



PASSION
2022-2023



PREAMBLE

The ordinary dictionary meaning of “Passion” refers to a strong feeling of enthusiasm or excitement for something or about doing something. In A-School, students are taught to develop a great passion for learning through various modes to foster their creativity, logical thinking, communication skills, aesthetic sensitivity, and cultural awareness. The capacity and ability of learning of students can never be underestimated. With appropriate pedagogies and guidance, their potentials can be unleashed and brought to the full that beyond our imagination. Consisting of essays, poems, sculptures, collages, drawings, etc, Passion is a recollection of the learning outcomes of our lovely primary students in this school year. A big thank-you to our dedicated teachers for making the masterpieces of the young passionate learners into an attractive designed Passion. Hope our little writers, poets and artists could bring you cool, fascinating and refreshing moments in the hot and humid summer!

Dr. Benjamin Chan Wai Kai
Chief Principal

This collection showcases the exceptional writing talents of our students, and I am honoured to present it.

Through this anthology, we celebrate our young writers' creativity, imagination, and hard work. The pieces included in this collection reflect our students' diverse perspectives and unique voices and offer a glimpse into their inner world and experiences.

Writing is a powerful tool that allows us to express ourselves, communicate ideas, and connect with others. Through their writing, our students have demonstrated their language mastery and ability to think critically, imagine new possibilities, and empathize with others.

I hope this anthology will inspire and encourage our students to continue pursuing their love of writing and serve as a testament to the value of literacy and language arts in A-School. Thank you to all the students, teachers, and staff contributing to this beautiful collection. Enjoy!

Lee Ka Wing, Kelvin

Vice Principal (Learning and Teaching, Primary Division)

The secret ingredient for any good writing is to write with your mind and heart. This year's anthology, *Passion*, shows that our young writers have done just that. They have used their minds to showcase facts and research through non-fiction writing, and they have used their hearts to dive deep into the emotional depths of narrative writing and poetry. From creating worlds that don't exist in their fantasy writing to rib-tickling poetry in the style of Shel Silverstein, they have achieved such magic with their writing. Congratulations and Good Luck. To quote the words of our favourite wizard from the Harry Potter series, Professor Dumbledore, 'Words are, in my not-so-humble opinion, our most inexhaustible source of magic.' Keep writing!

Winnie Pradhan

Assistant Principal (Curriculum & QA, Primary Division)

It is with great pride and pleasure that I introduce this anthology of outstanding writing by our students. The pieces in this anthology showcase the creativity, imagination, and skill of our young writers, who have poured their hearts and souls into their work. From the vivid descriptions of exotic lands to the heart-wrenching tales of personal struggles, each piece is a testament to the talent and determination of our students. None of this would have been possible without the tireless efforts of our teachers, who have worked tirelessly to inspire, encourage, and guide our students in their writing. Their unwavering commitment to excellence has helped our students achieve their full potential, and we are grateful for their hard work and dedication. As you read through these pages, I hope you will be as impressed and moved by the quality of our students' writing as I am. Please join me in celebrating their achievements and thanking our teachers for their hard work in making this anthology a reality.

Chan Ngan Ling, Annie

English Panel Head

《求敏》一書收錄了同學努力筆耕的成果，同學們透過細膩的觸覺及觀察力，發掘生活上的美好，文筆甚具創見。今年更喜見同學的作品情懷、文筆兼重。作品體裁多樣，題材既有寫景抒懷，情景兼融；有抒情，直抒胸臆；有記人，觀察入微、活靈活現。文集不但收錄多元化的作品，更是見證着同學們的成長歷程。翻開文集，你我皆會愛不釋手，文集的一字一句，承載着同學的「熱情」，燃點每位同學對寫作的熱忱。

余淑貞

中文科主任

5Ws Writing

•My Birthday Party	Alma Sheung Hau Ching (1D)	01
•My Birthday Party	Chak Chi Kiu (1B)	01
•My Birthday Party	Ella Cheung Hoi Kiu (1A)	01
•My Birthday Party	Hanaa Chan Lok Yi (1E)	02
•My Birthday Party	Kayden Kwok Pak Yui (1A)	02
•My Birthday Party	Mia Li Xinyi (1C)	02

Draw-Label-Caption

•My Playground	Casper Tsoi Hom Sum (1E)	03
•My Birthday Party	Chu Ka Yuet Kinsley (1B)	03
•My Dream School	Chloe Wong (1D)	03
•My Dream school	Evi Ho Sze Yin (1A)	04
•My Playground	Chung Darren Ming Hin (1C)	04
•My Playground	Kaitlyn Leung(1D)	04

Journals

•My Birthday	Katie Poon Hoi Lam (1A)	05
•My Term Break	Alex See Tat Sen(1D)	05
•Experiential Learning Week	Adam Leung Yui Ching (1D)	05
•A-School	Bryce Cheng Tse Wang (1A)	05
•Tai Po Waterfront Park	Alva Sheung Wing Ching (1E)	06
•Love Week	Hannah Choi Yan Lam (1B)	06
•My Friends	Chan Hiu Huen (1C)	06
•Chinese New Year Holiday	Elvis Fong Cheuk Him (1D)	07
•Chinese New Year	Emma Lee Tsz Yiu (1A)	07
•My Easter Holiday	Henry Chui Chung Hang (1C)	07
•My Easter Holiday	Hannah Tang Man Hei (1C)	08
•Easter Holiday	Jacqueline Sham Chin Yau (1E)	08
•Tai Po Waterfront Park	Keira Tam Tsz Wai (1B)	09
•My Bedroom	Lucas Yu Ho Lam (1D)	09
•Chinese New Year	Yu Sun Yuet (1B)	09

Acrostic Poems

•Burning Summer	Amber Fung (2C)	10
•Breezing Winter	Audrey Pong Man Ying (2A)	10
•Frosty Winter	Hsu Sheng Yuan (2A)	11
•Freezing Winter	Tam Nga Gee (2A)	11
•Fragrant Spring	Ng Yi Ching (2D)	12

Creative Writing

•If I were a teacher...	Larissa Heather Li (2A)	13
•Respect	Anson Ngai Chak Sum (2A)	13
•New Tales of Judge Pao	Chak Paak Shun (2A)	14
•A Book I Don't Want My Mommy to Read	Damon Yu Cheuk Lok (2B)	15

Journals

•My Special Night	Lucas Lee Nok Hang (2C)	16
•Susan in the Shopping Mall	Sofie Chan Sau Lam (2E)	16

Personal Recounts

•My Best Holiday	Calista Chair Yui Yui (2C)	17
•My Best Holiday	Lai Pak Kiu (2A)	18
•My Best Holiday	Seto Chin Chin (2C)	18
•My Best Holiday	Yip Chun Hei (2C)	19

Creative Writing

•Respect	Zachary Chung Ngai (3D)	20
•If I were a teacher...	Lucas Li Pak Kiu (3A)	20
•A Book that I Don't Want My Mommy to Read	Lucas Chen Lianyu (3B)	21

Descriptive Writing

•A Sweet, Terrific, Very Good Day	Evelyn Zeng Ailin (3E)	22
•A Sweet, Terrific, Very Good Day	Jaklynn Wong (3E)	23
•A Sweet, Terrific, Very Good Day	Megan Tse Yuet Tung (3C)	24

Friendly Letters

•Friendly Letters	Fay Kwok (3D)	25
•Friendly Letters	Kady Chow Wing Ching (3D)	25
•Friendly Letters	Jace Lam Yik Ki (3B)	26

Story Writing

•The Fifth Trick	Averie Mak Ching Ling (3C)	27
•The Fifth Trick	Ellie Chen Yutong (3A)	28
•The Enormous Crocodile Returns	Emma Mok Hing Yu (3D)	29

Creative Writing

•An Inspirational Person	Yip Ching Shun (4E)	30
•This Little Corner at A-School	Lee Hin (4B)	31
•Perseverance	Clarisa Lam Hoi Tung (4B)	31

Friendly Letters

•Friendly Letters	Cheng Yi Kiu (4A)	32
•Friendly Letters	Nickson Wu (4C)	33
•Friendly Letters	Kwok Yee Hor (4C)	34

Information Reports

•Swimming	Chan Ching Huen (4B)	35
•Still Rings	Herb Lam (4C)	36
•Figure Skating	Mak Hon Tan (4D)	37
•All You Need to Know About Archery	Ng Wing (4C)	38
•Fantastic Tennis	Thomas Lau Tung Hei (4C)	39

Quatrains

•My Hobbies	Chelsea Ma Tsz Chun (4B)	40
•Fabulous Food	Chelsea Leung Hoi Kiu (4E)	40
•My Hobbies	Chan Hoi Lee (4C)	41
•Fabulous Food	Cyrus Ng Tsz Lok (4C)	41

Creative Writing

•New Tales of Judge Pao	Cheung Tsz Kiu (4A)	42
-------------------------	---------------------	----

Descriptive Writing

•My Pet Peeves	Chan Ho Ching (5B)	44
•Pet Peeves	Cheng Yee Tsun (5A)	45
•My Pet Peeves	Madelynn Lam (5A)	46
•My Top Two Pet Peeves	Lee Cheuk Ying (5A)	47
•Pet Peeves	Hilary Lee Hoi Yi (5D)	48
•My Pet Peeves	Leung Yiu Long (5B)	49

Haikus

•Seasons	Cheong Ho Ching (5B)	50
•Seasons	Ho Wan Ching (5A)	50
•Four Seasons	Lam Tsz Ching (5D)	50

Newspaper Articles

•A Car Crash Happens And Ruins The Night	Chloe Ip (5D)	51
•Student Dies In Car Accident	Au Mo Chin (5D)	51
•Bus Crashes Into G1 Classroom	Richard Zhou (5B)	52

Budding Poets Award

•Four Seasons	Reiss Tai Lok Sze (5D)	53
---------------	------------------------	----

Blogs

•My Favourite Movie	Eric Wang Jiedeng (6A)	53
•Top 10 Reasons to love A-School	Gwyneth Tai Suet Ching (6B)	54

•Do we control technology, or does technology control us?	Karlson Fong Ka Chun (6B)	55
•Do we control technology, or does technology control us?	Xavier Chan Yeuk Tong (6D)	55

Creative Writing

•Top 10 Reasons to Love A-School	Alicia Liu Xin You (6D)	56
•This Little Corner at A-School...	Chan Ching (6D)	57
•An Inspirational Person	Jaime Lau Hei Tung (6D)	58
•Top 10 Reasons to Love A-School	Ayden Ng (6E)	59

Letters of Complaint

•Letters of Complaint	Anya Lau Wut Yin (6B)	60
•Letters of Complaint	Cyrus Wu Nok Hei (6C)	61
•Letters of Complaint	Edna Yuen Chun (6E)	63
•Letters of Complaint	Hailey Yau Chi Hei (6E)	65

Observational Reports

•Phuket, Thailand	Lei Yirui (6D)	67
•A Journey to Mainz	Evelyn Wong Nok Yan (6D)	69

Sonnets

•All About Me	Linus Cheung Ho Lun (6E)	70
•Myself	Liu Haohai (6D)	71

Stories with Flashbacks and Cliffhangers

•The Tragic Attack— 9/11	Lam Ka Ching (6C)	72
•Run While You Can	Sophia Tang (6D)	74

中文目錄

我的假期

•我的新年假期	陳曉萱 1C	77
•我的假期	梁詠霖 1D	77
•我的假期	譚逸風 1C	77
•我的假期	李敦晴 1D	77
•我的假期	王若男 1C	77
•我的假期	馬汶晞 1D	77

我最喜歡的水果

•我最喜歡的水果	鄭梓宏 1A	78
•我最喜歡的水果	蔡昕霖 1B	78
•我最喜歡的水果	莊珮仟 1A	78
•我最喜歡的水果	鍾智宸 1B	78
•我最喜歡的水果	鍾子晴 1B	78
•我最喜歡的水果	汪祉辰 1A	78

兔媽媽生病了

•兔媽媽生病了	鍾柏翹 1E	78
---------	--------	----

小兔子的氣球飛走了

•小兔子的氣球飛走了	田芷晴 1D	79
•小兔子的氣球飛走了	黃傲晴 1E	79

照顧生病的媽媽

•照顧生病的媽媽	黎念晴 1E	79
•照顧生病的媽媽	李敦靖 1E	79

小鳥學飛

•小鳥學飛	吳薈晴 2D	79
-------	--------	----

中秋節

•中秋節	楊鎧凝 2A	80
•中秋節	車訥銳 2C	80

我做錯事情了

•我做錯事情了	陳詠琛 2B	80
•我做錯事情了	周劭澄 2A	80

過新年

•過新年	梁善堯 2B	81
•過新年	朱穎熙 2E	81
•過新年	詹影淘 2C	81
•過新年	郭卓賢 2E	82

蜜蜂來了

•蜜蜂來了	譚雅之 2A	82
•蜜蜂來了	李康睿 2A	83
•蜜蜂來了	劉卓穎 2B	83

遠足

•遠足	陳詠琳 2D	84
•遠足	沈曉樞 2D	84
•遠足	謝謙佑 2E	84

六十週年校慶

•六十週年校慶	鍾卓希 3C	85
•六十週年校慶	謝珮瞳 3C	85
•六十週年校慶	潘子弘 3C	85
•六十週年校慶	曾艾霖 3E	86

記一次參加學習活動的經歷

•記一次參加學習活動的經歷	黎梓瞳 3D	86
•記一次參加學習活動的經歷	吳芯悠 3E	86

超級市場的經歷和感受

•到超級市場購物的經過和感受	陳語桐 3A	87
•到超級市場購物的經過和感受	張佳滢 3A	87

•到超級市場購物的經過和感受	林翊祈 3B	87
•到超級市場購物的經過和感受	李汶濤 3B	88
•到超級市場購物的經過和感受	陳子彤 3B	88
•到超級市場購物的經過和感受	陸一誠 3A	88

遊美好康樂中心

•遊美好康樂中心	麥清翎 3C	89
----------	--------	----

一件感恩的事

•一件感恩的事	唐意涵 4E	89
•一件難忘的事	張子翹 4A	90
•一件難忘的事	鄺尚哲 4C	90
•一件難忘的事	翁心兒 4A	90
•一件難忘的事	杜穎欣 4C	91

我的好同學

•我的好同學	羅遠皓 4A	91
•我的好同學	梁允言 4D	91

這就是我

•這就是我	陳凱莉 4C	92
•這就是我	黃浩儀 4D	92
•這就是我	盧焯楠 4E	93
•這就是我	葉正淳 4E	93

登萬里長城

•長城遊記	劉青林 4B	94
-------	--------	----

長洲遊

•長洲遊	陳樂怡 4B	94
•長洲遊	徐梓瑜 4B	94

遊嘉道理農場

•遊嘉道理農場	陳正翹 4B	95
---------	--------	----

一位我尊敬的人

•一位我尊敬的人	黃泳媃 5D	95
----------	--------	----

一則日記

•冒着狂風暴雨上學	鄭淳曦 5A	96
•冒着狂風暴雨上學	鄒樂晴 5C	96

我最喜愛的……

•我最喜愛的一種蔬菜	何允程 5A	97
•我最喜愛的一種蔬菜	區靄千 5D	97
•我最喜歡的水果—橙子	李卓諺 5C	97
•我最喜歡的水果—蘋果	雷宜睿 6D	98
•我最喜歡的水果—蘋果	黃匡逸 5D	98

我最感謝的人

•我最感謝的人	伍思同 5B	99
•我最感謝的人	彭心言 5B	99

第一次學……

•第一次學游泳	余凱澄 5A	100
•第一次學踏單車	陳凱晴 5E	100
•第一次學騎車	周子芮 5D	101

養成勤做運動的好習慣

•養成勤做運動的好習慣	陳皓晴 5B	101
•養成勤做運動的好習慣	梁曦文 5E	102

一次捐贈書本的經歷

•一次捐贈書本的經歷	張子維 6E	102
•一次捐贈書本的經歷	丘泚羲 6E	103

週記一則

•週記一則	王諾忻 6D	103
•週記一則	鄭泳翹 6B	104

一張忘不了的照片

•一張忘不了的照片	劉曦彤 6B	104
•一張忘不了的照片	戴雪晴 6B	104

十號風球下的香港

•十號風球下的香港	李展熙 6A	105
•十號風球下的香港	楊景洪 6A	105
•十號風球下的香港	蘇柏熹 6C	105
•十號風球下的香港	鄺尚熹 6E	106

再見，我的小學生活

•再見，我的小學生活	汪叢孜 6C	106
•再見，我的小學生活	鄭雨輦 6D	107

我最喜愛的季節

•我最喜愛的季節	陳可晴 6E	107
•我最喜愛的季節	譚樂晴 6E	108

給爸爸媽媽的一封信

•給爸爸媽媽的一封信	張濠麟 6D	108
------------	--------	-----

ENGLISH

5Ws Writing

Alma Sheung Hau Ching (1D)

My Birthday Party

Hi there! I am going to talk about my birthday party. Do you know when my birthday is? It's the 14th of June! The birthday party was on the 6th of June from 11 in the morning to 4 in the afternoon.

My twin sister, Alva and I were the birthday girls. I invited my other friends to the party too. I partied with my family and friends. They are in the same birthday month as me.

The party was at my friend Beau's house. We played a Chopsticks game and a Pizza game. Also, we recorded some videos and watched a movie! I ate a birthday cake, spaghetti, spring rolls and chips.

I felt very excited. My sister was very excited too! It was because there were many games to play. My friend Alison was very happy. Her little sister Ashely was happy too! All of us were very happy! Of course, my parents and their parents were all super excited!

I love having parties and I hope our friendship will last forever! Happy birthday to me, my sister and my friends!

Ella Cheung Hoi Kiu (1A)

My Birthday Party

My birthday is on the 20th of July.

I had my birthday party in the clubhouse.

There were many candies at my birthday party.

My birthday party had many candies.

I invited my friends Katie, Emma, Brianna, and Millicent.

My grandma came to my party too.

I want presents.

I am waiting for my next birthday.

I love my cake!

Chak Chi Kiu (1B)

My Birthday Party

My birthday party was on May 19th. I went to Disneyland. I ate spaghetti, burger and pizza. I invited Justin, Theo, Alicia, Rinus, and Charmaine. I had many presents. I had a big, yummy birthday cake. Look at my birthday party! Do you want to go to my birthday party? I played hide and seek. The weather was sunny. The food was yummy. I had a lot of games to play.

My cake was beautiful, and I got a lot of toys. After I played with my toys, I broke the piñata. I always break the piñata in my birthday parties. Then I played musical chairs. It was really fun too! I also played board games. My parents got me a new watch. The watch was so colorful and beautiful! We got lots of food, and I ate a lot that day. I like mango ice cream. At my birthday party, I ate mango ice cream.

My birthday is in summer, so I can eat ice cream. It's yummy and chilly! And that day was so hot. For my next birthday, I would like to have many penguin balloons, and I will play mini games. I will also eat lots of food and play with my Lego toys. Do you want to play with my Lego toys too? It will be fun! I know Mr. Yuni will like yummy food too.

5Ws Writing

Hanaa Chan Lok Yi (1E)

My Birthday Party

I was born on 2nd Feb 2016, and my last birthday party was on 2nd Feb 2023. I invited my little brother, uncle and aunt. We played hide and seek and Simon Says. We ate a creamy cake, a cold ice cream and eight pieces of seaweed. The boys chose to watch TV, and they chose to watch Captain Underpants which is also my favourite cartoon! I love to watch that cartoon because it is so funny! We watched the Captain Underpants movie. Do you know where my party was? My party was in my home. My lovely mum bought a playhouse that had a swimming pool! We had a lot of fun. After that, I said, 'Thank you, Mummy!' My mummy said, 'You are welcome!'

After that, we went to buy a gift for me. I bought one for myself, and the other people bought gifts for me! I loved the gifts that other people bought me.

I will now tell you about one of the gifts. It is a book with 200 stories, and I love them!

We read one of the stories, and it was so funny. Let me share one part of the story with you: a clown rode on a monkey, and the monkey flew in the sky!

We had a lot of fun at my birthday party!

Kayden Kwok Pak Yui (1A)

My Birthday Party

My birthday is on 28th June.

I am seven years old.

I love my birthday hat. It is blue.

I was happy on my birthday.

I got big presents such as Lego and toy cars.

I invited so many friends.

Would you like to come to my party?

Mia Li Xinyi (1C)

My Birthday Party

I invited Anna, Yan Yan, Amy and Alison to my birthday party. I had a magician at my birthday party. I ate cake in the afternoon in my house because it was my birthday. My mom gave us loot bags. I played pinata and Pin the Tail on the Donkey. I read books at my birthday party. I drew in my birthday party. My birthday party was in the afternoon. I ate a Jurassic World cake. My birthday was on September 14th. I also ate sushi at my birthday party. I was happy at my birthday party! I helped to cut the cake. I made a wish after I had blown out the candles. I had lots of big balloons. My cake tasted nice. On this birthday, I turned six. We read books at my birthday party.

Draw-Label-Caption

Casper Tsoi Hom Sum (1E)

My Playground

My playground has a slide, a treehouse, a swing, monkey bars and a pond. It is fun to play at my playground. It is very large. I am the one on the slide going down. My brother is on the monkey bars. My playground has a treehouse and a pond. Two children are on the swing. There is a big door at the treehouse. There are two birds in the sky flying around. But the sun is so hot. At the playground, you can play any kind of games. It is very fun to play at my playground. Many people can go to my playground. My brother and I like to play at the playground. I also like to play at midnight. I like to go up my treehouse every day. And I like to sleep, play and watch Youtube in the treehouse at my playground.

Chu Ka Yuet Kinsley (1B)

My Birthday Party

We went to Discovery Bay for my birthday party. My birthday was on May 5th. It was so happy at my birthday party! I invited many of my classmates. We broke the piñata. We played Roblox, Minecraft, and then Nintendo. We went out to eat at McDonald's. Look at my birthday cake! Wow! Isabel and I were always talking.

We ate fishballs. After a while, we played on the trampoline. I was so happy and excited and a little bit sad because I had to walk for a very long way. We went out to see the ocean and the fish. We went fishing, and we got a fish. After that, we played with my coloring book. All my friends kept saying happy birthday to me.

Chloe Wong (1D)

My Dream School

I love my dream school so much! How about you? My friends love it too.

You can see a big lollipop at the entrance when you come to my dream school. There is a man by the lollipop greeting us every day. The school is full of magic! There is a clock beside the door. There is a cloud on the floor too. There are no windows in my school. It is the magic sun that can do magic! I love my school magic a lot. What do you like about my beautiful school? The school magic is very, very, very powerful. Everyone likes going to school!

My dream school has a lot of things to play inside. The toys are very fun to play with. If you go inside, then you can see a lot of things! There is a secret door outside, but you probably can't go in because you are not a teacher. There are a lot of teachers who can go through this secret door. I can't even go through the secret door because I am not a teacher either!

Draw-Label-Caption

Evi Ho Sze Yin (1A)

My Dream school

Today I will sing at school.

Mr. Stewart loves my dream school.

Today my sister will pick me up.

I love to go to my school.

I love my school because it is beautiful.

I wake up at 7 o'clock.

I eat lunch at school every day.

I play with my friends.

Do you like my dream school?

Chung Darren Ming Hin (1C)

My Playground

I can see someone wants to go on the slide.

Someone is flying a kite. It looks so fun.

Some birds are flying in the sky.

The sun is shining on everyone.

The airplane is flying in the sky.

I see a dinosaur yelling very loudly.

Many people are in the park.

The plane is on fire! I think it will fall and no one can stop it.

The people in the park have a lovely day.

I can see the mountain in the park.

The dinosaur is on the mountain.

Kaitlyn Leung (1D)

My Playground

In the park there is a yellow bird feeding her baby bird. Its name is Olivia. Her mum is called Olimba! What a beautiful name!

I am playing under the sun! It is fun because the sun is shining. There is a skunk that is brown and a lizard that is green. A caterpillar named Billy and a butterfly called Fluffy.

There is a fun swing in the park, and it is stripy with red, blue, brown, dark blue and purple stripes. There is a bush full of red little berries. The flowers are beautiful especially the flowers which are shaped like a heart and the sunflowers because I like heart-shaped things and yellow things!

Katie Poon Hoi Lam (1A)

My Birthday

My birthday party is on this coming Sunday. My parents will prepare a party for me at McDonald's. All my friends are invited to come and join me at my party. My dad will buy me a birthday cake and it will look like a Rubik's cube. My brother will sing me a birthday song and play trumpet for me. I will be turning seven years old. I will be smarter and taller this year!

Alex See Tat Sen(1D)

My Term Break

I had my term break on Thursday and Friday. I was very happy because I could make good use of my mini break. Without school days, I had a longer sleep and I felt energetic for the start of the day.

In the morning, I was very busy with different homework like Maths and English dictation revision. I did it well because I tried to concentrate. In the afternoon, I went to pick up my little brother from my previous kindergarten. I was surprised when I saw Miss Clara standing at the entrance because usually it is the funniest teacher in the school, Mr. Nelson, who stands at the front door. When my little brother saw me, he was shocked! Then we went to the nearby supermarket to meet my grandmother. She is beautiful and thin. We bought two packs of crispy and delicious roasted pork for lunch.

On happy Friday, it was the long-awaited dentist checking day. Why? It is because the professional dentist can teach us the correct way to brush our teeth and fix decayed teeth. I was excited to meet many familiar faces, my lovely 1D classmates. In the evening, we went to a faraway place, Sam Shing Estate, Tuen Mun which is a famous place to buy seafood. We bought a fresh and large lobster, a lot of big and creamy oysters, and some huge mantis shrimp. We all had a wonderful night and a yummy dinner.

Adam Leung Yui Ching (1D)

Experiential Learning Week

Last week, Grade 1 did not have any assessments. Therefore, we did not need to go to school on Monday, then we had an Experiential Learning Week from Tuesday to Thursday.

On Tuesday, there were a lot of new experiences. I loved the "All About Me" poster in Math class. I had to write many words and numbers, including the number of my missing teeth, my birthday, my class number, and my favourite number. Additionally, I wrote my name in my favourite 3D shape. Moreover, I made a 3D hologram projector in the IS lesson. The image looked real, but it was made of light, and you couldn't touch it. It was very cool!

I did many things on Wednesday, including computer animation using the J2 launch app in the STEAM lesson. I was able to create many animations. Additionally, I made a Friend's Soup, where I remember one of the ingredients was "respect". Lastly, I made a string telephone, which is purple and pink and made of paper cups and cotton string.

Finally, on Thursday, we received a lot of information. The country park sent a speaker to give us an educational talk in the Lecture Theatre. The speaker taught us how to protect the park.

I enjoy experiential learning because I can create and learn many new things!

Bryce Cheng Tse Wang (1A)

A-School

I'm studying at A-School. It is in Shek Mun. I go to school by MTR. It is big. It has six floors. There are many classrooms and facilities in my school such as a library, a hall, a music room, and a playground. I love my school!

Journals

Alva Sheung Wing Ching (1E)

Tai Po Waterfront Park

On 23rd of March, I went to Tai Po Waterfront Park with my caring teachers and my playful classmates.

First, we all gathered at our colourful school. I saw some parents of my classmates. They were the volunteers who helped taking care of us. My favourite teacher, Miss Joanna, was in a group with me, Quinton and Casper. They were so noisy but funny. We got on the coach and set off at nine o'clock. I sat with Quinton, and we played together.

After half an hour, we arrived at the park. We went to Rose Garden. Then, we took a class photo. I saw many flowers in the garden. After that, we went to the spacious ground to have picnic. We had tasty food on a mat. My mum made me a hotdog and prepared some fresh fruits. After we had enjoyed the food, we went to Insect House. There was a magnifier, but I couldn't find any special insects. There was a button which produced a loud sound when I pressed on it. I heard a chirping sound. It was strange!

Tai Po Waterfront Park is a wonderful place. I hope I can go there again! I felt so glad that I had the chance to have a memorable time with my teachers and friends.

Hannah Choi Yan Lam (1B)

Love Week

I was so happy to have a chance to draw a picture to share the theme of love at school. Love is very important as the Bible says, "We love as He first loved us". Thank you very much Mr. Yuni and Ms. Cho for teaching me. I enjoyed the lessons very much. Thank you to my mum and dad for taking care of me and for playing with me all the time.

I always have a wonderful time at school, and I have met lots of friends such as Hailey, Helena, Isabel, Sophia and Charmaine. We play rope skipping, running and with the hula hoops at recess time. It is so much fun! Our school is full of love, and we can use different languages to show our love.

Chan Hiu Huen (1C)

My Friends

I have a lot of friends at school. We are all in Grade One. We always play together, even though we are not in the same class. We have different classes together at the same place. I meet them in classrooms, corridors, stairs, playground, and on the way home. We always study and play games together. That is why we know each other and have fun every day. Sometimes, we spend time together after school. I joined Jayden's birthday party. We visited Butterfly Valley and went on a picnic with five girls. We also played in Ma On Shan Park last Sunday. I am glad to have them as my friends.

Elvis Fong Cheuk Him (1D)

Chinese New Year Holiday

My Chinese New Year was very happy. On New Year's Eve, my family, my cousin and my grandparents had dinner in the restaurant. I enjoyed eating dinner with them very much. At the same time, everyone celebrated with each other.

On the first day of the Lunar New Year, I said "Happy New Year" to my parents and got red packets from them. Then, we went to visit our relatives from door to door. When I went to my grandparents' home, they cooked sticky rice cake, turnip cake and rice dumplings for me. They were very tasty and delicious.

On the second day of the Lunar New Year, we went to the flower market in Mong Kok to buy beautiful flowers! I like Lilies most, especially the yellow and pink ones. I love it very much! Do you love it too?

On the third day of the Lunar New Year, Mum and Dad brought me to Lam Tsuen. Lam Tsuen is in Tai Po. The air is fresh there because it is near the country park. There is now an artificial wishing tree for us to hang our wishes on a piece of magical paper. We wrote our wishes and tied them onto the tree. I believe the wish would come true! What did my mum and dad write on the paper? My mum wished that we would be healthy and well. My dad wished for world peace. I wished for health also! I hope that our wishes will come true! This was my favourite holiday! I was very happy and had fun!

Emma Lee Tsz Yiu (1A)

Chinese New Year

During the Chinese New Year celebration, we go to the temple fair and to the flower market to go shopping. We watch lion dances and dragon dances, and watch the firecrackers and fireworks. Young people are given money in colourful red envelopes. We wear red clothes during Chinese New Year. It is a time to feast and visit relatives.

Henry Chui Chung Hang (1C)

My Easter Holiday

I had a memorable Easter holiday this year. On 11th April, I went to Bangkok with my family. Bangkok is hotter than Hong Kong. On the first day, after checking-in, we played in the hotel's swimming pool. The swimming pool was as large as a basketball court. After swimming, we enjoyed delicious Thai food. We went to a Thai restaurant, which was close to our hotel, by a specific transport in Bangkok called Tuk Tuk. It was an amazing ride. On the second day, we went to Pororo Aqua Park. This was the most exciting water park. The slides there were quite thrilling. On the third day, we went to the floating market. I could see souvenir shops near the riverside. What a special market! The fourth day happened to be the Thai traditional New Year. We brought large water pistols to join the street water fights. On the fifth day, we went to Safari World. We enjoyed some performances, such as elephant shows and dolphin shows, and more! The dolphin show is more amazing than the show in Hong Kong. On the sixth day, we needed to say goodbye to Bangkok. I was very upset and kept crying on the plane. Overall, I was very glad to have a six-day non-stop fun holiday.

Hannah Tang Man Hei (1C)

My Easter Holiday

During my Easter holiday, I went to a scary dinosaur park. I saw many kinds of dinosaurs. I heard their voices. They were very loud. I think it was very scary, but it was very fun. I learnt more about dinosaurs. I touched the dinosaurs and took photos with the dinosaurs too. I played many fun games. I did not go to the park alone. I went with my friends like Mia, Jerry and Zoe. I had a fun day. I felt very happy with my friends. I had a fun day.

Jacqueline Sham Chin Yau (1E)

Easter Holiday

In my Easter holiday, I went to Taiwan with my funny family. They were my crazy dad, gentle and beautiful mum, quiet grandfather and my funny grandmother. On the airplane, I watched a movie about Doraemon. It was very amazing!

After we had arrived the hotel to put down our luggage, we went to 101 Tower to see the night views of Taipei. To get up there, we took the elevator. It was very fast! It just took 30 seconds from G/F to 89/F. When I looked up at the top of the elevator, I saw sparkling stars. It was beautiful! Then, we went to Shilin Night Market. I had delicious BBQ dried beef, tasty BBQ octopus, sweet bubble tea and a long, salty fried chip. The fried chip was around 30 cm long which was the longest fried chip I have ever eaten. Then, we went to play a balloon shooting game. Finally, I got a prize. It was a wonderful shooting game.

On Day 2, we went to Yilan by car. It took around 2 hours! First, we took a huge ship to visit Guishan Island. There were around a hundred people on the ship. I was very excited because I couldn't wait to see the dolphins! Afterwards, the staff shouted and said, 'Look! There are many beautiful dolphins jumping!' Then, I saw baby dolphins and adult dolphins. Some adult dolphins swam faster than their babies. After lunch, we went to the farm. I fed a cute kangaroo, a hungry sheep, a hairy, soft and tall alpaca and a spotty deer. It was an unforgettable experience!

On Day 3, we went to Yangmingshan National Park. I could smell fresh air. In Xiao You Keng, I smelled smelly, rotten eggs and dusty smoke. Then, we went to Qing-tian-gand grassland. The weather was good, and the sky was blue. In Qing-tian-gand grassland, it was full of fresh grass. I also saw two wild cows eating the fresh grass quietly.

On Day 4, we went to the National Chiang Kai-Shek Memorial Hall. I felt hot and tired. I saw an incredible marching performance. The brave soldiers were strong and gallant. In the evening, it was time to go back to Hong Kong, but I didn't want to go. I had an exciting trip over my Easter holiday!

Keira Tam Tsz Wai (1B)

Tai Po Waterfront Park

Today is March 23, 2023. I went to the Tai Po Waterfront Park with my 1B class and Mr. Yuni. I saw a lot of colorful flowers, and they were all blooming. The scenery was very pretty and looked like many rainbows.

I was very excited. I had a fantastic day with Mr. Yuni and my classmates. Today is a beautiful day and our class went to the Waterfront Park. We ran towards the playground as soon as we saw it. The playground was so big and colorful with slides, swings, and monkey bars. We all had so much fun playing on the equipment. We swung high in the air and slid down the slides fast.

We also played a game of tag. Everyone was running around the playground and trying to tag each other. Afterwards, we had a snack and sat on the grassy area overlooking the water. We saw boats going by. It was such a fun day at the Waterfront Park!

Lucas Yu Ho Lam (1D)

My Bedroom

My bedroom is very big. I share the room with my brother. There are a loft bed and a single bed.

The loft bed belongs to me. I sleep on the top. Below is my desk. On my desk, there are books, homework, pencil cases, colour pencils and so on. My desk has two drawers and a two-tier bookshelf. Next to my desk, there is a window. I can see the park from the window. My bookshelf is close to my bed, and it is on the left of my bedroom.

Opposite to my desk is my brother's single bed. My brother's computer desk is next to his bed. Sitting at my brother's desk, we can see a shutter. To the right of my brother's desk is a large wardrobe. On the right side of the wardrobe, there is a set of four drawers. A printer, a fan and a table lamp are placed on top of the drawers.

We love to play games and do our homework in our bedroom. In the morning, I can see the bright sun when I open the curtain. In the end, I want to tell you that I like my bedroom very much.

Yu Sun Yuet (1B)

Chinese New Year

I love Chinese New Year! The New Year was busy. What activities did we do for New Year? We went to the Flower Market, cleaned our home and spent the Spring Festival together. We had an annual dinner with family on New Year's Eve. I also ate my favorite candy and lots of food.

On the first day of the Chinese New Year, we wished our family members blessings for the coming year. Many people came to our home to give each other blessings and send their wishes to everyone. I received a lot of red packets. The Chinese New Year was very good.

Acrostic Poems

Amber Fung (2C)

Burning Summer

Blazing, boiling and sweaty summer.

Umbrellas shade us from the bright and shiny sun.

Run, play with the ball, have fun and laugh.

Never ever stay in the sun too long, or you will be burned.

Ice lollies, ice cream, and many more scrumptious treats to eat!

Nope, no school! Yay, here come summer holidays! Hooray!

Gather with the playful family and go to the massive, sandy beach.

Swim in the refreshing sea to cool down.

Uh-oh, rubber ducky floated away, but my brave dad caught it for me.

Many people all around because it is so sunny and hot.

Make a lot of enormous sandcastles and dig a deep, deep hole.

Everyone relaxes by eating cool and delicious ice cream.

Really hot, boiling and sizzling, but I still like to go to the wonderful beach.

Audrey Pong Man Ying (2A)

Breezing Winter

Brilliant white snow would make me want to build a snowman, or I would have another chance.

Riley and I want to meet an adorable arctic fox, and we can also take photos with our black camera.

Eat hot, delicious hot pot with Mio, my best friend forever, and eat ice-cream afterwards.

Excellent hot chocolate must have gigantic marshmallows, or I would not drink it.

Zero degrees Celsius and Alan would like to go to a hot spring.

Igloo is where outstanding Eskimo girls live.

Nobody can survive in horrifying cold weather.

Grumpy polar bears eat snow and have brain freeze.

Wonderful Audrey loves terrific ice skating.

I love breezing winter because Nora and I can make snow angels.

New awesome gifts from Santa Claus at Christmas.

Terrific swimming class is very cold when you are not in water.

Exciting dancing and singing shows in fabulous Disneyland.

Refreshing holiday in marvelous Japan. Do you want to go with me?

Acrostic Poems

Hsu Sheng Yuan (2A)

Frosty Winter

Frosty winter is my favourite season because I can drink hot chocolate.

Right now, I'm Zooming with my best friend Ryan So and having a blanket on my body.

Oh, I forgot that I like hot chocolate with marshmallows more than without marshmallow.

So cold that I could even wear six down jackets and hats.

Tall snowman could fall. Be careful because it might cause an avalanche.

Yeti is a winter creature with snowy fur which is enormous and gigantic.

Winter in Hong Kong is without snow because it's not that cold.

In my home, I will use hot water to wash my body, so I can be warm.

Now, I am at the blazing heater with a blue tack on my back so that I can stick myself on the heater to be cozy.

Team up to make a humongous, massive snowman.

Every country has winter, but not with the same temperature.

Run! Run! There is a snowball fight up the hill and I don't want be hit by a big snow ball!

Tam Nga Gee (2A)

Freezing Winter

Freezing winter is lonely, so I invite my friends to a Christmas party.

Roast turkey makes my mouth water.

Enjoying turkey sends my friends over the moon.

Easily handmade snowflakes fly over my snow white window.

Zebra baubles run all over the enormous Christmas tree.

Incredible rainbow lights dance over my home.

Now, Ding Dong! My heart-shaped doorbell rings. My guests are here!

Gingerbread house is for dessert, but let's slice the enormous turkey first.

We play UNO and the Queen of UNO wins three times.

Icy wind blows, so we hide under a purple and cozy blanket.

Now, let's have some scrumptious cheese and caramel popcorn.

The movie that we choose is Descendants from Disney Plus.

Every time we see something scary, we scream and have chocolate and vanilla ice-cream.

Rudolph flies over the starry sky when we say goodbye.

Acrostic Poems

Ng Yi Ching (2D)

Fragrant Spring

Frozen winter is melting away under the warm breeze and blistering sun because early spring is coming!

Rain comes with powerful thunder, and storms awake a grizzly bear from its lengthy winter hibernation.

Aromatic daffodils attract beautiful butterflies playing hide and seek, and hard-working bees collecting sugary nectar.

Garden filled with elegant lilies and lovely roses, and charming squirrels under the cerulean blue sky were incredibly magnificent.

Refreshing air makes me feel warm and peaceful under the multi-colored rainbow.

Adorable chirping birds stand on the ground happily singing melodic songs. Oh! How wonderful it is!

Nice weather for hearty swallows to build their new cozy nests and hatch their miniature eggs.

Trees stand on the bumpy ground caring for their new baby leaves while a group of sparrows has their long-awaited music lesson.

Spring! Spring! Blissful eagles fluttering their wings lightly, resting in the tall pine tree are incredibly outstanding since spring has come!

Pink! Pink! Cherry blossoms surrounding the gigantic Mount Fuji with the divine turnips make me ticklish.

Rain comes suddenly and we all enjoy wearing enormous rain coats and jumping in slushy puddles!

Icy winter leaves Hong Kong and humid spring reaches Hong Kong! Finally, I could enjoy tempting lemonade in my cozy home!

Nothing could stop the rumbling cheers from person to person in spring. The others might love other seasons but spring is always the warmest in everyone's heart.

Gloomy weather in spring makes everyone know early spring rain is coming! In my heart, only spring is the best with fragrant smells! Spring is the best!

Anson Ngai Chak Sum (2A)

Respect

Remember to apologize and reflect when you do something wrong.

Empathize with different perspectives and try to disagree respectfully.

Say, 'Thank you', when someone gives you a hand.

Pay attention in class and raise your hand before answering questions.

Elaborate yourself calmly and actively listen to others.

Care for others and help them when they are in need.

Treat everyone equally and respect different cultures.

Larissa Heather Li (2A)

If I were a teacher...

If I were a teacher, I would teach English. I would make sure my students are learning delightfully and interestingly. They would enjoy my lessons and laugh merrily.

First, I would teach English in many amusing ways. We would read and study a story daily. And then, I would split my class into small groups of four students.

Every group would have to discuss the story plots and take turns to perform the role play. Students would be allowed to recreate the story line using their imagination openly. The most interesting group would get the highest score. Also, I would create some awesome games for my students, so that they could learn English joyfully and effectively. I would make sure all my students love my English lessons.

Next, my students would get an important assignment every day. They would need to write about the story they role-played in the lesson. They could change any elements from the story, but not the key characters. At the end of the term, my students would have to take a challenging examination, in which they would have to make a comic or a story book about their own story. Then they would need to present their books in front of the class. I would hope that all my students would get high marks in the examination.

Finally, I would encourage my students to speak more English. My students could only speak English to me. I would stay with them during recesses and lunch break too. They could play and chat with me in order to practice their English in daily life. I wish my students could learn English in the happiest way.

If I were an English teacher, I would make English learning interesting and engaging, so that all my students would love English learning and love me!

Chak Paak Shun (2A)

New Tales of Judge Pao

I will never forget that hot summer night. It was the first day of my long-awaited summer holiday, and I was swimming in the Pao Yue Kong Swimming Pool in Wong Chuk Hang with my parents. I was so excited that I jumped right into the water. Suddenly, I saw a giant whirlpool and Judge Pao appeared. "Did you know this swimming pool was built by my descendant? Hong Kong is the home of my grandchildren and I am so proud that they could contribute to the city..." I couldn't talk underwater. All I could do was nodding my head. Water kept coming in and I couldn't help but blink my eyes to clear them...

When I opened my eyes again, I found myself in Pao Yue-kong Library at Hong Kong Polytechnic University. All of a sudden, a book named "Tales of Judge Pao" dropped from the bookshelf and hit my head. I rubbed my head and flipped through the book. "Do you find my stories interesting?" I looked up and found that the librarian was Judge Pao again! "I worked in the Infernal Bureaucracy and helped sort out the affairs of the afterlife. Not only for humans, but also for the animals. One of the stories in this book is about a lamb. I hope you can realise the importance of justice and integrity after reading this." Looking through the book, I saw that lamb mentioned by Judge Pao and it jumped out of the book and talked to me! "Follow me through the tunnel please," it said. I followed the lamb and walked into the tunnel...

In two shakes of a lamb's tail, I was in the Lady Pao Children's Cancer Centre at Prince of Wales Hospital. The lamb had disappeared but the book about Judge Pao was still with me. I heard a feeble but clear voice from a child, "Doctor, I want a bed time story. Would you please read me the tales of Sherlock Holmes or a story about Detective Pikachu? I like superheroes!" I realised the child was talking to me! I looked down at the book, smiled and started reading it out loud, "Long ago, there were the detectives that you mentioned. There was a real hero called Judge Pao..." The book was a page-turner and the boy finally fell asleep after I had read the whole book three times! I was exhausted after traveling around Hong Kong and closed my eyes for a second...

I could tell it was the next day the moment I woke up. Was it just a dream? The sunlight filtered through the windows and warmed up the room. I was at the Pao Galleries where the "Hong Kong Young Writers Award Exhibition" was happening. My parents were standing next to me. "Congratulations, my dear!" They looked so happy. Oh... the winner of "The Hong Kong Young Writer of 2023" was ... me!

Thank you, Judge Pao!

Damon Yu Cheuk Lok (2B)

A Book I Don't Want My Mommy to Read

There was a book I didn't want my mom to read. It was called 'The Zombie and the Lizard'. In fact, my mom was scared of lizards, so I didn't want her to read it.

One night, my mom accidentally got the wrong book. When she read it, she was so scared that she passed out. I didn't know what I could do. I just hid the book in my secret room, so that Mom couldn't read it again.

As days went by, my mom did not find the book, so she did not pass out again. But one day, when Mom was cleaning my bedroom, she found a small door behind my bookshelf. She was curious to know what was inside the small door. When she opened it, she went into the secret room! She found the scary book and passed out again!

When I went into my bedroom and saw that the small door was open, I entered the secret room and saw my mom lying on the floor. I screamed and passed out too!

At night, my dad came back from work and saw my mom and I passed out in the secret room. He knew what happened. He called the doctor and threw the book into the bin.

The next morning, my Mom and I came back from the hospital. Mom threw away a paper bag and saw... the book! Her eyes were as big as apples. When I saw what happened, I dropped down to the floor and said, 'Oh my God!'

My mom and I had passed out three times that week! I only had one thing to do. I used my scissors to cut the book into a million pieces. I tore the book to pieces. Finally, I broke it! Yes! I was so happy that we would not pass out anymore!

I felt very scared for my mom because if she passed out one more time she might die. I hoped there would be no more scary books at my house forever. I made my house a scary-book-free zone. So I put a sign on the door that said, 'No Scary Books Allowed!' Soon, no more scary books came to my house. Wow! That was a very scary week !

Lucas Lee Nok Hang (2C)

My Special Night

My special night was on 12th August, 2022. On that night, my mum, my dad, and I celebrated my dad's birthday.

First, we took the MTR to West Kowloon station. We went to the cinema and it was called Premiere Elements. We watched a movie and it was called 'Doraemon: Nobita's Little Star Wars'. It was exciting and amazing!

Second, we had a staycation at the Hong Kong's greatest and tallest hotel. It was called The Ritz Carlton. It was very tall. We spent a night in the sky and stayed on the 113th floor.

Third, we had dinner in our room. There were five delicious dishes. The first one was crispy shrimp toast. The second one was chicken wings with soy sauce. The third one was roasted chicken, which was very tasty. The fourth dish was barbecued pork chops, and it was sweet. The fifth was yellow and sweet egg tarts. It was smooth. They were all very yummy.

Next, we took a bath in a large bathtub. I put a bath ball into the tub. The air was full of fragrance with a smell of fruits. I stayed in the bathtub with my dad for forty minutes. It was so relaxing and comfortable! The water was hot and I felt warm!

Then we watched television on a soft and comfortable bed with my parents. The bed was very large and it was a double king sized bed. It was larger than my bed at home. We watched a movie, Spider-Man. It was amazing!

Finally, we looked out of the window. We saw a clear night view of the Victoria Harbour. There were many sparkling ships. They were tiny, and they looked like toy boats floating in a bathtub. Suddenly, my mom took out a birthday cake and sang a birthday song to my dad. My dad made a wish, and we ate the cake together before sleeping.

To conclude, I was so happy that we spent a night and celebrated my dad's birthday in the sky.

I am looking forward to my birthday and having another special night in the coming February.

Sofie Chan Sau Lam (2E)

Susan in the Shopping Mall

One day, Susan went to a shopping mall. When she walked in the mall, disaster struck. She forgot to bring money! Susan hurried to the bus stop, but she just missed the last bus!

Susan sighed. She would never get home quickly. Susan waited for ten minutes. And another ten minutes. Finally, after a long time, a bus came. By the time Susan was home, it was already four o'clock. Susan ran home to get her money, but she found out that she only had twenty dollars left! Susan quickly rode to the bank by taxi and got a thousand dollars out of her safe. Susan ran to the mall just when the mall was closing. Susan couldn't get in. She was too late.

The next day, Susan woke up by six o'clock, got ready and ate her breakfast as fast as a racing car! Susan was the first one to get to the mall. She was so early that the mall hadn't even opened! When the mall was open, Susan dashed into the mall, but all her favorite shops were still closed! Susan waited for half an hour, bored. One by one, the shops opened.

Susan saw a pretty silver dress, but she was not the only one who saw it. Another girl grabbed the dress and immediately bought the dress. Susan sighed. She was never going to get anything she wanted! Luckily, she saw the same dress at another store. She quickly got the dress and bought it. Susan smiled. She really got what she wanted.

Calista Chair Yui Yui (2C)

My Best Holiday

On Mid-Autumn Festival, Mum, Dad, my little brother and I went to Grandma's house.

First, Dad drove us to Grandma's house and when we got there, we started the Mid-Autumn Festival party. I was happy when I saw Grandma, so we started playing. Do you know what we played? We were not actually playing, but we were having a drawing competition. We like drawing. It was so fun!

Next, we were waiting for our delicious dinner. While we were waiting, I also brought a toy for my little brother, so we played with the toy. I also folded a heart. I was folding crazily!

Then, it was our yummy dinner. Do you know what we ate? We ate my favourite food, chicken! We were talking about what we did in our house. My little brother also made a beautiful lantern. He made a monster lantern.

Finally, it was the best part, ice-cream time! We had chocolate ice-cream! My favourite is chocolate because it is dark chocolate. It was time to go home, so we rode Dad's car and went home.

It was the best day ever. I was really happy playing with Grandma. The food was yummy! What a relaxing day!

Do you want to come with me next time? Let's go to the most fun place together. Let's go to Disneyland next time. I cannot wait!

Lai Pak Kiu (2A)

My Best Holiday

Last summer holiday, my mum, dad, big brother and I went to Hong Kong Disneyland Explorers Lodge. We had a joyful, interesting staycation for one night. Do you know what we did?

First, we checked in together at 10 a.m. We also went to the gift shop to buy a cute Minnie Mouse suitcase I always wanted to have! I received a hotel map. I also went to the biggest playroom! It had a bright and colourful light. We played on the soft play mat. I saw a wooden ship and it even had a slide!

Next, we got our key card and got our room at 3 p.m. Our room number was 1546. I was so happy because this number is my lucky number. Why? When I was in 1A, my class number was 15! After that, my mum called room service, and we also watched our favourite movie!

Then, on the next day, my family joined a handcraft class at the lobby. First, my mum helped me to take photos of me doing the handcraft. I made a beautiful baby. Next, my mum helped my brother take photos too. He made a beautiful baby too.

Finally, my dad went to check out and my mum said, "Let's go home!" My dad called Uber, and we went home. It was really good to go back home!

I feel happy and excited for the next holiday! Do you like my staycation?

Seto Chin Chin (2C)

My Best Holiday

On Sunday morning (15th August, 2022), my daddy and I were woken up by Mommy and we started packing. When I finished packing, everyone had finished packing too!

First, we went out of the house. After we had arrived at the train station, we got on the train and we started our journey. It took a long time, and it made everyone sleepy! We started changing trains until we arrived at Disneyland. It looked so much fun! I couldn't wait to go in.

Next, we went to the hotel to check-in. The hotel was beautiful. It had many rooms, shops, and a swimming pool. After checking-in, we needed to wait for our room, so we went back to Disneyland. We spent a few hours waiting. But, do you want to know how we waited? Now, I will tell you! We played while we were waiting! We played the Spinning Cups, merry-go-round, and Dumbo the Flying Elephant. It made me so excited!

Then, we finally got our room! So, we went back to the hotel and got in the room. Do you want to know what we did in the room? We took a nap in the room! After we had a nap, we played some games and went to the buffet. In the buffet, we ate ice cream, some fruits, beef, and pancakes.

Last, we slept in the hotel. The hotel was very cozy. We fell asleep so fast! Next day, we went swimming. My daddy taught me how to swim. I was still learning, so I didn't know how it felt to swim. This time, I learned diving. It was fun but scary!

It was delightful! I hope I can go again and play more games next time!

Yip Chun Hei (2C)

My Best Holiday

On Saturday morning, Dad, Mom, and I went to Disneyland Hotel and stayed for one night. Do you know what we did? Tell you later!

First, Mom woke me up early in the morning. I ate my breakfast and packed our bags. Next, we took the MTR to Disneyland. It was a long journey. When we arrived, we saw the tickets were expensive. Oh my gosh!

We took a short bus ride to the Disneyland Hotel. Then, we went to get the tickets, and had lunch. The room number was 7134. When we had finished unpacking our bags, we went to the playroom and played different games, such as a moving automatic car, a kitchen play set, a powerful slide, and Lego. The games were fantastic! Then, we were hungry, so we went to a canteen and had dinner. We got so much delicious food!

After that, we went back to the hotel room and prepared our shampoo, toothpaste, and our own toothbrushes because we wanted to have a shower. After a relaxing shower, we went to our bed and slept on our comfortable beds. Before we slept, we had eaten some crunchy chocolate biscuits.

As I was sleeping, I had sweet dreams. I slept and slept until eight o'clock the next morning. We finished our breakfast, and we were ready to pack our bags and we went home by MTR.

I felt joyful because I had never had a weekend like this before. I wanted to go back again! What a fruitful weekend! The games were fantastic, and the food was delicious. Also, the beds in the room were soft and warm. That was relaxing! That was the best holiday I had ever been on! If the room had a view of the beautiful scenery of the other side of Hong Kong, that would be great!

Zachary Chung Ngai (3D)

Respect

Respect is the key to the door of relationships.

Everyone should know how to be thoughtful of their words and actions.

Silliness and impoliteness can lead to trouble and misunderstandings.

People often forget to show kindness and respect towards others.

Elderly, kids, parents, teachers, strangers, animals, basically everyone deserves it.

Calling names, bullying, being late, breaking promises and snooping are some things we should not do.

Therefore, everybody should be respected as an individual.

Lucas Li Pak Kiu (3A)

If I were a teacher...

Violin practice requires a lot of repetitions. "I am tired. I need a break!" I often say this when I am bored during violin practices. Children these days like to use technology. So if I were a violin teacher, I would use technology to make learning violin as fun and exciting as riding a roller coaster.

I would make an app to teach violin. The app has instant feedback, a random song generator, performance sharing, and an automatic practice log. You could even compete with friends!

The function instant feedback is when you finish a song, you will get very interesting feedback like, "try to be as quiet as a mouse" immediately. The function random song generator works like this. It will generate a random song from a famous song list, which students will find interesting and surprising. In addition, the performance sharing function lets you share your practices or performances with your friends and family. They can like it and comment. The automatic practice log will record your time and the details of your practices.

You can gain points by practicing, sharing performances, and getting likes and comments. You can use your points to buy and decorate your avatar in the app. You can also compete with your friends to see who gets the most points!

In Hong Kong, some people are so poor that they cannot afford violin lessons. That is why I would make this app available for free.

Music is a good way to express one's emotions and communicate with friends and family. I hope my students can use music to share love and peace.

Lucas Chen Lianyu (3B)

A Book that I Don't Want My Mommy to Read

There is a book called Dog Man. It is so funny that I call it legendary because it has clownish dialogues and creative drawings. I personally think it is one of the masterpieces in the whole wide world. I giggle whenever I read this series of books but there is one person that I always need to beware of-the boss lady of the house!

This book has dozens of grammatical mistakes and spelling errors. This was the last book she ever wanted me to touch. I hope there could be a person to help me get rid of all these errors sometimes. I wonder if a kid wrote this book because I assume a full-grown adult wouldn't make so many odd mistakes in writing. I tried to convince her to at least read it once. She agreed. Not only seeing steam coming out from her scalp, but her left eyebrow also twitched whenever she saw grammatical mistakes. She screamed, "This book is sickening gibberish. Could you "please" help me to burn it."

Mom's comment about the book was like a dagger stabbing my heart. I felt like it was the end of the world. I love the hilarious characters, the interaction between the playful Dog Man and the intelligent little cat, Lil-Petey. It always cracks me up. I was quite fascinated by the story because I found inspiration in pranking my mom from it sometimes.

Anyways, she will hate me if she ever finds out I am reading this motivating book. So, I'm warning you: don't let my mom find out!

Descriptive Writing

Evelyn Zeng Ailin (3E)

A Sweet, Terrific, Very Good Day

Have you ever had a sweet, terrific, wonderful, very good day? Let me tell you what my wonderful day is like.

My wonderful day started when I woke up in my comfy and soft bed happily. The sun was bright and sunny. The air was fresh and clean. It was my birthday today! When I went into the washroom to brush my teeth, I found a rose scented shampoo I longed for, and Mom had bought it joyfully! Then I brushed as quickly as a cheetah! WOW! Then, I went out joyfully to eat breakfast. I got another surprise! There were homemade cupcakes and unsalted cheese flavoured chips. There were thick and sweet foam and colourful sprinkles on the cupcakes. There were some cheese sprinkles on the chips. YUM! The breakfast was delectable.

After having breakfast, we started decorating the house. We used fancy, shining and colourful balloons to decorate the house. We made crispy French fries, delicious candies and a gigantic, fabulous birthday cake! We also secretly made six thank you bags! There were pumpkin shaped candies, heart shaped chocolate, and a castle shaped pancake inside. We also wanted to make strawberry scented marshmallows, but we didn't have enough marshmallows for everyone. We made fresh fruit salad with milk chocolate. It was mouth-watering. YAY! Suddenly, ding dong! The doorbell rang. My friends Tommy, Merry, Alice, Megan and Elyn said joyfully, "Happy Birthday to you!" It gave me a big surprise! My friends gave me a handful of fabulous presents. Some were covered with dotted paper, and some were covered with different patterns. Some

were even bigger than a box! I was extremely joyful! After that, we started to play games. First, we played hide and seek together. Alice was the best at hiding because she knew how to camouflage. Elyn was perfect at seeking because she could run as fast as a cheetah. Then, it started to rain, so we went into the house and started to play chess. Merry's dad taught her to play different kinds of chess before, so she always wins. Tommy always said it was not fair, but I would comfort him every time.

Then, I secretly told my friends that my mum bought a rose scented shampoo. My friends started jumping up and down happily like a rabbit! We went to the bathroom and took a nice shower together. The shampoo felt silky and soft. After taking a shower, my mom got out the humongous birthday cake. My friends got a big surprise! The birthday cake was as colourful as a rainbow. It smelled sweet and fruity. It was the biggest cake I had ever eaten on my birthday! It tasted rich. SLURP!

At last, it was evening already. The sky was dark. I gave each of them a thank you bag. Then we said goodbye sadly together.

It was the happiest day ever! I felt as joyful as a jumping monkey!

Descriptive Writing

Jaklynn Wong (3E)

A Sweet, Terrific, Very Good Day

Have you ever had a sweet, terrific, wonderful, very good day? Well, a wonderful day must start with an amazing, scrumptious breakfast. I had three, star-shaped pancakes with sweet, sticky maple syrup. Also, when I went to brush my sparkly, white teeth, I found a tube of strawberry-flavoured toothpaste on the shiny, marble counter. I looked closely and carefully at the tube, and I realized it was the famous brand I wanted for so long! So, I brushed my teeth as fast as a gust of wind. Then, I drew a new picture of my family. I used a brand-new set of coloured pencils and a drawing pad as white as snow.

I was just finishing colouring Dad, when Mom announced, “We’re going on a short trip to Macau!” I jumped up and down happily. And then we packed a bunch of stuff for our trip. We packed nearly half of the entire house’s stuff! Wow! It was like packing an entire luxury palace into our five colourful suitcases. Mom packed her flowery perfume, and I packed an enormous multi-coloured gumball machine that took up one massive suitcase! For three hours, we were as busy as bees. Then we set off for the pier.

When we got to the crowded pier in our red car, we waited for the boat. Surprisingly, we waited for fifteen minutes only! And then, we climbed on the boat quickly. The boat was bigger than I expected. On the boat, we saw other kinds of boats, and even some massive whales that went SPLASH and SPLOSH! I got way too bored of looking out of the rectangular window, so I grabbed my Apple laptop and started watching Youtube and chewing delicious gumballs. I watched my favourite channels, MultiDo and 123Go! Guess what? Dad was getting super sleepy, so he fell asleep and snored as loud as a pig. Mom thought he was hilarious, so she took five photos of Dad sleeping soundly. But I hope

that Mom did not post it on Facebook because when Dad found out, he might get angry!

After Dad had woken up slowly, we got off the huge boat. We realized we were starving, so we went to a café named “The Seafood Place” to have fresh, yummy seafood. Mom and Dad shared a giant, tasty lobster. They ate the whole thing! I didn’t really prefer lobster, so I ate the best crab noodles I had ever had! I thought it was delightful and delectable. My family was really hungry from the salty sea air, so we ate like a pack of wolves. After that, we ate dessert, which was an apple pie! Whoever made the apple pie was a genius. In fact, we thought it was so amazing that we ordered a second one! Then, we left the brilliant café cheerfully. When we checked into our luxury and elegant hotel, we didn’t want to go to sleep, so at first, I played Roblox and Minecraft with Dad. Roblox gave me a lucky draw, and guess what? I got a limited-edition golden axe and shovel! The limited-edition items let me dig up anything, so I played Roblox for one hour. Eventually, I got bored of games, and decided to go down to the hot tub with Mom.

After we went down the long, swirly corridors, we finally reached the hot tub which was warmer than the cold corridors. The hot tub came with a sweet, strawberry-scented bubble bath and some multi-coloured bath bombs. We wanted our hot tub to be more interesting, so we added both to the warm water. Inside the hot tub, it was like being wrapped in a flowery, fluffy towel that just came out of the warmest dryer ever! Mom and I laid in there for a grand total of forty-five minutes! After another twenty minutes, Mom wanted to get back to our room, and we did. I was getting really tired, so I flopped on the soft, silky, comfortable bed. FLOP! I fell asleep slower than usual, thinking about my terrific day.

Do you like my sweet, terrific, wonderful, very good day? What is your wonderful day like? Was your day better than mine?

Descriptive Writing

Megan Tse Yuet Tung (3C)

A Sweet, Terrific, Very Good Day

Do you know how a sweet, terrific, wonderful, very good day is like? Let me talk about my experience.

My wonderful day started when I woke up. CHIRP! CHIRP! I was welcomed by birds chirping cheerfully. I went to brush my teeth and to my surprise, I saw a peach scented toothpaste next to my sink. I opened the cap and tried to smell it. It was super fresh and fruity. I slowly squeezed it on to my sparkly toothbrush. When I brushed my teeth, the smell floated into my mouth. After that, I went to the enormous dining room to eat breakfast. I found two big, round pancakes coated in sweet syrup and homemade potato chips on my triangle plate. CRUNCH! MUNCH! I bit into my pancakes and potato chips. The potato chips were scrumptious and spicy! YUM! Next, I caught the green minibus, and went to school. At school, I answered Ms. Penelope's hard science questions. She praised me and even gave me a chocolate milk flavored candy. It was the same in English, Math, STEAM, and Chinses classes. I answered interesting riddles in English class, division problems in Math, and others. Every teacher gave me a treat, so in recess, I got tons of candies. I gulped them down as fast as a cheetah. They were the sweetest candies I had ever tasted.

I went home by bus, and to me, the trip was smoother than other trips. We didn't have to stop on traffic lights, and there were no trouble-making traffic jams. When I got back home, I ate fried fish rice. The fish was fried until it was super crunchy! After eating lunch, I went to do my easy reading homework. I opened my bag, and I found an English worksheet. I finished it quickly in about 5 minutes. Then, I went to Penfold Park to walk my dog, Clarissa. BARK! She was a little, brown poodle. Her eyes were as black as full ripe blackberries. She had a little, but sensitive

nose. She could smell a bag of potato chips a mile away! As I walked Clarissa, I saw colourful flowers around us. The view was amazing! Next, I sent Clarissa back home and went swimming in the Sha Tin Public Pool. The pool was gigantic. It was even bigger than 100 T-rexes. I swam as fast as lightning. After swimming for an hour, I went home to take a relaxing, hot bath.

When I got back home, I saw a big surprise in my bathroom. I saw a flower-scented shampoo I had been dreaming of for 2 years! It had tiny rose petals that smelled better than perfume. The rose petals could melt into white, gooey liquid. It smelled very fresh. Then, I went to my dining room and ate delicious supper. There was my favourite mouth-watering corn soup. I slurped it down in one gulp. SLURP! "Beware of your table manners, Megan!" said Mom. I laughed out loud. It was so delectable that I forgot my table manners. HA! HA! After eating supper, Emily, my sister and I played interesting card games. If I won 5 rounds, I could get a surprise gift! By the end, I really won 5 rounds! It was so amazing! Emily went to her luxurious bedroom and got out my surprise gift. It was a fairytale book. It was filled with beautiful pictures and golden pages. "Thanks!" I exclaimed. I read my book whole night! At about ten o'clock, I fell asleep peacefully.

It was an unforgettable day. I hope you had an exquisite day like mine!

Friendly Letters

Fay Kwok (3D)

Flat C, 30/F, Block 3,
Star Building,
86 Universe Street,
Kowloon, Hong Kong
17th August, 2022

Dear Polly,

I am fine, thank you. I hope you are fine too. I will ask my parents if we can go to England at Christmas. I wish they would say yes, so that we can spend our Christmas together happily.

I made some great new friends. They are Gioia, Samantha, and Abigail. We meet up everyday in recess and passing time. We often chit-chat, read books, and go to the enormous playground to do exercise. They said exercise makes you strong and healthy. After I do exercise, I sit.

I like them very much because they are kind-hearted and funny. They always calm me down when I am sad. I am very grateful to be their friends.

My school is Rainbow Academy. It is in Shatin. There are many facilities at my school. My favourite facility is the library. Its whole name is Rainbow Library. Inside the library, you can sit on sparkly cloud seats. Our fun school activities are "The Water Ball Machine", "Gumballs", "Sleepover Summer", "No Homework Week" and more. My favourite activity is "No Homework Week". I just need to play the piano at home. I think my school is very special. A magnificent rainbow is always seen after rain. It makes me feel very special, brilliant and great as long as I stay at my school. Hope your school is brilliant and fun as well. Hope to see you soon!

Your friend,

Jane

Kady Chow Wing Ching (3D)

Flat B, 2/F, Block 5,
Fun Building,
123 Happy Street,
Sai Kung, Hong Kong
10th October, 2022

Dear Polly,

How are you? I'm good. Did you go sledding as you had hoped? Hope you are having a fun time in London! I miss you!

I made amazing friends at my awesome school. They are Gracia and Adrian. They are considerate and friendly. Adrian likes to play soccer. He is extraordinary in that sport! Gracia likes school more. She's not really a sporty person. They are my best friends too and we often socialize during recess or after school. We also have Chinese lessons every Monday together. They made me feel very welcome.

Let's talk about my new school. The name of the school is Rainbow Clouds School. They named it that because the principal loves rainbows. We have a lot of entertaining events. They are called Sugar Party and Dancing Festival. At the Sugar Party, we'll eat sugar-coated lollipops every day. The teacher even give us marshmallow notebooks. For the Dancing Festival, we will dance in the dark and will not have homework for the whole day. I would love you to visit me at my school. The school address is Candy Street, Outstanding City, Blue District. The teachers are always optimistic about students' progress. On Friday, they will give us a mission to complete. If you finish the challenge, you will get a prize. In the cafeteria, they serve my favourite food, spaghetti in tomato sauce. Being at school makes me joyful and relaxed, but I still miss being classmates with you at my old school.

Looking forward to seeing you at Christmas! Reply soon. Miss you!

Your friend,

Jane

Friendly Letters

Jace Lam Yik Ki (3B)

Flat B, 26/F, Block 2,
Twinkle Tackle Building,
253 Oceanic Operatta Street,
Hong Kong Island, Hong Kong
19th October, 2022

Dear Polly,

How have you been? It's been such a long time we haven't met. I would like to share about my school life and my friends. I would start with my school life.

My school is at Wu Kai Sha and named "Lavender School". This school is just the best! There are many activities at Lavender school, such as Kung Fu Day, which is for learning Kung Fu. Students are divided into 5 groups, including Tot 1, Pre group, Basic group, Fast Reaching and Kicking Hitting Final! I am at Fast Reaching already! I am super joyful about the Movie Day! Movie Day is for watching fabulous movies. My favourite movie of the day is "Dolphins Evolve Until the End". It talks about how dolphins live. I like it because it's the funniest cartoon in this gigantic world. I'm going to share its funniest part. The funniest part of the story is a starving shark gobbling an adorable dolphin. Inside the shark's tummy, the dolphin moved around which made the shark painful. Then the shark burst! Don't you think it's hilarious?

Now, I'm going to talk about my brilliant friends. They are Kelvin and Josh. We do homework together, play Monopoly together, sit together in lessons, and chat happily in passing times and recess. I decided to make friends with them because they help people when someone is miserable. They are amazingly friendly. They always ask what our classmates and teachers like. They would give the things we like. We like riding bikes and playing board games. We usually meet up on Saturdays and Sundays. One time, Josh gave me an enormous pack of model robots. I was so happy. That's why I said Josh is friendly. Please write back soon.

Your friend,

Jane

Averie Mak Ching Ling (3C)

The Fifth Trick

The Enormous Crocodile had died in the unbearably hot sun, or did he not? The Enormous Crocodile struggled in the fiery sun. He wiggled and waggled for three long years, yet he was not burned. Finally, he fell from the hot sun to the warm earth again. Splash! Luckily, he fell to the muddy river. The Enormous Crocodile suddenly felt dizzy and all of a sudden, he was in a blackout.

"Hello?" the word slowly echoed in the crocodile's brain. In a heart-stopping moment, the crocodile let out a frightening cry, "Argh!" With that, he woke up. At once, his memory came flashing back. The Notsobig One jumped and asked sarcastically, "So how did your "clever" tricks and secret plans go?" "...No...t...Not...good," the Enormous Crocodile murmured, "...for...now..." The Notsobig One knew he would cause more trouble, but he didn't want to believe it. The Enormous Crocodile was still super hungry, not able to eat for three years, so he grunted and popped three fish in his mouth. Plop! Plop! Plop! He thought about the colossal park near the rich and grand houses with fancy gardens and pretty little swimming pools, and wandered off to the park.

Ti! Ti! Ti! He tiptoed when he reached the pleasant forest because he didn't want the "twerps" to ruin his tricks. After an hour walking, he began to feel tired. He breathed heavily but stopped when he saw Dally the Fox. He quickly ran out of Dally's sight, without making a single sound. Sadly, for the crocodile, the fox's beautiful, sharp eye noticed him in one tiny, glance, even if the crocodile just looked like a blurry, green flash. Dally thundered, "What now you mean croc?" "Just don't follow me you creep!" the Enormous Crocodile shouted. Knowing the crocodile, Dally silently stalked the crocodile and hid in a bulky bush.

"Achoo!", Dally sneezed. The crocodile looked around. Whoosh! Orange flashes could suddenly be seen. Dally was running around the crocodile! Dally ran off back to the bush. The Enormous Crocodile blinked blankly three times and continued

walking. He arrived at the park. Lucky for him, nobody was there, or was there? Dally peeked from behind the bush. The Enormous Crocodile formed into a weird slide. Dally could not help giving a little snort. Snort! The Enormous Crocodile turned around "Show yourself!" he bellowed. Dally didn't of course. So, the Enormous Crocodile made himself into a better slide. He was not the smartest of the smart. He used his rocky and bumpy back to make a rock-climbing wall and his tongue was the slide, so when the children slide... Chomp! He can eat the children.

Yay! Amber and Lilly rushed out of their house. They were both very posh. Lila, their mother shouted, "Don't go too far! Only in the park!" The Enormous Crocodile was pleased indeed. He stood dead still. Trying to stop his excitement, he did not even breathe. Amber, the older twin cried, "Look Lilly! A new, green slide! It is awesome!" Amber and Lilly rushed towards what they thought was a new, green slide. They were clueless. Dally held her breath, getting ready to jump out and save them. Lilly went on her first step; the Enormous Crocodile could not help dribbling now. Amber saw it and told Lilly it was a water slide. Their eyes were glowing. In a heart-stopping moment, Dally fearlessly jumped out...Whoosh! He warned the excited pair, "No! The slide is really an enormous, rude, human-eating, and horrible crocodile!" Lilly hopped back...Argh! The Enormous Crocodile rose and roared the loudest roar in history. ROAR! He angrily stomped and shouted, finally muttering bitterly back to the muddy river. The Notsobig One rose his head and told the Enormous Crocodile darkly, "Time for REVENGE!" The Notsobig One whistled and suddenly all his clever family members and smart friends rushed out of the river and had yummy crocodile stew.

So, if you happen to pass the muddy river, listen to a crocodile's belly. You might just hear a sound like this, "Argh! Save me!"

Remember, don't be picky or greedy, or else this might just happen to you.

Ellie Chen Yutong (3A)

The Fifth Trick

Boing! The Enormous Crocodile bounced off the scorching sun to the freezing Pluto, but Pluto was too tiny and slippery. So, the Enormous Crocodile slid off the Pluto and fell onto the enormous Earth. Splash! Splash! He jumped into the biggest, brownest and muddiest river in burning Africa.

"Aww!" screamed the Enormous Crocodile, "All my clever tricks FAILED! The Notsobig One said, "You're not going to think about some more clever and nasty tricks, right?" As he talked, the Enormous Crocodile started to walk excitingly out of the grassy jungle to the spacious city.

"What nasty tricks again?" bellowed Peter the wise owl. The Enormous Crocodile met Peter the owl. The Enormous Crocodile inquired, "None of your monkey business, just don't follow me!" Knowing his meaning, he followed him. The Enormous Crocodile tiptoed out of the towering trees in the forest, and whenever he heard a sound, he would look back to see if anyone was following him. But Peter's feather's colour was too similar to the leafy trees and the thick bark. So, the Enormous Crocodile couldn't see Peter the owl. He crept out while thinking about some nasty plans to eat the juicy, nice and young children. He remembered that there was a humongous zoo beside the green jungle.

What trick was Enormous Crocodile going to use? He ran to the zoo suspiciously and made the sound of breaking the statue as little as he could. Then, he pretended to be a wooden crocodile and used hard wood to make a sign saying "Welcome! Please come." Because it was midnight that time, no one would come to the zoo. After hours and hours, a friendly family came to the animal zoo to see the gorgeous and special animals. Kind Lily saw the Enormous Crocodile and cried, "Wow! That enormous

wooden crocodile is so huge and it looks so real! I want to take a picture with it!!!" The Enormous Crocodile felt his wet saliva sliding down his chin, so when no one was looking, he used the wooden board to wipe his chin. Lily took 1 step...2 steps...3 steps...

In a heart-stopping moment, Whoosh! Whoosh! Oh, it was Peter the genius owl! He screamed, "It's not a wooden crocodile. It's the Enormous Crocodile who wants to EAT YOU!!!" Lily ran as fast as a running cheetah to run further away so the Enormous Crocodile couldn't eat her.

Whoosh! Whoosh! While Peter the Owl flew up into the humongous, blue sky, he was thinking how to defeat the Enormous Crocodile. Ding! A light bulb popped up in his head. "I've got it!" yelled Peter. He asked Trunky the muscular Elephant to help him dig the deepest hole he could dig. Trunky agreed. He would do anything to make the rude, mean and disrespectful Enormous Crocodile lose, so they teamed up and worked for hours to dig the deepest hole they could make. They put weak cardboard on the trap and put green grass on it. Finally, the time had come. The Enormous Crocodile walked on the trap and fell into the trap because he was too heavy.

"Hooray! Our plan worked!" yelled Trunky and Peter. Everyone hugged Trunky the Elephant and Peter the Owl. After years and years, the Enormous Crocodile climbed out of the deep hole and cried, "I won't eat CHILDREN AGAIN!"

Emma Mok Hing Yu (3D)

The Enormous Crocodile Returns

Have you ever wondered what the mean Enormous Crocodile did for his ridiculous, nasty fifth trick? If you are an inquisitive reader who wants to know, then continue reading this story.

THUD! The Enormous Crocodile crashed down behind a shady, chunky roughened tree on a bright sunny morning, and the surroundings sparkled and gleamed in the sun's rays. He was near the most famous, the trendiest fashion show in New York. Secretly lurking backstage, he ogled the runway stars, animated children varying in different ages. They couldn't wait to strut on the runway, wearing the most lavish garments. The nasty crocodile whispered secretly, "Time for the fifth trick."

Pitter-patter! The Enormous Crocodile crept silently towards the backstage door, careful not to be seen. He reached the wooden door and tiptoed inside... Pitter-patter, pitter-patter! After a while, the Enormous Crocodile spotted a stylist for the young models. She was a flamboyant peacock, and her name was Stephanie. Stephanie stuttered when she saw the Enormous Crocodile, "What... are you... doing here?" The Crocodile growled, "I'm going to find a scrumptious child for lunch; keep listening and hear me munch!" The peacock gasped sharply and muttered, "You better not..." The crocodile carelessly tossed away a hanger as hard as gravel, and he strategically placed himself in the humungous wardrobe. He tucked his head away and twisted his tail. He resembled a hanger. Do you think his deceptive plan will work?

"Models, put on silky, fabulous, shiny, dazzling, sparkly, mesmerizing outfits quickly," the busy producer barked in the bustling backstage, "the show starts in five minutes!" Just in this moment, the child models hurried and sprinted to the hangers, STOMP STOMP. Eager

to put on the clothes. Unluckily, one of the children rushed to the Enormous Crocodile. Like an innocent mouse running to cheese in a trap...

Unexpectedly, in a heart-stopping moment, a winged figure slowly emerged out of the corner of an eye. Stephanie came flying – SWOOSH SWOOSH, towards the posed crocodile and warned the children, "That's not a hanger. It's the Enormous Crocodile, and he wants to eat you up!" She screeched desperately, "Run for your lives!" "Aaaahhh!" the children hollered in fear. The peacock kicked the crocodile swiftly and made the shrillest call, which caused numerous peacocks to fly into the backstage room. All of them helped Stephanie carry the Enormous Crocodile out of the building into the bluest sky. In union, Trunky the Elephant swung the crocodile to the flaming, scorching sun, and all the vibrant birds watched contently as the beast catapulted to Exoplanet OGLE-2005-BIG-390Lb. "Bye!" shouted the pleased Stephanie.

Eventually, the Enormous Crocodile was forbidden to return. Everyone cheered ecstatically, WHOOP WHOOP, for the brave peacocks. They had a terrific, wonderful party, and they lived happily ever after.

This story teaches us that evil actions are just blessings in disguise. The Enormous Crocodile definitely learned a lesson about that!

Yip Ching Shun (4E)

An Inspirational Person

Mother Teresa was one of the most well-known recent saints in the Roman Catholic Church. She was born on 26 August 1810. She has helped millions of people in her lifetime. She knew that when she prayed in faith, God would help her share His love no matter what happened. She has changed society in different ways by setting up hospitals and schools. She was a generous and loving person, who was always looking for ways to help others.

Unfortunately, she passed away on 5 September 1997, at the age of 87. She was an inspirational person because she did hard work with great love, and helped people whom others ignored. She helped the homeless, poor, sick, and abandoned, regardless of their religious faith. She built rehabilitation homes for lepers and rescued homeless people dying on the streets. She understood the urge to give them hospice shelter and love during their deaths. Moreover, Mother Teresa established a Leprosy Fund to educate people about the illness and built mobile leper clinics in September 1957. She created an opportunity to provide affected people with medical care in the neighbourhood. I admired her selfless approach to people. She was a benevolent, considerate and gracious person that I have ever read about.

Mother Teresa is my role model, and I learn to be as selfless and loving as her. I also helped others like Mother Teresa. One day, when I was playing in Disneyland, I noticed a girl sitting on a chair, sobbing. She looked very pale and her limbs were trembling. I walked up to her and asked if she needed any help. She mumbled and told me that she was lost and could not contact her parents. I took her to a restaurant nearby and bought her hot soup to keep her warm. I lent my phone to her so that she could contact her parents. Acting like Mother Teresa, I walked up and offered my helping hand without any doubts. I help others genuinely and wish

everyone the best. In the end, her parents came and picked her up. They thanked me profusely for having a kind heart and thoughtful mind. Words cannot explain the joy that I had, the satisfaction and happiness inside me were irreplaceable.

Mother Teresa has inspired many people all around the world. She was a classic example who devoted her life to helping people in need. Mother Teresa contributed to the elevation of many people's miseries daily. Mother Teresa said, "I would rather make mistakes in kindness and compassion than work miracles in unkindness and hardness." It shows how committed she was to acknowledging the suffering of others. I feel her courage to place herself in situations where she lived with compassion, gave of herself, and undoubtedly drew resolve from that effort. We should all learn from her, and be kind and loving to others.

Creative Writing

Lee Hin (4B)

This Little Corner at A-School

Welcome to A-School! Today I am going to show you a special place full of fascinating and magical books and tales. Can you guess where it is? Well, it is the school library, even though it is about the size of a classroom. The bookshelves are stacked with an endless number of books!

What makes it special is that in the library, there are many fun and enjoyable activities, for example, PERCCI cards. When you borrow a book every day, you get a stamp, so within ten days, you can get a PERCCI card! Or you can win reading points. If you get 300 reading points, you can get a PERCCI plushie! Last but not least, our classmates also enjoy going to the library whenever they can because our school library always pops up with many delightful activities or surprising news that will make your eyes pop up with surprise!

Next, in the A-School library, the books are of high quality and popular. Our students' most loved ones include: Dog Man, Diary Of A Wimpy Kid, Sherlock Holmes or Batman comics. But for girls, it might be Dear Dumb Diary, Cat in Boots, Hansel And Gretel, Harry Potter and many other fairy tales. There are many parent volunteers. They are very kind and helpful! One of them was my classmates (Jadon's) mother. She is very sympathetic and always shows kindness to others. One time she gave us free snacks and biscuits to snack on when our parents forgot to pack us snacks. Our classmates adored her personality.

After that, there are three glass boxes in our library. Inside the glass boxes, there are three to five giant bean bags as soft as clouds and cotton candy. They are placed on artificial green grass. There are rows and rows and rows of books, all placed carefully on the bookshelves. If you stepped inside the reading box (the glass box), I can assure you that you are going to be thrilled how peaceful, quiet, and spotless it is.

Lastly, the teacher librarian is Yeung Nam, Elva. We usually

call her Miss Elva. She is very kind, brave, sweet and has a special ability to make children around her like her. She has black hair and deep brown eyes. Sometimes she wears glasses. She is in charge of the library's activities, so I am very grateful for her.

To conclude, I learned to never judge a book by its cover because you never know how great and magical it could be.

Clarisa Lam Hoi Tung (4B)

Perseverance

I think we all have the characteristic of perseverance.

We cannot judge people by their appearance.

This means you need to work hard towards your goal, to live up to your own role.

Go through your problems and you will find a way.

Keep going and make an effort every day.

One day our hard work will result in success.

Others believe in your work, so strive to impress.

This character strength is vital for learning,

But there is also a lot to learn about humility.

One must be brave and not fear to start,

be strong enough to go to the finish line.

I want to bring everyone a message

that we actually need to be brave and face the challenge.

Things always seem difficult, so you might deny,

But you will make a difference if you just try.

Friendly Letters

Cheng Yi Kiu (4A)

Flat A, 26/F, Block 1,
Christmas Building,
BT21 Street,
Shatin, N.T., H.K.,
20th December, 2022

Dear Andy,

I hope this letter finds you well. How are you doing? I'm fine. I can't wait for your visit to Hong Kong! The pandemic is getting worse. Stay healthy and be safe!

From the letter you sent me, I know your first problem. You don't know how to prepare for winter in Hong Kong. Don't worry, I'll guide you to pack! You can go to the Christmas Mall. They have special sales every year in winter. You can save some money too! At the first store, you can buy the clothes you want. Beside the little dolls, you will see a table. The man sitting there is the manager, whom you should seek help from. Perhaps ask for leather jackets and down jackets. About 1-3 will be fine. Buying leather jackets and down jackets is the best way because they are easy to pack and very convenient to wear. Also buy a blanket which on the top says, "Winter Helps". It is easy to pack into very small bags, but when you open it, it's enough to keep two people warm! According to the Hong Kong Observatory, Hong Kong will be below 10 degrees, so buy them this week, so that you can wear them on the first day of your visit! Which cartoon character do you like? "Winter Helps" provides cartoon characters for costumers to choose and then print it on whatever they sell you. The most popular ones are Pokémon, Demon Slayer, and Mario. They're adorable! It's for free too! You got all you need when you're with me. On the second store named "Winterlicious", you can help yourself to the scrumptious food there. Also seek help from the manager. Would you like hotpot and hot chocolate? I'll ask my mom to order it for you! In case you don't know what food those are, hotpot is an enormous bowl filled with fragrant soup and delectable food like fishball and corn, and you can take a small bowl to get the hot food.

Hot chocolate is a cup full of melted chocolate, kind of like chocolate milk, but better. You can add a lot of marshmallows inside your drink! If you want other food or drinks, go to the shelves beside the sales banner. Enjoy them, and choose takeaway so that we can eat them at my house! We can have a midnight feast! That is, if my parents allow us to. Not only buying food for eating, you can also buy the durian skins for charging your smartphone. Do you know that? It's a fact from the Young Scientists comics. Anyways, as I was saying, I hope these things can keep you warm.

Secondly, I know that you got a "D" in your Math assessment. Don't be upset. Everyone is special in their own way. Just like how awful I am at Chinese! Remember the time when I got C+ for my listening exam? That was awful, but if you study hard, I'm sure you'll get an A next time! I suggest that you go to "Little Lamb's Book Store". Have you been there before? It's full of English novels. But forget about that! The book store's colossal. Don't wander off yourself. Turn to your right, then left, then left again. There you'll be able to see thirteen red books on the second shelf counting from the bottom. Take any three you like-It's all for grade four. To study effectively, you should find the topics you want on the content page, which is the first page. For example, if you're learning division, you can find that topic. If you have any difficulties, feel free to contact me! My phone number is 9564 4321. You should do two chapters every day or every two days. There are both Booster and Mock Exam exercise books, which one do you want? Let me explain the difference, since both exercise books are good. Booster is for more challenging questions, while Mock Exam is simpler but similar to your exams. On the middle pages, there are answers for you to check after you finish the exercise book pages. Do you find Math boring? It's actually not, and it's very fun! Go to smallcampus.com to play Math games, it'll be much more interesting than looking at your textbook! Small Campus is fun because you can choose a player you like to solve questions. You can even earn coins to buy online presents! Also, Planetii is effective. Not sure if you had heard of it

Friendly Letters

before. It shows why you are wrong and the answer. Best of all, it will explain to you when you don't understand it. For example, the question was "How many squares are there in the figure?" I once got it wrong, and the explanation popped out. There were shapes going together. For the other questions, I got them all correct as I know how to solve them now. Also, during assessments, remember to highlight keywords, it might trick you by asking for correct or incorrect options. Attached to this letter are printable worksheets of the Mock Exam and Booster exercise books. See if you want them before you buy them! I will always support you!

I hope my ideas could help you. If you need more, please feel free to ask me! Don't be afraid to ask, and don't be shy! You can contact me through Messages or Zoom! I believe that's what a generous friend should do, so don't thank me! My account is jennifer.wong@icloud.com. Remember, I will never leave you in the darkness! SEE YOU NEXT WEEK!

Your friend,

Jennifer

P.S. Tell me which character you've chosen as soon as you log in to Small Campus!

Nickson Wu (4C)

Flat C, 31/F, Block 9,
The Flash Building,
313 Speed Force Street,
18th December, 2022

Dear Andy,

Hi, how are you? I'm fine. How is life in Australia? I know you are bothered by two problems, but don't worry! I'll always be there to help and support you!

First of all, you mentioned that you have no idea what to prepare for winter in Hong Kong, but it's okay. I'll guide you step by step. Since it's not too cold in Hong Kong, you'll only need a hoodie to keep you warm because it is about fifteen to twenty degrees Celsius in Hong Kong. It will also come in handy because if it rains, you can cover yourself with the hat attached to the hoodie. If you suddenly feel cold, you can go to Starbucks and order an "Extra Hot Hot Chocolate" to heat you up. Also, if you don't mind, I could invite you to my house for a sleepover! You don't need to worry about keeping warm because we have a heater here. I'm also going to offer some thick blankets and pillows to you.

Second, you told me that you were failing Math. This problem is actually very common, so you don't have to be ashamed of yourself. You can try going to a study room near your home at weekends when you have time because it is a quiet place that can help you focus on your studies. You will only need to bring a pencil case with pencils, erasers, and sharpeners inside. You will also need to bring your Problem Solving Booklet and your iPad to work on. You could do Planetii exercises there because it can help you practice units that you are having trouble with. It also has a pretty cool function. When you answer the question correctly, it will trigger a "Whoo!" sound effect. If your eyes get tired, you can take a 10 minute break to look at trees far away outside the window. And then you can continue working.

I hope my suggestions can help you out with your difficulties! If you ever have any questions, you could WhatsApp me or send a message to me on Zoom. Looking forward to your reply!

Your friend,
Jennifer

Friendly Letters

Kwok Yee Hor (4C)

Friendly Letter

Flat A, 10/F, Block 6,
Baden Building,
10 Lucky Street,
Sai Kung, N.T., Hong Kong
18th November, 2022

Dear Nickson,

Hello! How are you doing? I received your letter that mentioned you have AOLE almost every day, and you don't know how to prepare for your Chinese Show and Tell and exam. I'm so sorry to hear that, but don't worry – I've thought of some wonderful solutions for you.

First, you have AOLE almost every day, and you don't have enough time to finish your homework. Well, my specific advice for you is to eat your lunch faster by ignoring all the distractions near you, so you have more time to finish your homework. You could always catch up with your friends later after you are done with things that keep you occupied. I hope you can overcome this difficult problem with my solution. In the next school year, you could rethink again and only focus on a few AOLE instead of consuming too much energy on giving everything a try. In that way, you can be less tired and devote more time into each one of them!

Second, you mentioned that you don't know how to prepare for your Chinese exam and show and tell. I advise you to make a well-planned timetable to map out your study plan which indicates how much time you should spend on which subject, so you won't get messed up. If you are not sure how to do it effectively, you can find a tutor to help even after class. For your Show and Tell, you can first look for some data on the Internet. If what's provided seems to be too broad, try to brainstorm some ideas with your friends and parents when they are free. I'm sure they are thrilled to share their inspirations and experiences with you! Meanwhile, you can enhance your bond with your parents and friends!

I hope these useful tips will work for you. Let me know if there is anything else I can do for you. I am always by your side.

Your friend,

Baden

Chan Ching Huen (4B)

Swimming

Do you think swimming is an exciting activity? Swimming is very exciting to watch in the Olympics because many swimmers have to compete in the game. There are different kinds of swimming like freestyle and backstroke swimming. Read on to find out more.

Swimming has many interesting facts to discover! There are four strokes in swimming which are freestyle, breaststroke..... Freestyle is the most popular in Olympic swimming. Swimming events burn 40% more calories than biking per hour and burn up 30% more calories than running per hour which is very tiring and a good way to keep fit. About 65% of Americans cannot swim, so less Americans will join the Olympic games swimming. Women only began to join the Olympic Games swimming competitions in 1912 - sixteen years after men, so there were no women competing in years before. Breaststroke swimming is the slowest in swimming, while freestyle is the fastest in the Olympic Games.

The history of swimming is very long! Swimming started its spotting journey in the mid-19th century. The first swimming organization in the world was formed in London in 1837. In 1846, the first swimming championship was held in Australia. It became an annual event. It was a future success of competitive swimming. It has been scheduled since the very first modern day in 1896. There are four disciplines to have been retained, appearing in each summer Olympic since the other being autistic gymnastics, athletics and fencing.

There are many famous swimming athletes. Mark Andrew Spitz is one of the very famous swimming athletes. Mark Andrew Spitz had won seven gold medals at the 1972 Munich Olympics. This achievement has been surpassed only by Michael Phelps who won eight gold medals in 2008. Between 1968 to 1972, he won nine Olympic golds plus a silver and a bronze, five American Pan golds and eight US National Collegiate Athletic Association titles. During those years, he had set 33 world records, and he was named World Swimmer of the year in 1969, 1971 and also in 1972.

Swimming has a long history and there are many famous players. This sport is worth discovering because there are still many fun facts. Swimming shows perseverance because all the swimming athletes put a lot of effort to compete in the Olympics.

Information Reports

Herb Lam (4C)

Still Rings

Have you ever heard of how gymnasts perform on the still rings? They have lots of body postures like a cross and an upside-down cross. They have to perform absolute stillness to prevent mark deduction by the judges. Read this information report to find out more about still rings!

On still rings, gymnasts have to perform extraordinary strength and skillfulness in arriving at all holds with absolute precision. Stillness, steadiness and proper body positions are essential while performing strength elements. The rings should be absolutely still and under control throughout and at the end of each skill. The still rings routine must include one swing to the handstand and swings to strength hold elements. They have to perform different body postures with at least two elements of strength. One of the swings is the strength hold element and the other one is the static strength element. Both of them must be held for 2 seconds during the still rings routine. Examples of strength elements, which mean the body postures, include a cross (or crucifix), an inverted cross (or an upside down cross) and a Maltese cross (or swallow). A cross is performed when the body is in a straight position. The inverted cross is executed in an inverted handstand with arms stretched perpendicular to the body. A Maltese cross(or a swallow) is performed when the body is in a straight position parallel to the floor at ring height. At last, gymnasts are required to land on a dime from the disorientating dismount. Hops on landing, whatever size and direction of the step, are accounted as faults.

A score based on execution, artistry, technique and composition is awarded to gymnasts. The scores start at 10 and deductions are made for faults in execution, composition and artistry of presentation. Any grimace, struggle, uncontrollable swing and loss of forms such as toes that are not pointed or a fall from the apparatus

will cause deduction of marks. The highest and lowest judges' scores are dropped.

There is a list of historical events in still rings. The rings is classified as artistic gymnastics. It was first held for men at the first modern Olympics in 1896. It was held again in 1904, but not in 1900, 1908, 1912, or 1920 when no apparatus events were awarded medals. The rings was one of the components of the men's artistic individual all-around in 1900, 1908, and 1912. Nevertheless, the men's rings returned as a medal event in 1924 and has been held every game since. Rings scores were included in the individual all-around in 1924 and 1928, with no separate apparatus final. In 1932, the rings was entirely separate from the all-around. From 1936 to 1956, there were again no separate apparatus finals with the rings scores used in the all-around. Beginning in 1960, there were separate apparatus finals.

Do you know what still rings are like? The rings must be made of wood or metal, so that the performers don't fall off easily and to ensure that the rings don't break. The rings are 28 mm (1.1 inches) thick and have an inside diameter of 18 cm (7.1 inches). They are suspended by straps mounted 5.75 metres (18.8 feet) above the floor, the rings themselves hanging 2.5 metres (8.2 feet) above the floor and 50 cm (19.7 inches) apart. Traditionally, still rings is only performed by male gymnasts 2.5m off the floor due to its extreme upper body strength requirements. This is not for women's gymnastics as they are mostly lower body focused. Gymnasts often wear ring grips while performing.

To conclude, this information report provides a summary of the rules, score criteria, history and tools of still rings. Hope the abovesaid information will help you to know more about still rings.

Information Reports

Mak Hon Tan (4D)

Figure Skating

Do you know anything about figure skating? Figure skating is one of the oldest sports in Winter Olympics. It is also a Winter Olympics sport played by professional females and males. This report will tell you a lot of information about the histories, fun facts of figure skating, and Yuzuru Hanyu as a figure skating athlete. If you are interested, read on to find out more.

What is the history of figure skating? Figure skating is one of the most popular sport among other Winter Olympics sports. The sport's first appearance was in the 1908 Summer Olympics Games and transferred to a part of the Winter Games in the mid-19th century. This sport is one of the first sports for women, and the one and only Winter sports in Olympics with lady competitors until 1936. Freestyle is performed by a skater. Pairs is performed by a male and a female skater. Synchronized team skating is performed by one man and woman, but in sync. Another event is called Ice Dance. These are the events of figure skating. Over the years, the United States has been a wonderful role model in the Olympic figure skating. The first lady skater from the U.S. to first win a gold medal during the 1956 Cortina d' Apezzo Games was Tenley Albright. In 1968, Peggy Fleming got the first at the 1968 Grenoble Games. Michelle Kwan, Scott Hamilton, Brian Boitano, and Kristi Yamaguchi are other famous players in the figure skating event. Some teenagers treat them as idols and learn from them.

Of course everyone wants to know interesting facts about figure skating! This paragraph will tell readers two interesting facts about figure skating. First, animal bones were used to make skates. Years ago, people started to express art through skates. Skates are actually a practical form of transportation used by people. Back in the years, the Finland residents tied animal bones to their feet to skate across frozen lakes instead of walking around on foot. In the 13th century, metal blades

finally arrived. Second, ice-dancing grew out of waltz. A waltz can be a dance in triple time performed by pairs, who as a couple turn rhythmically round and round as they progress around the dance floor. Classic figure skating can involve "ice dancing", an activity dating back to a freezing London winter back in 1862. Ice dancing was not known until the Winter Games in 1976.

This paragraph is going to talk about Yuzuru Hanyu. Born on December 7, 1994 in Japan, Yuzuru Hanyu started pursuing the activity competitively after watching the heavily hyped battle between Russian skaters Alexei Yagudin and Evgeni Plushenko at the 2002 Winter Olympics in Salt Lake City, Utah on television. Japan's famous skater Yuzuru Hanyu, a two-time Olympic champion, told everyone his retirement from figure skating, but announced he decided to keep completing one of the activity's most complex jumps. Yuzuru Hanyu won hundreds of medals yet. Hanyu is a Japanese figure skater who began his career during 2004 and competed at a harder level for the first time in 2010.

In conclusion, this report tells you more about the history, fun facts, and a famous athlete of figure skating. Hope you can be a hard-working figure skater just like Yuzuru Hanyu!

Ng Wing (4C)

All You Need to Know About Archery

There are a lot of Olympic sports, and archery is one of the most interesting ones. It has a lot of things you need to know about, like its history, how it has developed over the years, its rules, and interesting facts. Read on to find out more!

Archery has really complex rules. It is played by shooting arrows at the target. To win, hitting closer or directly at the middle of the target is needed. In games like the Olympics, the distance between the competitors and the target is 70 meters, and the athletes need to shoot three arrows in two minutes and six arrows in four minutes. If the arrow falls from the bow before being shot, extra time is given to the player. The player can only use archery equipment. If not, he or she will be disqualified.

Archery has lots of fun facts. It is the oldest sport and fight art of mankind and was first practiced in 20,000 BC. It was introduced in the Olympics in 1900 and was the first game that allowed female participants in the Olympics. It is also called the safest sport in the Olympics. The word “archery” comes from the Latin term for bow and arrows, “arcus”. South Korea is the country with the most gold medals in this category. Once, a man without arms shot the world’s largest arrow with his legs and made a Guinness World Record.

Archery also has complicated lore. Archery was likely developed in Africa during the late Stone Age. Legendary figures from the tombs of Thebes are depicted giving archery lessons, and some Egyptian deities are connected to this sport too. During this classical period, it was documented to be a kind of warfare and hunting, but it was made obsolete later. Therefore, the British initiated a major revival of archery during about 1780 to 1840. It became a modern sport during the 1840s.

To conclude, archery is different from the other sports from its rules to history. It has evolved over the time from being a part of warfare and hunting to a modern sport. Archers are very hard-working and independent. You can be like them too if you put sufficient time and effort in it. At last, it has lots of rules, complicated lore, and loads of interesting facts. It truly is an amazing sport.

Thomas Lau Tung Hei (4C)

Fantastic Tennis

Do you know people used their hands to play tennis in the old days? The first game of tennis was created by European monks for entertainment during ceremonial occasions. Balls were hit by hands originally, then people used leather gloves with a handle to hit the ball. Nowadays, the handle becomes a tennis racket. Do you want to know more about tennis? Read on to find more.

The tools of tennis are a racket, a tennis ball and a standard court. The court is rectangular in shape. The length is about 24m and the width is about 10m with a net in the middle of the tennis court. The handle of the racket was made by the animal intestine originally. Nowadays, the handle is made of carbon fiber, different materials and the strings are made of human fibers and other polymers. Also, in the old days, tennis balls were made of leather stuffed with wool or hair, and they were heavy. Nowadays, the tennis ball is covered with a material made of nylon or wood components. They are filled with pressurized gas so that they are lighter and don't lose bounce over time.

Tennis also has a history. Tennis was first developed from a 12th-century French handball game called "Paume". In 1530, an England King built a tennis court. In 1873, a real tennis game was invented and only rich people could play. Each game was played by two people only. In 1884, the game for men's and women's double were invented. Nowadays, it has also mixed doubles in a tennis competition.

Tennis also has some rules to follow. Tennis is played by two opposing players for a single or two pairs of players for doubles. Points are awarded if the opponent

fails to return the ball to the prescribed area of the court. The scoring system consists of 3 parts. They are sets, games and points. The points of the values are called love, 15, 30 and 40. If a player wins four points, the player wins a game. But if they reach a tie at 3 points, that is 40 to 40, the score is known as a deuce. In this situation, the player who wins 2 more points than the others will win the game. A player wins a set when he wins a total of six games and is more than the opponent by two games. Otherwise, they play a tiebreak to see who wins 7 points first. For a three-set match, the first player who wins two sets wins the match.

Tennis has many famous players. Rafael Nadal is one of the most famous players in the world. He was born in 1986 in Spain. The first time Nadal recognized tennis was at the age of 3. His uncle then became his coach. He turned into a professional player when he was 15. He trained at least 4 hours a day and almost 210 days a year. He is a left-handed player. Up to now, he has won 22 Grand Slam men's singles titles and it is a new record. Besides, he won the gold medal in 2008 Summer Olympics and men's doubles tennis in 2016 Summer Olympics.

Now, do you know more about the history of tennis, the rules of tennis, the tools of tennis and the famous tennis player, Rafael Nadal? I hope you enjoy reading and like tennis also.

Chelsea Leung Hoi Kiu (4E)

Fabulous Food

The only thing that makes me pleased,
Is savory, cheesy macaroni that could entirely make my stress released.
I adore gobbling it with succulent ham,
Paired with sugar sweet bread and flavorful strawberry jam.

Rich and chewy appetizer fills you up,
You can feed it to your ravenous little pup!
Do you want to learn how to make this delectable dish?
Then I think I just fulfilled your requested wish.

First, prepare the crisp macaroni and place it in a pot,
But ask a reliable adult to help you since the water is scorching hot.
Next, melt some gooey cheese and mix it with the wiggly noodles,
And while I'm waiting for it to cool down, I delight drawing massive dWoodles.

Now while you are reading my quatrain, did I make you crave for food?
Let's get our bowls and forks ready and change your deserted tummy's mood!
Oh no, here comes my mischievous brother, you better run fast!
Otherwise, even a tiny portion of our mouthwatering pasta won't last!

Chelsea Ma Tsz Chun (4B)

My Hobbies

Whenever I play, I play with intense strategy.
For the nonsensical gamers, it seems like I'm being edgy.
This old rusty game also requires us to show microscopic skill.
Wow, a freshly new game that has more overpowering thrill!

Everyone belittles because I insanely draw,
But only if they knew what I incredibly saw!
Now that I'm gaining mountains of fans and fame,
I can put it on a mystic and special frame!

You should know that I like to fluently sing,
But not when the obnoxious phone goes ring, ring, ring!
My house is filled with fascinating melody,
Whenever I outstandingly sing, it feels like there is nobody!

In my elongated free time, I play my wildly rapid beats,
If I was a SoundCloud rapper, my raps would be made out of tons of sheets!
Random inspirations popped up in my mind extremely swift and fast.
I've been composing so long – it's like a lifelong last!

Chan Hoi Lee (4C)

My Hobbies

I have an ambitious dream; I want to join the interesting dancing school team.
When I have a magnificent dance competition, my fabulous friends will cheer for me and scream.
The air-conditioned room is too cold, I must wear an extremely thick coat.
After putting on the coat, I'm still feeling cold, but I continue dancing on a tremendous boat.

My friendly and stunning dancing teacher gives me a gigantic chance.
She tells me to dance confidently with some more exquisite skills and romance.
My dancing teacher sometimes challenges me to follow ridiculous beat.
However, I can't follow the amusing beat because I have injured feet.

When I pleasantly sing, I mostly stay indoors.
But I can get some fresh air if I sing outdoors.
When I loudly sing, my anxious mom will say I'm too loud.
I don't care about what my mom says, so I continue to sing, but suddenly my dad comes and sings aloud.

When I sing, I enjoyably walk.
When I record a video about me singing, unpredictably my friends or parents abruptly talk.
My annoying and outstanding dad throws a humongous microphone into my hand.
I beg my gracious mom to let me join an outstanding band.

Cyrus Ng Tsz Lok (4C)

Fabulous Food

When I can eat dumplings, I'm in a satisfactory mood.
Dumplings are always my favourite food.
I prefer eating dumplings to eating meat.
When my mum cooks dumplings, I am the first one to eat.

Another favourite food is cabbage.
I will eat cabbage when my mum encourages me.
Cabbage has a delicious taste.
So it never goes to waste.

Potatoes are a scrumptious vegetable.
Almost every night, you may see potatoes on the table.
Potatoes are nutritious.
At the same time, they are also delicious.

Dumplings, cabbage and potatoes are yummy.
They satisfy my tummy.
I cherish the chance when I can eat them.
Because they are a gem.

Cheung Tsz Kiu (4A)

New Tales of Judge Pao

Once upon a time, in the Han Dynasty, there was a great, fair, and wise judge called Judge Pao. Whenever there was a complicated or difficult case, he would be glad and actively help to solve the mystery promptly. Because of that, all the citizens really admired Judge Pao for his just judgment. Whenever they needed help, they would always find him as he was a generous, fair, and impartial person.

One day, at noon, an old, impoverished man came into Judge Pao's mansion. He told Judge Pao that he came here in the name of justice. The poor old man looked very depressed and regretful. He wailed and begged Judge Pao in a trembling voice, "Please! Please help me, Judge Pao! Please! My horse got stolen last night! The horse is the only legacy that my dad has left for me. Thinking of a man that could offer a helping hand, only your name has popped into my head. Please help me!"

The sad old man immediately burst into tears. Judge Pao was a helpful person, so he instantly answered, "Sir, I am so sorry to hear that your horse has been stolen. Please come. I will try my best to help you out. May I ask how old your horse is? Also, what features does your horse have?" Then, the sorrowful old man replied, "My horse is young. He's just two years old. Yet, he is enormous. His hair is super gorgeous. It is shiny red. Also, he could run very fast. It's a rare and great horse. I treat him as my best friend!" After listening to the old man, the smart Judge Pao pondered for a while. "Did you hear any weird sounds after you have recognised that your horse was stolen?" questioned Judge Pao seriously. The old man answered, "In the middle of the night, I heard the sound of horseshoes passing through. It is like the sound of a horse dealer riding a horse. So, I stood up and walked to the manger. Then I found out that my horse was not in his place." The judge smiled. He had already got a great, perfect plan in his mind. Judge Pao told the old man to return to his home and take a rest. After his horse had been found, he would notice him for claiming the horse. The old man was still a little skeptical about this, but he decided to believe the judge. After the man had thanked Judge Pao, he disappointedly went back to his home and waited for the intelligent Judge Pao's notice.

After the old man had left, looking upset, Judge Pao demanded all his armies to stick a bulletin on the notice board, right in the most obvious area to let everyone see it. If you look closely, you will find out that there were a bunch of small words written down on the bulletin which said, "The judge, Mr. Pao would like to pay one

hundred taels of gold for a scarce force. If you have a horse with the features above, please bring it to Judge Pao's mansion."

The next day, a horse dealer who was the one that had stolen the old man's horse saw the notice. Since the horse dealer was greedy, when he knew that he could earn one hundred taels of gold for the trade, he was delighted, thinking about how he could turn rich after this trade. Therefore, he immediately brought the horse that he had stolen from the old man to Judge Pao's mansion, and he was more than ready to redeem the generous reward.

After a while, the horse dealer arrived at the mansion. Judge Pao seemed to be delighted, especially when he finally saw what he had been expecting. The judge lowered his voice and told his army, "The case is almost closed now." The judge immediately commanded his army to notify the old man to unite with his dear horse. When the old man arrived and saw the horse, he instantly enfolded it from the side. He was really grateful and thrilled because he found his best companion again. The horse also licked his master's face. "Thank goodness! For heaven's sake, you're safe and sound! I can't live without your help, Judge Pao! I really can't afford to lose my horse! I really need it for my business! I don't know how to express my gratitude properly now. I'm totally lost for words..." Judge Pao shook his head and replied, "You're welcome, sir. It has been a pleasure, and I don't need anything in return."

What about the hateful horse dealer? When Judge Pao witnessed this touching scene of the vulnerable, old man claiming his horse, he secretly asked his armies to put the dealer in prison without hesitation. If it wasn't this horse dealer, the poor old man would not have suffered from all these worries. The dealer finally realized that he had fallen into the trap set up by Judge Pao. He was guilty for stealing the horse as he reflected in jail. He was determined that he would not steal from anyone anymore and would live without any evil plans in mind from then on.

After this incident, the new tale about Judge Pao has been spread out. The whole town all knows about this story and appreciates his wit and impartiality. More and more people come to visit Judge Pao's mansion and seek his advice whenever they need a helping hand. I can tell, Judge Pao must be busy inside his office, solving another complicated case!

Descriptive Writing

Chan Ho Ching (5B)

My Pet Peeves

Welcome everyone! Do you know what the term “pet peeves” means? I hate all kinds of pet peeves, but first, let me tell you what they are. They are something you find extremely vexatious. For example, people don’t use turning signals and people eating with their mouths open. My two pet peeves are people kicking the back of my seat and clipping nails in public. That’s very unpleasant, isn’t it? My brain is exploding like a tremendous bomb every time I see people doing that. How would you feel if someone is doing that in front of you?

The following pet peeve makes me exasperated that I could roar like a lion. It’s one of my pet peeves because if you are seeing a movie, or concentrating on something, you don’t want anyone to disturb you, but kicking other’s seat will make people not focus! It is often seen at homes or movie theatres. The pet peeve is people kicking the back of your seat! For me, a chair is for me to relax or to sit and to focus on something. But it’s totally opposite for me if someone is kicking my chair! When I want to relax, I hear “knock, knock ...” Every knock sound seems like taking million years. That makes me feel so stressful and helpless.

This pet peeve normally happens at home or school while someone sits behind you. I always see some naughty classmates like a monkey, jumping and running around, or my sister doing this when they want to call me. That’s not a good way to call people, right? I always think I was a soccer ball being kicked.

Now, let me tell you my own experience. One time, when I was on the bus, I chatted with my friends merrily like two delighted birds chirping cheerfully. We shared happiness together until a “Bang!” reaches deeply into our hearts. We carefully inspected our seats. There was an old man kicking the back of our seats! His legs were a humongous rock, running to our backs. Then I shouted at the man, and I was a dinosaur, screaming at the man, “Hey! Can you stop kicking our seats? That’s so disturbing!” The man replied with a frustrated smile and shook his head. My friend was as sorrowful as attending a funeral, and her fears fell slowly, like a slow-motion waterfall. Because she is my best friend, and she didn’t want anyone to disturb us. A few minutes later, the man started kicking our seats again. I just couldn’t hold my feelings. I was very sure that my heart was full of angry feelings. It was truly a gigantic campfire in my appalled heart. I grabbed my friend’s hand, and brought her down to the nearest bus stop, to get away from that man, who made me feel irritated.

So now, let me tell you my second pet peeve. It’s someone clipping nails in public! Oh, it could make me cry or shout like a monster, stomping its feet. I chose this as one of my pet peeves because the nails are full of germs from different places, so if you clip nails in public, you will spread out germs and might make someone unwell or sick. Every “Clip” sound hits my body as I am going to fall. It really makes me anxious. How could people keep doing that? This pet peeve normally happens on public transport, like MTR or buses. Moreover, it will

definitely make the hygiene problem in our community worse. My mum had this kind of experience too. That time, an old man did that in front of my mum! That’s why mum yelled in an indignant voice that night.

Now, let me share about my experience with all of you! That time, my dad and I rode the MTR to go back home. When I was asleep, I slept deeply like an enormous pig! Haha! Then, suddenly, a “Clip! Clip!” sound hit my ears deeply. It was a fireball. I looked at the hideous clipper that a woman had. She was clipping her filthy nails! I was shocked and my mouth was like an “O” shape. I waited a while because I thought she might stop later. But she didn’t! The clipper was a shark’s mouth which kept biting me, making me feel aggravated. I walked to the seat, next to the woman. I said, “May you stop clipping your nails, lady? I don’t think this is a suitable place for that.” The woman didn’t answer. She didn’t stop until I got off the MTR. I felt so bothersome and outraged like a desperate, ravenous tiger. I was also a cheetah staring at its prey! I will never forget this bad experience about someone contaminating the floor on the MTR.

So, after reading my writing about two of my pet peeves, I hope you won’t kick the back of my seat and won’t clip your nails in public! In these two situations, I feel melancholy and indignant. I hope people stop doing things that others might feel bothered. So, remember that my pet peeves are people kicking the back of other’s seat and people clipping nails in public!

Cheng Yee Tsun (5A)

Pet Peeves

Welcome, people! Have you ever heard of the term 'pet peeves'? Well, the meaning of 'pet peeves' is extremely super-duper bothering like a spilt 7-Eleven Slurpee cup on the floor, or an uncharged PC. But today, I'm going to share with you my pet peeves, the ones that make my head a TNT explosive, ready to blow, or a tiger ready to break every bone in that loathsome person. So, without further ado, let's get started!

My first pet peeve is so infuriating that I could bellow my anger across the world if I had to! It is when someone kicks my seat! Disrespectful people, they are! It is like the world's going to explode any moment...Just think how, just how they can kick so hard like karate masters. "Bam! Bam! Bam..." Those sounds clattering in your brain, vibrating in your skull...And worse, you keep thinking about those sounds in your head. Picture that, just times a million! The most irritating scenarios are when you are listening to music! Imagine the steady, soothing, peaceful beat of those piano notes, the slurs all flowing in perfectly...just to be destroyed by those dreadful, inconsiderate citizens! "LA, LA, LA — CRASH!" Worst of all, these abominable, ghastly scenes always happen, like a toffee stuck to your shoe, which is as dumb as taking out the trash and bursting the bag! UGH! What disrespectful behaviour!

Now, I will tell you about my experience of this vexatious pet peeve. Last time, I was lucky because I found a seat on the bus to put down my ginormous, 10-ton bag which was the same as strapping a hippopotamus to my back. As I plonked down and rummaged for my headphones, a man sat down behind me. When I thought nothing was going wrong, I was as dense as a pig! Ten minutes later, I heard distant noises. Thump! Thump! Thump! Was that dude booting the back of my seat? Yes, he was! NO! NO! NO! NO! NO! NOT AGAIN! My brain was boiling to the brim of exasperation, like a steam locomotive chugging out of the station. That man was a fly, buzzing around my head. That man kept kicking more vigorously! I could see sparks and smoke fizzling and rising ten feet high, airborne in the clouds. At that time, my eyes were practically shooting piercing daggers at him. It didn't stop until I departed for the interchange. So don't you ever dare kick my seat, or I will pulverize you like a ravenous tiger!

My second pet peeve is people talking while others are watching TV. It's irritating and annoying, like a mosquito trying to bite you while flying around your face. You would just want to simply watch a whimsical movie, a cartoon or maybe Rickroll on YouTube, but when the disgusting chatting sounds kick in like a saccharine donut that gives you so much energy like a superfast Ferrari supercar. Those sounds will add up to a deafening blue whale's choir song!

Now, let me tell you about my experience about this terrible, horrible, no-good, no-fun, pet peeve moment. Last time, I went to my friend Noah's house for a playdate with my other awesome friends. There were snacks galore! Jam-pumped doughnuts, M&M's and Skittles enough to solve the whole galaxy's food loss matters. A cake crammed full of cream, butterscotch and cherries. As I settled down to watch SpongeBob SquarePants while gobbling down a piece of cake, I thought life wouldn't be better. I was totally wrong! As I flopped back down leisurely onto a beanbag couch, holding a can of Coca-Cola, I heard some of the parents talking like chatting noises. Oh no...not again! My pupils saw red, as in crimson. BOOM! Hand grenades exploded like they were strapped to my swelling head. It went on for an hour! Seriously, an HOUR of it! In the end, I had to switch off the TV because it was time to go. I Didn't Get Any PEACE!

So from these stories, I conclude kicking the back of my seat and others talking while I'm watching TV are my most extremely hated pet peeves! So whatever you do, PLEASE DON'T DO THEM IN FRONT OF ME!

Descriptive Writing

Madelynn Lam (5A)

My Pet Peeves

Hello! Have you ever heard of the term “pet peeve”? If you never did, it means that some of the things you are annoyed about. For example, when people borrow stuff, and they don't ever return it. It's annoying, right? Well, this isn't the most extreme. The following ones you're about to read literally explode my head every time they happen. I suppose you have your own pet peeves. I have two pet peeves that I would like to share with you all. The first one is when people speak loudly in public, and the second one is that people fart in public. Eww!

My first pet peeve is when people speak loudly in public. Like, when you are mad or sad or whatever you're feeling, you just want a moment of silence after a stressful day. BUT YOU DON'T GET IT. After the moment you step on the bus, a few people start yelling and talking like crazy! Really! Some of them even start cursing! They are like, “Ayo Mason, how's it goin'?” or “Aw man! I have my worst day ever!” Like, ugh... YOU JUST WANT A QUIET SECOND AND YOU CAN'T EVEN HAVE ONE! AHHHHHH!

Well, (sniffs) one time, after my basketball practice, my teammate made a mistake and blamed it on ME like what in the world! My teammates made me angry, so I set the sky on fire. I stopped at the bus stop and waited for the bus. After about five minutes, the bus approached. I was so relieved that I could have a peaceful time. But I was wrong, 30 seconds after I had stepped on the bus, a radio started popping out rock music. A man was speaking on the phone. It was so loud that my eardrums almost popped. I was so

annoyed, and I lost my temper. I went up to that guy, and shouted in his ear, “You are in a public place. If you want to talk, you can talk but gently. This is not your home. You don't do whatever you want. You continue doing this and I'm calling the police.” After I had said this, the man stopped talking on the phone. Apparently, he was intimidated by me. Though I got the whole bus's attention, but no one complained. Then I got off the bus even though it was not my stop yet.

My second pet peeve is when people fart in public. Eww! So sickening! I'm not blaming them because they can't control their body, but they are just smelly like toxic gas. Sometimes, they just traumatise me so awfully. I swear if I ever smell that again, I would never go to any public places again. I literally turn into a life-size stone statue. They are disgusting. Blagh!

Once my friend Frankie and I went to a party at my friend's house. The party ended late. Frankie and I were worn out, so we caught a taxi and the driver drove us home. Halfway through the ride, the driver started spritzing toxic gas. The driver started to fart like a monster. The driver said, “I am sorry. I think I ate too many beans before this.” He ate WAY too many beans. Frankie and I dozed off immediately. When we arrived, the driver woke us up with a speaker. We swiftly got out of the car and coughed non-stop. Eww!

These are my top two pet peeves. They are so dreadful! What are your pet peeves? I would love to know!

Descriptive Writing

Lee Cheuk Ying (5A)

My Top Two Pet Peeves

Hello there! Do you know about the term “Pet Peeves”? Do you know what your pet peeves are? Well, my pet peeves are annoying me so much, and make my head explode as if it is a volcano! I have got too many pet peeves, so I am just going to share my top two today.

My top two pet peeves include people arguing in public malls, and people kicking my chair from the back. People arguing in public is my pet peeve because they are so crazy, annoying, and very noisy. They are enormously disturbing, loud and lousy music. Such behaviour is so bothersome to me because they might hurt me when I walk past. They are fighting crazily like lions with a super bad temper. I see this behaviour quite often. There are usually two or more people arguing about a thing that one person likes, but the other person doesn't like. People normally do this behaviour in a mall full of people, on the street or in a restaurant.

I have experienced such behaviour a lot of times, but I am just going to share one experience with you. One time, my mom and I were just in a massive mall finding a place to eat lunch. When we went to a restaurant that I really wanted to eat in, we saw a person yelling at the cashier that he got the bill wrong and she should just pay \$120, but not \$131.02. Then, they started yelling at each other non-stop. They were actors acting while fighting. At the end, my mom and I decided to choose another restaurant to eat in to avoid the arguing, and that drove me crazy.

After knowing my first pet peeve, do you think that fighting in public is super annoying? Now, let me share my second

most annoying pet peeve. It is the most common pet peeve, people kicking my chair from behind. Their legs are like a gigantic axe hitting my back. It bothers me so much because when they kick my chair, it will shake my whole body. The most annoying part is that if I tell them not to kick, they will just be mad and kick my chair even more. It usually includes one person who keeps moving back and forth. Their legs are an uncontrollable robot. It always happens on my loathsome school bus. Some bothersome students in the back keep bumping my chair, so it is as annoying as a thousand people asking me questions at the same time.

Just like yesterday on the annoying school bus, there was a Grade Two student called Malloy sitting behind me, and he kept kicking my chair non-stop. When I asked him to stop, he got angry, and started yelling and kicking my chair even more. At last, I got tired of him yelling while kicking my chair. I complained to the school bus nanny. After that, he got scared that the school bus nanny would call his dad. He finally stopped kicking my chair and yelling.

After knowing my top two pet peeves, which one do you think is more annoying? I think people kicking my chair is more annoying since they are hard to bear, but still I think that people arguing in public also annoys me very much. What do you think?

Descriptive Writing

Hilary Lee Hoi Yi (5D)

Pet Peeves

Have you ever heard of the term “Pet Peeves”? If yes, then you would know that they are extremely annoying! Today, I am going to tell you about two of my most irritating pet peeves, slow Wi-Fi and people who walk really slowly!

My first pet peeve is slow Wi-Fi. It is just so annoying! Just imagine when you're on your computer, watching a video, suddenly everything begins to lag, and everything turns white! That is what happens when you have slow Wi-Fi. You can't watch any videos or do anything on your computer! And that is also what happens every time when I turn on my computer. Let me tell you one of my experiences.

On one happy, sunny afternoon, I was just chilling at home, reading a book, when suddenly I heard a loud "ping" coming from my computer. I closed my book and then grabbed my computer. It turned out that one of my friends had sent me a video, saying that it was one of the funniest videos she had ever seen. Without even thinking twice, I clicked on the video. Then I patiently waited for the video to load, but I ended up waiting for the video to load for a whole five minutes! I was already extremely annoyed and irritated by the lack of speed, when at that precise moment it happened.

The screen turned as white as a freshly, fallen layer of snow, then the one and only, dreadful, loading icon appeared! I felt absolutely enraged. I turned as red as a juicy, ripe tomato. There was steam coming out of my ears. I tried to calm myself by trying to reconnect to the Wi-Fi, but it got even worse. The screen was still white, but the loading icon had disappeared. It had been replaced by these two capitalized words, "WI-FI UNAVAILABLE". I felt like screaming at the very top of my lungs! After trying to reconnect to the Wi-Fi for what felt like eternity, I finally succeeded in connecting to the Wi-Fi. A wonderful feeling of delightfulness rushed into my body, and without wasting anymore precious time, I clicked on the video once more and began to watch.

The Wi-Fi was a river. It was running so smoothly.

Everything was so peaceful, until something horrible happened. Can you guess what? Yes, the Wi-Fi became unstable and laggy again.

And that's enough of that disastrous experience. Now let me move onto my second pet peeve before I start shouting my head off again. Like I said, my second pet peeve is people who walk really slowly. It just infuriates me so much when I'm in a hurry. The people in front of me just slow down so much. They are so slow that I can't even take a single step! This pet peeve of mine just DRIVES ME NUTS! Now let me tell one of my absolute worst experiences!

My absolute worst experience all started like this. I was running late for school, and to make it worse, I had a very important test I had to attend! I was a bolt of lightning. I was the speed of light. I was at the train station, and the train was already there! I couldn't afford to miss it, otherwise I would miss the test! I ran as quick as a cheetah, and I was sure I was going to reach the train in time, until disaster struck. I was so close to hopping on the train, when I was blocked by three girls. They were like a colony of penguins, all huddled up together, and they were walking as slowly as a bunch of snails! I noticed that the train was about to leave, so I frantically, but gently, tapped them on the shoulder and said in a rushed voice, "Excuse me, do you mind walking a little faster? I'm going to miss the train." "No, I don't think we will, and besides, we are walking. Can't you see?" replied the tallest out of the three girls. And then she added in a mean voice, "And get out of our faces, you annoying girl!" I was absolutely appalled by her behavior. Not only had she refused to walk a little faster, but she also called me annoying and even told me to get out of their faces! I was so enraged. I was as angry as a fire-breathing dragon! They were walking so slowly that it felt like eternity! I wanted to scream at the very top of my lungs! Then the worst possible thing happened! The train left! This was where I knew I was going to be extremely late!

Those are the reasons why I have those two things as my pet peeves! Slow Wi-Fi and people who walk as slowly as a snail! Well, to be honest, I can't really blame anyone whenever I get slow Wi-Fi, but if I ever catch you walking as slowly as a sloth, then I will chase you all the way to Antarctica!

Leung Yiu Long (5B)

My Pet Peeves

Have you ever had any pet peeves? I have. Let me tell you about my top two ones.

My first pet peeve is people picking their nose. It is SUPER loathsome! It's especially disgusting when my younger sister is picking her nose. I can even see the filthy boogers and the dirty germs on her hand! It is so nauseating that I want to vomit every time I see her picking her nose. My younger sister picks her nose every TWO minutes, and she always touches my immaculate things without washing her greasy hands! She is as disgusting as a troll hiding in the landfill area. Next time when she does her unhealthy behavior, I will punch her to Pizza Planet (which is in another galaxy) like a boxer!

One time, my younger sister finished eating her scrumptious lunch and dashed into my room to play. Suddenly, she picked her nose. I was walking into my room just when she picked her nose. I saw that, and I was immediately a lion. I roared, "GET OUT OF MY ROOM!!!" Annoyingly, she wasn't petrified and didn't listen to me. She then jumped on my bed and started rolling on my clean bedsheet, comfy pillow and fluffy blankets. I was a furious swarm of bumblebees that time.

For my second pet peeve, it is when my mom is lecturing me about some boring things as boring as a museum trip. It is so irritating because she tells me things that I need to know ten years later. My mom is a fortune teller, but she tells me about humdrum stuff instead of fortune stuff.

For example, one time my mom was telling my elder sister about the subjects in university, and when I walked through the corridor and passed my elder sister's room, my mom said, "Right, Clement, come here and listen too. You need to know the topics in university and how to choose them." "What do you mean? I'm not even in secondary school!" I complained. "You still have to know later!" said Mom. "Yeah, LATER!" But she just pulled me aside like a police officer. The things she said was a dull person stuck in traffic! Next time I will turn her to solid stone like the bloodcurdling Medusa.

These are my pet peeves, people picking their noses and my mom lecturing me about some lame stuff. If you have any similar pet peeves, feel free to tell me about them!

Haikus

Cheong Ho Ching (5B) Seasons

Millions of deck chairs
Sun is like our bright light bulb
Splash! The water goes

Snowmen play with kids
Freezing like I'm in North Pole
Turkey calling us

Leaves change their clothes
Birds performing a concert
Fresh flowers for free

The wonderful wind
Farmers are so hardworking
Mountains of pumpkins

Wonderful winter
There is a sea of snowmen
Snowmen play with kids

Sunflowers are born
Cherry blossoms greeting me
As soft as cotton

Mountains of leaves fall
Halloween screams loud as drums
The best barbecue

Ho Wan Ching (5A) Seasons

Seasons always grin
Seasons come quickly like blinks
Whoosh! They are coming

Chirp! Zestful birds shout
They're doing concert gladly
Busy buzzing bees

Flowers look at me
Enormous trees say hello
Billion feet of grass

Huge sun is lava
Humongous sun is lightbulb
Waves crash like lion

Children are monkeys
Scrumptious ice-cream calling me
Ice-cream's chilling fridge

Crush! All red leaves fall
Leaves fall like raindrops non-stop
A trillion of leaves

Distinctive corn born
Colourful leaves like rainbows
Happy Halloween!

Ding-dong! Santa comes
Ice plays with a craggy tree
Whispered wintry wind

Turkey greets at me
Hot drinks running in bodies
I'm the coolest ice

Four seasons are friends
They are all precious treasures
Important like life

Lam Tsz Ching (5D) Four Seasons

The four seasons greet
Time passes by; each steps in
Leaves changing their clothes

Whoosh! Warm morning breeze
Aromatic flowers greet
Buzz! Buzz! Bees working

Fragrant flowers flow
Finally, shy colors shine
Soft grass like white snow

A sea of people
Furious swimmers are sharks
Blazing sun burns me

Under baking sun
The tall, dry grass still shivers
Waving towards us

Autumn leaves dancing
Red, yellow, orange ballet
Autumn is artist

Rustling leaves bow down
Shh! Shh! Golden leaves whisper
Autumn leaves flying

Blizzard eats the world

Dying for warm, hot chocolate
Brr! Freezing to death

Ding dong! Jingle bells
Santa's sleigh slips so swiftly
Mountains of presents

Those splendid seasons
The year has gone in a blink
Time flies by so fast

Newspaper Article

Chloe Ip (5D)

A Car Crash Happens And Ruins The Night

At around 1:00 a.m. yesterday, Ronald Weasley and his girlfriend, Hermione Granger's car crashed into Draco Malfoy's car and his car crashed into a bus on South Street.

Ronald Weasley and Hermione Granger went to the new club called "The Golden Snitch" with newlyweds Ginny Potter (née Weasley) and Harry Potter. The bartender at "The Golden Snitch" claimed that Weasley drank five bottles of Volka and two glasses of martinis.

A pedestrian exclaimed that the car driver looked indisposed before the car got out of control.

CCTVs showed that Weasley's car crashed into Malfoy's car and Malfoy's car crashed into the bus. Seconds after, the bus exploded. According to Smith De McAsh, a mechanical expert, Malfoy's car crashed into the motor of the bus then the bus exploded and everybody on the bus passed away.

Hermione Granger complained, "I told him not to drink too much and he did not listen to me at all, and I even saw him kissing Astoria Greengrass!" Ronald Weasley's brother-in-law Harry Potter said, "I told him not to drink for ten million times!" Ginny Potter said that she told Weasley to lay off Greengrass, and she also stated that Greengrass was a stuck-up drama queen.

According to the firefighters, nobody on the bus survived the crash. One of the victims Liane Ho's parents exclaimed, "We miss her so much!"

Ronald Weasley has been sent to a detention center, and he is expected to pay a heavy fine.

Au Mo Chin (5D)

Student Dies In Car Accident

A ten-year-old fifth grader named Steve Rogers was found dead next to a broken-down vehicle in the Honeycomb Factory's car park at 12:00 p.m., in Inkwell City five days ago.

At 12:00 p.m., December 13, 2022, two young students just got out of school, excited for the holiday ahead of them. They were just crossing the street, but suddenly the lights turned red and one of the two students, Steve Rogers, was still in the middle of the road and distracted saying how yummy the Christmas food was.

His sister and classmate, Alex Brew, was motioning Steve Rogers to move, but a black Tesla just collided with the child, making the vehicle spin out of control and crash into the Honeycomb Factory car park, leaving only Alex Brew, crying as hard as possible while calling the police and paramedics.

"My brother and I were just crossing the street when a Tesla decorated with a black, grey flame just drove at sonic speed and ran over my brother," elaborated Alex Brew.

At the scene of the crash, Police Officer Sam Hughes analysed the damaged automobile from top to bottom, before noticing that autopilot was activated. Sam Hughes stated that autopilot was on since November 14, 2017, which was when Tesla first used it.

The officer then asked Detective Charlie

Jones to further investigate the vehicle. He paid close attention to the car and after putting it side-by-side to other past vehicles, he remarked that that Tesla looked exactly the same as the Tesla belonging to a criminal called Mitch Williams, a gamer who stole \$100,000.

The police arrived at the criminal's house along with Alex Brew, whose brother was confirmed dead. "Even if he is a gamer who got 1 million subscribers on YouTube, he is still responsible for my brother's death, so I'm going with the cops just to teach that lunatic a lesson."

After arriving at the criminal's house, the police decided to arrest the gamer once and for all. Mitch Williams protested to the police about arrest because he "wasn't paying attention to the road", and Alex Brew replied, "Worst excuse ever," before starting a brawl in front of Mitch Williams's viewers.

Five days after the incident, Mitch Williams was sent to court. "Mitch Williams! It's been a week since you got out of prison, and you dare collide your Tesla with a kid? I hereby sentence you 10 years in the big house!" exclaimed the judge. The witnesses are still worried about autopilot mode being cancelled. "Don't you fret, citizens," said the police, "we have made it our responsibility to make sure this kind of incident won't happen again. Autopilot mode will be shut down until further notice."

Newspaper Article

Richard Zhou (5B)

Bus Crashes Into G1 Classroom

At 15:50, school dismissal time, drunk school bus driver Chan Siu Man crashed into the 1E classroom in International Happy School, Shek Mun.

According to the School Bus Department of the International Happy School, also abbreviated as the I.H.S., the bus was carrying 20 students from G1 to G2. Three students, the bus driver and one teacher were injured. Nobody died.

After the single-vehicle accident, a police officer stated, "Since the driver, Chan Siu Man, failed the alcohol test, we think the accident happened because he was drunk and forgot where he was going." However, the driver claimed that the bus lost control and swerved towards the school gates, which were open for dismissal.

At last, the CCTV camera and witnesses told the truth. Student Nathan Choi, a witness, who suffered a mild fracture on his arm, commented, "I was sitting in the front row, so I saw the driver turn the bus towards the school. There was nothing wrong with the bus. The bus couldn't have been out of control."

At last, the police found that the driver had drunk 200 ml of wine before driving after they had found cups with fresh alcohol traces in the driving cab. However, experts later explained that the real reason was that the police were chasing him after he managed to escape from them when he failed the alcohol test. Police cars blocked both sides of the road, so the driver had to escape by driving to the side into the school.

This accident caused no deaths but several heavy injuries. The injured teacher, Mr. Andrew Chow reported, "I was just

erasing the blackboard and suddenly the car crashed in. I was knocked over and felt dizzy and hot. Then I found myself in a nearby hospital." The three injured students and teacher are safe by now, and they are expected to leave hospital one week later. The driver, who suffered the worst injury, will still stay in hospital. There is no information about him right now.

The 1E classroom was badly damaged. The bus left a huge hole at the side of the classroom. The blackboard was damaged, and desks and chairs were bent or crushed. There was no fire accident. The bus is going to be replaced by a new one after suffering from a huge dent and damaged engine. Jayden Lee, the principal of the I.H.S., stated that there is an estimated 10 million loss in the accident because of the damaged school bus and the wrecked classroom.

According to the Police Department, the driver is likely to be fined \$200,000 for dangerous driving and face a five-month imprisonment, while the police will continue to investigate why he drank so much before driving and how he got the wine.

The road where the accident happened has been temporarily closed for two hours, and drivers have to use alternative roads.

Budding Poets Award.....

Reiss Tai Lok Sze (5D)

Four Seasons

Four unique seasons,
They all play a special role.
They're in charge of us.

Streams glisten like gems.
Birds celebrate by singing.
Leafy trees triumph.

Leaves have dyed their hair.
Colorful leaves kiss the ground.
I slip on brown leaves.

Wind howls like fierce wolves.
I turned into an ice cube.
Christmas is calling.

My skin is smoking.
My house's AC goes 'vroom'.
Grass cries for rainfall.

Blossoms dance with wind.
'Slurp!' Hungry bees drink nectar.
Critters come alive.

Leaves burn in the heat.
People scurry like squirrels.
Surfaces are fire.

Wind as cold as ice.
My skin is as dry as sand.
Leaves glide in the wind.

Red leaves paint the ground.
'Brrrr!' I hate the chilling wind.
The leafy ground shines.

Spring is the best one.
It brings winter back to life.
Which one do you like?

Blogs.....

Eric Wang Jiedeng (6A)

My Favourite Movie

I have lots of favorite movies, including Harry Potter, Avengers Endgame, Interstellar, Despicable Me and many more. But the one that stands out the most must be the Lord of the Rings: The Return of the King.

The Lord of the Rings is a movie series that consists of six movies, The Hobbit 1, 2 & 3, The Fellowship of the Ring, The Two Towers, and The Return of the King. They are each based on JRR Tolkien's books The Hobbit, The Fellowship of the Ring, The Two Towers and The Return of the King.

I chose The Return of the King over other movies in the series because of how beautiful the ending was. The music was also extremely harmonic, and it matched the movie scenes perfectly. Apart from that, many people have praised the movie series for its "phenomenal storyline". Even with little CGI used, it still won an award for Outstanding Visuals. This movie is truly remarkable.

The story begins in a fictional world called Middle-Earth. The Dark Lord Sauron was found to be alive, and was rebuilding his armies. To destroy him, Frodo and Sam had to destroy the ring in the fires of Mount Doom.

In the Return of the King, Aragorn, heir to the thrones of Arnor and Gondor, set foot on the paths of the dead to raise an army of dead traitors, who were bound to him by an oath. Together with the armies of Rohan and Gondor, they fought the hordes of orcs that were attempting to invade Gondor.

If you want to know what else happens, be sure to watch this classic. I assure you will not be disappointed. Also make sure to read the original books. I hope you'll enjoy them.

Gwyneth Tai Suet Ching (6B)

Top 10 Reasons to love A-School

1. Diverse Curriculum

A-School offers a wide variety of subjects and courses under “OLE”. There are plenty of different activities for us to choose from. We can choose any activity we like.

2. Extracurricular Activities

There are sports, music, and other activities available at A-School. These activities provide students with the opportunity to develop their talent, learn new skills, and get to know new friends with similar interests.

3. Inclusive Environment

A-School fosters an inclusive environment in which every student feels welcome and accepted.

4. Facilities and Resources

There are a lot of useful facilities and resources in A-School. For example, modern classrooms, a well-stocked library, and advanced technology. These facilities and resources are useful and create an excellent learning environment for all students.

5. Opportunities for Growth

Besides teaching us knowledge, A-School also provides numerous opportunities for personal growth, which include solving problems, leadership development and team work skills.

6. Supportive Teachers

Teachers help us to totally understand the subject they teach. They care for us and always give us extra help. They also care about our health and our friendships with our classmates.

7. Relationship Between Teachers and Students.

A-School's teachers are kind to their students. They always help when we have questions. They are our friends with the students.

8. Friendship

The students at A-school are always friendly and kind. I have many friends at school. It has given me a chance to know people from different cultures, backgrounds, and countries.

9. For the Students' Future

A-School prepares students for the future by developing critical thinking skills, problem-solving skills, and communication skills. This improves the quality of our work.

Karlson Fong Ka Chun (6B)

Do we control technology, or does technology control us?

As a technology lover, I will always ponder one question "Do we control technology, or does technology control us?"

In our daily lives, we use technology every day such as a phone. We think we control a phone, but have you thought of whether this technology is controlling us rather than us controlling the technology? The world revolves around technology, and if one-day technology was gone and all our phones shut down, it would be like the world had ended for all of us.

Imagine if you were playing a game on your phone with a friend and had nearly reached the final level of the game and your phone shut down. You tap the screen a few times and the phone doesn't respond, and you become very angry.

So, if technology shuts down for a day, does that mean the world ends for all of us? Imagine a day without a phone, no iPad, no computers, and no video games. Will all of us go crazy like there's no tomorrow, or will we find a solution to fix this problem? Some kids will bang on their game consoles and TV hoping it will turn on again. When their plans don't go the way they want, they will be angry and ask why? Some kids will even smash their devices.

When the phone goes on the first thing people do is grab their phone and scroll through their messages.

Unplugging and shutting down your phone can be good for you. Unplugging can allow you to open your eyes and look at the world around us and see how beautiful it is. When you think about these things, it is clear that technology has started to control

Xavier Chan Yeuk Tong (6D)

Do we control technology, or does technology control us?

Technology is all around us. Some people play video games on the computer straight away when they go home, some people look at their phone before they sleep, and some are even addicted to technology. So does technology control us?

Will cars eventually be made so that they will not cause excessive harm to the environment? If you ask me this question, I think the answer will be Yes. Why? Simple, because there are already cars such as the Tesla which

use electricity instead of petrol. Since Tesla uses electricity, it doesn't affect the environment as much as the cars that use petrol. Therefore, I think it will be a piece of cake for the future scientist or inventor to make all kinds of electric cars; maybe cars will even fly in the future!

Some people say that global warming is not a big issue since, in the future, people will find a way to stop it. However, I don't agree with this. Even if cars don't harm the environment, there are still people smoking, and factories all around the world polluting the environment. Even right now in 2023, the Arctic is already slowly melting. I don't think that people will find a way

fast enough to stop global warming.

What I think is definitely true is that life is better now than 100 years ago because of technology. Life before was hard; there was no air conditioning, so when it was summer time, you were basically in a burning volcano. There was no computer or television, so it was probably super boring back then. Cars didn't even exist 100 years ago, so traveling must have been very slow and annoying.

So what do you think? Does technology control us or do we control technology? What will the future look like with all this technology?

Alicia Liu Xin You (6D)

Top 10 Reasons to Love A-School

There are many reasons to love A-school and also many memories that we all favor and cherish. A-school is rather fun and great.

Out of all the reasons to love A-school, the first reason that comes to mind is the wonderful teachers we have at A-school who are always working hard and teaching us with their best effort. The second reason that comes to mind is the helpful parent volunteers who help with decorating the school, arranging and helping out with activities and also many more. Their contribution to A-school is amazing and without them, the school wouldn't be flooding with beautiful decorations and wonderful activities.

The third reason to love A-school is the wonderful students who help each other when in need. The students in A-school are very proactive and kind. With the new Big Brother, Big Sister event, older students are able to guide younger students and lead them on the right path in A-school while also being able to be a good role model for them. The fourth reason to love A-school is that it provides a great opportunity for us to experience many things such as learning a new language in the third language lessons.

The fifth reason to love A-school is the Student-led Conferences. SLC helps us a lot with reflecting on ourselves and having a conversation with teachers may also give us good advice. The sixth reason to love A-school is the good learning environment of the school. A-school has adjusted the environment of the school to make it easier for us to learn, just like how they added the InnoLab and also how they renovated the music room.

A-school is a wonderful place, so the seventh reason to love A-school is the enormous playground and indoor gym that is provided for us so we can have more space for physical education lessons in both primary and secondary divisions. The eighth reason to love A-school is that it will save you

most of the trouble in finding a secondary school. Most schools don't have a secondary division but A-school has an amazing secondary division.

The ninth reason is that A-school doesn't give us that much work compared to other schools and gives us a second chance when we mess up with something like forgetting to do our homework. Most teachers are reasonable so they might give you more time if you need it. The final reason to love A-school is how we treat each other. A-school teaches us to treat each other with respect and kindness. A-school also taught us good manners and introduced us to PERCCI BEAR.

Overall, I think that A-school is a spectacular school and I love being here a lot!

Chan Ching (6D)

This Little Corner at A-School...

Do you have this unique, special corner in your school, that you'd never ever thought about until your last year in primary school, that would be absolutely impeccable for snacking on some salted chips while reading your favorite book or hanging out with some friends? Well, there is one place where I'd really love to tell you about, and you might just catch me there, presumably spewing random nonsense out of my mouth while my friends are laughing so hard they fall off their chairs.

Before I tell you where the place is, we have to make a deal. I'll go ahead and tell you, but you can never tell a single soul. Got it? Well I don't know what you're going to say, so I'm just going to assume that you're saying yes because you're probably dying to know my secret (not really) hideout.

If I catch you telling anyone, I will turn into a bull that just saw the color red and chase you all the way to Iceland.

You may be thinking that it's the classroom, but it's not the best place to hang out with friends. It's actually located next to the library, where you could access the Secondary Division of our school. If I remember correctly, there was this time when the sixth graders from then would be brought to the cafeteria by their teachers, and I would see them every day when I was visiting the library. That's where I grab my snacks and host a miniature party with my best friends. They even have a vending machine to buy refreshing drinks. There's also a tuck shop, but only secondary school students and teachers are allowed to buy from it. The shop employee does mistake me for a secondary school student sometimes though, so I've thought about buying food, but decided otherwise.

This place is perfect for sharing snacks and talking about life. I might end up sounding like an advertisement, but it doesn't matter. You should definitely try spending time with your classmates or best pals over there. Trust me, you are never going to regret it.

Jaime Lau Hei Tung (6D)

An Inspirational Person

Today I am going to tell you about a person who overcame his disability. He is teaching a new way of life to others like himself. He is the only motivational speaker without arms and legs in the world. Do you know who he is? He is Nick Vujicic, a motivational speaker with no arms and no legs.

Nick was born in Australia, in 1982. Since childhood, he was suffering from a strange kind of disease. He was born without arms and legs due to this disease called tetra-amelia syndrome. In the early stage of life without limbs, Nick was very difficult and full of trouble. Children used to make fun of him and bully him in school. Defeated by the troubles of life, he made up his mind to commit suicide. One day he jumped into a big tub full of water, but fortunately, his parents saved him. When his parents came to know about the reason for his suicide, his mother gave him an article to read which was published in a newspaper. From that day on, Nick Vujicic's outlook on life changed and he had a different approach to living life. Nick Vujicic decided to become an inspiration to other handicapped people like him and developed a positive outlook towards life by infusing new vigor and enthusiasm into his life.

Since then, he has been working to inspire such people by traveling around the world.

I was inspired by his personality. Having no hands and legs since he was born, he tried to commit suicide. But after he had read the newspaper, he did not give up and tried his best to do everything.

Nick believes that "If you have the desire and passion to do something, and if it's God's will, you will achieve it in good time." Many people see Nick doing things that seem impossible for someone to do without arms and legs. It inspires me to do things that are hard for me. Sometimes, I fear failure and try to withdraw, but Nick Vujicic inspires me not to fear difficulties and that I should face them bravely.

Nick Vujicic is really an amazing person. Although he does not have arms and legs, he can do something that a normal person cannot do. I am inspired by his personality and I hope all of you too are inspired by him and face difficulties bravely.

Ayden Ng (6E)

Top 10 Reasons to Love A-School

A-School might seem nothing but ordinary to you, but let me tell you 10 reasons why A-School is out of the ordinary, and is the best school for me, and maybe also for you after reading this.

1. A-School provides an interactive learning course for everyone, and the teachers provide ways to help you understand. For example, in English class, when we are learning about 4A sentences, our teachers focus on explaining the concept instead of just making us copy different example sentences.

2. A-School provides us with an abundant number of school teams and other learning experiences (OLE) to broaden our horizons. For example, A-School provides learning experiences and regular training to students including sports, community service, aesthetic development, and uniform teams.

3. A-School provides precious excursion chances, and A-School has excursions everywhere around the world. A-school also attends overseas competitions and shows, like the BETT Show in the UK and France.

4. A-School has a wonderful STEAM education program which teaches students about basic STEAM knowledge starting from Grade 1. A-School also provides chances for STEAM competitions.

5. A-School teaches a new language to students starting from Grade 1. This third language chance is very important to student's future.

6. A-School has different teams for elite students in both sports and academics. A-School's school teams have had amazing achievements over the years, not only winning competitions but also building a strong reputation for our school teams with our astonishing achievements.

7. A-School puts a lot of effort into a student's aesthetic development. A-School provides free ensemble classes, and has different aesthetic development OLEs, along with our regular VA lessons. A-School also has a choir team, percussion band, orchestra, Chinese dance team, Chinese drum team, and VA team.

8. A-School also highly focuses on students' communication skills. Students not only learn three languages at school, but can also attend free public speaking lessons, and learn debates during English classes. Students also need to make at least six presentations during the whole school year.

9. A-School has amazing facilities to help students learn throughout their years at A-School. It has 1 Indoor Gym, Endangered Species Museum, VA Room, IS lab, InnoLab, VR Cave, Gabriel Hall and a wonderful library, to develop student whole person growth.

10. Last but not least, A-School has amazing teachers. A-School doesn't have vexing teachers who always punish students, but the teachers are very nice and easygoing. A-School teachers love to reward students for their hard work and exceptional behavior. They also play games, and care for students' mental health as well as their academic growth since A-School is a huge family. When students do something wrong, our nice and easy going teachers always tell us to learn from our mistakes and give positive examples for us to learn the right from the wrong.

Letters of Complaint

Anya Lau Wut Yin (6B)

Flat 6, Floor 2, Block 22,
Wakanda Garden,
15-18 Jolly Street,
Kowloon, Hong Kong

23rd September, 2022
Wanda's Meal
20-25 Plaza Street,
Kowloon, Hong Kong

Dear Sir/Madam,

I am Carly Cheng a customer who ate at your restaurant. I went to your restaurant on 19th September 2022. My night was horrible. The hygiene and service were very bad.

Firstly, I would like to complain about the service. I booked a table for me and my friends a few days ago, but when I got there, I had to wait for an hour to be seated. I had to share a table with a stranger. After that, I had to wait half an hour to get service from a waitress. When I complained to her, she threatened to have me kicked out. Do you realise how angry I was?

Secondly, I would like to complain about the hygiene. The food was cold, and everything was soggy. The food had hair in it. When I stirred my soup, there was a bug in it. The plates had dried food on them. I was very disappointed. When I paid, they gave me the wrong bill, and it was more expensive than it should have been. When I told the waitress, she scolded me. I was very upset when I got home. One of my friends had food poisoning after the visit. How would you feel if you got treated like this?

I know your restaurant is the best in the city, but this is just not acceptable. I was told by several people that the food was very good, so I think this must have been just a really bad day.

I have some ideas to improve your services. You could use a computer system to manage the bookings. Secondly, maybe you could provide training for your waitresses. Lastly, you could try to encourage your staff to be better with incentives.

To improve your hygiene, you could hire a few janitors to clean your floors and plates. Secondly, provide wipes and hand sanitizer for customers so that they can clean their hands after eating. Lastly, you should check the expiry dates of your food.

If you don't make these changes, I will contact the Hygiene Department or post a bad review on social media. Also, if you give me a 50% discount on another meal, I will visit again and write a positive review if satisfied. You can contact me on 3456 5643 or email me at carlycheng@abcd.com.

Yours faithfully,

Carly Cheng

Letters of Complaint

Cyrus Wu Nok Hei (6C)

Flat B, 3/F, Block 2,
Sad Building,
123 Happy Road,
Tuen Mun, N.T.,
Hong Kong,
3rd September, 2022

McDonald's
789 Happy Street,
Tsuen Wan, N.T.,
Hong Kong

Dear Sir/Madam,

I am Cyrus Wu, a customer who went to your restaurant in Tsuen Wan at 1:30 on 28th July. I am writing to complain about the outrageous service and the terrible price and food of your restaurant.

Firstly, I would like to talk about the outrageous service of your restaurant. Your waitress Ms. Chow gave me hot lemon water on purpose when I ordered an ice-cold lemon tea. After that, she also dropped all of my food on purpose and said it wasn't her fault when she didn't even trip or anything. When I asked for a refund, she forced me to eat the food that was on the ground and yelled at me. Is that the way how your trained employees treat your customers? How would you feel if you were me? Do you think that was acceptable?

Secondly, I would also like to talk about the terrible pricing and quality of the food. I had to spend more money on another meal. When I got my meal, the burger had insects and cockroaches inside and I had to throw it away. Then when I tried the fries, they were ice-cold just like when they came out of the fridge. And the whole meal costed \$100 just for a wasted burger and some ice-cold fries. I even had to pay \$25 for a drink and it wasn't even included in the meal. Is that how you taught your chefs to cook? Do you think you would eat that if you were me?

McDonald's is one of the most famous restaurants in the world. I believe my last experience was only a one-time incident. I trust that a reliable restaurant like yours is able to fix those flaws. To maintain the high quality of your restaurant, I have some recommendations for you.

These are some recommendations for your waitresses. If you want to have more customers, you should retrain your staff and after those lessons, you could hire some mystery customers to disguise themselves and secretly review your restaurant. To ensure the food won't be delivered to the wrong table, you should tell your waitresses to read the list to the customer to ensure the order won't be wrong. They could also check the order before serving it. If you don't do what I said, I am certain that you will lose your customers and it might even hurt your reputation. I am sure that you don't want that.

My other recommendations for your food are that you either lower the price of your food or add some side dishes to it and also make it come with drinks and maybe even add some more portions. Also, you should tell your chefs to cook the food longer to ensure that the food is cooked. Maybe you buy better quality food such as wagyu beef patties imported from Japan and also use cheddar cheese for the burgers. If you don't fix these problems, I will report you to the Food and Environmental Hygiene Department. This is an official warning. I am sure you don't want to risk losing your restaurant.

If you do make improvements to meet my expectations, every time there's a family gathering event, I will hold it in your restaurant and I will also invite all my friends to my upcoming birthday. And better still, I may include your restaurant in my list of recommended restaurants in my upcoming review for "Food Magazine" for even better business for your restaurant. It might even be the most-starred restaurant in the world. I will also post my 5-star review on social media to boost your restaurant even more if you do meet my expectations. You might even have to close down if you don't do these things and more people come and see these problems.

My family has always been long-term customers of McDonald's. We know we can trust you with our future family gathering plans if our case is properly taken care of. I hope our case would receive your best attention, otherwise my family will stop coming to your restaurant. I can be reached at 9999 1111. I am looking forward to hearing from you shortly and my email is 123@gmail.com.

Yours faithfully,

Cyrus
Cyrus Wu

Letters of Complaint

Edna Yuen Chun (6E)

Flat A, 2/F,
ABC Tower,
3 Maple Street,
Kowloon,
Hong Kong
9th September, 2022

Sal's Steakhouse
9 Field Road,
Central,
Hong Kong

Dear Sir/Madam,

I am Edna Yuen, and I visited your restaurant on the 1st of September. I am writing to complain about the abominable service I encountered when visiting your restaurant.

First of all, one of your staff members was very impertinent towards me. When I was ordering, I heard him mutter, "Why can she not order quicker? I do not have all day!" Also, when I asked for an extra fork, he bluntly snapped, "Get it yourself," and stormed off into the kitchen. I was appalled by how your staff treats customers. How would you feel if you were treated this way? Would you like it if you went to a restaurant just to get snapped at?

Additionally, the food was atrocious. I ordered a medium rare tenderloin steak hoping that it would be a palatable meal, but when it arrived, the tenderloin was burnt and there was a dead fly on top of it! How would you feel if you paid \$450 for such a horrendous meal? Would you even visit the restaurant again after such a traumatizing experience?

Letters of Complaint

As the manager of such a renowned restaurant, I trust that you can deal with the problems above very effortlessly. I believe that the restaurant can change efficiently as long as you are in charge.

For the problem about service, I have a few suggestions. First, create an award scheme for your staff. Customers can give the staff points based on their service and attitude, and if a staff member gets a certain number of points, they can get a paltry increase in their salary. Secondly, please retrain your staff. Hold training every two months to refresh their memory a bit more, and if they fail the training, they will have to retake it until they pass. Lastly, promotions could be given to staff with exemplary performance in the restaurant. I believe that your staff will work even more efficiently than before if they know that they can receive a promotion. If these suggestions are taken by the restaurant, I will leave positive comments on OpenRice and host more gatherings in your restaurant.

I also have a few recommendations about the problem of food. First, you could lower the prices of food for regular customers. This way, it will intrigue more customers to dine-in which would result in more business for you. Secondly, you could add an extra appetizer to your meals. It could be a salad or just a simple soup. It makes your meals much more worth it, and customers will be pleased when they know that they can get an extra appetizer without having to pay for it. Lastly, please use a timer when cooking food. This is to ensure that the food is not undercooked or overcooked. It is much more realistic than cooking based on guessing if the food is ready or not. If I do not see any changes made, I will tell all of my family and friends not to visit your restaurant, and also file a report to the Food and Hygiene Department.

You can contact me by 2222 2222 or by my Gmail, abc@gmail.com. I look forward to your reply promptly.

Yours faithfully,

ey.

Edna Yuen

Letters of Complaint

Hailey Yau Chi Hei (6E)

Flat A, 8/F, Block 8,
ABC Tower,
88 Cloud Street,
Tai Po,
Hong Kong
17th May, 2022

Mushroom Restaurant
2 Sky Lane,
Kowloon,
Hong Kong

Dear Sir/Madam,

My name is Yau Chi Hei Hailey. On the 15th of May, 2022, my family and I had dinner at your restaurant. I am writing this letter to complain about the abhorrent food quality and the atrocious service your staff provided to me.

Firstly, I was appalled by the dreadful service of your restaurant. After entering the restaurant, the staff talked to us with an ignorant tone. There were ants on the table, so we requested to change tables. The staff told us that the seats were full when there were clearly two tables empty. The staff did not even remove the ants for us. They simply gave us a piece of tissue. This is outrageous! How would you feel if you were treated like this? Would you feel good? Your staff even played some boisterous, thunderous sound that sounded as disturbing as a car beeping noise and your staff called that peaceful music. My ears were bleeding. We asked for the menu and it took them over five minutes to get me the menu! After getting the menu, we expeditiously ordered since we were starving. We ordered tuna sashimi, miso soup, ramen, Wagyu steak and apple juice. They did not seem very concentrated when we were ordering, so we asked if they heard what we ordered politely, but she answered yes in a rude tone. When I looked into the kitchen, I could see chefs chatting while cooking without masks! We got the food only after 30 minutes, 30 minutes! We were only allowed 50 minutes for eating, and it took them 30 minutes to serve the food! As if that was not bad enough, they even got our order wrong by giving us orange juice instead of apple juice. What kind of service is that? The food quality was also gruesome! Starting with the tuna sashimi, there were bones in it, and it tasted abnormally fishy! I was expecting fresh and appetizing tuna slices that would be worth the 100 dollars. Moving on to the pork ramen, not only did the pork taste tough and dry, there was a strand of hair found in the ramen! From time to time, your staff would be advertising the seafood set, but we had already told them that we were not interested, but they still continuously advertised. Next, for the miso soup, there was a dead fly in it! Would you eat flies? I asked for a new one, but the staff said they were

Letters of Complaint

not allowed to change it since it was already served. They simply scooped the fly away! Lastly, the Wagyu steak. It was undercooked, there was blood dripping out as I cut it. I paid 300 dollars for an A-5 Wagyu steak hoping for a scrumptious luscious meal. However, it was a lot worse than I expected.

Mushroom Restaurant has always been a well-known restaurant with marvelous reputation. I believe this is just one single incident. I believe that a reliable company like yours is going to solve problems promptly to maintain the high reputation and quality. As a senior manager of such a big company, I am sure your staff will follow your instructions.

I also have a few recommendations for your restaurant. Firstly, you can use a timer to time the cooking time in order to make sure the food is cooked. You can also try using a thermometer to check the temperature. Ask the chefs to do regular taste tests to know whether the food is high in quality or not. Also, provide training to your chefs every two to three months so they can maintain excellent cooking skills. Secondly, you can ask the customers to fill in surveys to know how they think your staff is doing. The highest rated staff of the month could get bonus as a reward. You may also provide extra training to staff to make sure they will provide the best service possible. Also, try to hire staff that are really passionate in this job.

If I do not see enhancement next time when I visit your restaurant, I would give you a low rating on OpenRice, and report to Consumer Council and the Food and Hygiene Department. I would also post about your abominable food quality and service on social media. You would lose a lot of customers, I am sure you do not want that to happen. If these problems are fixed, I would compliment you to all of my friends. I would also praise your restaurant on social media. We were also planning to hold my grandpa's 80th birthday meal here, there would be 30 people and it would be a good deal for you.

I can be reached at 2222 2222 or abc@gmail.com. I look forward to your reply shortly.

Yours faithfully,

Hailey Yau Chi Hei

Observational Reports.....

Lei Yirui (6D)

Phuket, Thailand

I'm about to start what will be my most memorable holiday abroad. My mom and I are in Phuket, Thailand for several days, and we hope to do lots of fun activities together.

Mom and I get up early in the morning, and we are racing to the boat docks, speeding like rockets. We're both excited and thrilled, as we're passionate about the stimulating and interesting new experiences, especially boat trips over the endless oceans. We're right on time to board the ship, and then our dynamic journey on the boundless Indian Ocean starts. Our trip is choppy as the ship is bouncing and swaying back and forth among the huge, towering waves. It takes us nearly half an hour to arrive at the nearest island—"Island of the Breeze", which totally matches its name, for it has crazy winds that we have to keep dealing with when we are about to board the island for a short break. "Whoosh!" The strong wind is whistling loudly, and it gives a mighty push with all its strength to our weak, fragile ship. "Splash!" a massive wave splashes all over the ship, making me duck under my seat to avoid being splashed. Still, everyone is soaked from head to toe, and the floors are flooded completely with the sea water, making it like a mini swimming pool. I fall to the ground in a heap, and I get a taste of the briny and saline seawater that makes me spit and shout "EW!". I'm not able to get up because I keep failing to grip and stand on the rough, stone-like, cold, slippery floor, tripping every moment when the waves

and wind pull the ship backwards. The air has a strong smell of water and with sweaty people stuck on the floor, and the ship is filled with all sorts of unbearable odors. My hair is being blown so strongly that it stands straight up, and my clothes are totally soaked. As a result, I get pushed harshly by the cold, unfriendly wind and have to lie uncomfortably on the icy wooden floor maybe just ten minutes or so, but it seemed like an hour of torture to me. After a while of lying on the floor and smelling the salty, iced sea water, our ship lands safely on the seaside of that island. At that moment, everyone is taking a deep breath "Phew!!!" We get some of our things, and run off to the beach to soak up some sun. I check my things with Mom when I find that some of my snacks and a few pieces of tissue are snatched away by the roaring waves, and they drop into the ocean. Scary, right? Well, at least we can get some rest now.

It isn't long before we come back to the ship again and start another fantastic and thrilling part of the trip. We're heading onto our next island, and that's "The Sea Star". I wonder if there are any beautiful, rare sea stars over there. This ride is pretty normal with nothing so special. People are chatting happily about the things that happened while some younger children are wailing and sobbing softly. I wearily and a bit nervously even after the break, sit on my seat comfortably, munching the crispy, scrumptious, flavourful potato chips with ketchup, and drink my tasty, yummy orange juice. As soon as we arrive at the island, the boat workers announce that we could get into the ocean and swim with the workers' safety

Observational Reports.....

protections. I am scared and worried because it is my first time to go swimming in the big deep blue sea, and I am anxious that I will not swim well and will drown, but when I hear the happy and energetic cheers and splashes from the children playing with the water, I let go of my fear and decide to give it a try. It is wonderful indeed. I step into the water and feel the gentle water flowing beside my body. Mother Ocean is throwing out her long, huge arms towards me, letting me relax in her comfortable, diligent embrace. The help of the warm breeze makes me swim delightfully and gracefully in the pretty Indian Ocean. The warm, bright sunlight is beautiful golden glitter that sprinkles on me and the ocean, decorating us in sparkling outfits. "Bubble, bubble..." I feel a tickle, and notice the countless schools of fish in all sorts of colors are surrounding me, playing tag and chasing each other in circles. I smile at the fish, dive, and I become a free, joyful fish, enjoying our beloved and mysterious sea. "Ahh..." I come back to the surface and take a deep breath. The air around me is filled with the refreshing smell of nature. The trees, the sand, the bushes, the people... everything is familiar and lovely to me. I keep swimming in a free wheeling way while thinking, "What an enjoyable experience!" Yes, life is a bowl of cherries. Many great things happen, and we can't miss out on the fun.

The unforgettable swimming time ends in a blink, and we are heading back to the ship for lunch. Lunch is appetizing fries, savory drumsticks, palatable spaghetti, bottles of cool water, and sweet chocolate, with strawberry cookies for dessert. I feel strongly recovered after this big meal, and we continue our trip. Since there isn't much time left, we decide to visit one more island, and that will be our last destination.

That island is "Coral Land" as mountains of coral grow in the shallow waters beside it. We approach the island for a quick ride, but we don't go onto the island because time is running out. Still, we have done a pleasant thing—meeting the dolphins! There are lots of dolphins living close to the island as it has an environmentally friendly ecosystem that perfectly suits the needs of wildlife. Just as we approach the island, two energetic and happy dolphins dance in front of the ship, leading us the way. The dolphins are like two peas in a pod, as they jump together, squeak together, and they seem to get along very well, both working together to welcome our arrival. In order to get a better look at these dolphins that are like charming angels, I go to the front porch of the ship with my mom, and we take lots of wonderful pictures with them. In one of the pictures, the adorable, lovely dolphins are leaping really high, and they wave a fin, saying "Squeak!" as "Hello!", and in clicks, squeals, and chirps of delight, or simply "Dolphin Language" to the excited, happy people on board. The dolphins have bright, smooth skin, twinkling blue eyes like sapphires, with a fragrant smell of flowers, and a merry, cheerful smile... their whole body is covered in beauty, and people can't help but feel impressed while looking at them and saying, "So cute!", yet time's running out, and we have to say goodbye to the amiable dolphins.

I leave the dock reluctantly as we return, my head filling with unforgettable memories. It has been such a soul-stirring, exhilarating, and zestful boat trip! I will remember everything, even years later: the islands, the ocean, the fish, and the dolphins!

Observational Reports.....

Evelyn Wong Nok Yan (6D)

A Journey to Mainz

Mainz — what a perfect place for a brief one-day trip! I've been there once, and it's on the top of my little bucket list ever since. Interested in going on a short trip to this intellectual, sophisticated but old-fashioned city in Germany? Well, this fruitful, one-day journey through the tranquil, unique, petite Mainz will surely take anyone's breath away.

The city of Mainz is simple enough to navigate on foot, and everything is within walking distance. First up is the St. Martin's Cathedral. Standing at the foot of this 85-meter-tall cathedral, I feel like a little hamster, ready to be trampled over by this colossal giant. This serene, austere work of utter beauty towers over me, persuading me to enter with its enchanting, regal appearance. The verdant, dormant olive green trees perch beside the sandy-red, lofty cathedral. As I astonishedly, mesmerizingly step into the spacious, beguiling room, countless rows of pew chairs welcome me. Gazing upwards, the beauteous chandelier, dangling from the ceiling, grins from ear to ear. Holy statues salute courteously. The lustrous, joyful sunlight shines through the artistic, crystalline windows, illuminating the atmosphere. A tiny gasp of admiration escapes my lips as this seemingly perfect piece of art is completely engulfing me.

Trotting delightfully out of the cathedral, I head towards the Main Square, also called Markt. It sits at the heart of Mainz, bustling with crowds of busy bees. The deafening, chattery townspeople clamor all around the quaint, endearing pop-up stores situated in the square. The scent of citrusy, charcoal smell of pastries and bread wafts through the air, giving my nose a pleasant surprise. The bright, flamboyant fruits and vegetables of every colour are found, waiting patiently to be delivered by their new owners, snuggling comfortably

in the laden, cozy wicker baskets. With a crimson, succulent apple in my hands, I delightfully and swiftly crunch into it. A blast of syrupy taste—like explosion in my mouth makes my tongue tingle, craving for more.

While walking along the Rhine River, I stop by for a little taste of the local root beer, as well as give my weary legs a rest. Slurp! The bitter, tart taste of the root beer fills me with warmth, motivating me to go on again.

Last but not least, here I am, in the middle of this cultural old town, more commonly known as Altstadt in German. This adorable, remarkable Altstadt is surrounded by durable, half-timbered houses, and creates a romantic, old styled scenery that leaves me impressed. Everything located there is as right as rain, not to mention the splendid Kirschgarten where half-timbered houses date back to the 15th century. Now that's not something I see every day! I saunter into the Dom-Cafe. The aromatic, sugary scent of pastries and confectionery wafting through the air welcomes me amiably with open arms as I step into the dinky, pristine cafe. A mug of sultry chocolate latte warms me up along with a cheerful bite of tangy lemon tart and salty pretzels. This is without a doubt the best thing since sliced bread! A perfect trip cannot lack a visit at a petite boutique! The rose gold colours of the Micami boutique already make the whole journey aesthetically pleasing. Letting my weary, drowsy fingers skitter across the rows of silky, delicate, lavender, teal, and beige garments, it feels like skimming through fluffy clouds.

Alas, as my wondrous, divine trip to Mainz has come to an end. The sour, pungent taste of the root beer still lingers at the tip of my tongue, and the delicacy of the velvety garments in the boutique shop still makes my fingers tingle. Though these wonders of Mainz cease to meet me at this very moment, this spectacular journey will still be in my mind forever. But for now, I am more than ready to hit the sack! I can't wait until my next visit here!

Linus Cheung Ho Lun (6E)

All About Me

I am a snug ray of sunshine, giving others a sense of security when they feel my essence
I give others warmth as if I was the scintillating sun
Making others smile blissfully when I am in their presence
Brightening up their gloomy days as we stick together as one!

I am a distinctive snowflake, carrying special traits of my own
Ambitious, passionate, obliging, I am very idiosyncratic
I fall together with others, obviating anyone to be alone
Replenishing broken pieces as I am sympathetic, not narcissistic!

But, I am a daunting prison warden, making others follow rules that mustn't be broken
Giving strict instructions, controlling everyone in it
Agonizing work is the only thing you can do if I'm woken
Even an insignificant mistake could get you buried in a pit!

Although I morph others into never-stopping working machines
I am benevolent, guiding them into astounding teens!

Liu Haohai (6D)

Myself

Shall I compare myself to a luminous lamp
Try my best to help people find their way
Giving light to those who are trapped in holes that are dark and damp
Giving words of encouragement and keeping nightmares at bay

I am an angel who gives comfort to those in need
I am like a gift from god, using magic to heal people
Like an angel, I have a reputable reputation for doing glorious deeds
Doing charity work and helping the old and feeble

Shall I compare myself to a bomb
I have limited patience and the speed of my timer increases quickly
When I blow up my temper, my voice is so boisterous that I send ears to their tomb
But after the explosion, I can speak more calmly

Although I don't have a good temper
I treat you nicely if you don't meddle or tamper

Stories with Flashbacks and Cliffhangers

Lam Ka Ching (6C)

The Tragic Attack— 9/11

Melody was panicking, and running down the crowded stairs. Her heart pounded and pounded, but she couldn't stop running. As the stairs were chaotic, an unknown woman tripped over a staircase and fell down unconsciously. Not a single person wanted to help the woman. As Melody was running for her life, her mind flashed back to events from a few hours ago...

Just a few hours ago, Melody, an ordinary business woman, was going to work on a sunny September day. Melody worked as a manager in the South Tower of the Twin Towers in New York.

While Melody was walking to her workplace, she saw Mikasa, who was her work partner.

"Good morning Melody! I see you have worn your red slippers today. Until now, I haven't seen any others wearing these red slippers today. I guess you are special!" Mikasa joked.

"I see. Well I guess I'm the special one today!" Melody replied with a smile, although she knew Mikasa was teasing about her shoes. After the short talk, Melody went back to her office.

Melody sat on her chair and started working, but soon she started hearing ridiculous rumors about four planes being hijacked.

"I just heard that four planes were hijacked! I just heard a call from my family!" a man in the office yelled.

After the man, another man giggled, "It's nothing to worry about. The hijackers wouldn't crash their planes into the Twin Towers, for it's silly to do so!" Melody ignored their words and continued her work because she was busy with her upcoming project. Until she got a phone call...

Melody received a call from her grandma, Jean. "Melody, it's an emergency! There are two planes that will crash into the two towers you're working in, so you should evacuate immediately! I just found out after hearing the news!" Melody was terrorized and shocked, yet she saw her other friends laughing and giggling innocently, as they didn't know that a disaster was going to happen shortly.

Stories with Flashbacks and Cliffhangers.....

Melody ran as speedily as a lightning bolt. She ran and told everyone about the incident that was going to happen a few hours later, a few minutes later or a few seconds later, but no one trusted her words.

“Stop telling nonsense, Melody,” a man, who was Melody’s boss, shouted with an appalling attitude.

“No! Please trust me for once. My grandma wouldn’t lie to me, for there’s no reason for her to do that!” Melody cried. “I’m not joking, nor am I lying!” Melody shouted in tears. “As long as we leave, we’ll be saved!”

While Melody was convincing her friends to leave, bam! Ash and smoke flew inside the South Tower from the windows. While everyone was checking to see what had just happened, Melody shouted with a horrified tone, “Everyone leave at once! One of the planes has crashed into the North Tower!” People started screaming and shouting so loudly that it could burst your ears. Everyone was frightened and couldn’t believe what had just happened, including Melody. Before Melody had time to think, her only action was to run.

Melody was panicking, and running down the crowded stairs. Her heart pounded and pounded, but she couldn’t stop running. As the stairs were chaotic, an unknown woman tripped over a staircase and fell down unconsciously. Not a single person wanted to help the woman. It was the 40th floor. Due to the incident, the lifts weren’t working. In order that Melody could live, she had to run from the 40th floor to the 1st floor. She used all her strength and ran!

Bang! The windows shattered. Flight 175 had crashed into the South Tower. The tower collapsed, and the tower was down. Firefighters, policemen, and the first-aid team arrived at the two towers. After that, different teams started their tasks.

“According to the government, no one was alive after the so-called 9/11 attack because the terrorist attack happened on September 11.” Jean watched the television a few hours after the attack. Jean sobbed hard in the arms of Melody’s friends and family. They didn’t take a long time to recover. Since they were prepared that Melody wouldn’t come back alive. They thought that if they kept crying, Melody wouldn’t rest in peace in heaven. After a night, they promised to live in peace and quiet.

The next day, the policemen were ready to leave after confirming the number of deaths. Suddenly, one of the officers noticed a woman with a burnt face and red slippers lying in the wreckage of the South Tower still breathing...

Stories with Flashbacks and Cliffhangers

Sophia Tang (6D)

Run While You Can

Claire sprinted across the deep dark forests, while the darkness was endless, Claire could still see the faint shadow of the thief she was chasing. The moonlight showered across the trees in front of her. Claire ran and ran while dodging and jumping over the roots and trees in front of her. All of a sudden, she saw a faint hint of light in front of her. At that moment, Claire's world faded away as her mind flashed back to the events from a few weeks ago.

"Claire Jordan! Your new mission!" The Police Chief of the Grinland police force ordered. "Focus! Claire!" Claire rolled her eyes and muttered something. She had always wanted to serve her city with all she could. She loved everything in it. From the sweet and cool air to the steep hills of the beautiful meadows. Claire was exceptionally smart and extraordinarily good at crime solving. She decided to join the police force although she was often distracted by just about everything.

"OK Chief," moaned Claire, "What's my new mission?" All of a sudden, another police burst into the room. SLAM! Went the door.

"What is the matter Kai?" the chief, who was surprised, asked.

"The GNB (Grinland National Bank) just got robbed yesterday night! Since the CCTVs were turned off all of a sudden, no one knew what had happened!" Kai panted. Claire eyed the chief. His annoyed expression had suddenly turned into a serious look.

"Claire, this will be your new mission," he stared at the surprised Claire. Claire beamed, for at that moment, she felt like she had been offered a chance to participate in a history making event...unless she ruined it by getting distracted.

"Yes Sir!" she proudly accepted.

The chief nodded his head, "As long as you stay focused, you should be able to succeed quickly. Make me proud and stay focused! Claire nodded while smiling. She was astonished that the chief had offered her such an amazing opportunity.

As soon as she got the instructions, Claire started to prepare for the special and important mission. She could be

Stories with Flashbacks and Cliffhangers.....

found training every single day. She ate only the healthiest of all food. She worked all day, yet she made sure she slept enough every night. Best of all, she stayed extra focused.

"Today is the day!" Claire exclaimed to herself. It was finally the day she had trained for. The night before she had especially arranged a meeting with all her family and loved ones. She had told them about her amazing mission and everything about it. Her older sister Callie had treated her to bubble tea and wished her the best of luck.

'Wee-woo-Wee-woo!' went the sirens. When the sun began to set, Claire arrived at the crime scene. Last night, the GNB was robbed again. Whoosh~ Whoosh~! went the wind. Claire looked around; she had heard something. "I'm going to check for the thief by myself first, but I'll be back in a second." She exclaimed. The co-officers nodded, and Claire silently began to follow the sound she had heard. Crack! A sound came from the bushes. Claire crept towards it. Silently, she pushed away the leaves. There, she found the thief. It was nighttime, and Claire couldn't really see the thief's face. All of a sudden, the thief sprinted away, "Hey!" Claire called, "Where are you going!" She started to sprint after him, shouting and calling behind him.

"Stop!" she cried, "please!" They ran into the deep dark feel forests where endless darkness lives. Claire couldn't see a thing, nor could she touch anything, but she heard the footsteps and the cracking of autumn leaves as the thief ran,

"I will get you." Claire exclaimed. The moonlight was glowing. It cast a shadow on the thief, who Claire followed while dodging the roots of the tall and thin trees besides her. They seemed like they were alive and grinning at her, not the friendly type of grin, but the discouraging type. Suddenly, Claire saw faint light in front of her. It was the light from the helicopter which had come to look for her. Seeing the light, the thief stopped.

Soon, Claire had caught up with the thief. While slipping handcuffs on him, Claire looked at the helicopter which was going to be her ticket back to the Police Station. She smiled to herself. Soon, she would be able to return as a successful police officer. The helicopter let out a long ladder, and Claire climbed up, taking the thief along with her. The trip back home was safe and sound. After a while, they arrived at the station. News like this could not be kept under wraps for long in Grinland, so in a few days, Claire was considered Grinland's "National Hero".

A month later, Claire decided to pay a visit to the thief. On the way, she noticed something strange. She had seen someone who looked so much like the thief, but he was running away. Claire thought she must've been hallucinating, yet she felt a sense of uncertainty, so she decided to pay the thief a visit first. She walked and walked past the cells of murderous criminals and finally arrived at the cell of the thief, but things were not going well. Claire's heart skipped a beat when she saw a hole on the wall. The cell was empty. The thief had escaped...

中文 — 文集

《我的新年假期》

陳曉萱 1C

今年的農曆新年假期，爸爸、媽媽和我一早回到外婆和外公家裏拜年。我一看見他們，就立即上前跟他們說祝福的話，他們感到非常高興，還給了我紅封包。外婆更預備了美味的新年食品和糖果。我聽到廚房裏傳出「沙啦——沙啦——」的聲音，原來是外婆正在煎我最愛吃的年糕，軟糯可口。突然，外面傳來「咚隆！咚隆鏘！」的聲響，原來是街上的舞獅表演，這令我感受到濃濃的農曆新年的歡樂氣氛。

《我的假期》

梁訢霖 1D

上個星期六和日，我和我的家人一起去迪士尼樂園和海洋公園玩。第一天，我們去了海洋公園，那裏有很多人，有的在玩機動遊戲，有的在看動物，有的在坐纜車，有的在看表演。我最喜歡坐小火車，當火車鳴……鳴……咔嚓……咔嚓……地開動了，我和妹妹高興地拍手。

第二天，我們去了迪士尼樂園，我學了畫畫兒，坐了小飛象，看了很多表演，還和米奇老鼠一起拍照。我們一家過了一個開心精彩的週末！

我的假期

譚逸風 1C

我過了一個快樂的新年。大年三十早上，我一早就從牀上跳起來，還叫起一家人來幫忙大掃除。家人有的抹窗、有的掃地。你知道我在做甚麼嗎？我在忙着貼春聯呢！

到了晚上，年夜飯上桌了！上面有我最喜歡的蒸魚和燒雞。一家人開心地吃完晚餐後，媽媽送給我一個大紅包，還告訴我這是壓歲錢，讓我放在枕頭下面。我跟媽媽說完晚安後，就心滿意足地躺在牀上睡覺了。

第二天是我最期待的舞獅表演！這一次與別不同的是兩組獅子表演者，牠們跟着「咚——咚——」的鼓聲在地上跳舞，你知道這兩隻獅子還做了甚麼嗎？牠們在梅花樁上做各種各樣的高難度動作，這實在是太精彩了！我還想再看舞獅表演！

《我的假期》

李敦晴 1D

農曆初三，爸爸、媽媽、弟弟和我一起去香港太空館探索奇妙的科學。

首先，我們進入展覽廳，參觀並了解不同的太空現象，比如我們動手調校真空管，在模型上產生極光，真有趣啊！

然後，我們去氣象廳觀看《極地尋龍》立體電影，恐龍突然發出「吼吼」的叫聲，嚇了我們一跳。

今天真是一次奇妙的歷程，讓我久久不能忘記！

《我的假期》

王若男 1C

「劈里啪啦！」「爆竹聲中一歲除，春風送暖入屠蘇，千門萬戶曠曠日，總把新桃換舊符。」新春到了，家家戶戶張燈結綵，互相拜訪，一片喜氣洋洋。

大年初四的下午，媽媽的好友來到我們家拜年。「叮咚！」門鈴響了，叔叔阿姨提着一盒「扭扭樂」送給我和姐姐，我們開心得手舞足蹈。姐姐提議：「不如我們現在就來玩『扭扭樂』吧！」遊戲的流程是透過轉動指針，讓來參與的玩家將自己相應的四肢移動到墊子上正確的圓點上，誰能堅持到最後就是勝利者。我們跟着轉盤的指示，不斷扭動身體，形態各異。有的像小狗，有的像大烏龜，有的像彎曲的蛇。我們看着彼此扭曲了的身體，忍不住捧腹大笑。我和姐姐異口同聲地說：「這個遊戲真有趣！」

我們在歡聲笑語中度過了難忘的一天。我的假期真精彩啊！

《我的假期》

馬汶晞 1D

春節是中國一個傳統重要的日子，除夕夜那天，我們一家開開心心聚在一起吃年夜飯，外婆做的飯真好吃！晚飯後，我們一起吃湯圓，媽媽說：「湯圓代表一家人團團圓圓。」在這個新年假期裏，我們還去了拜年，我吃了很多糖果和收到很多紅包，爸爸說：「這都是長輩給我們的祝福。」我們還看了舞獅表演，在大街上傳來咚咚鏘鏘的鑼鼓聲，有趣極了！我很喜歡過年和家人在一起快樂的時光。

《我最喜歡的水果》

鄭梓宏 1A

我最喜歡的水果是蘋果。它的外形是紅色的，形狀是圓圓的，摸起來硬硬的。它的外形像一個小小的球，吃起來口感清爽，味道微甜。蘋果很有營養，大家都說：「每天一個蘋果，醫生遠離我。」我最喜歡吃蘋果了。

《我最喜歡的水果》

莊玗仟 1A

我最喜歡的水果是西瓜。西瓜的外皮是綠色的，果肉是紅色的。它的形狀是圓圓的，外形像一個又大又圓的月亮。西瓜摸起來是硬硬的，吃起來是甜甜的。它的氣味是清香的。西瓜很多汁，我最喜歡在夏天吃西瓜了！

《我最喜歡的水果》

汪祉辰 1A

我最喜歡的水果是藍莓。藍莓是紫藍色的，它的外形是圓圓的，摸起來很光滑。它的外形看起來就像一個深藍色的珍珠，十分漂亮，吃起來卻是軟軟的。藍莓對我們的身體健康有益，小朋友經常吃，可以起到保護眼睛的作用。

《我最喜歡的水果》

蔡昕霖 1B

我最喜歡的水果是草莓。草莓是紅色的，像戴着一頂綠色的太陽帽，身上鑲滿了無數顆芝麻。它的體型像陀螺，真可愛！摸起來是軟軟的，吃起來是甜甜的，聞起來是清香的。草莓不但長得可愛、味道可口，還含有豐富維生素，對身體很有益處，所以我很喜愛吃草莓。

《我最喜歡的水果》

鍾智宸 1B

我最喜歡的水果是蘋果。蘋果的顏色是紅紅的。它的形狀是圓形的，像一個胖胖的氣球，摸起來是滑滑的，吃起來是多汁的。蘋果含有各種維生素，多吃蘋果會令我們身體健康，我每天都會吃一個蘋果，你呢？

《我最喜歡的水果》

鍾子晴 1B

我最喜歡的水果是西瓜。西瓜的表皮是綠色的。西瓜的形狀又大又圓，摸起來是光滑的，像一個大皮球。切開西瓜，裏面的果肉是紅色的。西瓜的果肉聞起來很香甜，咬起來很多汁，十分可口。在炎熱的夏天，我希望可以天天吃冰凍的西瓜，這樣我就不用吃冰淇淋，也很滿足了！

《兔媽媽生病了》

鍾柏翹 1E

今天下午，兔媽媽在家裏休息。我吃完午飯後，便泡了一杯茶給媽媽喝。進入媽媽的房間後，我把茶放在媽媽的桌子上。放好茶後，我看見媽媽捂着肚子，便問她說：「您還好嗎？您的感覺怎麼樣？」媽媽痛苦地回答說：「我很難受。」我聽了後，便一邊微笑着，一邊對媽媽說：「不用擔心，多休息幾天就會好的！」

第二天，我又去看媽媽，發覺媽媽好了一點，我高興極了！

《小兔子的氣球飛走了》

田湜晴 1D

天氣和暖的早上，我開開心心地拿着又圓又輕的橘色氣球，在綠油油的草地上奔跑。我的心情很舒暢。

突然，我不小心摔倒了，原來有一塊石頭在草地上。我手上的氣球飛走了。我非常傷心。

後來，氣球飛到大樹上。我心想：我不懂爬樹，又跳不到那麼高。我大聲喊：「怎麼辦？」我覺得既無奈又擔心。

最後，有一隻藍色的小鳥飛過來，牠用尖尖的嘴咬着氣球的繩子，輕輕一拉，氣球就掉了下來。我對小鳥說：「謝謝你幫助我！」可以拿回氣球，我感到又神奇又興奮。

《小兔子的氣球飛走了》

黃傲晴 1E

今天是一個風和日麗的早上，我拿着一個美麗的氣球在鳥語花香的森林裏高興地散步。

突然，我在路上不小心被石頭絆倒在地上。我膝蓋受傷了，氣球也飛走了。我感到又痛又難過。

後來，我發現氣球卡在高高的樹上。我着急得哇哇大哭，我心裏想：怎麼辦呢？我本來可以爬到樹上去拿我心愛的氣球，但是現在我的腳受傷了。

最後，一隻金黃色的小鳥飛過來說：「讓我來幫你吧！」不一會兒，小鳥便把氣球交给了我。我興高采烈地說：「感謝你的幫忙。」於是，我們成為了好朋友。

《照顧生病的媽媽》

黎念晴 1E

晚上，我在家裏照顧生病的媽媽。我輕輕地走到牀邊，媽媽對着我痛苦地說：「我很難受呢！」我一邊倒水給媽媽喝，一邊安慰她。我溫柔地說：「媽媽，您要好好休息，很快就會康復了」。我又擔心又心疼媽媽啊！

《照顧生病的媽媽》

李敦靖 1E

今天下午，我在家裏照顧媽媽。因為媽媽生病了，所以她一邊捂着肚子，一邊痛苦地說：「我很難受！」我又是端水，又是溫柔地安慰她。看着媽媽難受的樣子，我很擔心她，希望她快點好起來。

《小鳥學飛》

吳蘭晴 2D

一天早上，鳥哥哥和鳥妹妹在樹枝上開心地談天。這時，鳥媽媽飛過來，滿懷期待地說：「孩子們，我們一起學飛吧！」鳥妹妹聽了之後，害怕地說：「森林裏的天氣隨時隨地都在變，我心裏很恐懼呢！」

突然，一陣狂風吹過來。鳥妹妹一邊發抖，一邊說：「我怕風。」鳥哥哥說：「妹妹，勇敢一點吧！你做得到的！」媽媽嘆了一口氣，說：「不要害怕，我們會陪你的。」

接着，一場滂沱的大雨來了。鳥妹妹一邊用翅膀擋雨，一邊說：「我怕雨。」鳥哥哥一面跟媽媽在空中飛着，一面擔心地說：「你長大了啊！」媽媽也鼓勵她

說：「你馬上就要上學了，學校會有很多朋友的！快跟我們飛起來！」然後就搖了搖她的翅膀。可是妹妹還是不敢飛。

最後，鳥妹妹無奈地留在樹枝上，而哥哥高興地飛向天空了。鳥哥哥歡喜地說：「妹妹，我終於會飛了！」鳥妹妹很難過，因為她不勇敢。這件事讓妹妹明白了要學會勇敢面對困難才能成功。

《中秋節》

楊鎧凝 2A

中秋節的晚上，爸爸媽媽、弟弟和我吃過晚飯後，一起到附近的公園賞月。

公園裏，我們看到很多人，有的人在玩燈籠，有的人在賞月。我們在公園找到一個沒有人的草地放上墊子，把帶來的食物放在上面。弟弟準備吃美味的香蕉時，我拿著免燈籠向他說：「我們可先玩燈籠，然後一起吃月餅和欣賞又圓又大的月亮。」弟弟開心地回答：「好吧！」爸爸和媽媽看著我們玩燈籠，十分高興。

今天，我們過了一個又快樂又難忘的中秋節。

《中秋節》

車訥銳 2C

中秋節的晚上，我們一家人到公園賞月。我的心情又期待又興奮！

首先，我們在公園裏找一處能看到月亮的位置。接著，我們把野餐墊鋪在草地上，再擺上媽媽為我們準備的香噴噴的食物，有我最喜歡吃的炸雞腿、土豆餅，

還有月餅和很多新鮮的水果。我們一邊賞月，一邊吃美味的食物。公園裏的小朋友們都高興地拿着五光十色的燈籠跑來跑去，有的拿着藍色燈籠、有的拿着綠色的燈籠，十分耀眼奪目，而我的燈籠是可愛的兔子燈籠。我和家人們一邊欣賞月色，一邊談天說地。我抬頭看着天空的圓月，對大家說：「中秋節的月亮真是又圓又大啊！」這時，弟弟一邊吃着香蕉，一邊摸着肚子，然後笑着說：「這不是和我的肚子一樣嗎？」我們聽了之後都忍不住哈哈大笑起來。

這晚，我們一家人在歡樂的笑聲中度過。中秋節真是一個美好的大團圓佳節啊！

《我做錯事情了》

陳詠琛 2B

在學校的第一個小息時，小玲和我在課室開心地談天說地。小玲說：「我有一本好看的故事書，借給你看看！」我一看封面，竟然是我最想看的故事書！因為這本故事書是我最喜歡的，所以我感到又開心又興奮！我笑瞇瞇地說：「謝謝你！」小玲說：「不用客氣！」

晚上，我躺在床上，一邊看小玲借給我的書，一邊吃零食，吃得津津有味。我情不自禁地說：「真舒服！」但是，我不小心把零食掉在書上了，書被弄得髒髒的，我心想：還是繼續看故事書，過一會兒再把零食撿起來吧！

忽然，媽媽打開房門，溫柔地說：「快出來吃晚餐吧！」我急忙從床上坐起來，可是不小心打翻了果汁，弄濕了小玲的故事書。我感到又害怕又內疚，怕小玲責怪我，因為我把她的故事書弄得很髒髒！

最後，小玲看見故事書十分髒髒，她大發雷霆。我慚愧得臉紅了，我對小玲道歉，她原諒了我。經過這件事情，我學會了一個道理：要珍惜別人借給我們的物品。

《我做錯事情了》

周劭澄 2A

一個美好的早上，小玲和我正在教室裏談天，她好像想起甚麼，馬上打開書包，取出一本封面很美麗的書，然後笑着對我說：「借給你！」我感到非常開心！

晚上，我趴在床上，一邊吃着美味的零食，一邊看小玲借給我的書。我對自己說：「真舒服！」可是，有一些零食掉到了書上，我心想：故事真精彩，還是先看書，等一會兒再撿起零食吧……

突然，媽媽推開房門對我說：「寶貝兒，吃飯了！」我聽到媽媽叫我吃飯，馬上起床，可是不小心碰到了身邊的杯子，杯子裏面的果汁撒在小玲的書上，濕了一大片……我嚇得大叫：「啊！怎麼會這樣？」看着被弄髒的書，我心想：小玲一定會罵我的。那一下子，我感到後悔極了！

最後，小玲看見故事書十分髒髒，她大發雷霆。我慚愧得臉紅了，我對小玲道歉，她原諒了我。

經過這件事情，我學會了一個道理：要珍惜別人借給我們的物品。

《過新年》

梁善堯 2B

年三十晚，我、爸爸、媽媽和妹妹在家裏吃美味的年夜飯。媽媽煮了一頓豐富的年夜飯，桌上的蒸魚寓意「年年有餘」，白灼海蝦的寓意「全年笑哈哈」，還有我最愛吃的豉油雞。爸爸還倒汽水給我喝呢！我感到十分幸福和快樂。

吃過年夜飯，我們到附近的年宵市場逛街。年宵市場裏人山人海，十分熱鬧。那兒有很多攤位售賣不同的東西，例如賀年糖果、新年擺設和各式各樣的年花。我說：「真熱鬧！」當我們行經一個賣氣球的攤位時，妹妹被一個卡通熊造型的氣球吸引着，爸爸見妹妹十分喜歡它，便給妹妹買了這個氣球。妹妹接過氣球後，開心地向爸爸道謝，我們覺得十分快樂！

接着，我們來到賣年花的攤位，媽媽在精心挑選着年花。最後，她決定買桃花和水仙花。當媽媽付錢的時候，爸爸和我分別小心翼翼地捧着剛買的一大束桃花和一盆香氣四溢的水仙花準備回家。我對爸爸說：「水仙花很漂亮啊！」爸爸笑着點點頭，說：「是啊，還很香呢！」我很期待回家佈置家居。

回到家裏，我們便立刻開始佈置。我和妹妹一起裝飾桃花，爸爸坐在餐椅上封紅包，媽媽從廚房裏捧出剛煮好的湯圓說：「大家快過來吃湯圓吧！」我一邊吃湯圓，一邊想：今天真是既充實又愉快的一天！

《過新年》

朱穎熙 2E

年三十晚，媽媽和爸爸為我們準備了豐富過年大餐，我們一家人在家裏快樂地吃美味的年夜飯，我們都吃得津津有味！我感到又興奮又期待，因為飯後一家人可以去逛年宵市場。

吃過年夜飯，我們去了年宵市場，那裏人山人海，車水馬龍，還有很多不同的攤位和金閃閃的氣球與裝飾品，好不熱鬧！我興奮地說：「真熱鬧啊！」

接着，媽媽給妹妹買了一個小熊氣球，給我買了一串金元寶掛飾。然後帶著妹妹去花店購買年花，爸爸和我負責捧花。我捧着又美又香的水仙花，心花怒放地對爸爸說：「水仙花真漂亮！」爸爸笑着回應：「桃花也開得正燦爛！」

回到家裏，我把水仙花放在餐桌上後，便和妹妹一起裝飾桃花樹。首先，我們把金元寶吊飾掛在牆上，再把爸爸準備的紅包掛在桃花樹上。這時，媽媽端着香噴噴的湯圓走進來，溫柔地對我們說：「孩子們，快來吃甜甜的湯圓……湯圓代表一家團團圓圓。」就這樣，我的家充滿喜氣洋洋的新年氣氛，真期待新年的來臨啊！

《過新年》

詹影淘 2C

年三十晚，我們一家人在家裏吃美味的年夜飯。媽媽準備了豐富的晚餐，我覺得很好吃，情不自禁地說：「食物真美味啊！」我很期待吃完年夜飯後，爸爸媽媽帶我們逛年宵市場。

吃過年夜飯，我們去逛年宵市場。市場人山人海，有很多攤位，有的攤位售賣氣球，有的攤位售賣年花。我說：「真熱鬧啊！」我們一邊走，一邊看兩邊攤位的各種貨物。這時，妹妹看到一位叔叔正在售賣漂亮的小熊氣球，說：「我可以買這個漂亮的小熊氣球嗎？」爸爸媽媽一起說：「當然可以啊！」妹妹開心地說：「謝謝！」看到妹妹開心的樣子，我也感到既興奮又快樂！

接着，媽媽向店主買了兩株美麗的年花。爸爸捧着又高又漂亮的桃花。我捧着又美麗又能散發香味的水仙花，說：「水仙花很漂亮啊！」爸爸說：「是啊！桃花也很漂亮！」我們滿載而歸，感到很滿足！

回到家裏，爸爸在準備紅包，我和妹妹用紅包裝飾桃花。媽媽在廚房為我們煮香噴噴的湯圓。我想：年初一快些到來，我們就可以去外婆家拜年，還可以收紅包。我們都熱切期待喜氣洋洋的新年呢！

《過新年》

郭卓賢 2E

年三十晚，我們一家人在家裏吃又豐富又美味的年夜飯，有魚、有蝦，還有肉和菜。爸爸答應我們，吃完年夜飯後會帶我們去逛年宵市場，為此，我感到又興奮又期待。

吃過年夜飯，我們來到年宵市場。那裏人山人海，還有很多售賣不同物品的攤位。我買了一串金閃閃的金元寶吊飾，妹妹買了一個色彩繽紛的小熊氣球。我興奮地說：「年宵市場真熱鬧啊！」我們一家人都很開心！

接着，我們去選購年花，媽媽付錢給花店的老闆，我和爸爸負責捧年花。爸爸捧着一大棵含苞待放的桃花，還幫我拿着金元寶掛飾，讓我捧着一盆香氣撲鼻的水仙花。我看着手上的水仙花，情不自禁地說：「水仙花真漂亮啊！」爸爸說：「你看，桃花也很好看啊！」我們歡天喜地回家去。

回到家裏，我們興致勃勃地在家中佈置了不同的新年掛飾。這時媽媽端出熱乎乎的湯圓，十分美味！我整個家中都充滿着喜氣洋洋的氣氛！我熱切地期待着農曆新年的來臨！

《蜜蜂來了》

譚雅之 2A

一個寧靜的晚上，我們一家人在家裏各有各忙。我和妹妹在客廳一起認真地做中文功課，爸爸在書房裏處理在公司未完成的工作。媽媽在廚房裡煮着香氣四溢的晚餐。

突然，一隻大黃蜂從窗外飛了進來。牠時而在我們的耳邊嗡嗡地叫，時而在客廳裏忽高忽低地飛來飛去。接着，我連忙拿起桌上的功課本來驅趕大黃蜂。我一面揮動手上的功課本來拍打這位「不速之客」，一面說：「快走！快走！」妹妹感到很驚慌，她用顫抖的聲音對爸爸呼叫：「客廳裏來了一隻大黃蜂！」媽媽聽到妹妹的叫聲後，感到十分擔心，便立馬從廚房跑出來看個究竟。

同時，爸爸也立刻從書房飛快地跑了出來，制止我揮動功課本，並對我說：「由於你攻擊大黃蜂，牠會感到害怕，牠為了保護自己的安全，便有可能會用腹部末端的針叮你，所以不要再拍打牠了。」爸爸拿走了我手上的功課本，然後再安慰驚慌的妹妹。

這時候，眉頭緊皺的媽媽打開了客廳里的窗戶，讓大黃蜂能夠快點離開。最後，大黃蜂從窗戶飛走了，我們緊張的情緒得以舒緩，驚慌的面容也變成了燦爛的笑容。妹妹樂得跳了起來，興高采烈地抱着爸爸歡呼。

今天晚上發生的事情太難忘了，令我和妹妹大吃一驚，我感到又驚訝又刺激。我明白以後要遇到蜜蜂在身邊飛來飛去，我一定不會再拍打牠，真是一個驚險的晚上啊！

《蜜蜂來了》

李康睿 2A

今天傍晚，我們一家各有各忙，爸爸在書房裏埋頭苦幹工作，媽媽在廚房裏精心準備晚餐。而我和妹妹在客廳聚精會神地寫功課和溫習，真是一個平靜的下午啊！

突然，有一隻可怕的蜜蜂從窗戶飛了進來。膽小的妹妹驚慌失措，勇敢的我隨手拿起課本，一面起勁地揮動課本驅趕蜜蜂，一面大喊：「快走！快走！」回過神來的妹妹連忙跑去書房請爸爸幫忙。

這時，媽媽急忙從廚房跑出來，擔心地說：「不要拍打蜜蜂。」接着，爸爸從書房走出來，看到我在拍打蜜蜂，他感到又驚訝又憂慮。由於情況危急，所以爸爸先一個箭步衝上來，捉住我的手，阻止我繼續拍打蜜蜂，然後說：「不要打蜜蜂，這樣很危險，牠會叮你的。」我聽到後感到很害怕。與此同時，眉頭緊皺的媽媽打開所有窗戶，希望蜜蜂趕快飛出去。我和妹妹愁眉苦臉地看着蜜蜂飛來飛去。

過了一會兒，烏倦知還的蜜蜂終於飛回家去。妹妹高興地抱着爸爸歡呼慶祝，逗得大家哈哈大笑，而心有餘悸的我也露出燦爛的笑容。這隻小蜜蜂為平靜的下午帶來了歡樂的小插曲。

我學會了遇事要冷靜，不要衝動魯莽，不然很容易發生意外。

《蜜蜂來了》

劉卓穎 2B

下午，我和妹妹在客廳裏一起做功課。突然，一隻蜜蜂從窗戶飛進來。

看見蜜蜂進來後，妹妹感到驚慌失措。我連忙站起來，並揮動課本驅趕蜜蜂，激動地說：「快走！快走！」本來在廚房弄晚餐的媽媽急忙走出來。爸爸也因聽到我的叫喚而走出來幫忙。

爸爸看見愁眉苦臉的我，感到又好笑又擔心。爸爸親切地對我說：「你不要再用手拍牠了，否則牠會叮你的手臂。」與此同時，膽小的妹妹害怕得縮成一角。機靈的媽媽急忙打開窗戶，讓蜜蜂趕快飛走。

最後，蜜蜂嗡嗡的一聲從窗戶飛走了，我們都放下心頭大石，臉上露出了燦爛的笑容。看見妹妹開懷大笑地投入爸爸的懷抱中，我感到既快樂又安慰。真是一個既精彩又有趣的下午！

《遠足》

陳詠琳 2D

在一個秋高氣爽的早上，我跟爸爸和媽媽去家樂徑遠足。我們看完地圖上的路線後，便興致勃勃地出發了。

出發後，我們一邊談天說地，一邊沿着小路走，爸爸還幫我們拍照留念呢！爸爸和媽媽還不停地跟我介紹沿途的風景。我還看見路旁有各種各樣的昆蟲和花草樹木。我心想：遠足真是一個好活動，讓自己放鬆之餘，還能欣賞大自然的風景。

接着，我們找到樹蔭的地方，坐在石頭上休息、喝水。媽媽說：「你慢慢喝，我們還有很多時間可以休息。」過了一會兒，我幫爸媽拍照，還拍下了美麗的風景。爸爸誇我拍的照片真美麗。我心想：我就是一位小小的攝影師！我感到自己很厲害！

最後，我們一家人走到了山頂！我興奮得大叫：「我終於到達山頂了！」爸爸幫我和媽媽拍照，說要留下這個美好的回憶。我連忙舉起了勝利的手勢！經過這次的遠足，我欣賞自己的堅持和沒有半途而廢，心情變得更加愉快！因為學會了只要努力和堅持就會成功的道理。

《遠足》

沈曉樺 2D

一個秋高氣爽的早上，我和爸媽背着沉重的背包，仔細地看着地圖從起點出發到遠足徑登山。我說：「終於可以和家人登山啦！真開心！」

到達後，我們先沿着小路往前走。我看見小路兩旁有五顏六色的花朵，忍不住用手輕輕碰了一下，它便害羞地顫抖了一下。我還聽到蜜蜂嗡嗡地叫，就好奇地問爸爸：「蜜蜂這是在與同伴聊天嗎？」這裏的風景真美啊！我們一面欣賞沿途的風景，一面談天說地，真愜意！

沒過多久，我熱得滿頭大汗，餓得肚子咕咕地叫，全身無力了。我問媽媽：「我們可以休息一會兒嗎？」媽媽答應了。我們找到一塊堅硬的石頭休息，剛坐下，我立即打開背包，把水瓶出來，大口大口地喝水。媽媽溫柔地說：「慢慢喝，不要噎到了。」不久，我們又向前行了。

最後，在我努力堅持向前走走了三個小時後，我們終於順利到達了目的地，此刻的我又興奮又感動。我開心地大叫起來：「我們終於到達山頂了。」我發現山頂的景色比我想象的還要美，不停嚷着要爸爸跟我拍照留念。結果，我們拍了數張十分漂亮的家庭照。這件事令我學會了只要堅持不放棄，便會成功。

《遠足》

謝謙佑 2E

今天下午，我和爸媽背着書包到家樂徑遠足。我期待已久家庭活動終於要來了。

到達後，我們先沿着小路慢慢往前走。我看見小路兩旁有紅色的鬱金香，還有金黃色的太陽花，色彩鮮艷，十分美麗！爸媽一面看着蝴蝶飛舞，一面聽着蜜蜂嗡嗡地叫，臉上露出了笑容。我想：大自然可真奇妙啊！

走了一會兒，我們坐在陰涼的大樹下休息。我一邊大口大口地喝水，一邊欣賞美麗的風景。媽媽跟我說：「慢慢喝，我的寶貝。」我想：我先休息一會兒再繼續向前走吧！

最後，又再往前走了一段時間。我突然大聲說：「我們終於到達山頂了。」爸爸立刻拿起相機替我和媽媽拍照留念。我感到又開心，又滿足！我想：這裏美麗的景色真令人樂而忘返啊！

《六十週年校慶》

鍾卓希 3C

上星期六上午，我和爸爸、媽媽一同從家裏出發去參加學校「六十週年校慶嘉年華」。大約半小時後，我們終於來到學校。當我們走進校園，已經擠滿了家長和同學，場面十分熱鬧。

接着，我看見在通道的左右兩旁擺放了各式各樣的攤位，有拋球遊戲和小食攤檔等。忽然，我聞到一股香噴噴的氣味，正想看看個究竟時，就發現原來是攤位正在售賣魚蛋和雞翅膀呢！

然後，我聽到一陣歡笑聲，原來老師正向同學派發免費氣球。我看到後，便嚷着：「爸爸，我可以要一個氣球嗎？」爸爸說：「我看那是免費的，那好吧！你可以去拿一個氣球。」我高高興興地向老師討了一個色彩繽紛的氣球。

之後，我突然從遠處聽到一陣熱烈的鼓掌聲，原來是台上正在表演芭蕾舞呢！我和爸爸一邊欣賞同學們美妙的舞姿，一邊為她們精彩的演出拍照和鼓掌，而媽媽就在旁邊的攤位翻閱不同種類的書作。表演完畢後，我不禁心想：這表演真精彩喔！她們應該下了不少苦功吧！

最後，是時候散場了，我感到依依不捨。今天是開心且感動的一天，我被同學們的努力和老師們辛勤地付出深深感動。

《六十週年校慶》

謝玥瞳 3C

今天，我和家人參加學校舉辦的「六十週年校慶嘉年華」。

操場上人山人海，人來人往。我看到不同的活動，有舞蹈表演、攤位遊戲和食物攤檔，真是令人興奮！

首先，我牽着爸爸和媽媽到觀眾席看舞蹈表演。台上的高年級同學跟着輕快的音符，跳出優雅而活潑的芭蕾舞。台下坐滿了觀眾，有些一邊觀賞，一邊拍照；又有些一邊拍掌，一邊跟着節奏搖擺身體。我聽到悅耳動聽的音樂和看到優美的芭蕾舞，就陶醉在表演當中。爸爸媽媽和我目不轉睛地看完整場表演，太精彩了！

接着，我的肚子咕嚕作響，然後我和爸媽到食物攤檔買小食。爸爸選了咖哩魚蛋，一串五顆，像乒乓球般大，爸爸一口吃了兩粒。媽媽選了冷豆腐花，她讓我嚐了一口，味道清甜爽口。我選了雞蛋仔，它熱騰騰、充滿雞蛋的香味，爸爸媽媽都搶着吃。吃完後，我們便去玩其他遊戲。

黃昏時，我們要走了。我不捨得離開學校。平時學校很安靜，但今天的學校卻很熱鬧，好像一個遊樂場。我希望每天回到學校都是這樣的。今天是一個難忘的日子。

《六十週年校慶》

潘子弘 3C

今天早上，爸媽帶我到思思小學去參加「六十週年校慶嘉年華」，我們懷着愉快的心情出發。

我們到達後，那裏已經聚集了很多學生與家長，他們的臉上都掛着笑容，到處充滿了歡樂的氣氛。我還見到有老師向來賓派氣球，有學生購買小食呢！

我先去玩攤位遊戲。那個負責人向我講解遊戲規則後便遞給我五個塑料圈。我逐一把它們拋出去，希望可以套進遠處的「雪糕桶」。最初，因為我很着急，拋的力度太大，所以失敗了。後來，我掌握了訣竅，當要拋出最後一個膠圈時，我先瞄準目標，小心翼翼地拋出去，結果真的套進了「雪糕桶」。我興奮地大叫：「中獎了！」我興奮得手舞足蹈，爸媽還對我說：「你真棒！」

玩完攤位遊戲，學生芭蕾舞表演快要開始了，我們立刻找椅子坐下看表演。我發現，台上有一位表演的同學是我的好朋友呢！他優美的舞姿非常漂亮。表演結束，現場響起雷鳴般的掌聲，表演者的家長一面幫忙拍照，一面給他們的孩子鼓掌。

到了黃昏，我們要回家了。雖然在玩攤位遊戲裏只得到一個小獎，但我已經很滿足了。我希望明年可以中一個大獎啊！

《六十週年校慶》

曾艾霖 3E

在一個晴朗的星期日下午，我和家人到學校參加「六十週年校慶嘉年華」。當我們走到學校門口，便看到學校人山人海，十分熱鬧！

剛走進學校，我便看到一個攤位遊戲和聞到了一股香香的味道。我想去吃小食，但是妹妹卻嚷着要玩攤位遊戲，所以我們只好先去玩攤位遊戲。

然後，我聽到遠方傳來一陣優美的音樂。我拉着妹妹的手，跑向舞台。原來，在舞台上的同學們正在表演芭蕾舞。他們的舞姿十分優雅，像一群美麗的白天鵝。台下的觀眾們目不轉睛地看着他們，紛紛為他們拍照。精彩的表演結束了，觀眾們熱烈地拍手，像響雷聲一樣！

後來，我們去欣賞藝術展覽。那裏有各式各樣的畫作，有大家，有熊貓，還有小紅帽。這些作品都畫得栩栩如生。我對妹妹說：「我要在藝術方面更加努力，希望下次老師能把我的畫作展覽出來！」妹妹興奮地說：「加油，姐姐！我相信你一定能做到！」

時間過得真快啊！一轉眼，嘉年華就要結束了，大家都依依不捨地準備回家。平時的校園十分安靜，今天的校園卻充滿歡聲笑語。夕陽下，大家笑容滿面，滿載而歸地回家去。

《記一次參加學習活動的經歷》

黎梓瞳 3D

每當我看見抽屜裏的游泳帽，就會想起那年夏天第一次到游泳池學游泳的情景……

第一次學游泳的那一天，我忐忑不安地穿上泳衣，戴上游泳眼鏡，然後跟媽媽去找教練。我跟教練學了一會兒游泳的姿勢後，就下水練習了。沒想到，剛一下水，我就沉到水裏。教練看到我在水裏掙扎，立馬一手把我撈起來。

接着，教練關心地問：「有沒有溺水？」我勇敢地回答：「沒事！沒事！」教練語重心長地說：「小朋友，你要嘗試浮在水面，學習憋氣。」我點點頭，嘗試在水裏憋氣。教練又教了我幾個基本的游泳技巧。就這樣，我經過反復練習，終於學會了游泳！

本來一看到游泳池，我就會害怕得臉色蒼白，現在竟然學會游泳！俗語說得好：「世上無難事，只怕有心人。」我學會了在困難面前，不可輕易放棄，才有成功的一天。

《記一次參加學習活動的經歷》

吳芯悠 3E

每當我聽見《給愛麗絲》，便會想起去年暑假到沙田大會堂參加鋼琴比賽的情景。

表演開始了，我開始彈奏樂曲「叮——咚——叮——咚……」，突然，我彈錯音符了！我急中生智，繼續彈下去，把彈錯的音符和之前之後的音符交織在一起，讓大家聽不出我犯的錯誤。

我心裏像幾隻小鹿在到處亂撞，緊張得像熱鍋上的螞蟻，滿頭大汗。我問自己：「他們能聽出我的錯處嗎？」

當我彈奏最後一個音符時，台下響起了熱烈的掌聲。這時我更加確信，那幾個音符並沒有影響到成績。最終，我拿到了第二名的好成績。

比賽雖然結束了，但我的心裏還有一些遺憾，如果我把曲子練習得更好，一定會取得更好的成績！我要學習越王勾踐臥薪嘗膽，刻苦學習，發奮圖強，下次一定要爭取得第一名！

通過這件事，我學會了遇到困難，不應退縮，要運用自己的聰明才智，臨危不懼。

《到超級市場購物的經過和感受》

陳語桐 3A

回家的路上，我一直在回想剛剛發生的事情。

我一走進超級市場，就看見超級市場的商品琳瑯滿目，看得我眼花繚亂。超市裏有各式各樣的水果，有毛茸茸的玩具，有美味可口的零食，還有色彩繽紛的糖果。我想起明天要參加朋友小月的生日會，便開始購物。

我的心情十分雀躍，腳下彷彿踩着一朵幸福的雲。我開始像馬一樣快速地跑了起來。「呼——呼——」的風聲從我耳邊飛到我的身後。我一邊眯起眼睛，一邊心想：真開心！我好喜歡奔跑啊！結果，一個沒留神，不小心撞到貨架上。「啪！」很多東西從貨架上掉了下來。這一聲，嚇得大家一動不動地站在原地。不過，沒過多久大家就反應過來了。大家開始七嘴八舌地議論着我。有些人責罵我的行為，有些人神情嚴肅地看着我，還有些人張大嘴巴看着我。

我慚愧得哇哇大哭起來，店長連忙叫了一位職員來安慰我，又找了另一位工作人員來把地上的貨品重新放回原位。等我緩過神來，也連忙跑過去幫忙，職員友好地對我說：「謝謝你！」

我心想：我以後一定要遵守規則，不可再在公共場所內胡亂奔跑。

《到超級市場購物的經過和感受》

張佳滢 3A

回家的路上，我一直回想剛才在超市發生的事。

因為今天是爸爸的生日，所以我到超市買做蛋糕的材料。一踏進門口，只見裏面有很多不同的水果，琳瑯滿目，有西瓜、荔枝，還有蜜瓜。超市裏面人山人海……令我真興奮！

超市裏的商品很多，看得我眼花繚亂。最後，我選了麪粉、奶油、砂糖……今天第一次做蛋糕，我感到非常興奮！到了收銀台的時候，我才發現自己忘了帶錢包。我感到很慌張，心想：怎麼辦？我忘帶錢包了。不知所措的我臉紅紅的，就像一個大番茄，我感到很後悔。為甚麼出門前我沒有檢查清楚背包呢？

最後，我只好尷尬地把材料放回原位，然後跟收銀員說再見。走出超市後，我心生不忿，把背包裏的全部東西一一掏出。這時，我才發現靜靜地躺在背包底部的錢包。唉！我怎麼那麼粗枝大葉？便轉身回到超市買材料。

我為自己的粗心大意感到很羞愧。經過這件事，我學會了要仔細檢查個人物品，今天真是個很好的學習經驗啊！

《到超級市場購物的經過和感受》

林翊祈 3B

昨天，我、弟弟和爸爸一起到超級市場買三文魚給媽媽做晚飯。

超級市場裏有小食區，有水果區，還有肉類區等等。我嗅到水果的香味，糖果的甜味和新鮮的牛肉味。這個超級市場原來是一個「香味天堂」呢！

然後，我們到魚類區。爸爸挑選三文魚時，我和弟弟都等候得很不耐煩，於是決定一起玩遊戲。我們跑來跑去，一不小心，我推倒了貨架上的貨物。工作人員聽到聲音後，連忙跑過來看看發生了甚麼事。工作人員到達後，看見我在貨架前，便罵我：「你為甚麼要在超級市場裏跑？貨品掉下來砸到別人會受傷呀！」我連忙說：「對不起！」工作人員用命令的語氣說：「你馬上給我吧貨品收拾好！」

我把貨品收拾好後，工作人員才原諒了我，並提醒我下次要小心，不能把超級市場當成遊樂場。

最後，我鬆了一口氣，因為工作人員沒有要求賠償。經過這次教訓後，我學會了做錯事要勇於承認，且要及時向別人道歉。

《到超級市場購物的經過和感受》

李汶澔 3B

今天，我、媽媽和弟弟一起到超級市場材料製作晚餐。

我走進超級市場後，就嗅到香噴噴的麪包香味，看到紅彤彤的蘋果，還摸到凸凹不平的榴蓮。

當媽媽在挑選材料時，我和弟弟在超級市場裏跑來跑去，就像在遊樂場玩捉迷藏一樣。這時，超級市場的職員看到我們在跑來跑去，便對我們說：「你們不可以在超級市場裏跑來跑去。」突然，貨架上的貨品像山泥傾瀉般倒在地上，我很慌張，也感到很慚愧。

最後，媽媽生氣地對我們說：「快點把東西放回貨架！」我說：「對不起！我以後不會再這樣做了。」於是，我和弟弟一起幫忙把東西放好。

經過今天發生的事情，我明白了不應該在超級市場裏胡亂奔跑，也學會了去任何地方都要遵守秩序。

《到超級市場購物的經過和感受》

陸一誠 3A

星期六的上午，我、爸爸和媽媽一起去馬鞍山超級市場購物。因為我的生日快到了，我邀請了同學到家裏慶祝，所以爸媽帶我到超市採購生日會用品。

一進超市大門，我們就看見裏面人山人海，有的人在專心挑選水果，有的人在排隊付款，十分熱鬧。貨架上的商品整齊齊地擺放在一排排的貨架上，琳瑯滿目，就像一隊訓練有素的士兵。突然，隨着「轟隆」的一聲巨大聲響從我的身後傳來。我回頭一看，原來是一位白髮蒼蒼的老奶奶坐着輪椅，不小心把堆放方便麪的貨架推倒了。只看見這位老奶奶彎下腰，滿臉通紅地把方便麪一包一包撿起來。

我看見有個人給了一個嫌棄的眼神就匆忙離開了，既冷淡，又不友善。我覺得遇到需要幫助的人就應該伸出援手，於是立刻跑過去幫老奶奶撿起貨品。其他路過的顧客看到了，都紛紛走過來幫忙。我問老奶奶需要甚麼，她指着放在最上面的一包特別味道的方便麪，我便東張西望，找來一位高個子叔叔幫她拿。最後，奶奶拿到了她想要的貨物，並笑容滿面地向我們道謝。

我體會到幫助別人是一件很快樂的事情。經過今天的事，我學會了「助人為快樂之本」的道理。

《到超級市場購物的經過和感受》

陳子彤 3B

上星期日，媽媽和我到超級市場買水果。

當我到超級市場的時候，那裏人山人海，我看見有很多區域分別售賣不同的東西，有賣新鮮冷凍食物，有賣水果的，還有賣乾貨的。我聽見有人說：「特價了！快來買。」

購物的時候，我看見有人東張西望，鬼鬼祟祟地把東西放進手袋裏。我悄悄地通知職員有人偷東西，人們感到非常驚訝，還拿出手機拍小偷的樣子。

最後，職員立刻報警，警察很快就到了超級市場，把小偷帶走帶去警署問話。當時，我感到很害怕！

經過這件事後，我學會了不可因一時貪心而偷東西，不可以做犯法的事情，否則影響一生，後果非常嚴重。

《遊美好康樂中心》

麥清翎 3C

星期五早上，我和四甲班的同學到美好康樂中心遊玩。

到達後，我看到那裏空間十分大，有很多康樂設施。我最愛的就是燒烤場。

我們先到遊樂場玩。滑梯很滑，真好玩！小玉往下滑時，因為速度太快，不小心就滑倒在了地上。幸好小玉沒有受傷，我感到十分感恩。

然後，我們到燒烤場吃午餐。我吃了香腸和魚丸，食物香噴噴的，我吃得津津有味。當時還發生了一件好笑的事，老師烤雞翅膀時，不小心將雞翅膀丟到燒烤爐裏，惹得我們哈哈大笑。美心說：「烤熟的雞翅膀也會飛啊！」我心想：同學真幽默！

最後，我們依依不捨地走了。希望下次可以玩其他遊樂設施！

《一件感恩的事》

唐意涵 4E

晚上，我在客廳裏吃飯，不禁想起了一件埋藏在心裏的，令我感恩的事……

記得那天上午，陽光明媚，萬里無雲，天空像碧玉一樣澄澈，我興高采烈地到學校操場上參加跑步比賽。第一次參加跑步比賽，我高興得像一隻活潑、可愛的花蝴蝶，活蹦亂跳。

一踏進操場，我就看見好多同學，有的在熱身，有的在拍照，有的在談天說地……真的好熱鬧呀！比賽開始了，一股緊張的氣息撲面而來，我的手心直冒汗，心怦怦直跳，緊張極了！我像一隻離弦的箭一樣飛快地跑出去，很快就超越了許多同學。那一刻，我的心裏美滋滋的，好像吃了蜜一樣甜。

突然，由於我跑得太快了，一不小心摔倒了，摔了個四腳朝天。我疼得哇哇大哭起來，眼淚像斷了線的珍珠紛紛落下來。這時，我的同學——文文毫不猶豫地跑了過來，慢慢地將我扶起來，關切地安慰我說：「別擔心，坐下來休息一下。」我看着她親切的樣子，點了點頭。然後，文文彎下腰，仔細地檢查我的腿。當她發現我的腿流血時，她二話不說馬上把我扶離賽場，帶我去醫療室。隨後，護士小心翼翼地幫我包扎好了傷口。我用感激的眼神看着文文，情不自禁地稱讚道：「謝謝你！你真是個樂於助人的好同學！」聽了我的話，她高興地笑了，嘴咧得像一朵盛開的花，久久合不攏。

雖然那一次跑步比賽我受傷了，但是文文幫助我的事情讓我終身難忘。我感恩身邊有這樣的好同學照顧我，幫助我！我感覺自己簡直是世界上最幸福的人！通過這件事情，我明白了一個道理：在生活中，我們要多幫助身邊有需要的人，這樣我們的生活才會更加美好！

《一件難忘的事》

張子翹 4A

每當我看見別人在航行風帆時，就會想起那一件難忘的事……

爸爸十分熱愛風帆這項水上活動，他也希望我能夠學會風帆這項技能，所以在某一個星期天，爸媽便帶我到西貢沙灘學習如何控制風帆。

一到達目的地，教練立刻教導我「航行姿勢」、「開如姿勢」等基本技巧，他還千叮萬囑我不要駛進風流直吹的角度，簡稱「航行禁區」。待教練講解完畢，他便帶領我出海練習。

突然，一陣強風迎來了一股大浪，除了把帆板的方向沖亂，也把我的思想擾亂了。到我回過神來，才發現自己竟然進入了「航行禁區」！我急得像熱鍋上的螞蟻，慌張極了，便高聲喊叫：「快來救我啊！」可是人群已經離我十分遙遠了，根本沒有人能聽到我的聲音。我心想：不行！我要冷靜下來，才能想解決方法。於是，我嘗試冷靜下來，慢慢回想教練的一番話：當你不小心駛進「航行禁區」，便要做回「開始姿勢」，風就會把你吹到「安全區」去。

我立刻照着當初教練教我的指示去做，便發覺板頭慢慢轉向岸邊的方向，風也帶着我駛回岸邊附近。「我終於回到『安全區』去了！」我興奮地大叫，心裏感到雀躍萬分。

這件事真令我難忘啊！那天，我渡過了一個愉快的下午，因為我明白了遇到難題時，一定要臨危不亂，才能找到解決問題的道理。

《一件難忘的事》

鄒尚哲 4C

當我看到桌子上那張照片，令我勾起了上星期六一個難忘的回憶……

上星期六，我幸運地被選中代表學校參加足球比賽。我感到十分高興。

當我和球員到達球場時，我聽到同學們熱烈地歡呼，我感到興奮不已。比賽開始啦！我們聽到哨子聲便馬上進攻，可是對方先發制人，射進一球。我和隊員們像洩了氣的皮球一樣，沒精打采的。

突然，我聽到教練的吶喊聲：「加油啊！不要放棄啊！」他的聲音像一支強心針，注射到每一個人身上。我提起精神，奮起直追。在比賽結束前五分鐘，我使出一個頂球，直射對方龍門……

比賽結束了，雖然兩隊打成平手，但是我和隊員們難掩心中的激動，歡呼着擁抱在一起。

這件事真令我難忘啊！我學會了失敗不要放棄，堅持就會成功的道理。

《一件難忘的事》

翁心兒 4A

今天的事真令我難忘啊！

今天，是我的生日，媽媽帶我去買蛋糕。到了蛋糕店後，我買了最喜歡的比卡超造型的蛋糕。那個蛋糕有很多棉花糖，上面還坐着一個可愛的比卡超呢！買完蛋糕後，我們開心地回家去。在巴士站，我看到了一個身形瘦削、衣服破舊的小男孩不停嚷着：「媽媽！你去年答應過我會買生日蛋糕給我，一起慶祝我的生日啊！」但他的媽媽面有難色地說：「對不起！爸爸失業了！我們要省點錢，明年再買給你吧！」小男孩頓時嚎啕大哭。

我心想：他那麼傷心，我把我的生日蛋糕送給他吧。於是，我走到小男孩面前說：「小朋友，不要哭，我把我的生日蛋糕送給你吧。祝你生日快樂！」小男孩笑了，連忙向我道謝。

這是我第一次過一個沒有蛋糕的生日，但是我仍然很開心，因為我幫助了別人。那小男孩破涕為笑的笑容，到現在我仍記得。這件事真令我難忘啊！這件事教我學會了一個道理：「施比受更有福」。在別人有困難時伸出援手幫助別人，給他一點溫暖，自己也開心呢！

《一件難忘的事》

杜穎欣 4C

去年的新年假期，我和家人去日本旅行。最後一天，我們在機場的一家紀念品店，經歷了一件難忘的事……

進去紀念品店後，我看到各式各樣的紀念品。有穿着日本衣服的洋娃娃，有印着富士山圖案的尺子……其中有個印着櫻花圖案的杯子吸引了我的目光。我拿起來欣賞一下，突然，杯子從我的手中滑掉了。它破了一個角呀！我心想：怎麼辦啊？突然，我靈機一動，神不知鬼不覺地踢了杯子到一個角落，打算「毀屍滅跡」。

然後，我笑着並準備去看其他東西時，有人拍拍我的肩膀。我回頭一看，爸爸板着臉，用銳利的目光盯着我說：「你在做甚麼？」我吞吞吐吐地說：「我……我……」爸爸說：「『人而無信，不知其可也』你要做一位誠實的孩子！」我恍然大悟，向一位店員交代發生的事情，也買了這隻破損了的杯子。

這件事真令我難忘啊！經過這件事，我明白到「人而無信，不知其可也」的道理。我以後要做一位誠實的孩子。

《我的好同學》

羅遠皓 4A

我有一個好同學，他叫朗朗，今年九歲，他與我同在王錦輝小學就讀，是我同班同學。他是一個樂於助人的好朋友。

朗朗的身形高瘦，頭髮剪得短短的，烏黑發亮，顯得十分精神。他的臉蛋長長的，掛着一雙小小的眼睛，鼻子高高的，嘴巴小小的，很是和善。

朗朗是一個樂於助人的男孩子。他會經常幫助同學。記得有一次，我在學校上了六節課，終於到午膳時間。我說：「終於到午膳時間！我餓極了！」然後就迫不及待地去拿飯盒。但是，我左翻右翻都找不到一原來我忘記帶午餐呢！我看着其他人的食物，肚子餓得咕咕地叫。朗朗看着我傷心的樣子，走過來問我：「你怎麼了？」「我忘記帶飯，又沒有錢買飯，只能眼巴巴地望着別人津津有味地吃午餐，我現在怎麼辦？」朗朗一句話也沒說，就連忙把他的午飯分了一半給我吃。我看到那半盒飯在我面前，就感動地說：「朗朗，真是太謝謝你了！」朗朗回應：「不用謝了，這是我應該做的。」

這就是我樂於助人的好朋友——朗朗。

《我的好同學》

梁允言 4D

我的好同學名叫小丹，她今年十歲，是王錦輝小學四年級生。她是一個機智勇敢的孩子，我們能成為好朋友，我真的很高興。

小丹的身形高挑瘦削，有一頭烏黑發亮的長髮，常常綁馬尾，加上她的瓜子臉，看起來真是可愛。她的皮膚白皙，輪廓分明，彎彎的眉毛下，長有一雙像黑寶石般閃閃發亮的大眼睛。高高的鼻子，還有一張櫻桃小嘴，常常帶着燦爛的微笑，讓人很溫暖和舒服。

小丹有很多優點，其中最令我佩服的就是她的機智勇敢。我們兩家住得在附近，所以每逢假期都會約一起到公園玩耍。記得有一次，當我們玩得興高采烈的時候，突然有一位叔叔走過來我們身邊，並主動地跟我們聊天：「小朋友，你們想吃糖果嗎？叔叔請你們吃吧！」我看着那位叔叔的笑臉，反而立刻感到害怕，有點不知所措，只好躲在小丹的背後，不敢出聲。

但是面對那位陌生的叔叔，小丹毫無懼色，只聽她大聲地說：「謝謝你的好意，可是我們不喜歡吃糖果。我們的爸爸媽媽就在附近，我們現在要離開了！」隨後，小丹馬上拉着我的手，一邊大聲喊：「爸爸媽媽，我們在這裏……」一邊跑開。那位叔叔知道奸計不得逞，只好尷尬地離開。

我很感謝小丹替我解圍，從此事更顯得她機智和勇敢。我以後要向她學習，同樣成為一個機智勇敢的孩子。

《這就是我》

陳凱莉 4C

我是小莉，今年十歲，就讀王錦輝小學。我是一個誠實的孩子。

我有一張白裏透紅的瓜子臉，留着一頭烏黑發亮且像尺子一樣直的長髮。兩條又彎又濃的柳葉眉下是兩顆黑寶石似的眼睛。

我是一個誠實的人。記得有一次，老師說她將會派發默書。我聽到後，感到很緊張，雙手不禁發抖，因為我害怕自己沒有拿到滿分。當老師叫到我的名字，我連忙跑過去拿回我的默書本，然後，迫不及待地打開看看自己的成績如何——我竟然拿了滿分！頓時，我感到很開心至極！我興奮地跟身邊的同學分享我的成績，同學們都覺得我很厲害，紛紛用羨慕的口吻跟我祝賀。當老師再次跟我們講解默書內容時，突然，我發現了老師改漏了我一個錯字。頓時，我的心七上八下，心想：我應該告訴老師嗎？如果我說出真相，就沒有滿分了……不說的話，我……我掙扎思考了片刻。最後，我下定決心跟老師說她改漏了我的錯字。老師幫我改了回來，她讚許地說：「你真是一個非常誠實的好孩子！」放學時，老師還獎勵了我一根棒棒糖呢！雖然這次默書我沒有得到滿分，但是我仍感到高興！

這就是我——一個誠實的好孩子。

《這就是我》

黃浩儀 4D

我叫小儀，今年十歲，是王錦輝小學四年級的學生。我是一個勤奮好學的好孩子。

我有一雙明亮的眼睛，小小的鼻子，笑的時候可以看見兩個小酒窩，看起來十分可愛。

我是一個勤奮好學的好學生。記得有一次，即將要期末評估了，我和媽媽一起在家裏溫習，我心想：如果想得到好成績，我就要更努力複習。接着，我對媽媽說：「我希望自己在評估中取得好成績，不如從今天開始，我每天做一份練習吧。」媽媽點頭讚好。於是，我便每天堅持做練習。

到了評估那天，同學都在埋頭苦幹地做評估，因為我用功複習，卷子上那些知識對我來說簡直是手到拿來，易如反掌。就是這樣，我輕鬆地完成了評估。

派評估卷那天，我如願拿到了好成績，看着那「閃亮」的分數，我的心裏甜滋滋的，像吃了蜜一樣甜。小息時，老師找我說：「你是不是有用功複習啊？你比上次進步多了！」我聽完老師的讚賞，心裏感到更加高興了，我心想：一分耕耘，一分收穫，我的努力真值得啊！

這就是我——一個勤奮向學的好學生。

《這就是我》

盧焯楠 4E

我是小楠，今年十一歲，就讀王錦輝小學四年級。很多人說我是一個勇敢的小朋友。

我的身形瘦削，有一張瓜子臉，皮膚黝黑。我有一頭濃密而烏黑發亮的短髮，炯炯有神的眼睛、高挺的鼻子和櫻桃小嘴。

我是一個勇敢的小孩。有一次小息，我和同學在課室裏談天說地，突然，有一隻龐大的蟑螂爬了出來，課室頓時像炸開了的鍋，同學們四處逃竄，有些同學害怕得跳到桌子上，有些女生甚至嚇得嚎啕大哭……我看到後，立刻迅速地跑去拿紙巾，勇敢地把牠抓了起來，然後衝到廁所，把蟑螂扔到馬桶裏去，「嘩啦啦……」水把蟑螂沖走了……回到課室後，同學們都向我投來熱切的、感激的目光，紛紛熱烈地鼓掌，還大聲地對我說：「小楠，你真勇敢！」「小楠，你是我們的勇士！」面對同學們的熱情，我覺得自己像「英雄歸來」，樂不可支呢！

後來，班主任把這件事情告訴了我的爸爸媽媽，他們都讚賞我十分勇敢。這就是我——小楠，一個勇敢的小朋友。

《這就是我》

葉正淳 4E

我叫淳淳，今年九歲，是王錦輝小學四年級的學生。我是一個樂於助人的小男孩。

我有一頭烏黑而濃密的短髮，襯托着白裏透紅的面龐。厚厚的雙唇親切地笑着，會露出像牛奶一樣雪白的牙齒，一雙圓圓的眼睛在彎彎的睫毛下閃爍着活力的光彩。

我是一個樂於助人的小男孩。記得在一個陽光普照的星期天，爸爸媽媽和我在郊野公園踏自行車。當我們玩得高興的時候，我看到一個不懂騎自行車的小女孩，只見她騎着自行車，有時東歪西倒，有時碰到石頭，有時碰到別人，最後甚至跌倒在地上，哇哇大哭起來。我看到後，飛快地跑到她的身旁，拍拍她的肩膀，安慰她說：「你還好嗎？不用擔心，不如我教你騎自行車吧！」她聽到後，擦了擦淚水，點點頭說好。我溫柔地把她扶起來，說：「騎自行車時，你的眼睛要向前看，腳要不停地騎……放心吧，我會在後面扶着你。」經過多次練習，她終於成功地學會了騎自行車。她興奮得跳了起來，拉着我的手感謝我的幫助和教導。還說一定要向我學習，做一個樂於助人的人！最後，我們還成為了好朋友呢。

這就是樂於助人的我——淳淳。

《長城遊記》

劉青林 4B

復活節假期的第四天，陽光明媚，我們一家人到北京慕田峪長城遊覽。

長城位於北京市懷柔區內，是公元1368年朱元璋手下大將徐達在北齊長城遺址上修建而成的，是明朝萬里長城的精華所在。我們一到慕田峪，就遠遠地看到長城上一條條蜿蜒起伏的巨龍盤伏在青山綠野之中，一眼望不到盡頭。

我們乘搭纜車來到長城上，我的腳下是由一塊塊長方形的青磚鋪成的地面，有四五米那麼寬。城牆兩邊是齒輪狀的垛口，垛口上面有瞭望孔，下面有射擊孔。

我們穿過兩三個敵樓後，沿着台階向上走，便到達了烽火台。烽火台四四方方地坐落在長城上，有五六米高，以前是用來傳遞軍情的。走進烽火台裏面，便是一個大廳，抬頭看到牆角的天花板上有個正方形的洞，足夠一個人穿過去。我猜以前那裏應該還有一個梯子，讓士兵爬上去點火，傳遞軍情。大廳旁邊的通道就像迷宮一樣，但與迷宮不同的是，無論你走哪一條通道，最後都會回到出口或者回到大廳，真是奇妙！

最後，我們選擇坐滑道車從長城下來。滑道車有一個操縱桿，向前推會加速，向後拉會減速。我們用了不到五分鐘就滑了下來，坡道大的地方，速度特別快，可真刺激呀！

這次長城之旅，我不僅體會到了長城的巍峨壯觀，更為古人的勤勞和智慧而感到驕傲和自豪，真讓我回味無窮啊！

《長洲遊》

陳樂怡 4B

上個星期天，我們一家到長洲旅行。長洲是香港的一個島嶼，因外型似啞鈴，因此有啞鈴島的別稱，位於大嶼山東南面，所以叫做長洲。我們一踏上長洲渡輪碼頭，便看見碼頭疏疏落落停泊着幾艘小艇。小艇在海面上搖搖擺擺，彷彿在跳舞歡迎我們。

長洲戲院在1931年建造，三十年代時候，戲院只播放粵語及西方黑白默片，需要有旁白員在旁邊解說電影內容。長洲戲院全盛時經常全院滿座，為長洲居民提供娛樂。後來1997年長洲戲院結業，一直被荒廢至今。長洲戲院日久失修，加上重建計劃遲遲未動工，現時，戲院的天花因風雨破壞，部份已倒塌，牆身剝落，千瘡百孔。不少遊客來長洲一日遊，也會前往長洲戲院駐足、拍照，把握機會回顧歷史的痕跡。

離開長洲戲院，我們一家到糖水店吃甜品。甜品種類眾多：黑糖紅豆三色圓豆花、泰式奶茶三色圓挫冰、抹蕨餅……我們吃完甜品就滿足地回家了。

這次旅程使我體會到香港地道的漁港風情，又能品嚐味道地道的小吃，真讓我回味無窮！

《長洲遊》

徐梓瑜 4B

上星期日，我們一家到長洲遊玩。長洲是香港西南面的小島，它似繁囂城市中的一片綠洲。一踏上小島，映入眼簾的是一艘艘在岸邊停泊的小船，隨着一陣陣風浪的湧動，小船在海面上搖搖擺擺，起起伏伏，好像在揮手歡迎我們。

跟着人群向前走，可以看到很多三層樓高的老房子，跟市區的高樓大廈截然不同，有一番古色古香的味道。上面還立着許多商店和飯館的招牌，遊客絡繹不絕，熱鬧非凡。店裏售賣着五花八門的海產，有鮑魚、蝦膏……令人眼花繚亂。突然，鹹鹹的海水味夾雜着海鮮的鮮味撲鼻而來，一瞬間，如同潛入海底世界。

穿過小街，順着路走十五分鐘左右，便來到了東灣海灘，那裏早已人山人海。我們一家脫了鞋子在沙灘上悠閒地漫步。看着一望無際的大海，聞着一陣陣令人垂涎欲滴的燒烤香氣，讓人感覺像在夏威夷度假似的，令人心曠神怡！

光陰似箭，轉眼間，我們就回家了。這次旅行讓我體會到長洲獨有的漁港風情，真是令我大開眼界！

《遊嘉道理農場》

陳正翹 4B

上個月，我們一家到嘉道理農場遊玩。嘉道理農場的名字是為了紀念嘉道理爵士的。我們一家在錦上路站上車，很快就進入山裏面。路上的樹被風吹得搖搖擺擺，像是向我們跳着歡迎的舞蹈。

嘉道理農場依山而建，分為下山區和上山區。下山區主要是飼養動物；上山區則可以走路或乘搭旅遊巴士上山看風景。我們由下山區出發，步行十五分鐘就到達「猴子樂園」，那兒已經有很多遊客在觀看猴子，有的猴子在和同伴玩耍，有的在吃東西，有的在蹦蹦跳跳，真的很有趣啊！接着，我們走到農場中央，觀賞動物，例如：豹貓、鹿、鱷魚、貓頭鷹……原來嘉道理農場飼養許多珍禽異獸，真是讓我大開眼界。

然後，我們一起乘搭旅遊巴士上山了。旅遊巴士一路上山，我們一路欣賞山區風景。在路程中，我們看到許多從未見過的花卉。下山時，花兒揮動着葉子，像是向我們說再見。大約下午四時，我們回家了。

這次旅程讓我知道我們要保護動植物，才能繼續欣賞如此秀麗的大自然風光。希望日後我們一家可以再去嘉道理農場遊玩。

《一位我尊敬的人》

黃泳媿 5D

相信大家心中都有一位尊敬的人，那你們知道我最尊敬的人是誰呢？沒錯，就是我的媽媽。

我的媽媽身材略胖，頭髮濃密，大大的眼睛炯炯有神。雖然我的媽媽外表平凡，但是她的優點卻多不勝數。

我最欣賞媽媽的其中一個優點，就是樂於助人。有一次，我跟她一起去公園散步。忽然，走在我們的前面的老婆婆手提的袋子破了，橙子掉到凹凸不平的地上翻滾着。媽媽看見後，立刻上前幫忙把地上的橙子撿起來並交給老婆婆。老婆婆感激地說：「謝謝你啊！」接着，老婆婆從袋子裏拿了兩個橙子送給媽媽，以示謝意。

媽媽不但樂於助人，而且做事堅持不懈。媽媽一直以來十分喜愛運動，她常常告訴我：「運動既可以鍛煉身體，還能減肥，可謂是一舉多得。」她每天下班回家後，都會努力地完成每一天的運動計劃，就算工作再忙，她也會抽出時間來做，一天不落。一個月後，她便能成功減去三公斤。所以她經常對我說：「做甚麼事都貴在堅持，不能放棄，最後才能成功。」

我的媽媽有着樂於助人和堅持不懈的優點。你們說，我的媽媽難道不值得我尊敬嗎？

《冒着狂風暴雨上學》

鄭淳曦 5A

十月九日 星期三 雨

今天，我在校園裏發生了一件狼狽不堪的事情，差一點就變成「落湯雞」了。

當我正吃着早餐時，烏雲已經掛滿天空。這時，我馬上從抽屜裏拿出後備的雨傘，但是原來它已經壞了。

上學時，由於我沒有帶可用的傘，因此只能站在屋苑的入口處，無奈地看着鄰居們離開。我焦急得像熱鍋上的螞蟥，真倒霉呢！

轉眼間，一把和藹可親的聲音在我的耳邊響起，原來是我鄰班同學——思美。在滂沱大雨下，我們輪流撐着雨傘，起初思美撐傘，接着我來接力。這樣，我才安全地回到學校了。

經過今天這件事，我學會了每天都要帶雨傘。因為這場大雨，我才會認識到平易近人的思美，可說是因禍得福。

《冒着狂風暴雨上學》

鄒樂晴 5C

九月一日 星期一 雨

今天發生了一件很狼狽的事情。

開學的第一天，我打扮得整齊齊準備上學。當我在巴士站等待巴士的時候，突然，天空變得烏雲密布，雷電交加。不一會兒，雨嘩啦啦地地下起來，一陣強風吹來，連粗壯的大樹也隨風擺動。但是，我忘記了帶雨傘，豆大的雨點吹打在我的身上，很快就變成了「落湯雞」。我不停地想着：巴士快點來吧！不久，巴士終於來了，我迫不及待地衝上車。

回到學校後，我整套校服和鞋子都濕透了，就像洗了一個冷水澡。外面一陣陣的狂風在瘋狂地咆哮着，把課室裏的窗戶吹得「噹！噹！」作響，而我冷得瑟瑟發抖，狼狽極了！我只好打電話給媽媽，請她幫忙拿乾淨的校服給我，媽媽知道以後，便立刻為我送來校服。當我換過校服後，身體暖起來了，更深深感受到媽媽那溫暖的愛和關懷。

如果沒有她，我可能會大病一場。我很感激媽媽為我所付出的一切，媽媽謝謝您！

《我最喜愛的一種蔬菜》

何允程 5A

我最喜歡的蔬菜有很多，例如：苦瓜、玉米、茄子……在不勝枚舉的蔬菜中，我最喜歡的就是獨一無二的南瓜。

南瓜的外表大小不一，味道是美味可口的。南瓜有不同顏色，有橘黃色、綠色、白色或綠白相間。它的外形主要分為兩種，有扁圓形和不規則的葫蘆形。它的體積比一個木瓜還要大啊！外皮橘黃色和扁圓形的南瓜看起來像一個「迷你版的小太陽」，多麼有趣！煮熟的南瓜是甜甜的，有種香甜的瓜果味道，香甜軟糯，入口即化。切開南瓜後，看到橙色的肉襯托着一顆顆白色的籽，香噴噴的，多麼吸引人啊！

南瓜是一種非常好的日常蔬菜，營養特別豐富。南瓜含有多種礦物質、胡蘿蔔素、維生素丙等等，有「多吃南瓜、長壽不假」的美稱，原來每一百克的南瓜就有十八毫克維生素丙，可以增強免疫機能 and 預防感冒呢！南瓜也可以解毒、幫助消化、醫治哮喘……使身體更健康，跟疾病說再見。

南瓜的烹調方式層出不窮。它可以做美味的南瓜餅、清淡暖胃的南瓜粥、口感綿密的南瓜湯等等，令人垂涎三尺，可是我最喜歡的還是特別的南瓜布丁。它的製作方法十分簡單！首先把南瓜洗淨去籽然後切件，蒸至軟身。之後使用攪拌機打成南瓜蓉，把它放在鍋子內加入牛奶、淡奶油、細砂糖。接着加熱至細砂糖完全溶化，便能製成布丁液。最後把它倒入杯中，放入冰箱冷藏，四小時後便能食用。我相信這是其中一個原因令大家都喜歡它。

我喜歡南瓜，因為它的外形獨特、香甜美味、營養豐富、可以配搭不同的烹調方式……看！我們怎能不喜歡南瓜呢？

《我最喜愛的一種蔬菜》

區靄千 5D

我最喜愛的蔬菜是蕃茄。義大利諺語說：「蕃茄紅了，醫生的臉綠了！」這就說明蕃茄是一種有高營養價值的蔬菜。

蕃茄是一種讓人感到喜悅的蔬菜，因為它的外形就如在聖誕樹上的球形裝飾一樣又紅又圓，讓人看到就覺得很開心。如果你第一次切蕃茄，你一定會大吃一驚，因為蕃茄的豎切面就像一顆心。它有特別的外形，耀眼的顏色，真討人歡喜！

蕃茄的味道酸酸甜甜，十分開胃。蕃茄比檸檬甜，不失一份清新；蕃茄比香橙多汁，不缺一份鮮甜。因此，蕃茄是一種老少皆宜的蔬菜。

蕃茄營養價值豐富。每一百克大約有三毫克茄紅素，茄紅素不但可減少壞膽固醇，更可降低血壓。蕃茄也是抗氧化的好幫手，每一百克有四十毫克維他命C。蕃茄還有胡蘿蔔素，每一百克有零點四毫克胡蘿蔔素，它能改善視力，是都市人不能缺少的營養。

蕃茄營養豐富，熱量低，顏色奪目，味道酸甜可口，是我心中的最佳蔬菜。

《我最喜歡的水果——橙子》

李卓諺 5C

水果的種類多不勝數，但是我最喜歡的水果還是橙子。

橙子的外表和內在都相當吸引。它像拳頭一般大小，大多都是橙黃色的。橙子的外皮凹凸不平，就像月球上密密麻麻的隕石坑。切開一看，亮晶晶的果肉更令人垂涎三尺。橙子的味道更不得了，一咬下去，果汁「嚓！」一聲就濺出來，味道既酸甜又清爽，令人吃個不停。

橙子含有豐富的營養價值。根據研究顯示，每天喝橙汁有助增加體內高密度脂蛋白的含量。橙子外皮也是寶，外皮內含百分之一至二的橙皮油，有效舒緩慢性氣管炎。橙子富含維生素C，每一百克橙子就含三十三毫克維生素C。維生素C既可以清除自由基，能對抗輻射對人體產生的不良反應，也可以增強抵抗力。

橙子跟其他食物也非常搭配。利用美味的橙子，我們可以烹製成千上萬的菜式，例如：橙子雪糕、橙子蛋糕、鮮榨橙汁、水果沙拉等等。以下，我會教大家怎樣製作一個令人一試難忘的水果冰棒。首先用榨汁機將橙子榨成橙汁，然後將芒果、葡萄、蘋果切成一塊塊。切完之後，將橙汁倒入模具，並加入一塊塊水果，放入木條，最後，放在冰箱一晚，便大功告成了！

橙子不但外形吸引，而且有很高的營養價值，還易於搭配不同的食物。我愛橙子！

《我最喜歡的水果——蘋果》

雷宜睿 6D

「皮兒有紅又有綠，長在樹上真美麗，味道酸甜又可口，營養豐富人愛吃。」猜猜這是哪種水果呢？沒錯，它就是蘋果。雖然蘋果十分普遍，在很多地方都能買到，但它卻是我喜歡的水果。

蘋果不但香甜多汁，而且外形漂亮。它圓圓胖胖的，整體形狀是一個球體。紅通通的蘋果就像一個可愛的「小太陽」，看起來就讓人垂涎三尺。一口咬下去，又甜又脆，令人回味無窮，真是視覺和味覺的雙重享受。

別看蘋果只是一種普通的水果，它卻可以和其他多種食物搭配成美味的菜式和飲品。你可以把蘋果、橘子、香蕉等水果切成小塊放在碗裏，然後澆上你喜愛的醬料，最後再攪拌幾下，一道簡單健康的水果沙拉就大功告成了。如果時間充裕，你也可以做一些較為複雜的菜式，如蘋果鬆餅、蘋果蛋糕等。你還可以把蘋果榨成新鮮可口的果汁，製成一杯夏日冰涼解渴的沙冰、奶昔等，都是不錯的選擇。

蘋果不僅好吃，它的營養價值也很高。蘋果含有多種營養素，如維生素、碳水化合物、蛋白質、膳食纖維等。每一百克蘋果的碳水化合物含量就有十三點五克，比葡萄、草莓、梨子都要高。同時，每一百克的蘋果的脂肪含量僅有零點二克，比我們愛吃的甜品少了很多。蘋果中的膳食纖維和多種維生素更能促進腸道蠕動，改善呼吸系統和肺功能，還能緩解壓力。難怪有句諺語說：「一天一蘋果，醫生遠離我！」

蘋果既美觀好看，又能搭配多種食物，更是營養豐富！它有這麼多優點，我怎能不愛吃它呢？

《我最喜歡的水果——蘋果》

黃匡逸 5D

所謂「一天一蘋果，醫生遠離我」，我最喜歡的水果是蘋果。那你喜歡的水果是甚麼？

以下是我喜歡蘋果的原因。首先，蘋果的外形令人愛不釋手。它有紅彤彤的果皮，透出品瑩剔透的光澤。它的外形是圓圓的，看上去像一盞盞美麗的小燈籠。因此，蘋果的外形很吸引，令人拿起來便不想放下。

再者，人們可以隨心所欲地把蘋果和其他食物搭配。例如：蘋果沙拉——開胃和營養豐富的菜式，蘋果派——香脆可口的小吃，蘋果雪梨汁——香甜和潤喉的飲品。因此，人們可以根據自己的愛好，利用蘋果而製作出不同的菜式。

最後，蘋果對人的身體大有裨益。一直以來，蘋果就已經被認為是對健康很有幫助的水果。每一百克的蘋果內含有二點四克膳食纖維，特別是蘋果皮中所含的纖維能促進腸道蠕動，改善消化功能。此外，每一百克的蘋果內含有四點六毫克維生素C，有助鐵質的吸收。飲用蘋果汁不僅可以促進胃液分泌，更加可以加強鐵質的吸收。因此，多吃蘋果對身體的好處多不勝數。

總而言之，蘋果不但外形令人愛不釋手，而且人們可以隨心所欲地把蘋果和其他食物搭配，製成其他菜式，對身體大有益處。蘋果的優點不勝枚舉，因此，我最喜歡的水果是蘋果。

《我最感謝的人》

伍思同 5B

我最感謝的人是我的媽媽。她有一雙水汪汪而炯炯有神的眼睛，微笑時露出潔白整齊的牙齒，十分美麗。

媽媽十分認真。有一次，媽媽看見我的字寫得東歪西斜，便語重心長地說：「字如其人，字反映了一個人的內心素質。」聽到媽媽的話後，我的臉色頓時變得通紅，馬上把字重寫一遍。因媽媽的高要求，我的字不再寫得馬馬虎虎了。

媽媽除了認真外，還十分勤勞。一天晚上，我突然夢醒了，去洗手間途中，看見媽媽還在工作。我心想：我真是身在福中不知福，我們的生活這麼好，多虧媽媽每天努力工作才有的，她永遠是我心中的「守護天使」。

媽媽不但一絲不苟，而且勤勞努力。她為我們家庭付出努力，使我的生活這麼好。這就是我最感謝的人——媽媽。

《我最感謝的人》

彭心言 5B

我最感謝的人是誰？就是我的四年級中文老師——藍老師。她不但有責任感，而且為人風趣。

藍老師有一雙炯炯有神的大眼睛，一張小嘴巴就在高高的鼻子下方。她身材苗條，看起來像個洋娃娃。

藍老師很有責任感。有一次，在中文課上，我有一個詞語不太明白，打算下課後問藍老師。一下課我就問藍老師：「藍老師，我不明白這個詞語的意思，可否再跟我講解一次？」藍老師二話不說回答道：「當然可以！」接着，她就循循善誘地教導我，細緻地講解詞語的意思給我聽，還舉了很多例子。不止我得到她的幫助，其他同學都跟我一樣得到她的幫助，所以大家都認為藍老師是個有責任感的好老師。

藍老師不但有責任感，而且為人風趣。記得一天下午上中文課時，大家都累得想睡覺，藍老師發現後，馬上說了一句笑話，引得我們全班哄堂大笑，並引起我們繼續認真聽課，不再馬馬虎虎。我心想：藍老師真是個為人風趣的人啊！

藍老師不但有責任感，而且為人風趣。我怎能不感謝她呢？

《第一次學游泳》

余凱澄 5A

人生有很多第一次，第一次騎單車，第一次玩滑板，而最讓我難忘的是我第一次游泳。

回想起小時候，我很怕水。夏天天氣炎熱，我跟着媽媽去泳池玩水。到了游泳池，我只肯在淺淺的嬉水池玩耍，從不敢走進正式的泳池。年紀稍長時，同齡的表姐約我一起參加游泳班，便開始了難忘的第一次學游泳了。

那天下午三時，媽媽帶我和表姐一起前往學校附近的泳池。辦理好手續後，我便換上泳衣，戴上泳帽和泳鏡，開始了第一次學游泳。

同班有兩個教練和六個組員。我小心翼翼地下了水，心想：嘩！為甚麼腳觸碰不到池底。我不由得心中一驚，瞬間就沉到水裏喝了一大口水。說時遲，那時快，教練一把抓住我的手，拖着我上了水面，跟着說：「不用驚慌，按部就班，跟着我的指示做便行了。」接着，因為有同伴在一起互相勉勵和照看，我很快便克服了恐懼。

隨着教練的指導，我們重複做了幾段練習，如：扶着池邊踢水、一手扶着浮板，另一手划水，教練還一一糾正我們錯誤的動作，也沒有甚麼太大的難度。我逐漸愛上了游泳。

終於，挑戰來了。教練要求我們一個個排在池邊列隊，一個個跟着跳下泳池。初時，我很害怕。不過，隨着每個隊員都做完這個動作後，我只好硬着頭皮跳下去。噢！原來也不是那麼恐怖。每個學員陸續輪流又跳了幾次便完成了今天的課程。

從這次學習中，我領悟到每一件事都需要嘗試和摸索，從錯誤中學習才可以成功。

《第一次學踏單車》

陳凱晴 5E

人生有許許多多的第一次。第一次拿起毛筆學畫畫、第一次學做飯、第一次學跳繩……而在許許多多的「第一次」中，最令我難忘的是第一次學踏單車。

記得上星期六的一個下午，爸爸送了一個驚喜給我，就是我擁有人生的第一輛單車。我開心得眉開眼笑，請求爸爸帶我到公園去。在路途上，大樹跟我彎腰點頭，蝴蝶向我問好，落葉和我跳舞，好像在祝福我踏單車愉快。

一到單車公園，那個場地又大又空曠，有很多高高低低的斜坡和關卡。我看見一位年紀跟我差不多的小學生很輕易就過了所有關卡。我心想：看起來很是容易呢！便立刻穿上裝備，焦急得馬上坐在單車上踩腳踏板。踩了第一腳後，因為要讓單車保持平衡，結果我被摔得四腳朝天，連人帶車翻倒了。看起來輕鬆的事情原來學起來，真的不容易啊！但我會屢敗屢試地練習，直到學懂踏單車為止。

這時，爸爸上前安慰我說：「學騎單車要先學會掌握平衡，不能像你那麼急性子，胡亂來，這樣會弄傷自己。」於是，爸爸扶着單車後架，讓我坐上座位，雙腳踩在腳踏板上，爸爸扶着單車後架，讓我緩緩地踏出去。當我騎得順暢後，爸爸原來已經在遠處為我歡呼，原來他早已放了手。此時，我既驚訝又戰戰兢兢地繼續向前騎去。在爸爸用心的教導下，我終於能夠迎風而上，向着目標邁向。

經過這件事，我明白了個道理：第一次學踏單車確實是很困難，但其實每個「第一次」都不容易成功，只要肯踏出第一步，堅持不懈地反覆練習，用積極樂觀的態度來面對難關，不要半途而廢，每件事情都能迎難而上，得以成功。

《第一次學騎車》

周子芮 5D

一生之中，我們經歷了無數過第一次。第一次畫畫、第一次唱歌、第一次說話……每個「第一次」都是成長的過程，當中承載了不少酸甜苦辣。這個「第一次」雖然已經過了很久，但我仍記憶猶新。

還記得一年前的夏天，我向爸爸提出我想騎單車，因為我曾在海濱公園看見其他小朋友開心地騎單車，但我卻不懂。看到他們的笑容，我也想體驗一下騎單車的快樂。

一踏進單車公園，我已經感受到來來往來的單車呼嘯而過，使我迫不及待戴上頭盔，挑選屬於自己的「戰車」，一嚐在場上奔馳的滋味。刚开始騎單車時，我騎着的單車搖擺不定，使我有點不知所措。要取得平衡的同時，又要控制方向，真是不容易啊！我很快便以為自己已經掌握了竅門，但下一秒，我就失去平衡，從單車上摔了下來，使我信心盡失。我本以為騎單車不是甚麼難事，但原來學起來並不是容易的。我問自己：我應該放棄嗎？

這時，爸爸過來扶起了我，對我說：「別怕！跌倒是每個人必經的過程，沒有人能一步登天，千萬不要因為遇到挫折而半途而廢，快站起來！再試試吧！於是，在爸爸的鼓勵下，我便重新振作，下定決心要把單車學好。經過不斷的練習，我逐漸掌握了平衡的要訣，終於在沒有停下來或摔倒的情況下一直前行。我終於成功學會了騎單車！那種成功的感覺既興奮又滿足，簡直是難以用筆墨來形容我當下的心情。

「第一次」往往存在着許多的未知，而這些未知中包含了驚慌、恐懼、失落、喜悅、滿足……在往後的日子裏，即使遇到挫折或難事，我都不會輕易放棄，要堅持到底。正所謂「世上無難事，只怕有心人。」我希望在未來的日子中，無論遇到甚麼事，我都能迎刃而解，取得成功。

《養成勤做運動的好習慣》

陳皓晴 5B

法國醫學家蒞素曾說：「運動的作用可以代替藥物，但所有藥物都不能代替運動。」與其依靠藥物，我認為應多做運動，強身健體。

首先，從反面來說，如果我沒有養成勤做運動的好習慣，身體就不會健康，會使心血管疾病的風險加倍。世界衛生組織指出，每年有百分之六的死亡率是與運動不足有關。此外，不做運動會增加憂鬱、焦慮的風險，影響情緒健康。運動不足也會對身體造成很大威脅，大約百分之二十七糖尿病和百分之三十缺血性心臟病。因此，每天勤做運動是很重要的。

其次，從正面來說，要是我能多做運動，身體就會越來越健康。多做運動不但能減低心臟病死亡率，還能降低情緒壓力。二零二一年一月份，英國牛津大學發表了一項研究，發現那些運動最活躍的人患上心血管疾病的風險降低了百分之四十八至五十七。另外，多做運動會加速代謝脂肪，提高腦內啡的釋放，維持良好心態。

因此，我決定要養成勤做運動的好習慣。第一，我會多和家人到戶外運動。第二，我會設計運動時間表，督促自己多做運動。第三，我會減少看電視、打電玩等靜態活動，並訂立清晰的目標，定時記錄自己的運動進度。

總括而言，只要我不輕言放棄，堅持實踐目標，相信我一定養成好習慣，變得更健康。

《養成勤做運動的好習慣》

梁曦文 5E

正所謂「運動好比靈芝草，何必苦把仙方找。」養成勤做運動的好習慣是很重要的。

首先，從反面來說，如果不勤做運動就有可能引發肥胖、高血壓、糖尿病、心血管疾病等等。有一次，農曆新年的時候，我吃了幾頓美味豐富的大餐，又沒有做運動，因此長胖了。

其次，從正面來說，勤做帶氧運動會讓身體分泌安多酚。安多酚能產生快樂的感覺，也可以提升人體免疫力，有助減少焦慮的情緒。《文匯報》曾有一則報道說：持續的運動有助鍛煉意志力及耐力，個人的自信心及抗逆力亦會有所增加。

因此，我下定了決心，一定要養成這個好習慣。第一，我每天要做半個小時或以上的運動。第二，我要擬定一個運動時間表。第三，我要買一個運動手表，用來提醒自己堅持每天做三十至一百八十分鐘的帶氧運動。

總括而言，做運動能有益身心，養成良好的習慣更可以改變我們的一生。一旦養成好習慣，便可終生受益，所以，我一定要加油努力，從今天開始就要勤做運動。

《一次捐贈書本的經歷》

張子維 6E

每當我在圖書館裏看見《小飛俠》這本書時，我便會情不自禁地想起過去發生的一件事。雖然這件事看似微不足道，但它就像烙印般深深印在我的腦海裏，因為它教會我一個難以忘懷的道理。

昨天，老師為了讓社區的孤兒也能感受到學習的滋味，號召同學們慷慨解囊，踴躍捐贈書本給他們。同學們都雀躍萬分地討論著要捐些甚麼書，而我也不例外。

回到家中後，我迫不及待地打開書櫃東翻西找，打算找一本合適的書本捐贈他們。不久，我便找到一本外婆小時候送給我的圖書——《小飛俠》。正當我打算把它放進環保袋裏，心裏忽然出現了兩個念頭：別捐吧！它是外婆在我小時候送的書本，是世上獨一無二的！它對我意義重大，如果我白白把它送了給社區的孤兒，豈不是很可惜嗎？再者，我跟他們素未謀面，又互不相識，就算捐了，自己也沒有任何回報，所以還是留着這本《小飛俠》吧！

忽然，我心中另一個念頭出現了：雖然這本書擁有許多紀念價值，但我一直把它藏在書櫃裏不看，對我完全沒有用處。如果我選擇繼續保留它，對我來說只會是「擁有」，倒不如把《小飛俠》送給社區的孤兒，那麼這本書的「生命」就可以「延續」下去。這本圖書就好比雞肋——食之無味、棄之可惜，我的心裏感到百感交雜。

我的腦海自然而然地浮現出一個畫面：社區的孤兒孤苦伶仃、無依無靠，還有小孩子更因為要養活比自己小的弟妹而被迫成為童工，失去了寶貴的學習機會。此時，我鼻子一酸，心裏湧起一股同情心。我心想：社會上有很多有需要的人士需要我們的關懷和支持，我們一定要略盡綿力來幫助他們。想到這裏，我毫不猶豫地把《小飛俠》放進環保袋裏。我希望它可以為社區孤兒帶來歡樂。我知道外婆一定會為我的行為感到自豪和欣慰的。

《一次捐贈書本的經歷》

丘詒義 6E

今天我看見家中的書櫃，便令我回想起昨天捐贈書本的經歷。

上課時，老師告訴我們社區上有很多小孩十分可憐，他們沒有學習的機會，所以希望我們可以捐贈一些書本，伸出援手，為小孩們雪中送炭。

回家後，我二話不說立刻打開書櫃，看看有沒有適合捐贈的書本。我找到了一些奶奶生前買給我的圖書。我的心裏忽然冒出一個想法：這些是奶奶生前買給我的圖書，它們有着各種的回憶，是我心中的寶貝，其

他人不會比我更珍惜它們的！心中又冒出第二個想法反駁道：但這些圖書已經不適合我看了，書櫃裏又放滿了，我也不能買新的書本。但是我跟那些小孩素未謀面，為甚麼要把這麼珍貴的東西捐給他們呢？我又不曾得到回報！更何況同學們都會十分踴躍地捐贈，我不捐也沒所謂吧！但難道我不知道那些小孩十分需要學習的機會嗎？還有，樂善好施的奶奶如果還在生也一定會叫我把書本捐給有需要的人的！

我該怎樣做呢？窗外的天空艷陽高照，萬里無雲，但我的心卻萬千思緒猶如被上千萬條蛇圍繞着。我進退兩難，七上八下，心中掀起一波波浪花，不斷翻起洶湧的波瀾。

此時，媽媽走了過來說：「啊！你找了這麼多圖書啊！把圖書放入袋子裏，明天帶回學校吧！你這麼樂於助人，媽媽感到很欣慰！」媽媽就像天使般，讓我知道該怎麼做了！聽完媽媽的話，我已經下了決定，我毫不猶豫地把圖書放到袋子裏，打算明天帶回學校捐贈。

幫助別人不一定會得到回報，但這次的經歷令我明白到「施比受更有福」和「助人為快樂之本」的道理。我認為奶奶在天堂也會為我的決定感到自豪和欣慰吧！我臉上掛着甜絲絲的笑容，我既開心又滿足。

《週記一則》

王諾忻 6D

七月二十一日至七月二十七日

去年暑假，我和好朋友心心參加了一個「挑戰自我，團隊合作訓練營」。雖然在活動中遇上了不同的考驗，但過程十分充實，令我獲益良多。

星期一上午八時半，是訓練日營的集合時間，我感到萬分雀躍。到達烏溪沙青年新村後，導師便為我們分組和講解各活動的玩法。完成後，第一個活動——守護雞蛋活動隨即開始，我們紛紛提出意見，希望能給雞蛋設計合適的裝置，使它從高處擲下也不破損。由於意見各異，大家都七嘴八舌地爭拗不斷，更因而發生小爭執，情況混亂極了。心心和我嘗試結合各個提議的優點，然後分工合作。但因時間不足，而且方法未盡完善，所以在初試時，我們失敗了。但我們並沒有氣餒。相反，繼續為第二次正式比賽努力嘗試，加上各隊員團結的默契，最終獲得了勝利呢！導師稱讚說：「你們各人都能發揮自己的創意、包容和接納別人意見，真正地體現團隊精神的重要性！」聽罷，我們都感到非常滿足和有成功感，我亦深深領悟到「團結就是力量」的道理。

星期二和星期三，我們到達大埔樹屋田莊。當中我記憶最深刻的是「樹屋歷奇」和「信任天梯」。起初，一想到要獨個兒爬上高處，我已害怕得全身發抖。心心看到我眉頭深鎖的表情，便安慰我說：

「不用怕，我們會支持你的！」聽了心心的鼓勵後，我便鼓起勇氣開始攀爬，不知不覺間，已爬到樹屋裏。完成後，我不禁鬆了一口氣，心想：我終於能克服心理障礙，挑戰自我，順利完成挑戰。這次經歷讓我明白只要下定決心、對自己有信心，鼓起勇氣，多困難的事情也可以迎刃而解。翌日早上，我們挑戰「信任天梯」這項活動。心心和隊友們緊握着鉛條，組成一條「人肉樓梯」讓我在鉛條上行走。開始時，我感到惶恐不安，戰戰兢兢地站在起點上動也不動，還差點當場落淚呢！幸得隊友們不斷鼓勵，終於我成功一步一步走到終點。過程中，我感激隊友們對我不離不棄，使我能全心全意地信賴他們，讓我深切體會到團隊的支持和凝聚力，能使我突破自我界限，豐富自己的經歷，慢慢成長起來！

星期四是這次訓練營的最後一天，我們經歷了最後一項活動「穿越山洞」，目標是全組組員以最快速度穿過橡皮圈，事前需由一位組員在時限內串一個大橡皮圈。當我被抽中時，我的內心忐忑不安，深怕自己發揮不好。這時，組員們竟走過來鼓勵我，紛紛表示支持我。雖然比賽輸掉了，但在休息期間，我們仍努力多番嘗試。最終以十秒的佳績順利完成，當中的滿足感實在難以形容。回程時，媽媽教導我：「即使輸了，也必須振作起來，努力學習，讓自己變得更好。」這次經歷我明白到從失敗中學習和絕不能輕言放棄的道理。

這一周的經歷令我身心得以成長，獲益良多。不但讓我明白團結齊心便會事成，做人做事都要抱着永不放棄的精神，更令我深切領悟到多鼓勵既可以增強自信心，又能衝破心理障礙，讓潛力盡發揮。

《週記一則》

鄭泳翹 6B

二月一日至二月七日

這個星期，我參加了學校安排的「體驗農夫生活活動」，使我獲益良多。

星期一，老師給我們講解這個活動，我覺得很有趣，已經很期待一嘗當農夫的滋味。

星期二，我們到了農場。首先，農夫向我們派發了一些種子，吩咐我們把種子放進濕潤的泥土裏，踩在軟爛爛的泥土上，感覺很不好受。我一整天彎着腰，大汗淋漓，今天真是艱苦的一天啊！

星期五，那些種子開始發芽了，我們分成幾組，每組扛着一桶水，盛滿水的水桶沉甸甸的。我們小心翼翼地向種子澆灌，這項工作考驗我們的團隊精神，最後終於完成了，我們都開心得手舞足蹈。

經過這個星期的「體驗農夫生活活動」，令我領悟到「粒粒皆辛苦」的意思，也體會到農夫的辛勞。我還明白了要珍惜食物，千萬不要浪費的道理。這次活動真的很有意義，令我獲益良多。

《一張忘不了的照片》

劉曦彤 6B

今天打掃房間時，我見到一本舊舊的、帶點灰塵的相冊。我把它拿起來抹一抹。咦？裏面裝着的原來都是我的舊照片。其中一張我兒時的照片，雖然看過無數次，但總是百看不厭。看着它，所有的回憶都浮現在我眼前。

這張照片是我在兩歲半時拍的。當時我第一次踏進舞蹈教室，心裏既緊張又害怕。我的舞蹈老師李老師臉上掛着親切和煦的笑容，像冬日裏的陽光令人溫暖，驅散了我內心的不安。

學習跳舞的過程漫長而艱辛，就算是練基本功也不容易。到現在我還記得，在第一次壓腿後，我的腳半天都彎不起來，痛得我淚流滿面。李老師看到後，一邊輕輕地揉着我的腿，幫助我緩減痛楚，一邊勉勵我說：「學跳舞不但要吃苦，還要忍痛，只有信念堅定的人才能學有所成。」從此，無論我練舞、比賽，還是考試時，只要想起老師這一番說話，就會有繼續堅持下去的動力。

李老師教會我的不只是優美的舞蹈動作，更多的是一種處世態度。在學習倒立時，我要用雙手將整個身體支撐起來。由於怕摔倒，所以總是手腳發軟，不管練習多少次都無法成功。李老師一眼看出我的問題所在，她鼓勵我要勇敢自信，不要因害怕而卻步，她說：「只要你肯去做，就沒有做不成的事！」最後，我戰勝了恐懼，再高難度的動作都可以克服過來，無論甚麼時候，都能把自己的水準發揮得淋漓盡致。

看過這張照片，我更肯定自己十分喜歡跳舞。我還明白了一個道理：做每一件事情，能力、堅持和毅力，三者缺一不可。希望我可以在舞台上踏踏實實地站穩腳步，跳出屬於自己的一片天。

《一張忘不了的照片》

戴雪晴 6B

在我的相冊裏有許多特別的照片，有去迪士尼樂園時拍的、第一次踏單車時拍的……但有一張照片在相冊裏是閃閃發亮的存在。這張照片裏的我正張開着嘴巴，驚訝地看着手上的煙花。

在我十歲生日的那個星期，我和爸媽一起到日本沖繩旅遊。還記得那裏每天都是藍天白雲，海面是清澈的藍色。一到日落的時候，海面就變成一張紫色、橙色和黃色漸變的畫布。在我生日當天，爸媽帶我到處遊玩，又是看好風景，又是吃好吃的，又是玩有趣的活動，我玩得不亦樂乎。晚上回到酒店，正當我打算大睡一覺時，爸媽卻突然關上燈，房間瞬間變得漆黑一片，原來是爸媽替我準備了生日蛋糕！白白胖胖的大兔子上插着幾根五顏六色的蠟燭，真是可愛極了！

之後，爸媽買了一大袋煙花帶我到沙灘玩。誒？在沙灘上玩煙花不是犯法的嗎？我心想。問了爸媽後才知道，原來在沖繩玩煙花不是犯法的，可以放心玩了！對於第一次玩煙花的我來說，我感到很緊張和害怕。但在爸媽的鼓勵下，我拿了一支煙花棒，在尾端點火。「啪！」的一聲，橙色和黃色的星星在煙花棒的尾端迸發，爸爸恰好用相機留下了此刻。照片中，我用好奇的眼神望着煙花。如果我是動漫裏的人物，我的眼睛肯定冒着星星，本就圓滾滾的眼睛張得更大了。

這張照片不但記錄着我第一次玩煙花的場景，還記錄了我十歲生日的快樂時光，無論是十年後、二十年後……當我看到這張照片時，腦海總會呈現出我十歲生日的事情，和我快樂、美好的童年。

《十號風球下的香港》

李展熙 6A

每一年香港的夏天，都會受到颱風的吹襲。這一年，最高級別的十號風球來襲了……

我站在白石角海旁，海風沙沙地吹着，給我帶來一絲絲涼意。突然間，天空由藍變白，由白變灰，然後雨點開始從空中落了下來，下起絲絲縷縷的牛毛細雨……我的衣服上沾滿了雨點，毛毛細雨下成了傾瀉而下的滂沱大雨！風呼呼地吹着，街道上連人也不見蹤影！我打開電視，新聞報導着：「現在天文台把颱風級別換成十號颶風……」外面傳來「轟隆隆」的雷聲，風吹得更大了，大樹們東倒西歪，被吹得一敗塗地，建築物輕輕搖晃着，街道都變成了奔流不息的河流，好難想像這裏是平時熙熙攘攘的街道！

颱風過後，我再看看窗外，風也停了，海浪也緩下來了；大樹倒的倒，歪的歪；小鳥都出來了，天變亮了，好像正在洩氣的皮球一樣，一鼓作氣把肚子裏的氣全都放出來了，雨也漸漸地變小、變小，直到甚麼都沒有為止。我再打開窗戶，清新的空氣一下子湧了進來，我深深地吸了一口氣。

經過這次驚心動魄的颱風後，我不禁鬆了一口氣，真是驚險啊！

《十號風球下的香港》

楊景洪 6A

香港每一年都會受到颱風吹襲，二零一八年，更是遭遇了十號風球「山竹」吹襲。

這天，我如常地起床，卻被通知十號風球來襲。街道已再無人煙，風習習地吹了過來，天空下起了牛毛細雨，正在滴答滴答地響。大樹還是像之前一樣堅持在公園裏完成它的「使命」，一切如常。

突然，刺骨的風伴着漫天烏雲來襲，就像是一支軍隊。雨突然大了起來，啪啪地響，傾盆大雨全淋在街道上的樹木。雷聲轟隆隆地響，我戰戰兢兢地看着，雷聲就像是一頭獅子正大聲地咆哮着。每戶人家都在窗戶上貼上了一個「叉」型的膠帶。有些建築在強風中搖來搖去，讓人看得膽戰心驚。街道上的大樹有些還神奇般的豎立在公園，有些已經在搖來搖去，有些甚至已經倒在地上了。交通工具也不能如常地運作。多年來被香港民眾丟進海裏的垃圾全還給了我們，情況很不樂觀。

經過了這次颱風吹襲，風似乎濕潤了不少，雨已經停了。天放晴了，大樹已經生無可戀了，直接倒在地下。建築物有些被破壞，有些還完好無損。交通工具也已經能正常運作了。有一些地區連家具都被水淹濕了。一切彷彿恢復正常，但香港就像是被大自然清洗了一遍。

這次的颱風來得快，去得也快。這次十號風球也讓我明白了，我們要好好保護環境，保護我們的家。

《十號風球下的香港》

蘇柏熹 6C

你知道颱風的威力有多強嗎？每當我看見天上一片黑雲時，就讓我想起一次颱風襲港的情形……

有一天放學回家的路上，我聽說颱風要來了。風哥哥慢慢地跑步，經過我時，我感到十分涼爽。大樹跟着風的節奏搖來搖去，像一位跳舞的女孩一樣。雪白的雲不知不覺開始凝聚，下起細細密密的微雨，雨變成了很多的絲線從天而降。然後，天逐漸變得暗沉沉的。

「呼……呼……」回家後，我聽到風像凶惡的巨龍在空中大發雷霆，不停地亂吹。我打算看新聞，看看其他地區的狀況：嘩啦……嘩啦……滂沱大雨，不好了！不好了！風正在砍樹，樹木瘋狂地搖擺，然後倒下了。砰砰！倒下了的樹把巴士劈成兩份。之後，颱風打破了一座大廈的窗，偷走了裏面的紙張。海浪還不停地衝上岸，街道佈滿了水，成了一個水上城市。

不久後，颱風走了。我到了公園散步。風不知不覺慢了，嗚嗚的聲音停了。垂瀉而下的雨變成了牛毛細雨，雨水十分清爽！倒下了的樹也被消防員移走了。我也看見小水窪變得水平如鏡，十分平靜。小鳥們都唧唧喳喳地慶祝颱風終於離開了。

這次颱風襲港，讓我見識到大自然的威力是很強大的，也明白到原來人類是很渺小的。

《十號風球下的香港》

鄺尚熹 6E

「香港天文台將於兩小時後發出十號颶風信號……這次颶風命名為『山竹』，請市民提早作出防風準備……」聽完後，我心想：我從沒有經歷過十號風球，那會是怎麼樣呢？

我趕忙跑到窗前，抬頭看見一層層烏雲籠罩着天空，像一個燒焦的大鍋一樣。我聽到雨點劈哩啪啦地打在窗上，雨聲像要告訴我颶風即將來臨。我低頭看看街道，冷冷清清，人們匆匆忙忙地趕回家。

過了一會兒，天空忽然變黑，颶風來了！「轟隆！」一聲震耳欲聾的雷聲嚇得我膽戰心驚。傾盆大雨從天空直瀉而下，發出「嘩啦嘩啦」的巨響。大雨把街道淹沒了，變成了水塘，令停泊在路邊的汽車變成了小船，無助地飄着。

暴風中，街道上空無一人，只留下一棵棵大樹對抗着無情的颶風，它們有的被吹得左搖右擺，有的被吹得東歪西倒，有的被吹得連根拔起，我心想：「山竹」的威力真的不能小覷呢！

風勢逐漸加強，狂風不停地敲打着窗戶，發出「砰砰」的聲音，像一頭野獸橫衝直撞。狂風繼續肆意破壞，它把對面大廈的招牌吹得搖搖欲墜，還把地上的垃圾捲上天空。這時，我被嚇得目瞪口呆，不敢相信眼前的景象。

約五小時後，強風漸漸地平靜下來，雨勢也慢慢地減弱，我終於鬆了一口氣，再次打開電視機，看到各處都有水浸、房屋倒塌等消息，真是險象環生，觸目驚心。

颶風終於離開了，我驚嘆大自然的威力，希望人類會愛護大自然，減少自然災害對我們的破壞。

《再見，我的小學生活》

汪歡孜 6C

歲月匆匆，時光飛逝，時間就像流水一樣，轉眼即逝。小學生活一晃眼就過去了，而我也快要升上中學了。我的心情百感交集，其中既有興奮，又有緊張，更多的是不捨與忐忑。

在過去六年的小學生活中，我遇到了不少的好老師。如今要說再見，我真的非常不捨你們。還記得剛升上小學開學日那一天，我小時候非常害羞，所以對身邊陌生的環境感到不安。但得到老師的鼓勵及安慰，讓我很快就適應了小學生活，更結交了新朋友。我一定不會忘了您——李老師。回想起我在上您課堂時當我遇到任何難題，您都會細心地為我解答。

由其是我最弱的數學科。我的數學成績向來平平，是您特意為我補課和提供練習，讓我的成績突飛猛進。全靠您無微不至的教導，我終於拿到優越的成績，更上一層樓。您就像海上的燈塔，指引我一步一步地走向光輝的未來。老師們日復一日，年復一年地教導我做人的處世的道理；為我們遮風擋雨，我也從甚麼都不懂的孩子，現在變得能獨立處事。幸得您們，我才不再感到徬徨無助。謝謝您啊！

在過去六年，我遇到了一群好同學。如今要對陪伴彼此六年的你們說再見，我真的非常不捨。我們一起走過了小學生涯，互相幫助、扶持，相輔相成。我一定忘不了你——我的好同窗心瑩。還記得在體育競技日中，有一個班際跳大繩的比賽。因為我不擅長跳繩，害全班一直失敗。可是你沒有責備我，反而鼓勵我。我們一起一下一下地跳過繩子，讓我感受到了團結的力量，就像諺語所說：「眾人拾柴火焰高」。感謝你，心瑩！

六年時光聽起來很漫長，其實又很短暫。我們快要升讀中學了，也代表會有很多的新事物等待着我們嘗試和體驗，更表示我們越來越接近未來。所以我們要好好準備，投入中學新生活。

六年間的酸甜苦辣，初嚐人生各式各樣的滋味。我會好好保存這六年小學的寶貴回憶。我會努力面對新里程，繼續勇往直前，克服將來面對的困難。縱使我們分道揚鑣，但我們的心會永遠相連。再一次向您們呈上衷心的感激，謝謝我的好友！謝謝我的老師！謝謝我的母校！

《再見，我的小學生活》

鄭雨輓 6D

六年小學時光，匆匆流過，如同一條奔流不息的大河。我們是小溪，從不同的地方匯入，在同一個地方成長。如今又將從這流出，說不定在下個路口，又會相聚。

我忘不了你——李小雯，你是我見過最友善的人。記得那一天，我正要開始寫作業。我像往常一樣準備拿出自己最喜愛的筆。可我翻遍了文具盒和書包都未能尋見。偶然一抬頭，瞥見了那支筆就在李小雯的手上。我的心裏像被人點了火，一下子燒了起來。我不是因為筆不見了而生氣，而是因為我最好的朋友沒有經過我的同意擅自拿了我的東西。下課後，我立刻把她帶到一個偏僻的角落，大聲質問她：「你為甚麼要偷我的筆？」她一臉無辜地說：「沒有啊，是你送給我……」我立刻打斷她說：「不可能！我沒有把這支筆送給你！」說罷，我毫不猶豫地轉身離開。放學時，我在抽屜看見另一支筆，才猛然想起，這才是要送李小雯的生日禮物，可能是一時着急而拿錯了。我連忙跟李小雯解釋、道歉，終於解開了誤會，她不但沒有責罵我，還給了我一個大大的擁抱，讓我既羞愧又感激。

我永遠忘不了您——李老師，您是我見過最樂於助人的老師。記得我剛轉校升讀五年級時，對於校園還不熟悉，第一次走進課室時真是害怕極了！我當時又緊張、又懼怕，在教室裏一直不敢說話，擔心無法結識新同學。記得那天小息時，您走過來和我說：「小輓，今天是你第一天上學，或許對學校還不太了解，但我們可以一同積極面對！」那天也是我第一次鼓起勇氣上前和同學們攀話。謝謝您，李老師！是您教會了我當一個自信的人！

一轉眼，時光在我們身後留下串串腳印。面對升中，我感到百感交集，難免會緊張、惶恐、徬徨；但也有些興奮、期待、盼望。我不會忘記對小學的思念和感激，發生在小學的點點滴滴都會被我珍藏在心裏。

六年的小學生活如白馬過隙，我們很快就要各自到新環境了。啊！再見！我的母校！我會帶着老師們言傳身教的知識，在中學再創佳績，參與更多活動，成就更好的自己！

《我最喜愛的季節》

陳可晴 6E

秋天來了，清風徐來，我沿着公園裏的小徑悠閒漫步，感受我最喜愛的季節——秋天。

秋天的空氣清爽，溫度宜人，是一個老少咸宜的季節。遙望草坪，幾個小孩正拾起剛落在地上的紅葉。看着他們專注地等候着下一塊被微風吹落的「幸運兒」，我心裏暗暗佩服他們的耐性！在公園的另一角，我看見一位老人在來回踱步，大概是因為這天氣讓他捨不得離去吧！

「嚓、嚓……」突然，我聽到一些美妙的聲音。朝地上看去，只見小徑上鋪滿了枯黃的落葉，原來是兩旁的樹木替小徑鋪上金黃的地毯。聽着腳下清脆的聲音，感覺自己變成了大自然的演奏家。

抬頭看天，一片火海躍然在眼前，不仔細看還以為是樹上着火了！紅彤彤的楓葉上，偶爾劃過橙黃色的星痕，還有一星半點的褐色斑紋點綴。湊近細看，每一張楓葉都記錄了秋天獨有的天色一落日餘暉與滿天繁星的互相輝映，令人陶醉不已。

秋天對我來說，是大自然的一份瑰寶。沒有它，就沒有火紅、金黃、橙色的楓葉；沒有它，就沒有那鋪滿枯葉的小徑和那清脆獨特的樂曲；沒有它，四季就只剩下寒冷的冬天、炎熱的夏天和濕潤的春天。秋天或許是所有季節中平平無奇的存在，但它卻在我的心裏佔據着一個特別的地位。

《我最喜愛的季節》

譚樂晴 6E

一年四季，有寒冷的冬天，有炎熱的夏天，有潮濕的春天，有清爽的秋天。而我最喜歡的就是秋天！

秋天，有清爽的天氣。在秋天的時候，有溫暖的陽光照在我們身上，也有涼涼的微風吹着我們。這種天氣令我感到既舒適，又開心。有時候，到野外公園坐在樹下，被風吹着，讓我感到十分寫意，也讓我將平常的煩惱拋諸腦後。

在秋天的時候，總能看到美麗的風景。在公園裏，樹上的葉子慢慢換上了新衣裳。從奇異果綠變成了半黃半紅的顏色，十分美麗。還有一些葉子掉了在地上，形成了一張有草莓紅、梨黃、奇異果綠等顏色的「被子」，色彩繽紛，十分美麗。

此外，在秋天有很多當造的水果和節日。有柚子和哈密瓜等水果，這些水果都是又甜又多汁，十分美味。特別在中秋節時，可以吃或咸或甜的月餅和像星星一樣的楊桃，十分滿足。

在一年四季裏，我最喜歡的季節是清爽的秋天。因為可以在舒適的天氣下生活，一邊看美麗的風景，一邊吃美味的水果，十分寫意。

《給爸爸媽媽的一封信》

張濠麟 6D

親愛的爸爸媽媽：

您們好！您們也許會感到好奇，我們每天都見面，為甚麼要寫信呢？其實，我想透過這次的機會寫一封信來表達我對你們養育之恩的感謝。

爸爸、媽媽，您們從小到大都呵護着我們。媽媽，您每天照顧哥哥、弟弟和我，做家務，幫我們核對功課……你的工作數之不盡，每天三更半夜才睡覺，第二天，天還沒亮便要起牀了，媽媽，辛苦您了！您無微不至地照顧我、關心我、陪伴我。我感到無比幸福。爸爸，您每天早上煮美味的早餐給我們，還每天風雨不改送我們回校上學。無論是在學習上，還是日常生活中，您一直給予我支持和鼓勵。在假期的時候，您帶我們四處遊玩，陪伴我們。爸爸，您每天馬不停蹄，日以繼夜地工作，很晚才拖着筋疲力盡的身軀回家，爸爸，辛苦您了！

俗語有云：「誰言寸草心，報得三春暉」。感謝您們對我無私的奉獻和愛。雖然您們對我的愛是我一輩子也還不清的，但我也會盡我所能來報答您們，我會好好孝順您們，並且好好照顧自己，努力學習，不讓您們擔心。

您們就像我生命中的指南針，為我指正確的方向，教導我做人的道理，也是我生命中的一棵大樹，為我遮風擋雨。以後，我將成為獨當一面的大樹，站在您們的身旁，守護您們、報答您們。

祝

身體健康

兒子

濠濠敬上

二月十六日



PASSION
2022-2023

(Passion Logo)

Publisher: Hong Kong Baptist University Affiliated School Wong
Kam Fai Secondary and Primary School

Tel: 26372277

Fax: 26372077

Website: www.hkbuas.edu.hk

First Edition



All Rights Reserved. Acknowledging the original source should be
included for reproduction.

NOT FOR SALE



PASSION
2022-2023



Hong Kong Baptist University Affiliated School
Wong Kam Fai Secondary and Primary School

Tel: 26372277

Fax: 26372077

www.hkbuas.edu.hk