫香港街道的文章，內容依地區劃分為港島、九龍、新界三章，文類涵蓋小說、散文、詩，不僅寫街道故事，更寫香港的歷史、集體記憶與常民生活，建構出一個風貌繁複的香港，讓讀者得以深入認識這座城市的表象與內裡。作家跨世代、作品跨文類，能讀到作家西西以細緻工筆描繪居住多年的土瓜灣道，以及作家韓麗珠寫童年記憶而勾勒出昔日香港社區樣貌。



ISBN:9789863597599

### 像心理學家一樣思考



蔡亞偉 編著  
揭祕不可思議的心理學密碼，修煉自我強大內心，  
瞬間讓複雜難以捉摸的人心！  
人類最大的敵人不是病魔、饑餓、貧困和戰爭，而是我們的心靈——心理學家蔡亞偉  
心理學是改變世界和改變人的一門學問，擁有最實際的應用，它不僅能認識自己、看透別人，還能掌握溝通  
與生活技巧，讓你有千變萬化的能力，還有千般解題的妙法，只有你這顆獨特的心靈能辦到！

說起心理學，很多人認為心理學看不見、摸不著，離生活很遙遠，而且總讓人覺得神秘莫測，其實心理學的現象無處不在，它與我們的一生息息相關。本書輻射面廣，語言通俗易懂、生動活潑，詳實而細緻地介紹了心理學的相關知識，教你了解自己困擾的癥結，對症下藥；了解對方的類型特徵，營造和諧卓越的人際關係，讓自己在人生路上，無論扮演什麼角色，做什麼事情都游刃有餘。

ISBN : 9789865852771

### 18位哲學大師的 穿越講堂

哲學，到底是什麼？

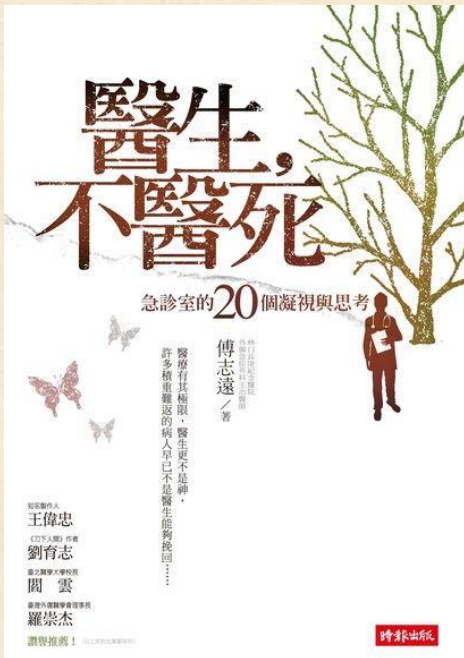
哲學思考的廣度影響到生命的深度，  
關係著人生的高度。

哲學之於一般人總是艱澀難懂，但其實哲學並不是如此遠離生活，本書將各時代的偉大哲學家齊聚一堂，18位哲學大師分別講述18個與現代社會生活密切相關的話題，皆以平易近人的語調娓娓道來。除了將大師卡通化，更適時附加圖解與參考書目，段落間更不時附有李萍老師評注，全書充滿輕鬆自然的閱讀氣氛。



ISBN:9789865836344

### 醫生，不醫死



ISBN : 9789571357263

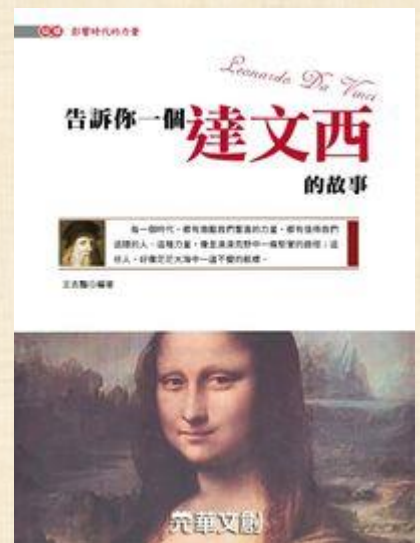
病人之死未必與醫療疏失有關。事實上，醫療有其極限，醫生更不是神，許多積重難返的病人早已不是醫生能夠挽回.....

這是20個人性糾纏的故事，一幅急診室裡最赤裸的人性百態--醫師、病人、照護者，在生死拔河間，體現人性的光輝與體制的殘酷，從中也映照出你我每一個人的面貌。

急診室裡，24小時不停上演的人性劇場，這不只是別人的故事，也可能是明天的你我.....

### 告訴你一個 達文西的故事

達文西是一個農婦的兒子，他的父親也僅僅是一位公證師。雖然出身卑微，但他自幼勤奮好學，智力過人。少年時期，他曾拜一位數學家為師，學習幾何。後來，他又跟隨藝術大師維羅奇奧學習繪畫和雕塑，表現了極高的繪畫天賦。他總是隨身攜帶筆記本，時刻留心觀察生活。他的本子上畫滿了各種人物的面孔、表情、身軀等，以及各種自然風光、動物身軀等，這些都成為他創作的最好素材。



ISBN:9789863937043

### 一本書讀完韓國歷史



ISBN : 9789865864262

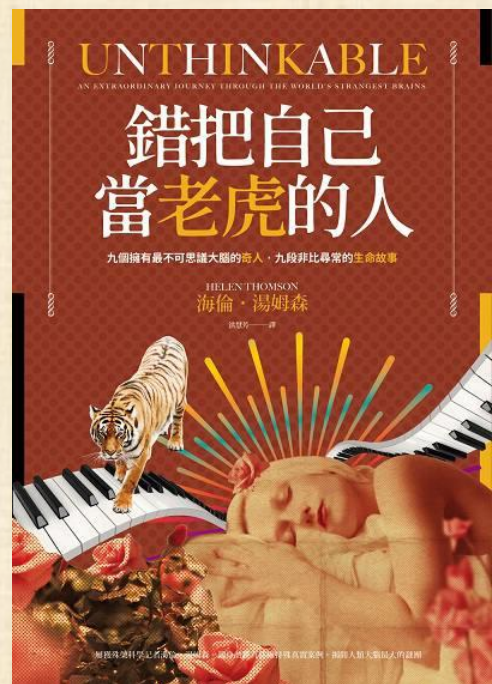
韓國的歷史綿延數千年，經歷過很多次入侵、戰爭、殖民；但充滿苦難與傷痕的歷史，並未讓大韓民族喪失自己的生命，而是頑強地保存自己的文化與特色。無論在飲食、衣著、禮俗等方面，傳承儒家文化的韓國，比漢民族保留了更多的歷史傳統。

歷史與現代，都充滿了令人驚奇與不解的衝擊力。我們在看韓劇、吃韓國美食、穿韓國出產的潮流服飾、使用韓國品牌的電器與手機的同時，不妨試著更了解韓國歷史文化，也許會更看清楚韓國人如今在這世界所努力爭取的方向……

### 錯把自己當老虎的人

大腦遠比我們所想的還要特別、奇怪。我們把記憶、情緒感受、辨識方位、將心比心、理解周遭世界等能力視為理所當然，但是萬一這些能力突然大幅提升，或一夕間消失無蹤，我們的生活會有什麼變化？

作者海倫·湯姆森花了數年的時間走訪世界各地，去追蹤那些極其罕見的大腦失調案例。在本書中，她描述遇到的九位奇人，例如一個男人覺得自己是隻老虎，一個醫生光是觀察他人就能切身感受對方的痛苦，一名女子可以聽到大家聽不見的音樂等。這些奇人異事顯示，大腦如何以意想不到、甚至以巧妙又驚人的方式塑造我們的生活。



ISBN:9789864893492

## E-Book Platform

### 香港公共圖書館的電子書

電子書

主頁 > 電子書



香港公共圖書館電子書本季的主題為飲食文化，亦包括人文科學、社會科學及科學與技術等不同類型的電子書。如欲在網上免費閱讀電子書，請先登入此網頁：<https://www.hkpl.gov.hk/tc/e-resources/e-books/home>，然後以自己的圖書證/身分證號碼及自行設定的密碼進入電子書的版面，跟著便可以進行線上閱讀/借閱電子書，並享受閱讀的樂趣。

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網路讓我們變笨?:數位科技正在改變我們的大腦、思考與閱讀行為

點閱: 11

譯自: The shallows: what the Internet is doing to our brains

其他題名: 數位科技正在改變我們的大腦、思考與閱讀行為 數位科技正在改變我們的大腦思考與閱讀行為

作者: 卡爾(Nicholas Carr)著;王年愷譯

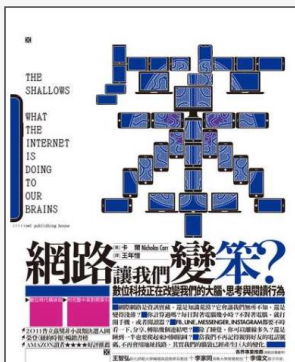
出版年: 2019[民108]

出版社: 貓頭鷹出版 家庭傳媒城邦分公司發行

出版地: 臺北市

集叢名: 數位新世界:6

格式: EPUB



香港公共圖書館  
(HKPL)

借閱已滿, 目前 1 人預約

預約

線上閱讀



## E-Book Platform

### Britannica LaunchPacks Science, Humanities and Social Sciences

The Britannica website comprises articles, images and videos of a wide variety of different topics including electrical energy, climate change, economic recession and The Industrial Revolution, etc. You may browse the following two websites to read the content of science, humanities and social sciences respectively with our school's access ID: hkedb and passcode: hongkong .

<https://packs.eb.com.au/science>

<https://packs.eb.com.au/hss>

The screenshot shows the top navigation bar with the Britannica logo, a '250' anniversary badge, and links for Home, Search, Help, and Sign In. Below the navigation bar is a promotional banner on the left that says 'You've got a class? We've got your Pack!' and describes the LaunchPacks Science platform. To the right are four topic cards: 'Electrical Energy' (4 articles, 3 images, 3 videos, Years 6-8), 'Climate Change' (5 articles, 3 images, 4 videos, Years 6-8), 'Life Cycles' (4 articles, 4 images, 1 video, Years 3-5), and 'Pollution' (7 articles, 3 images, 1 video, Years 9-12). Each card includes a representative image and a list of content types and counts.

The screenshot shows the top navigation bar with the Britannica logo, a '250' anniversary badge, and links for Home, Search, Help, and Sign In. Below the navigation bar is a promotional banner on the left that says 'You've got a class? We've got your Pack!' and describes the LaunchPacks Humanities and Social Sciences platform. To the right are four topic cards: 'Hinduism' (1 article, 5 images, Foundation - Year 2), 'Australia World War I' (2 articles, 2 images, 1 website, Years 9-12), 'Water Scarcity' (5 articles, 6 images, 3 videos, Years 6-8), and 'Human Rights: Children's Rights' (4 articles, 3 images, Years 3-5). Each card includes a representative image and a list of content types and counts.

## Reading Activities



「閱讀」讓民眾與時代同步發展，掌握科技與文化藝術的新知，同時更可洗滌心靈，美化休閒生活。由香港電台、康樂及文化事務署、香港公共圖書館合辦「十五分鐘的約會」的活動，以「每日閱讀十五分鐘」為主題，向讀者推介不同文章，鼓勵讀者積極閱讀，齊齊締造「喜閱無界限」風氣。

### 參加方法

1. 讀者只要按圖選取文章，即可開始閱讀或收聽相關文章，右上角的計時器亦會開始計時。
2. 讀者可於每次完成閱讀後才登記資料，每天參加次數不限。而每個電郵只能登記最多二十次。
3. 如關閉瀏覽器，計時器將重新計時，而不會累積之前的時間。
4. 所有收集的資料只作活動用途，並於三個月內銷毀。

## Reading Activities 十五分鐘的約會

十五分鐘的約會

主頁 文章分類 ▾

### 文章分類

消閒散文篇

唐詩宋詞篇

香港情懷篇

有趣閱讀篇

海外譯本篇

經典故事篇

親子共讀篇



《夢話》

作者：朱少璋博士



《燈火闌珊》

作者：朱少璋



《做旅遊作家好好玩？》

作者：胡世君



《別讓它成為遺憾的過去》

作者：周淑屏



《夢囈集》

作者：周蜜蜜



《真正的青春》

作者：李韋玲



《做個「紙上美食家」》

作者：鄒芷茵博士



《參與及觀察》

作者：胡燕青

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如果想更深入了解此活動的詳情，請瀏覽以下網站：  
<https://app4.rthk.hk/special/15minsreading/>

## Reading Activities

Books allow students an opportunity to be informed, entertained or escape as they comprehend fiction and non-fiction texts against their understanding of the world, their personal insights, opinions and finally comparing those texts to others.

Whilst you may have a wealth of books in your school library it can often be tough to come up with fresh and engaging ways to study literature. So today we are going to explore activities that can be applied to any book and at any age level.



### TEXT TO SELF

Based upon a book you have just read, share a story about yourself that is related to an event or character that was in the book.

It is probably best done in the form of a written recount. Link your experience to no more than four situations that occurred within the text.



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### Dear Diary

Place yourself in the shoes of one of the characters you have just read about and write a diary entry of a key moment from the story.

Try to choose a moment in the story in which the character has plenty of interaction and emotion to share in a diary entry.

Your diary entry should be around a page in length and contain information you learnt from the book when the character was in that specific place and time.

Remember when you are writing a diary entry you are writing it from first person perspective. It is usually but not always written in present tense.



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## Reading Activities

### ★ WHAT'S THE STATUS?

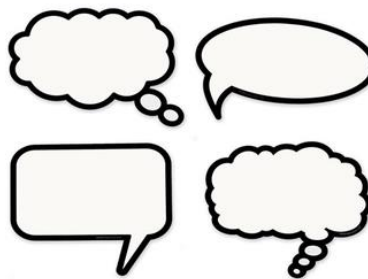


Create a Facebook page for your character with some status updates about what they have been up to.

Include some pictures and make sure your status updates are relevant to the character and the story.

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### Bubbles and Clouds



Using speech bubbles and pictures of the characters, draw a conversation between two characters from the story you have been reading.

Remember a thought is drawn as a cloud and a spoken statement is drawn as a bubble.

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### Popplet Mind Mapping Task



Popplet is a mind mapping tool that allows you connect ideas together using images, text and drawings.

From a text you have recently read create a family tree or network diagram that explains the relationship the characters have to each other.

Some may be father and son, husband and wife or even arch enemies.

Try and lay it out so it is easy to follow.

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### ★ You're Hired!

Select a character from a book and consider what might be a good job for them. You can choose something completely suitable such as a security guard job for Superman or a more oddball approach such as a pastry chef.

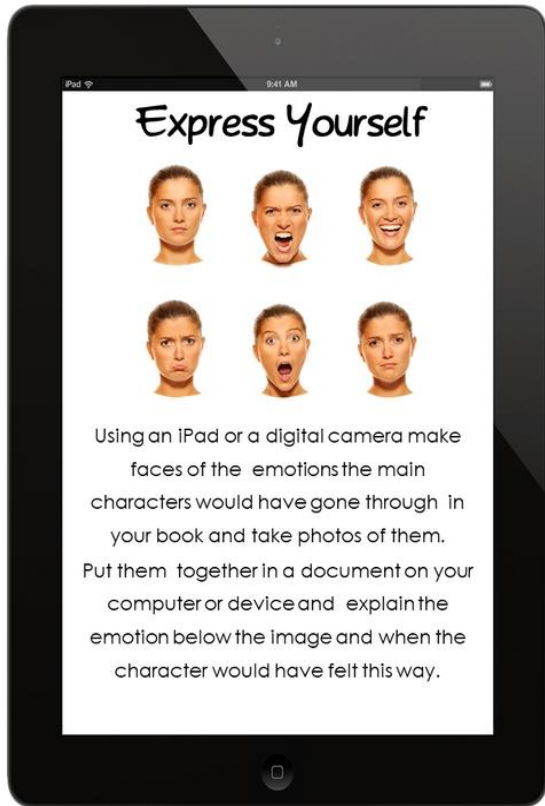
Either way, you will have to write a letter from the perspective of this character and apply for a position.

Be sure to explain why your character would be great employee and what special skills they would possess to make them ideal for the role. Really sell you character explaining all the great attributes they possess.



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## Reading Activities



**Express Yourself**

Using an iPad or a digital camera make faces of the emotions the main characters would have gone through in your book and take photos of them. Put them together in a document on your computer or device and explain the emotion below the image and when the character would have felt this way.

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### ★ AMAZING ARTEFACTS

An artefact is an object that has some significance or meaning behind it. In some cases, an artefact might even have a very important story behind it. I am sure you have got a favorite toy, or your parents have a special item in the house that they would consider an important artifact.

For today's task you are going to select five artifacts from the text you have been reading and explain what makes them significant or important.

They don't all have to be super important to the story but I am sure that at least a couple of them played a major role.

Be sure to draw a picture of the artifact and if necessary label it.

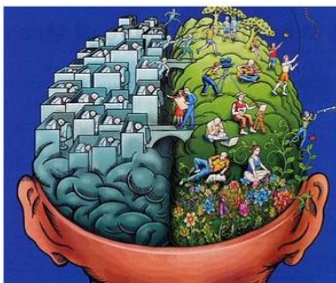


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### ★ Thinking differently

Choose 3 important events from the text and explain how you would have handled them differently to the characters in the story.

Explain how it may have changed the outcome of the story in either a small or major way.



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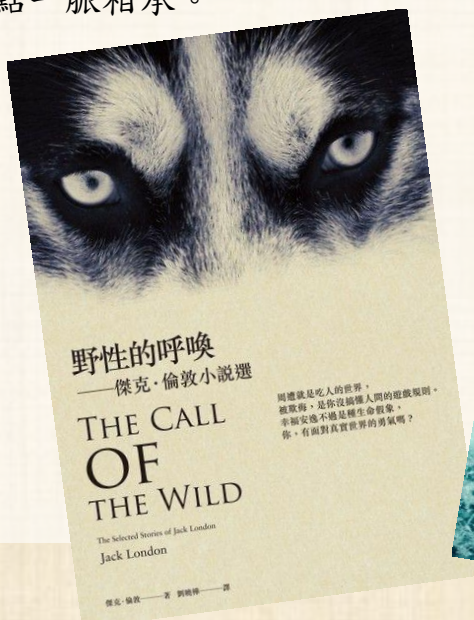
For more details, please click the following website link:

<https://www.literacyideas.com/reading-activities-for-any-book>

## 《野性的呼喚》與《極地守護犬》 (The Call of the Wild)：動物性與人性的「距離」

作者：曉龍

《極地守護犬》的原著《野性的呼喚》強調狗與狼的動物性，牠們遵循「物競天擇，適者生存」的原則，在大自然內覓食，任何比牠們體弱的小動物都會成為牠們順手拈來的食物，以大欺小的侵略性行為隨處可見，其吃完小動物後自覺理所當然的自傲心態更屬普遍。例如：原著內「狗群的呼吸在冰冷的空氣中緩緩盤旋上升，這群桀敖不馴的半狼半狗，不出片刻已把兔子吃乾抹盡，……牠們和周遭環境一樣靜默無聲，雙眼閃著不懷好意的光芒，吐出的氣息在空中裊裊上升。」狗與狼的動物性，在原著內得到細膩的描寫，牠們在森林世界內都會茹毛飲血，身為主角的混種犬巴克亦不例外；牠不單在覓食的時候會與小動物打架，還在遇上同類的敵人時毫不留情，經常都會出盡全身的氣力，狠狠地置敵人於死地，牠原始的獸性在其爭取成為領袖犬的過程中表露無遺，故被稱為「惡魔中的惡魔」。因此，作者傑克·倫敦旨在透過原著描寫大自然風貌的一點一滴，其弱肉強食的諷刺性，與二十世紀初西方資本主義社會內階級性剝削的特點一脈相承。



ISBN:9789866006555

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不過，《極》的電影創作人改編《野》時，嘗試削弱森林世界中的動物性，並強化動物與人類相處已久而衍生的人性，把原始粗獷的獸性轉化為有情有義的人性，讓巴克不再是原著中的「惡魔」，而成為討人喜愛、惹人憐憫的勇者。例如：牠被原有的領袖犬挑釁時，盡力還擊，並順利擊敗對手，但顧念其以往領導狗隊有功，故不曾致其於死地，「識英雄重英雄」，使其有一線生機，最後讓其獨自離開；牠捕獲小兔時，不曾立即吃掉，反而因自己未算過度飢餓，顧念其生存的珍貴價值，讓其逃走。電影創作人與原著作者對森林世界的看法大相逕庭，前者從善良人性的角度描寫牠和藹的本性，其原始的粗野動物性似乎被人性「淹沒」，對同伴及小動物皆留有一線，不會極端無情地催迫其走進絕路；相反，後者從殘暴動物性的角度描寫牠憤怒的個性，由於其對弱勢社群有無限的同情和憐憫，故牠被欺負被剝削後奮力還擊，及後被迫瘋而變得麻木不仁，實屬其在自然界內掙扎求存的自然法則。由此可見，雖然《極》與《野》的英文名字相同，但電影創作人嘗試改變原著中牠的形象。原著中牠主動爭取成為狗隊內的領袖犬，想盡辦法排斥其他同伴，爭取狗隊內最高的地位，是專橫極權的獨裁者；影片內牠處於較被動的位置，自身受到原有領袖犬嫉妒威脅，於其離開後才攀登狗隊內至尊的「皇位」，是順應時勢的掌權者。





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動物性在原著內受到高度的關注，可能源於作者以撰寫美國下層民眾的生活故事為其主要的寫作動機，巴克與被剝削的普羅大眾無異，為了使自己成為享有最高地位的領袖，不惜排斥異己，只有這樣，才可令自己獲得前所未有的成功；電影創作人為了順應二十至二十一世紀全球社會的變化，專權皇者已難以得人心，認為「以德服人」才是王道，故嘗試「美化」牠，讓牠在野地裡艱苦求存之餘，還有一點點愛和情，其與主人約翰科頓（夏里遜福飾）的和諧關係，正好反映牠與人類相似的動物本善的性格特質，資本主義社會內爾虞我詐的黑暗面，似乎只在「人為財死」的淘金世界裡存在。



ISBN: 9789620743412

