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PASSION 2019-2020



PASSION
2019-2020



PREAMBLE

The power to create comes from passion towards the world we are living in. The passion that drives to see and to explore will take our imagination far and lead us into the right path of expression. Through guidance and support from teachers and parents in A-School, our students are on the journey to develop their own sense of aesthetics and the capability to transfer their observation into artworks by means of words, paintings, and many different media.

The creative fruit of our young and bright minds are brought together in the annual publication *Passion*. It reflects the inner passion of students for life and arts, thoughts and insights, their emotions and aspirations. A big credit goes to the teachers for the dedicated teamwork put in the production of this publication to showcase the outstanding works by students in the extraordinary learning journey in 2019/20.

Dr. Benjamin Chan
Chief Principal

Cover Design

Yung Nga Ni	5E
Kam Anson Tsz Yin	5B
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Cheung Cin Win	5C

Back Cover Design

Mak Long Kiu	4C
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A-School is truly blessed with talented students. They demonstrate remarkable growth in language and art-making skills, and excel in their wonderfully creative English and Chinese writings and amazing art work. Kudos and gratitude go to teachers' extraordinary effort to nurture their students' creative and artistic minds, equipping them with life skills to express their feelings, ideas and thoughts through word and art, and enabling them to reach their goals and dreams!

Jackie Chong
Vice Principal (Primary Division)

在過去一年，同學們於課堂上學習了不少寫作的文類，由初小至高小，精華作品皆彙列於此。誠如朱熹所言：「知之愈明，則行之百愈篤；行之愈篤，則知之益明。」，當學習到相關的知識，便當實踐、運用，從而習得才可更紮實，而此文集，正好是展示同學的文筆的平台。即使2020年，是不一樣的一年，但同學們的腳步沒有因此而怠慢，在穩定的學習環境中努力滋養才華，妙筆生花，現在，為我們帶來一篇又一篇美麗的文章。

李家琪
中文科主任

This has been an unusual school year for our students who in spite of school suspension have risen to the challenges of virtual schooling with flying colors. The publication of this year's anthology honors all the fabulously talented writers from A-School. As is with all good writing, the writer's voice is what comes through clearly as we read this anthology. Selecting fiction, non-fiction and poetry spanning a range of six years of students is not easy and we could only include a part of what we would have liked to showcase. In doing so we have tried to aim for both diversity and excellence.

Winnie Pradhan
Chief Curriculum Officer cum English Panel Head

A-School devotes to nurture students' 21st-century skills and developing students' creativity through our Visual Arts curriculum. Our students, starting from a very young age, are immersed in a learning environment that promotes observation, appreciation, imagination, sense of aesthetics and creation. An important element of our curriculum lies in the ability to appreciate and critique art pieces. We are proud to showcase students wonderfully creative and beautiful artworks here. By appreciating students' Visual Arts learning outcomes, you can experience and feel how passionate they create art pieces, as well as how they express personal feelings and ideas during lessons.

Rachel Chau
Visual Arts Panel Head

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ENGLISH

5W WRITING

Angie Leung Mong Sum (1B)

My Birthday Party

My birthday party was held at my home. During the party, we played spot the difference. We ate my birthday cake and oranges. Everybody sang a birthday song for me! I invited my parents, friends, and aunties. The cake was decorated with edible flowers and it was chocolate flavored. It was a pretty birthday party!

When was the party? It was at night! The party was at Tsuen Wan Submit Terrance. I gave my friends loot bags filled with toys. Lastly, it was a wonderful birthday filled with buckets of fun. I love having a birthday party!

Lai Tara (1E)

My Birthday Party

My parents helped me to organise an amazing birthday party on the 3rd of November to celebrate my 6th birthday. The party was held in a playhouse in Tsuen Wan. I have invited Bailey, Alpha, Ayden Ko, Aiden Lee, Veronica, Jasper, my grandparents, my aunt, and my uncle.

On that day, I dressed as Elsa and my little sister dressed as Anna. We played on the trampoline. We played in the ball pit. We also got to hit the pinata. All of these are my favourite games. We had some fish balls and some other party food. My parents surprised me with a Doraemon birthday cake. Doraemon is my favourite cartoon character.

I felt so happy because I received fourteen gifts from my friends and family. I really enjoyed the birthday party. It was the best birthday ever!

When was your birthday party? Were you happy when it was your birthday?

Tang Yi Han (1D)

My Birthday Party

My birthday party was on the 12th of January. The birthday party was held in the clubhouse. I invited my friends and my sister. My mum bought a big cake for me. After my friends arrived, we played games like Hide-and-Seek and cars. My friends sang the birthday song to me. We ate the birthday cake. It was yummy! I also ate lots of food, for example, chips, jelly, and gummy bears. After eating some food, we played with some Lego pieces. We also went to a beautiful room to play in the big ball pool. We were waiting for Chelsea who was a K3A student. She was late because she needed to have a lesson before the party.

It was almost time to end the party. Thomas didn't come in the end, but I was also happy with all the other friends. My birthday party was fun and I really enjoyed it. I hope I will have a wonderful party again next year. Ms. Chow, do you want to have a wonderful birthday party too?

Chelsea Leung Hoi Kiu (1B)

The Park

There is a big slide. I see many birds. Beside the slide, there is a smaller slide. I always go on the big slide. I find lots of grass. On top of the slide, there are holes. Below the slide, there are stairs. There are many slides. I don't play on the swings because the big slide is a lot of fun.

I also see many dogs. They are all black. There are many trees. There are two benches. I don't see any flowers. Sometimes, I bring books. There are two yellow slides. Sometimes, I see many birds. My baby brother likes swings. I like the park so much.

Cheung Tsz Kiu (1A)

The Park

In the park I can see a girl and a boy. The boy is dancing and the girl is sliding down the slide. I put my bag next to the slide. I see my friend. She is on the slide and her mum is taking photos of her. I see two people playing Hide-and-Seek. My sister is next to the tree, and she is drawing. There are so many people in the park! There are three birds flying in the sky. They are going back home. Sometimes I can play with the skipping rope on my own, or I can play on the swing. I like to go to the park because I can run around and play.

Cheung Yi Kiu (1E)

The Park

In the park, I can see many fun things, like swings and slides. There are even some pretty things too. There are many different kinds of flowers. The boys and girls are playing together. They are playing happily. We really like the park! Suddenly, the girl shouts out that she sees a ladybug. Then, the boy says to the girl that there is no need to be afraid. At the end of the day, the boy and the girl are so tired, so they want to go home. When they walk on the road, they see many birds. They have a wonderful time in the park.

I like the park because there are lots of fun things for me to play with, and I think it is so beautiful!want to have a wonderful birthday party too?

DRAW LABEL CAPTION WRITING

JOURNAL

Jethro Wong Chaak Sin (1C)

My Christmas Holiday

During the Christmas holiday, I went to many places.

On the 20th of December, I went to Tai Wai. I met grandpa and grandmother to have lunch at a restaurant. The dim sum was very yummy. I like it very much. On the 22nd of December, I went to the Marine Plaza in Shenzhen. I ate an ice cream. The taste was very yummy.

On 26th December, I went to the Hong Kong Convention and Exhibition Centre in Wan Chai. Mommy bought a Christmas gift for me. It was big.

On the 30th of December, I went to Stanley with Auntie Amy and her daughters Hailey and Jacie. We played in the playground for about one hour and fifteen minutes. We played jumping on the staircases.

On the 3rd of January, we went to Macau to have a buffet. There was a lot of food, for example, ice cream, fruit, chips, and meat. The fruits were very fresh and sweet.

Lei Yirui (1D)

My Bedroom

This is my cozy bedroom. Right after you get into my bedroom, on your left-hand side, there's a tall and white wardrobe by the wall. It has got different layers, and it has enough space for my mum to put her clothes in it.

On the other side of the wall, there's a white five-drawer chest with cute teddy bears printed on it. Of course, this is for me! I put my school uniforms, hoodies, t-shirts and many other clothes in it.

By the window, there is my bed. It is full-sized, and it is very cozy and warm! I like my quilt cover because it has many funny-looking dinosaurs on it.

The thing I like the most in my bedroom is the window. It is as big and wide as the wall. I feel so lucky that my bedroom has a fantastic ocean view.

During the weekend, I can see people digging clams, building sandcastles, and swimming at the beach. Sometimes I just sit on the windowsill, read a book, and enjoy the fabulous view. This is all about my bedroom.

Lily Chan Hoi Lee (1B)

My Christmas Holiday

During the Christmas holiday, I went to Nagoya, Japan with my family. This was a six-day holiday trip. I went to Legoland, Anpanman Museum, a racing car theme park, aquarium, and a zoo.

When I visited the zoo, I saw many animals such as sheep, lions, tigers, birds and bears. The most special thing was I could try to carry and touch a guinea pig. The guinea pig was so cute because it had a pair of big eyes and it was small in size.

I was so happy and excited during this trip because I could play with many amazing things. I also tasted lots of yummy food.

Chan Cheuk Ying Gloria (2E)

Dolphins

Do you know dolphins are mammals? Let me tell you more about dolphins.

Dolphins have an interesting appearance. They have a round and smooth body that is shaped like a curved banana. They also have two smooth flippers, a tail and a big pointy mouth with sharp teeth. Dolphins can be in grey or white.

Dolphins like to eat many different kinds of delicious food. They like to munch on squid, shrimps and fish. Sometimes dolphins munch on seabirds and sea lions too! Dolphins have many enemies too! Dolphins' predators are killer whales, sharks and humans. Nowadays, people from some countries would still hunt for dolphins. They are making dolphins become an endangered species.

They live in the Pacific Ocean, Indian Ocean, Atlantic Ocean and Amazon River. They live together as a pod. They play and eat together. Dolphins almost do everything together!

Do you know any interesting dolphin facts? Dolphins are smart and they are good swimmers. They can squeal, moan and whistle. Dolphins use sound to communicate with each other. When there are dangers, they will squeal to tell others. Dolphins like to stay together and interact with each other, just like humans. The shortest dolphin is about 4 feet long and the longest dolphin is about 25 feet long.

Now I will tell you why I love dolphins. I love them very much because they are tame, smart and adorable. They are friendly because they help each other out. I love dolphins a lot! Do you like them? What is your favourite animal?

Caitlyn Lau Ying Wai (2C)

Dolphins

Dolphins are a kind of mammals. They have different colours and are located in various places, and you can find them in the Ocean. Do you know what mammals are? Mammals are warm-blooded, and they nurse their babies with milk. Most of them have teeth too. I love dolphins because they are cute!

Dolphins look like a big fish. Their colours are grey, blue, pink and purple. They have tails and fins. They have a long beak which is called a rostrum.

Dolphins eat herring fish and codfish too. Do you know the predators of dolphins? They are sharks and killer whales. Dolphins are very kind, and they do not affect people.

Do you know where dolphins live? They live in the oceans, and they live underwater.

Dolphins are smart, like to play with others, and they have no sense of smell. They can hear frequencies 10 times better than humans. They need to come to the surface of the water to breathe because they have no nose. They breathe through their blowholes. Do you know how dolphins make sounds? They make sounds by changing the size and shape of the blowhole opening. When they want to move around, they will flip their tails.

Dolphins are warm-blooded, and they are intelligent. They have a "signature whistle" which allows other individuals to recognise them.

ANIMAL REPORT

ANIMAL REPORT

Lai Miwa (2D)

Gorillas

Gorillas are a group of mammals called primates.

Gorillas’ stomachs are longer than their chest. Their arms are much longer than their legs. They have dark skin and black to brown-grey hair. Do you know male gorillas have silver hair on their back? They only have this specialty when they become mature adults. Is this fact interesting?

Gorillas are mostly herbivores and eat plants. They eat leaves, fruits and bamboo. Sometimes, they eat ants too. They do not have predators apart from humans. Gorillas do not really have enemies.

Gorillas live in the tropical rainforest in Africa. Do you know how they live? They live in family groups and share jobs. They look after young gorillas, defend their family from attack and groom each other.

Some gorillas learned to use sign languages to communicate with humans. Gorillas live around 35 years. They can live longer, which is up to 50 years. Baby gorillas will stay in their mother’s nests until they are around 2 years and a half. Gorillas have 32 teeth, which is the same as humans.

Gorillas bare their teeth and make a very loud “waaaaah” sound. They do not use a chest beat to scare off. A scream or roar is the sound they make when they are angry. Gorillas walk on their knuckles. They move on their arms and legs. They can also stand up and walk on two legs for short distances up to three meters.

Gorillas play an important role in the environment. They eat lots of vegetation, so the natural balance in the food chain would not be disrupted.

I like gorillas because they are cute!

Evenlyn Wong Nok Yan (2E)

Peacocks

Peacocks are birds.

Peacocks look beautiful with colourful feathers. They are a large-sized bird with tail feathers spread out in a train. They have bare patches around their eyes and a crest on top of their head.

Peacocks eat King Cobra, grains, quinoa seeds and bamboo shoots. Mongooses, raccoons, wild cats and dogs, jungle cats, leopards and tigers kill peacocks.

Peacocks can be found in the forest. Blue peacocks live in India and Sri Lanka. Peacocks and peahens roost together.

Peacocks shake their huge tails to make a loud noise, which is so low-pitched that humans cannot hear. They either walk or fly for a very short distance. Both legs will be gently pushed up to their stomachs.

Peacocks love to live in small groups. They are not born with their fancy tail feathers. A family of peahens is called a bevy. Some peacocks will live up to 50 years! The average running speed for peacocks is 10 miles per hour.

Peacocks are one of the most beautiful birds on Earth. However, they can be very dangerous and destructive to personal property. They may dig up gardens and scratch the paint off of cars. People should keep a safe distance from them.

I like this charming animal. How about you?

JOURNAL-ACROSTIC POEM

Lee Wun Chun Ian (2E)

Sweet Home

Scrumptious dinner has been eaten in the dining room during Chinese New Year and Mid-Autumn Festival
Watching movies on the huge 65” television in our living room
Eye-catching pictures were hung on the wall in the study room
Eugene has a lot of precious toys in his spacious bedroom
The mother reads bedtime stories to her child every night

His parents built a reading corner for Harry in the living room
Over twenty friends and relatives attended my memorable seventh birthday party
Macaroni is one of my favourite food
Every day I practise playing the piano for half an hour

Tai Lok Sze Reiss (2D)

Sweet Home

Spacious study desk that can fit three people.
Wonderful parents take care of us.
Enormous rooms are big enough for us to play badminton.
Eat scrumptious food cooked by Mum.
Thank Dad and Mum for taking good care of us

Heavenly sunset and seaview that we can enjoy from our balcony.
Overjoyed baby brother jumps up and down!
Marvellous cycling park is located near our home.
Ever-ready support and care from Dad and Mum.

Ho Wan Ching (2A)

Sweet Home

Special time-out for all the students in Hong Kong
We need to stay in our unique home and be healthy
Each live lesson is interesting for me
Every day I do morning exercise in my spacious living room
Talking to my mum is what I do before my bedtime story

Happy moment is all about playing exciting card games with my gorgeous family
One of my memorable moments was the Christmas party we had at our cozy home
My precious toys will be shared with my good friends when they come and have a sleepover
Each member of my family is joyful and full of love

JOURNAL-ACROSTIC POEM

Chow Tin Yuet (2D)

Sweet Home

Sunshine passes through the huge window to warm our living room.

We enjoy the lovely sunshine in the springtime while we are sitting and playing on a colourful mat.

Energetic little sister loves to run and crawl on the floor.

Every time when we play, my spacious bedroom becomes very messy.

To make my room tidier, we clean it up and make it spotless afterwards.

Home is a place full of love, fun and laughter.

Outside the window, we sometimes see a troop of monkeys jumping from trees to trees.

My sister is extremely excited when she sees the monkeys.

Embrace the love and take care of each other. Our home is very sweet.

RECOUNT

Cheung Yu Lun Markus (2B)

My Best Holiday

In my summer holiday, I went to Cheung Chau with my family including Joey, Michael and my two brothers, Linus and Colin. We did so many things during this short trip.

It was a fine morning. It didn't take us long to finish our homework because it was very easy. We were so bored, so we decided to get into our cosy bed to take a nap. As we were snoozing in our bed, our mum and dad thought of an idea. The fabulous idea was - VISITING CHEUNG CHAU! Our efficient mum had got all the things packed before we woke up. She said, "Hurry up! Hurry up!" So we all bounced off our bed and got ourselves ready as quickly as possible.

When we were on public transport, I asked, "Actually, where exactly are we going in Cheung Chau?" However, I didn't get an answer on the spot. When we arrived at Cheung Chau, I found out that this awesome place was packed with people. Later on, we walked up a hill. A tent had been set up, and I ran into the tent with lots of excitement. I then spent some time resting in the tent for a while.

On the next day, we went strolling in the interesting streets. I found a magic ball in one of the stores! I always wanted to have a magic ball like that, so my generous mum bought one for me.

As we kept walking further down, we saw a very long queue. We were all very curious about what people were lining up for, so we joined the line. When I almost reached the end of the

line, I realised that it's a game in which people had to climb up and down the ladders. It was pretty fun! Next to the ladder game, we saw a tiny cave where we had to squeeze our body in order to go through the cave. It's challenging, but I thought it's cool and the experience was quite unique.

Afterwards, we stayed in a cafe to have an afternoon tea as well as a bit of a rest. Travelling around on bikes was the next cool activity! We zoomed by many things such as different houses, cats, dogs, people and many more. At last, we returned the bikes before catching the ferry to go home.

I enjoyed this fabulous journey very much! I wish I can go and visit this place again in the near future. Have you been to Cheung Chau before?

Leung Yiu Long (2A)

My Best Holiday

In June 2015, my sister, my mum, my dad and I went to Taiwan. We stayed there for four days.

On the first day, we caught the flight to Taiwan. After we put our luggage in the hotel, we played a game which was about car driving. I got the key for a yellow car. I could change my car again and again. When it was nighttime, I pulled out the key from the car. I could leave the car outside for the whole night!

On the second day, it was very hot! My mum, sister, dad and I all bought an ice-cream each. I bought a chocolate ice-cream. It was very delicious! After that, we rode our bike back to the hotel. Then, we went to the kitchen and had some cup noodles. The cup noodles smelled so pungent!

On the third day, we went to the beach. It was very hot, so we decided to swim and catch fish in the cool water. I caught one blackfish and my sister caught two yellow fish. In the afternoon, we put the fish back to the sea before we left the beach. Then, it was time for lunch. We actually didn't bring any lunch, so we went to the little garden and picked some red strawberries. The strawberries were very sweet! We picked so many of them until the basket was full. After that, we went back to the hotel and slept for a while. After an hour, we went to the farm to feed the goats with some carrots. Some goats were big and some of them were small.

On the last day, we bought lots of food from the supermarket to have a barbeque in the park. When we arrived at the park, we heated up the fire and we roasted the food. They were so delicious and we had such an enjoyable time at the park.

When it's almost nighttime, we headed to the airport to catch the flight to return to Hong Kong. It was almost eleven o'clock when we arrived home, and that's why I was really sleepy.

What do you think of my summer holiday? I think I had so much fun in Taiwan! I hope you like my summer holiday too!

RECOUNT

Law Tsz Him (2C)

My Best Holiday

During my summer holiday, I went to Japan with my dad, mum and sister.

First, my dad and mum thought about what we could do. My dad and mum told us that we would go to Japan, so we took a taxi to the airport. In the taxi, it was very hot. After we arrived at the airport, I ate so much delicious food.

Next, I went to a zoo. There were bats, sheep, rabbits and tigers. I saw a temple there, but my family didn't see it. I also went to a waterfront park. I was so excited! I also went to the Universal Studio, and there was a roller coaster. I ate so much rice and meat to charge up after the game.

Then, we were so busy the next day. It was the day for us to go back home. I wanted to stay longer in Japan, so I told my dad. However, he said we had to go home. I felt sad, but I was excited at the same time. Japan is a wonderful place, and I visited it.

Finally, it was time to go. We travelled to the airport. I was so bored after we boarded the plane, so I took a nap. It took us three hours to go back to Hong Kong. After we arrived, we took a taxi to go home.

I felt excited, happy and delighted. I hope I can go to Japan again.

Do you want to go to Japan?

Chan Ho Ching (2C)

My Best Holiday

Last summer, Dad, Mum, my little sister and I went to Ishigaki.

First, I went to a place called Birthday Shop. I bought a dolphin doll there. It can sing, and it is very lovely. We also went to Game Land and Joy Jungle to play games. When I asked the staff if my sister could go in, he rejected me. He explained, “Only children aged 8 or above are allowed to come in.”

Next, we went to a restaurant for some food. There were udon, sushi, fresh seafood and dessert. My mum liked the crab very much. I loved the dessert the most because it was very much like jelly. It also tasted very good like the food Daddy made for me. After dinner, Daddy drove us back to the hotel. I felt very tired, and I went to bed straight away.

It was a surprise on the second day. Mum said, “Today, we are going to fish, snorkel and play with real dolphins!” Dad drove to the pier, and we went to the Dream Land. The water there was so clear like a glass bottle. I saw so many fish like Nemo when we went snorkeling. In the afternoon, we went fishing, and I was the first one who caught a big fish. I was so happy about it! Then, we went to visit the dolphins. We needed to know the procedures before we could actually play with dolphins. When I sat down, a dolphin kissed me and my mum. I snorkeled with the dolphin. It could swim very fast and jumped over hula hoops quickly.

On the next day, we went to a beach from another hotel. I pretended to be a mermaid, and we took a lot of photos. We also went to a DIY shop, where I made my lucky bag all by myself. I also

bought a turtle for my mummy from that shop. We had seafood for dinner. They were delicious.

After that, we went to the zoo and visited the monkeys. My dad bought them some food. I was so scared of them because they were very bad for me. We planned to take the flight and return to Hong Kong on this day. However, some flights were cancelled because of the bad weather, and we had to make bookings for everything again.

Finally, we took the flight and returned home. We are still talking about our trip to Ishigaki. I was so happy and excited for this summer holiday.

Do you want to visit this place?

Au Mo Chin (2D)

My Best Holiday

Last summer, Dad, Mom, my grandparents, uncle, aunt, cousins, Ashley, and I went to Singapore for a holiday.

First, we went to the airport and flew to Singapore. The terminal number was number 2.

Next, we arrived at Blossom Garden Hotel. After we unpacked, we waited for Ashley and my mom at the entrance because it was Ashley’s dancing competition. After we all had a penny, we ate dinner, and it was delicious.

On the next day, we woke up early and ate breakfast. We went to Universal Studio. The entrance there even has an Earth in the middle. The first game we played was Madagascar: A Crate Adventure. It is a game with a lion, a hippo, a zebra, and a giraffe. I got very wet! After that, we went to a pancake cafe. Everyone made different pancakes. My mom made a lovely Mickey Mouse pancake. We also did some shopping for clothes and food.

Finally, we took a flight and returned home. I played rock, paper, scissors with my mum on the plane. The flight was long. I liked it so much because the seat was so soft. I felt happy, excited and glad. I wish I could visit Singapore again.

Did you visit Singapore before?

Ip Chloe (2C)

My Weekend

Last Sunday, I went to Disneyland with my family. The weather was so good. The sunshine was so strong, but there was a light breeze. I saw many pumpkins, which were carved as the head of Mickey Mouse. Do you know why? It was almost Halloween!

First, we watched the musical performance called Mickey and the Wondrous Book. It was crowded with people in the theatre. The music was very beautiful. Olaf was funny, who jumped out from the huge storybook on the stage. At the end of the show, colourful strips popped out all of a sudden. Everyone was so excited, and some kids collected the strips as souvenirs.

I also watched a fantastic 4D play, which is called Mickey’s Philharmagic. We had to put on a pair of 3D glasses to enjoy the show, and those characters just popped into my eyes! I can also smell the pie when it was shown on the screen. When Donald Duck splashed the bucket of water, there was water splashing on me too!

Next, we visited many attractions. I played shooting games of Ant-Man and the Wasp, merry-go-round, spinning giant teacup, Jungle River Cruise, It’s a Small World, and Mystic Manor. Mum and I visited Sling Dog Spin. The speed got faster and faster. Oh no! I felt so dizzy. Dad brought us to Toy Soldier Parachute afterwards. I was so nervous because it dropped from the sky suddenly.

Then, we had a delectable lunch. I had Wagyu beef burger and fries. After lunch, we watched Mickey’s Halloween Time Street Party parade. Mickey and his friends dressed in Halloween costumes, and I danced with Duffy the bear.

Finally, we left the park in the evening.

I was exhausted after playing for a whole day, but I felt joyful and had a great time.

DESCRIPTIVE WRITING

Chan Yin Lok Jayden (3D)

A Sweet, Terrific, Wonderful, Very Good Day

When I woke up, I was thrilled because today was my birthday.

I saw a lot of presents at the end of my bed. Some were as tiny as an eraser. Some were as enormous as a piano that almost squashed my bed. When I went down to eat breakfast, my family sang “Happy Birthday” to me. My mom made me pancakes, and it was my favourite. I played the toys that my family gave me. I opened the biggest and it was a rubber gun. It was coloured blue and the shot was long and thick. I went to an enormous and green garden. My mum told me to shoot that tree. I said to my mum, “How could I shoot that tree? I am eight meters away from it!” I asked my mum again, and she still asked me to shoot that tree. I tried to shoot. Thump! The shot to the tree! I was surprised. I opened some more fun and fantastic toys.

Next, my mum brought me and my brothers for shopping and playing. My mum let us play in the park for a while. We saw a shop selling free ice-creams. My brothers rushed to the ice-cream shop. I slid down the purple slide and got the last ice-cream. The ice-cream was coloured blue, and it tasted scrumptious. After playing and eating, we went to buy new shoes to wear. I got a pair of blue shoes with red stripes. My brother got a pair of white shoes because my mum forced him to. Suddenly, the counter told me loudly and happily, “Congratulations! You are the 1000th customer buying this pair of shoes, so you’ll get a special prize!” They gave me the prize which was a champion cup! My brother was very angry. He wanted to push me into the filthy mud, but I dodged it. He stormed away angrily.

When I went home, a lot of friends were running to my birthday party! They gave me my presents. I liked my friend Landy’s present the most. She gave me a toy piano! What’s next, we played the games my mum prepared. We cheered loudly and happily. We played Pass the Ball, Monkey Catches the Ball, Musical Chairs and more! I like playing Pass the Ball most because we could get different prizes. I have got a toy car from the ball! Lastly, we had a snack party. My mum brought out a birthday cake. There was a large car on top. It was a huge surprise for me! The cake smelt delicious. I have got a bit of the cake. It was freezing cold because it was an ice-cream cake! At last, all my friends went home. I went back to my bed and slept.

I told mum, “I hope every day is my birthday.”

Chan Hor Ching (3D)

The Most Unforgettable Christmas Party

In the morning on 25th December 2019, I was sleeping in my cozy bed. It was the third-last day of my Christmas Holiday! I woke up and ate a scrumptious breakfast. Then, I went to my garden. There, I found a huge Christmas tree with an enormous star on top. Oh! I almost forgot it was Christmas today! I also invited a lot of friends to come and have a party! I hoped it would be the most terrific, most wonderful, and the best Christmas party ever.

After Mum, Dad, my brother and I decorated the Christmas tree, Dad had an idea. He said, “Hey! I have an idea. I have my old Santa Clothes from last year. Maybe I would wear it and make some presents for your friends!” I replied, “Great idea!” Then, Dad went upstairs to his bedroom to find his Santa clothes. Mum, my brother and I went to make presents. I made a bell, so it looked like “Christ”-mas.

Later, we heard our doorbell rang. I opened the door and my friends came in. We first played “Monopoly”. Then, my friends played “Kill the Wolves”. After a while, we ate dinner. After dinner, a Santa-clothed person suddenly jumped out! It scared me. Whew! It was just Dad. Dad gave presents to my friends. My friends said “Thank you”, and it was time for my friends to leave.

After saying “Goodbye”, they left. My family smiled and we knew we had given them the best Christmas. I slept early that night and the bed was more comfortable than before. It was the most unforgettable Christmas ever.

DESCRIPTIVE WRITING

Claudia Lam Ka Ching (3D)

My Chinese New Year Holiday

Did you have a special New Year Holiday? I did. It was Chinese New Year last month, and my family and I went to grandma and grandpa’s home.

Ding Dong! I rang the doorbell. After we came in, we saw a lot of relatives and friends. We all celebrated together. My sister and I ate a lot of candies, they were sweet, but mum told us not to eat too much. We all received a lot of red packets, and they filled up my whole bag!

Someone suddenly opened the door, and all the relatives and friends were gone. It was time for them to leave. I said goodbye and went back inside to the house. We stayed and played games. My auntie thought of a good idea, “Let’s play Get the Red Packets!” She told everyone to play after dinner, so we quickly had our tasty and delectable dinner. Sadly, I got the least red packets, but my other auntie got the most red packets.

After the game, we had to go back home. I said to my mum, “I want to have another New Year Celebration tomorrow!” My mum answered, “You can wait for next year.”

Muse Chan Ching (3A)

A Memorable Christmas Party

It was a Christmas Eve, my friends and I were playing in my house. We played Charades, Nintendo Switch, Hide and Seek and Marios Bros.

Suddenly, I smelled something montu and scented coming out of the kitchen. I figured out Mom was cooking dinner. It was a lamb rack with mint herb sauce! Scrumptious! I surreptitiously had a mouthful of it. Cass whined, “I always have this for dinner, so I’m bored with it. I give up.” “Cass, shut up! This is expensive, you know! Well duh!” said I. She must be traumatized! Turn her crazier!

Later, we saw Santa near our building. Everything was hazy and in slow-motion. I thought it was hateful, crazy, imaginary, but I found out I was the luckiest because I had the most presents! “Squee!” I squealed. At the same time, I heard gushing and whining sounds from my most boring friends. They whined all in jealous tones, “You’re lucky!”, “Lucky bunny!”. And “Lucky you!” Sofia, my best friend of all, said, “All because of her good grades!” Their eyes turned as dark as the eclipse, and as big as the moon. I felt hyper and crazy in this memorable Christmas party because Santa was here, and I had the most presents. My dad and mom always get tacky presents, like toilet bowl cleaner, doorknobs, kid’s toothpaste, and gems. I wonder if I’ll buy lip gloss for my mom.

I’ll use three adjectives to describe this Christmas. Crazy-cakes, fun and astonishing.

Wu Sheung Hei Darren (3A)

A Memorable Christmas Party

Do you have a pleasant, wonderful, but scary Chinese New Year? I do!

Chirp! Chirp! My toy bird sang loudly in my bedroom. I woke up. “Hurray! Today is Chinese New Year.” I said. I put on my new, beautiful clothes and went out to the living room. I could smell the fragrance of the flowers when I walked to the living room. My mum and dad bought many flowers on Chinese New Year Eve. My house was like a flower garden.

“Kung Hei Fat Choi!” my brother and I greeted my mum and dad happily. They both gave us a big, red packet.

A sudden movement caught my eyes. A weird thing flew by my eyes. Buzz! Buzz! “What is that sound?” I asked. Oh my god! It is the most awful bee I have ever seen. My brother and I ran around the living room. “How come I meet this little, ugly insect on my first day of Chinese New Year?” my brother cried.

Suddenly, my brother stopped running. His face turned pale. He cried loudly. “What is happening?” I thought. Oh! The bee stung his leg out of the corner of his eyes. My father killed the bee without hesitation, and my mum cleaned the wound for my brother. I was frightened, but I pretended I wasn’t.

“I’m fine now.” my brother said. Luckily, his wound was not too serious, so we went to grandma and grandpa’s home after he took a rest for a while.

Grandma and Grandpa were happy when they saw us. My brother and I said to them, “Kung Hei Fat Choi!” They laughed and gave us two big, big red packets. My brother and I grinned at each other.

After that, we all sat around the table and enjoyed the food prepared by grandma. All of the food was delicious. My brother and I wolfed down many dishes, for we were super hungry.

We played chess with our cousin, mum and dad chatted with our relatives until night. Then we rode in dad’s shiny car back home.

What a memorable Chinese New Year it was!

Xavier Chan Yeuk Tong (3B)

A Memorable Christmas Party

This was a piercing morning. When I woke up, I smelled a scented smell. I followed the smell. I saw Mum was cooking. I asked my mum, “Is it our breakfast?” My mum replied, “No!” “What is it for?” I asked. “Have you forgotten that it is Christmas today?” This is for the party!” My brother said happily,” When will we have the party?” “One hour later.” my mum replied. My dad cheered, “Let’s get ready for our party!” “No!” I shouted, “I’m still wearing my pajamas!” My brother was giggling, “Should we have a pajama party?” I felt embarrassed, so I said angrily,” I will change my clothes now! Don’t laugh at me!” “Let’s change the clothes!” my dad said. “Okay!” my mum cheered.

After changing clothes, we decorated our home. We decorated the Christmas tree with some ribbon and some bells. The bells were always twinkling. My brother thought that was annoying, but I thought the sound made us happy and delightful. I said, “We will have the party soon. Let’s decorate faster. Otherwise we will be late!” “Where are we having the party?” my brother asked. “We will stay at home.” “It’s almost party time!” my mum said.

After decorating our home, we started to eat! My mum cooked glamorous turkey, yellow mashed potato, an enormous apple pie, and some tasteless rice. I saw metallic bones too! I asked my mum, “Why are there bones?” “I’ll give them to the dog!” When the dog saw the bones, it ran out quickly and ate those metallic bones. We ate our food, and they were very tasty. I said, “It is very yummy!” “Thank you!” my mum said.

After eating, we played a lot of exciting games. We played Monopoly, and it was very exciting. My brother had \$10000 at first, but he gave half of his money to me and \$1000 to my dad! My mum was very lucky, for she won the game. I lost \$11500. “Congratulations!” I said. My brother said sadly,” I think I will win the game at first!” “Me too!” I said, “I thought it was your lucky day!” My mum Smiled. I am very lucky usually, and I would only in a blue moon losing in the game Monopoly. I lost in the game, but I was still happy.

I thought this was a magnificent, wonderful, fantastic, terrific, very good day! I hope I will have a day like this again. This was also the most memorable Christmas party! I love it very much! I said, “Let’s have a Christmas party next time!” “We will have a Christmas party next time too!” my mum said. “Yeah!” my brother cheered. I hope Christmas will come faster! “It’s time to sleep now!” “Ok, we will go to bed.”

Yau Chi Hei Heiley (3C)

My Chinese New Year Holiday

Where did you go on your Chinese New Year Holiday? I went to Korea with my family and grandma. When we arrived in Korea, it was already 7 o’clock in the evening. Then, we decided to have dinner and put the luggage in our hotel. After, we went shopping. After shopping for a while, we felt tired and sleepy. We went back to our hotel. Luckily, our hotel was near the shopping centre. We could rest in our hotel in just ten minutes. We all fell asleep very quickly because we were all very tired.

Next day, we went to Ski World. You could ski and build snowmen there. My dad and I played for four hours, but my mum and my sister gave up. They played for two hours only. Although it was quite fun, it was very tiring. While my dad and I were still skiing, my sister, mum and grandma went to eat. Skiing was fun, I hope I could ski again. There were many activities in our hotel. I played an Eagle Roller Coaster VR. My family did not play with me. I played all alone. It was quite fun in the beginning, but then it was so scary. Suddenly, the roller coaster broke and many eagles attacked the riders. At last, thousands of dragons flew to the roller coaster and made a “Boom!” sound, then it ended. My mum asked me,”Was it fun?” I replied,” At the beginning, it was fun, but then it was very scary!” Then, we went back to our room and had a good sleep.

The next day, we went to Snowyland. There were many snow slides, yay! The most memorable thing was someone stole our snow tools for building snowmen! My sister and I tried to ask them to give us back, yet they did not. So my mum came to help us to get them back. After we got them back, we built snowmen happily and played snow slides. After playing for a while, it was time to leave the mountain and return to the city. Although it was sad to leave the mountain, we still had a happy time with each other.

This was the last day of our trip. We went to the airport earlier to buy souvenirs for friends. We enjoyed this trip so much.

FRIENDLY LETTERS

Cheung Ho Lun Linus (3E)

Flat D, 6/F,
Block 30, Happy Village,
N.T., H.K.
3rd November, 2019

Dear Crystal,

How are you? I don't have any work to do because I have done it. I can definitely help you with your problems.

I think that you are totally able to be a nice and helpful prefect because you are helpful, and you can always control yourself! I know that you are worried about losing your recess time. Try to think about how satisfactory it is to help others. You can do a good job of helping others.

My house is in Shatin and way up high on a mountain. My new house is great. It is fantastic! There are snakes, monkeys, porcupines and many more creatures around. I love my home so much because it is very big. It is actually enormous. There are also some mats for us to play on. We even have a giant balcony. I don't have a yard or a garden, but I can still grow a lot of plants. I grow them on the balcony and inside the house. Can you guess what plants I grow? I grow two cactuses, four pitcher plants, two green bean plants and one hami melon plant.

I hope your house is very cool and funny too! I hope you can be voted and become a prefect. You can do a good job!

How does your home look like? Does it have a balcony? Do you grow plants at your home? Do you have a yard? Do you have your own bedroom? Hope I can see you soon!

Your good friend,
Cherry

Lau Hei Tung Jaime (3E)

23/F, Tower 20,
Wonderland Road, Mong Kok,
Kowloon, Hong Kong
25th September, 2019

Dear Polly,

How are you? Are you doing well? It's freezing over your place. I hope you are doing good. In your letter, you asked me if I have new friends and a wonderful school life. Now, I will share it with you.

This year, I have an awesome school life because many facilities become fresh after renovation. Such as the library, the cafe, and the basketball stand on the playground. Among all the facilities, I like the library the most because I can read many interesting books there. I want to tell you one more thing. I like to go to the sky garden because it is magnificent. We can water plants and learn how to grow plants. I think it is fun. I feel cheerful about my school because my school has many activities, such as "Book Character Day", "Play Day" and "Battle of the Books". I like the "Book Character Day" because we can wear costumes and demonstrate our costumes in the catwalk show. Do you remember that I had demonstrated the costume in the catwalk show with you? I hope that we can demonstrate it again. I also like the "Play Day" because there are many games to play, such as Racing Ducks, Throwing Bean Bags and Bouncy Castle. It is fun.

I have some new friends too. Swing is one of them. She is my classmate. We often meet up 3 days a week and 4 times a day. She is cute. She has rosy cheeks, big eyes, little mouth, small ears and long hair just like me. She always carries a smile. We always have recess together. We share secrets with each other. I like to make friends with her because she is funny, clever, playful and loves learning. She likes making jokes, reading, drawing, writing and ice-skating.

Do you want to know more about my school life and my friends? If you do, please write back soon.

Best wishes,
Jane

FRIENDLY LETTERS

Yuen Chun Edna (3B)

Friendly Letter

Flat B, 6th Floor, Block 8,
Garden View, Yuen Long,
N.T., Hong Kong
30th October, 2019

Dear Crystal,

How are you? I hope you are doing well and having a healthy life.

Now, I know your problem well, and I want to help you solve it. It is about being a prefect, right? I suggest you to be a prefect next year because it is a lot of fun. Plus, you won't have to sacrifice all your recess just to be a prefect! You will only be on duty once or twice a week because there are usually a lot of prefects in the school! But don't always order children. I mean, it is recess, right? But try your best!

I know you want to know more about my new house. Well, I will talk about it now. My new house is amazing! It is really big. And once you look at it, you will want it to become your real house right away. That's because it is really pretty, and it is in Shatin, close to my school! I like my bedroom the most because the sunlight is perfectly good, and there are two beanbags in the corner. It makes me comfortable once I step into it. And you have asked me if I have a front yard. And indeed, I do have one! I grow some plants in my front yard only. My mom and dad said that if I grow too many plants, they will attract bugs! So I only grow mint, roses, lavender, and honeysuckle. The smell is very fresh and fruity because I water it everyday I come back from school! It is tiring from doing it every day, but it is worth doing hard work to see my plants growing beautifully.

I look forward to your reply shortly!

Your friend,
Cherry

POEM

Ansley Leung Tsz Ching (3A)

Who?

Who is the girl with long hair and can talk to worms?
I am!
Who has a pair of green eyes that can control the wave?
I have!
Who does mysterious art that can transform into a kangaroo?
I do!
Who can sit and stretch the truth all day?
I may!

Chan Torres Lachlan (3E)

Who?

Who is a picky eater and just eats blueberry jam?
I am!
Who has a million dollars and owns a diamond cave?
I have!
Who can always play with slimy slime, stretchy putty and gooey goo?
I do!
Who can sit and stretch the truth all day?
I may!

Gigi Wong Yui Gi (3B)

Who?

Who is the one that holds one hundred and thirty-six kilograms of ham?
I am!
Who has the brace heart to fight with poisonous snakes in a dark cave?
I have!
Who can walk like a piece of goo?
I do!
Who can sit and stretch the truth all day?
I may!

Cassie Yu Ha Yan (3C)

Who?

Who is the one who ate the yucky rotten ham?
I am!
Who has gone to a spooky cave and a muddy grave?
I have!
Who sleeps in the rusty, old, dark bathroom with smelly doo doo?
I do!
Who can sit and stretch the truth all day?
I may!

Fung Jing Yu (3C)

The Land of Sadness

Have you been to the Land of Sadness,
Where everyone's weeping all day,
Where they cry and shed their tears,
Like their friends have passed away?
THere's always tears and frowns everywhere.
I have been to the Land of Sadness-
What a bore!

Jason Tam Ching Yin (3B)

The Land of Lonely

Have you been to the Land of Lonely,
Where everyone's deserted for life?
Where the friendless people be isolated from one another,
With lonesome, withdrawn, unbefriended citizens.
I have been to the Land of Lonely-
What a bore!

FRIENDLY

Ally Liu Cheuk Ue (4A)

Flat C, 19/F, Block 3,
Little Twin Building,
11 Moonlight Lane,
Hung Hom, Hong Kong
February 26, 2019

Dear Jean,

Hi! How are you? I have been very well! I enjoy my new school life at Kowloon very much. Also, I had a very good Chinese New Year break! My family and I went to Okinawa, Japan. It was very enjoyable! I will tell you more about it the next time we meet! Here are some suggestions I will give you for your two problems.

First, if I were you, I would try to finish most of my homework before I go to the swimming class, so I can do less homework afterwards. As you know, I have swimming training every Tuesday, Thursday and Saturday. I will have a nap on the way to swimming training when I am taking transportation. That way it can give me more energy during my training and while I am doing homework! It can also speed up my speed of doing my work. Why don't you give it a try?

Second, why are you not feeling confident about your height? You can try to think about it in another way. Short people want to grow taller like how you are, so you should be proud! Also when you are having a swimming competition, it is easier for you to win! Your body is longer, so it is easier to cross the finish line. A lot of the Olympic athletes are really tall too! Matt Gravers, a 6-time Olympic medallist is 6'9" tall! There is also a good swimmer called Reece Whitley. He is only 14 years old and he is already 6'7" tall! Be confident - you should be happy and proud to be tall!

I wish you good luck in your Sha Tin District Competition! Did I help you solve your problems? Please write back soon!

Love,
Katie

LETTERS

Claire Siu Cheuk Ying (4C)

Flat A, 5/F, Block 1,
Hairclips Towers,
Starsbunny Lane,
Kowloon, Hong Kong
February 31, 2020

Dear Jean,

Hi buddy! How are you? Are you good? I hope you are. Oh yes, I am enjoying my new school life. I did have a good Chinese New Year break. My family and I went to the Maldives. It was a lot of fun! Oh, I heard you had some problems. I have some suggestions for you!

I understand you must be very tired. Me too. I have so many things to do. You can set your own timetable. Just like me! A timetable is actually a schedule. A schedule helps with time management. Sometimes if you are really tired, you can take a nap before you do your homework, but remember to set an alarm, maybe for 15 minutes. Oh, but don't worry. I'll be there when you need me. One more thing - remember to check your handbook every day before you sleep.

I'm glad to know that you are going pretty tall because I am just 130cm tall. Haha! I am so jealous about your height because you can play on many amusement rights, like a rollercoaster, drip drop and flying chairs. You can play all of these but I cannot. Different heights have different advantages, so be confident in yourself.

Well, now we have to stay at home because of a virus and we have to be a little creative. I started to make DIY hairclips. Do you want one? It is beautiful! For my breakfast, I cook eggs. I cook them by myself. If you have time, you can come to my home and try out my eggs! It is delicious!

I will have to stop here because it's night already. My mum needs me to sleep. So remember, if you need me, you can count on me like 1-2-3 and I'll be there for you. Thanks for listening. If you have any problems, write to me, and I will help you fix all of your problems. I am looking forward to your letter! Bye!

Cheers,
Katie

FRIENDLY LETTERS

Stephanie Chung Ching Sum (4E)

Flat X, 14th floor,
Block 13, Park Towers,
Rabbit Avenue,
Kowloon Tong,
Kowloon, Hong Kong
23rd March, 2020

Dear Jean,

Hi Katie! How are you? I hope you're doing fine these days. Yes! I enjoy my new school in Kowloon. I have found some cheerful friends, but I also won't forget you. They are my new best friends, but you are also my old best friend. Are you okay with that? I also had a good Chinese New Year break too. I went over to grandma's and we had a good time. Oh! Your problems! I almost forgot! Enough chit chat. Let me get this straight right away. I hope my advice is a helpful guide.

Hmm...your first problem is quite a puzzle! But still, I'll help you out. That's what friends are for and supposed to do, right? Well, I had the same experience as you. That time, I told my parents the truth, and they helped me to rearrange my lesson schedule. How about you try to ask your parents to do that as well? Weekends are just fine for me...well, if they are in the morning, I guess. Or, you could simply sleep earlier the day before your swimming lessons and wake up earlier in the morning.

For me, I would feel refreshed. Then, after you have your swimming lesson, you would still be spirited. Maybe you could take a cap. Ever heard of the saying

“Work Hard, Play Hard”? If you could just work harder on your homework, you can have a lot more time left after you have finished it. That means that you don't have to rush through all the homework if you work hard.

For the second problem...wait a minute! You're already 160cm tall now!? That's really surprising! You don't have to be that sad. I feel your sadness and embarrassment, but please don't feel despair. Don't not mind the comments that they use to tease you, and don't ever talk back to them! You may end up with nicknames like “The Talk Back-er” or “The Motormouth Girl”! Well, I was just kidding. Sorry about that.

By the way, standing out means you're greater than the others. It doesn't mean that you stand out for a bad reason. Sooner or later, other classmates will boost up, too! You should feel confident if you think about what special good features tall heights could have. For example, you can see further and a lot more. However, this letter will end up like a book...no, a book series, if I list out all the benefits.

Well, there is something that I would like you to remember - You cannot rely on someone you care about to solve your problems. You need to help yourself too! Let's look at it this way. You might have nightmares one night, but you cannot end the nightmares all at once. You can tell your friends to help clean up the horror in your mind, but what happens next? The next night, you might have a different dream! So can you solve it? No! Your friends cannot go into your mind and kick out your nightmares. You will have to do it yourself! You are the one who controls the mind, not your friends. It's just like your problems! You will need to think of an idea to solve it. Others aren't like you - they don't know everything about your problems. Besides, their advice may not be the best solution.

I wish you good luck in the competition! Tell me if you have won! Please write back soon.

Love,
Katie

INFORMATION REPORTS

Cherry Tam Sin Man (4D)

World’s Second Best Sport Badminton

Do you know what is the world’s fastest racket sport? It is badminton. It is the world’s second most popular sport and a fun game. Read more to know about badminton.

Badminton can be played in singles or doubles. This is a racket sport which is played in a rectangular court and it is divided into halves by a net. It is usually marked, but the doubles court is wider than the singles court. Shuttlecocks, rackets, and badminton shoes are needed. The best shuttlecocks are made from the left wing of a goose. 16 feathers are used to make a shuttlecock. It weighs between 4.47 to 5.50 grams. Badminton shoes are lightweight with soles of rubber or similar high-grip, non-marking materials. Badminton rackets are made of plastic.

Badminton roots date back to ancient China. The origin of badminton dates back to more than 2,200 years ago. The original name of the game is called battledore and shuttlecocks. This is an age old-game which involves two players who hit a feathered shuttlecock back and forth with a bat. It is a pass time game played in England and many countries. This game as we know was created in the mid-1800s.

There are also many fortunate players in badminton. Marcus Fernaidi Gideon is one of the famous badminton players born in Jakarta, Indonesia. He is a men’s doubles player. Gideon is the son of a former badminton player, Kurniahu. He married a general practitioner, Agnes Amelinda Mulyadi on 14th April 2018. His first son— Marcus Fernald Gideon Jr was born in January 2019. Together with his partner Kevin Sanjaya Sukamuli Jo, he won 303 games and lost 100 games.

Badminton is yet the second most popular sport in the world. It has a long story and history before badminton was played in the Olympics.

Yui Tang Ho Yui (4A)

Gymnastics for Women

The Ancient Greeks believed gymnastics to be the perfect symmetry between the mind and the body. Gymnastics also requires a lot of training. Do you want to know more? Read on until the end!

Here are some facts about gymnastics. The word gymnastics comes from the word ‘gymnos’ meaning naked. If people are planning to go to a gymnastics competition, here are some tips. Judges look at the form, height, distance, landing and creativity. There are four games in gymnastics: the vault, balance, uneven bars and floor exercise. They also need to follow some crazy diets to keep the perfect body shape.

There are also some rules for gymnastics. The athletes need to stay calm to avoid serious injury or falling. If they panic, they will be disqualified. The player’s hand and feet cannot wobble, or else points will be deducted. Some competitions will let the athlete start over if they fall, but normally they are not allowed to do so, so the players need to be extra careful. The players can never choose their own makeup, outfit, hairstyle and nail polish. The stylists believe that the players never choose the right style.

Also, there are many athletes and players in gymnastics, for example, Larisa Lantynina. She defended her floor title, and she took the silver medal in the balance beam and the bronze medal in the vault competition. Lantynina’s nine gold medals made her second on the list of the Record For The Most Olympic Gold Medal Medalists. She is the only woman gymnast to have won team gold twice, all-round fold and event final at the same Olympic game.

In conclusion, this gymnastics information report tells you the facts, rules and players of gymnastics. Gymnastics is not easy. You can train and follow the rules. You can do it too!

QUATRAINS

Gladys Leung Yan Yuet (4B)

My Hobbies

Reading is a spellbinding hobby,
Of which I do it with my buddy.
The books may sometimes be blood-curdling,
But they must all be inspiring.

Dodgeball requires a lot of tiring movement,
So if you’re not careful, you might have an accident.
Still, it can be very enjoyable
If you don’t twist your little ankle.

I love to make a sizzling casserole,
It’s delicious that it makes people peek into my keyhole!
I can make a thousand pink doughnuts,
Also some crunchy, golden fish fillets.

Joining drama class can make me fit,
I can also wear enchanting outfits!
I can learn to be confident and brave,
As I step onto the gigantic stage!

Hazel Lui Hei Wun (4B)

A Festival

In this world, there are a lot of festivals,
And some of them include animals.
My festival is very awesome,
So please, don’t be so gruesome.

My favourite festival is bonfire night,
With an orange glow, it’s very bright.
We send letters to Santa by the burning bonfire,
That’s why it’s the night I truly admire.

I greet my friends beside the yellow gleam,
It shines so brightly, like a beam.
With sparkling firecrackers in our hands,
We forget about our impossible job errands.

Bonfire night is majestic and charming,
We look at the bonfire, our eyes gleaming.
That is why it’s my absolute favorite,
All my friends and I admire it!

Marcus Hong Cheuk Lun (4D)

Christmas

Christmas is the time of the year
The freezing wind blows into my ear.
When the weather is icy cold, the thick warm jacket will come to me,
And all trees are covered with white snow. Can you see?

Everyone school is decorated with glamorous Christmas flowers,
In order to make the students happier!
Santa Claus will come to every country
To give everyone a lot of candies.

“I can go to Korea to ski!” I say.
Because it is the Christmas holiday.
Skiing is as fun as playing at the AIA Carnival
The place for skiing is filled with bubbles - it is so special.

The fantastic and wonderful Christmas party will start soon,
Chicken wings and beef will jump on the colossal table at noon.
All of my classmates will eat all the food swiftly
So let’s enjoy Christmas time joyfully!

DESCRIPTIVE WRITING

Liu Zitian Tina (5A)

My Pet Peeves

Do you have any pet peeves? I have two. They drive me crazy like a person who drank a lot of wine. Shh! It's a secret! Don't you dare tell anyone!

My first pet peeve is absolutely UNACCEPTABLE. Have you ever had an experience of going to the toilet, and finding a disgusting, unforgettable smell waiting for you like a guard? I absolutely hate it when this happens! Every time I find the smell and the "presents" waiting for me, I become as angry as a roaring, furious dragon that has been hit. YES! My first pet peeve is people who don't flush the toilet!

Experiences? Encounters? Of course! I come across this almost every time I go out (except when I am at home). The worst time was when I was at the mall having dinner with my charismatic family. Suddenly, I felt a twinge in my stomach. It slowly became more and more distressing. I felt as if an earthquake was happening in my tummy! I got up and ran to the toilet at the speed of light. Luckily, there was one stall empty. I quickly rushed inside and closed the door. Then..... I noticed the smell. The smell was like a mixture of dog pee, vomit, and a pile of unwashed socks that have been left in the laundry for two weeks. I looked down and saw that the toilet bowl had yellowish pee and globs of contaminated, brown...feces inside the toilet bowl. Yuck! The feces inside the toilet bowl were distasteful, abhorrent worms squiggling around. I was so angry that I wanted to slap someone's face until it is as red as a ripe, rotten tomato.

My second pet peeve is an absolute devil. "Whatever. I don't care. If you like it so much, why don't you do it yourself?" These words would only come from one category of people – the irresponsible ones. They make my second pet peeve.

As for experiences, I have as many experiences as the stars in the sky. The most "memorable" experience was when I was in grade 4. It was PBL time, and I got stuck with two girls as alike as two peas in a pod. They were both very irresponsible. People say, "Life is a box of chocolates." Well, my box of chocolates is filled with slimy, gooey and awful ones.

On the PBL showcase day, we agreed to take turns to introduce our booth to others. I just finished my turn, and it was their turn. I did not really trust them, so I watched them from a distance. Then, an appalling them happened.

First, they totally ignored the booth, sat down only, and took out the candies that were supposed to be the prizes for our game. To my absolute horror, they started to eat the candies. I could not control my burst of outrage anymore, and I stomped over to them like a giant who has been tricked by a puny little human. I snarled, "How dare you eat the candies that were supposed to be our prizes?" One girl glared at me like I just threw a wet, filthy sponge at her. She replied in a stuck-up voice, "Would you mind your own stupid business?" I was very irritated because I bought those candies! I only managed to tell them, "Fine, but you better watch out!"

I then again watched them from a distance. I saw both of them leave the booth to go to other booths to play! I could only say that those two girls are devilish, insane, and demonic witches!

These are my pet peeves. Don't let me catch you behaving that way, or I will crumple you up like useless rubbish waste! Just to remind you, my pet peeves are irresponsible people and people who don't flush the toilet.

DESCRIPTIVE WRITING

Poon Ching lan (5C)

Pet Peeves

Oh hi there! What's your name? My name is lan. Are you feeling bored? Can we have a conversation, please? Yes! I am feeling bored and it's great to have someone to talk to! What shall we talk about? Our favorite things? No, no, way too humdrum! Wait, let me think... Our pets! No, did that during grade one. Wait, our pets...pets...pets...our pet peeves! Finally I got something right to talk about, my amiable pal! Let me tell you about my pet peeves. My pet peeves are people repeating their messages ceaselessly and people interrupting me while I'm talking! Aren't these behaviors aggravating? When I talk about these issues, I feel as hot as over-cooked oil.

Firstly, let's talk about my first pet peeve – people repeating their messages ceaselessly! The people who perform such behaviour is a ruthless murderer who has killing as a hobby. I hope that you won't encounter or experience such devastating moments.

Let me tell you about one of the most horrendous occasions of my life. The worst encounter was on a foggy, gloomy afternoon. I was packing my books after the science lesson and headed to the corridor for lunch recess. I was promenading along the bridge to the school library and met my "best friend". He exclaimed, "Oh hey lan, your Student Union posters are awful! I'm not going to vote for you!" I didn't mind him, due to the fact

that he has been insulting me for a long time since grade one. I kept on promenading while he babbled like an alarm ringing no matter what condition. I said, "Can you please stop talking for a while please?" I ambled to the library door when he said, "Give up lan! You can't convince me to vote for you! Your posters are disgusting! I won't vote for you no matter what! Cut it off lan, you will never have my vote!"

I thought to myself, "I did not convince you to vote for me. Your vote doesn't matter!" Please stop talking, "Mr. Best friend"! He babbled on, "You're a foul one and the worst person I've ever seen, and I'm not gonna vote for you!" "It's your choice whether you want to vote for me or not, most importantly. I DON'T CARE!" I replied, "I don't need your vote. I can win the election without you. Your vote is meaningless to me!" I was enraged and stomped into the library.

I found the first few minutes in the library quite peaceful and enjoyable, but "Mr. Nice Guy" came in, sat beside me and ruined the quiet reading atmosphere. He babbled and shouted beside me, but I ignored him as if he was speaking alien. At last, the librarian banned him from the library, and he stomped away and out of the library savagely. I grinned at his furious look. "Thanks for avenging me, librarian," I whispered and then concentrated on my book.

What an exciting story told by me! Let's move on to my second pet peeve! This is my encounter about people interrupting me

while I’m talking. This story took place at the atrium when I was in second grade. It was a sunny afternoon. The sun was shining so bright, you will be blind if you stare at it for even just a second.

I went down the stairs and met my very best friend, Michael. We walked around the ground floor as we chattered all the way, until we saw “Mr. Gossip”. He danced his way to us merrily as I continued my conversation with Michael. Everything was absolutely pleasant until “Mr. Gossip” started babbling.

I said, “You know what Michael, Cy...” “Mr. Gossip” blocked my words and continued babbling. His words were like gargantuan rocks which formed a barricade and blocking the flow of the river. I was bothered and annoyed. I was a kettle boiling water, getting hotter by the minute with steam coming out from the mouth. He was as annoying as an auto-updating computer when I was in a hurry! I tried to speak again, “Hey Michael, do...” “Mr. Garrulous” continued his words and blathering. I was ignored and invisible like I was a color-blending chameleon, unable to be seen by human eye. I tried to talk for twenty times, but he kept on blocking my words. He was a vigorous paper shredder, so brisk that it shreds papers into nano-pieces!

I had enough of this conversation breaker! I roared as I was raging thunder and clamored, “Can you please zip it? I am the one who’s supposed to talk! Leave now!” He replied in a revolting manner, “You’re the one who’s breaking our

conversation. You’re the one who’s supposed to leave! Go away!” I was speechless for that few minutes. I had flames in my eyes when I stared at him. I was a fire-breathing dragon, eliminating thousands of forests in a single breath. I stomped away vociferously like I was a chubby, colossal giant stomping through the earth. I stamped to the playground and met my best friend, Tommy. I walked to Tommy and chatted with him for a couple of minutes, but then a familiar face appealed slowly...It’s Mr. Garrulous again! I thought to myself, “Unlucky day, unlucky me...”

These pet peeves above are the worst of their kind to me. I beg for your mercy and promise me don’t and never engage in these disgraceful, impolite behaviors. If you do, I will burn you alive and turn you into dust and spread your ashes across every existing volcano! By the way, what are your pet peeves? I am very eager to know about them!

HAIKU

Yeung Tsz Yuen Garth (5B)

Seasons Haikus

Summer, an oven
People dying with no fans
The sun’s like hell-fire

Splash! Leap in water
Instantly so sweet and cool
In the roaring sea

Everlasting break
Mosquitoes make me groggy
They’re like a ninja

Boom! Here’s the lightning
The storms chanting together
The whopping, wild wind

Then the spring crept by
Foggy as if it’s magic
Literal heaven

Tsoi Shing Hin (5E)

Seasons Haikus

Weather like warm tea
Woosh! Deer dances in meadow
Flowers take showers

Fresh crops awaken
Splash! Spirits of river thrive
Scorching sun dries land

Ahh! Cold winter thaws
Life released from brisk prison
Vile cold hides plotting

Flutter! Snowflakes dance
Ice consumes all, no escape
Sizzle! Flames can’t burn

Sky’s a vast canvas
Painted by breezes like none
Sparkling shades spinning

Ng Wing Yu Raine (5C)

Seasons Haikus

Yay! Winter is gone
Flowers start to welcome us
Here the queen comes

Sakura arrived
People plant plants in the park
Wow! Surprise smell here

Chilly wind lands here
Now as glacial as arctic
Brr...hotpot needed

Snowflake is a dancer
Warm pack warms the whole world
Blink! Christmas is here

Melon is candy
Drinks are running and calling
Bright sun like heater

Cheung Cheuk Lam Ansley (5B)

Seasons Haikus

Rainbow’s a sparrow
Flowers blooming on huge trees
Creatures come crawling

Spring-like fine green leaves
Animals come bustling
Countries are boiling

Frost covers the paths
Winter’s a savage madman
He makes us suffer

Snow like mosquitoes
On magnificent cities
Too cold to survive

JOURNALS

Lam Yu Hei Avery (5D)

If You Were One Inch Tall

If you were only one inch tall,
you would ride an ant to school.
Wind that blows from a fan would be a killer.
One pea can fill you up,
and last you a whole month!
Dust would fling you around,
if you were only one inch tall.

If you were only one inch tall,
you would live under a sofa,
and it would kill you to walk around the house.
A tissue ball would be my bed,
and my tiny ears would make it hard to hear
what she said,
if you were only one inch tall.

You would be lost in a carpet covered with fur,
you couldn't play with your cat,
and she would be chasing you instead!
To find a snack would take all day,
eating a snack would take all year,
if you were only one inch tall.

Chan Nap Yin (5C)

If You Were One Inch Tall

If you were one inch tall
A tiny lizard would be a fierce dinosaur
A ledge would be a hundred feet fall
A hamster squeak would be a dinosaur's roar
If you were one inch tall

If you were one inch tall
A breeze would feel like a hurricane
Pulling breadcrumbs would take a hard, long haul
Water drops from sinks would be heavy rain
If you were one inch tall

If you were one inch tall
Sugar cane would look like massive bamboo stalks
A small box could be a giant hall
A tiny hummingbird would be a hawk
If you were one inch tall

NEWSPAPER ARTICLE

Suen Yat Yee Kayla (5D)

Billionaire Jake Man Loses Life in Car Collision

Billionaire Jake Martin was involved in a car collision in Los Angeles last week.

Double-decker bus driver, Tom Swelton, drank 2 liters of alcohol before driving, causing the collision. Swelton managed to pull the bus to a stop.

This tragedy cost 35 lives and 13 injuries. The ambulance arrived 15 minutes after the collision. However, there was an explosion due to leaking gas.

When the ambulance, police and firefighters arrived, many people were in critical condition including Martin. Some people at the scene were proclaimed dead after the explosion.

Mike Martin, son of Jake Martin, was also reported missing. The police believed that Mike Martin was not in the car. However, the DNA samples collected from the backseat by the forensics proved that Mike was in the car. Blood was also found on the seats. Police are carrying out further investigation on this suspected kidnapping case.

Suzy Harhold, one of the witnesses said, "I was in a nearby coffee shop talking with my friend Sania Mane. We were talking about a book we've been reading about and we heard a big boom. We thought the sound came from some firecrackers, so we didn't do anything."

Sania Mane added, "As Suzy said just now, we only heard the bang. I recognize the bus driver and I overheard him talking about winning the lottery. I saw him walking towards a bar."

David Swelton, Tom Swelton's younger brother remarked, "My brother was already acting so weird last night. He kept rubbing his fingers. Ever since he was a kid, he rubs his fingers when he is nervous or when he is in trouble. He is a gambler."

The police later concluded that Swelton won the lottery, so he went to get a drink to celebrate. He woke up late for work while having a hangover. The hangover pill Swelton had did not work in time which affected his driving.

The judge later decided that Swelton has to be sentenced to 80 years of imprisonment.

Shek Yuen Ying Scarlet (5C)

The Crash of the Cars

A car accident happened just yesterday on the Happy Banana Street of California.

Harry Winkens exclaimed to the medical staff, “That lady wasn’t looking! It was a red light! She made me crash my Audi and now I have a bloody ankle and I’m seeing stars!”

Mrs. Nancy Eager, an onlooker, called the emergency hotline as soon as she saw the accident.

“I was lucky! I was in the car next to him! Lord is smiling at me!”

The lady, who is the main cause of the car crash, is called Ely Fony. She is currently a student at Fo College.

Fony was found unconscious and was brought to The City Pencil Hospital of California.

The medical staff carried Winkens to the ambulance using stretchers and four staff members.

The people who witnessed the car crash scene described it as “horrifying” and “unforgettable”.

Fony later cried after regaining consciousness, “I am so so so sorry! I was texting my friends I was going to be late for our meeting. I didn’t know I would cause such a serious accident.”

Fony’s driving license is now invalid and she has to pay for Winken’s car. She will also be facing six years of imprisonment for her carelessness.

The number of similar cases has increased by 11% this year. The Government of California warned citizens to focus when driving and never text or do other things.

Wang Ellie (5B)

Flying Car Crash

A car with 4 passengers unexpectedly glided on a motorcycle that was parked in the middle of Redstone Road yesterday morning. The car landed on another car seated with 3 passengers.

“I didn’t see the motorcycle,” exclaimed Fred Bailey, the driver of one of the cars involved in the accident. “Maybe it was the reflection of the sun. It was very bright.”

There were no injuries or deaths due to the protection from the airbags.

Ryena Liss, one of the drivers claimed that when the other car crashed over, the driver was screaming. “I guarantee you that the driver didn’t expect this to happen,” Liss later declared.

The two cars have been towed away for further inspection.

“Oh god,” complained Liss. “My whole car is damaged. It costed a fortune!”

Police later found out that the motorcycle was deliberately put on the road by a mentally ill man.

Jack Park, aged 54, was mentally ill and therefore, was not allowed out of the house. According to one of the neighbors, he grabbed the chance, stole a motorcycle, and left the house when all his relatives had gone to work or school.

He was halfway through on his trip when he needed a drink. He did not know that there were such things as parking lots, so he parked the motorcycle in the middle of the road.

He was later found at a water fountain nearby. He was fined and sentenced to 6 months of imprisonment.

Liss and Bailey were found not guilty at a recent court case. The judge decided that it was not Fred Bailey’s fault that his car had glided on the motorcycle, causing the car crash.

Therefore, the government recommends drivers to wear sunglasses when driving under bright sunlight. Officials also recommend drivers to install airbags in their cars for extra protection.

BLOGS

Aidan Ip Chun Hei (6B)

Technology - A Curse or a Blessing?

We humans are always attempting to make cars that don't cause harm to our planet's environment, so we could look to powers such as electric cars or maybe someday in the future we could use some sort of contraption and harness the energy from the sun so that we won't cause excessive harm to the environment.

Farmers will determine ways to feed the world's growing population and eliminate hunger.

True, scientists may be able to grow some select plants in laboratories, and this process might be faster than the original process.

Scientists will not stop doing research on chemicals or elements, as they will always be able to find out more than they currently know. It may not be significant, but some might be a major breakthrough. One day we might even find a metal that is better at conducting electricity than gold.

Global warming is a problem worldwide. The rising of the temperature is causing massive problems such as causing species of animals that live in the north and south pole to go extinct because their natural habitat is melting away.

Technology is getting even better we are in turn using less paper, since we can use virtual textbooks. We are already using an energy-saving tool, Zoom. We can use Zoom to talk to anyone with a phone, and it can even be used to hold lessons like the ones that we are using now!

There are certainly a lot more advantages than disadvantages to using technology. It brings us numerous advantages.

We can use social media to keep in touch with family members and with our friends and classmates. We can find out the recipes of tasty foods just by tapping on our phones, or simply streaming a video by going on Youtube.

Some people might say that children these days get addicted to using the internet and playing video games. However in the tradeoff between the advantages and disadvantages, advantages outweigh the disadvantages.

People rely too much on technology. There is way too much believing anything anyone posts on social media. Nowadays if we have a problem we might rely on technology more than we rely on our parents, because anyone can find out nearly anything with a simple Google search, and also because Google and other online platforms might be where parents go to when they don't know what to do too

Life here on earth is a lot better now than it was 100 years ago because of technology. Back then the best way to treat an infected injured leg might have been to amputate it, because we had no other way of solving the problem. 100 years ago we might be cowering in fear due to the Black Plague and killing our household pets, but now we have a cure to the plague, so we don't need to fear it anymore.

Nowadays, We can use our phones to call a person on the other side of the world, or we can send a message. A hundred years ago it would not have been possible. Well maybe it was but it would still take more time than if you send on WhatsApp which is near-instant, than sending a messenger for whoever knows how long to send it there for you.

Cara Do Wing Tung (6C)

Red Packet Money - How to Spend it Wisely?

Red packets are something really unique. They symbolize good luck and are a symbol to ward off evil spirits. It is a gift from family and friends, usually given in Chinese New Year and sometimes also given at weddings, birthdays, and other special events. Usually, married people give red packets to unmarried people.

Many people love red packets, but do you know why people give them out? There are lots of reasons, and one of them is about a monster named Nian. Every year at the beginning of Chinese New Year, Nian left his den at night to search for animals to eat. When it was really cold outside and all animals were hidden, Nian went to the village and ate children. Parents were heartbroken and had tried many different ways to attack Nian. Unfortunately, none of the methods worked. Parents sat together to discuss Nian and soon discovered that Nian was afraid of the color red and loud noises. So they stuck the red paper on the front doors, and they banged pots, drums, and pans at night. Nian was scared to death, so he ran back to his den at the speed of lightning and never came out again. The next day, all villagers cooked delicious and fragrant meals, gave kids red packets, and set off firecrackers to celebrate a peaceful year ahead. Ever since, people cook luscious meals and enjoy with their family, give unmarried people red packets and set off firecrackers every Chinese New Year. What a wonderful legend!

As you may know, red packets include two parts: the envelope and the money. Normally, I will keep \$500 as pocket money and save the rest in my bank account for future use. But, this is not the wisest and smartest way. I think the wisest and smartest way is to keep \$500 or \$600 as pocket money, then separate the rest in halves. Half will be saved in the bank and the other half will be donated to charities such as Unicef, Hong Kong Red Cross, Orbis, World Vision, and etc. Helping others is so meaningful! After getting the money out, the red packets can also be reused. I can make decorations with it to decorate my house, so my house would be filled with the atmosphere of the Chinese New Year. Using the same red envelopes in the year after or putting it in the recycling box for paper is also a good way to reuse the envelopes. What an environmentally friendly idea!

You must now know more about red packets. I can't wait to see how much money I have inside the red packets!

Joey Pang Ho Ching (6B)

Do We Control Technology or Does Technology Control Us?

Nowadays, technology is all around us, and it has been seriously affecting our daily lives. There are televisions, phones, ipads, earphones, and many more. Humans are now creating unnecessary robots, electrical replacements for objects, and that is what surrounds us humans. Little kids are now entertaining themselves with technology and ruining their childhood that could otherwise be filled with so many fun activities. Not only that, but because there are so many electric replacements for everyday objects, we humans are getting lazier, and our eyesight is getting worse! Technology is now taking over our lives, and that's terrible news.

Devices were made for us humans to control, not to take over and control our lives. What's worse is that this problem is quickly growing more and more severe.

However, I think that there will be cars that do not cause excessive harm to the environment in the future. Based on the current scientific progress, I believe that humans will be able to create an environmentally friendly car. People have already invented some environmentally friendly electric products like phone chargers, clocks, drones, and more. I think humans will be able to create cars that don't require petrol, which creates exhaust gas and is the main threat to the environment by cars. I feel that humans will eventually figure out a way to invent the great car that will not cause excessive harm to the environment.

I think that farmers will not determine ways to feed the world's growing population and eliminate hunger. I feel that way because even with high technology and fast-growing products, there will not be enough space to grow enough food for the

world especially as the world population is growing at a rate of 100,000,000 people per year. We will not only have less space for farming, but many more people to feed as well! This task is impossible to achieve even with our imaginary gadgets. That is why I believe farmers will not in any way be able to determine ways to feed the world's growing population and eliminate hunger.

I believe humans can not stop doing research on computer technology whenever they decide it is to their advantage to do so. It is because technology can bring much good to our lives as long as we do not overly rely on it. For example, our phones can bring us joy, help us contact other people from far away, and also allow us to ask for help in emergency situations. There are many more electronic devices that help improve our lives.

Technology will use up so many natural resources that it will harm the environment. Researchers have found that we are consuming more natural resources than the planet can regenerate in a year. Most of the newest technology includes major commodities such as oil, coal, iron ore, natural gas, and copper. Also, producing new technology requires lots of nonreusable materials, causing any harm to the environment. Even some of the simplest things will damage the environment. For example, the making of paper requires wood from trees. Humans are chopping down important things that surround us which will affect our lives.

There are more advantages than disadvantages of technology. It is because it makes our life a lot more convenient in many ways. For example, our lives can be more organized because

we can plan things with our phone, we can call for help in emergency situations, we can contact each other even when we are far away from each other, and much much more. Also, there are no alternatives that can perform the same ways as our devices do. However, the disadvantages of technology can be avoided if humans paid more attention to their health. The disadvantages of technology are addiction, which means that you need your phone in your life or else you would face many mental problems, and also to be affected by the radiation emitted by our devices. Both those problems can be avoided as long as we limit and control ourselves with our devices.

I think that people are currently relying too much on technology, especially their phones. I think that this is the main problem with people and technology. Anyone can go on the streets, and see many people on their phones while walking. Also, people are relying on online websites way too much! Most people are now online shopping a lot because it is more convenient. This takes away the time that people could be taking a walk with their friends or family. Overall, people are relying on their devices to do things that they could be doing themselves, and that is affecting their health and daily lives.

I believe technology has really improved our lives now, and life is better now than 100 years ago because of technology. Technology has not only saved our lives in numerous situations, but it has also brought us joy and comfort. It may have some negative effects, but it most definitely has even more possible effects. 100 years ago, many lives were sacrificed because the technology level was not as advanced, but now, technology is advanced enough to help us through many things.

BOOK REVIEWS

Ip Long Ching (6A)

The Adventures of Sherlock Holmes

I would like to recommend the book ‘The Adventures of Sherlock Holmes’. It is a collection of twelve short stories by Arthur Conan Doyle, published in Hong Kong by Students-Kingdom Publishing Limited, and it was first published in 2013. This is detective fiction. All the short stories are about a British detective Sherlock Holmes, and his assistant, friend, and biographer, Dr. Watson. Together they investigate dozens of cases. By following them as they solve a series of problems, you will be able to see an incomparable mind that works against the criminal world in London.

These are amazing books. I think it is fascinating when you find out how Sherlock thinks things through. He is awesome and quite intelligent. The book contains many exciting mysteries and contains a lot of adventures. From the stories, you can learn much about the characters. The writer always leads you to find out the significant details you might have missed. The outcome is totally different from what you would expect.

My favourite part was from The Adventure of the Blue Carbuncle.

The part in this book is when Sherlock Holmes and Dr. Watson meet the criminal James Ryder. He talks to Holmes for the first time. Here are some quotations I liked-

“You? Who are you? How could you possibly know anything of the matter?” James Ryder said.

“My name is Sherlock Holmes. It is my business to know what other people don’t know.”

“But you can know nothing of this?” James Ryder said

“Excuse me, I know everything about it.....”

I like this part because Holmes had a superior edge and gave a smart reply. He is such a genius. He seems to know everything. I also want to have such talent.

It is worthwhile to spend your time reading the whole collection.

Jasmine Yeung Tsz Wing (6A)

The Boy in the Striped Pyjamas Book Review

“We hope you never have to cross such a fence...” These lines are from the book “The Boy in the Striped Pyjamas” by John Boyne. It is about a 9 years old boy named Bruno. His father is a soldier. Bruno lives with his parents, a 12 years old sister and maids. After a visit by Adolf Hitler, the leader at that time, Bruno’s father is promoted to be the commander of the concentration camp. So, their family moves to a house close to the concentration camp.

Bruno doesn’t know anything. He sees there is camp and inside there are people wearing striped pajamas, which means prisoner clothes. Bruno meets a boy named Shmuel. They become very good friends. Towards the end, there is a real twist in the story.

I learned that people should free others if they are innocent. Also, we should have humanity and not allowing genocide. I know that we have to show empathy towards others and not be cold-hearted.

My favourite part of the book is when Bruno discovers there is a camp and meets Shmuel. That is because it seemed to pull me into the book, and I could imagine the whole picture in my mind. It also made me interested in knowing what was going to happen next.

I really like the book although it made me nervous reading it. I decided not to judge a book by its cover anymore, because I had thought the book would be boring before I read it, but I changed my mind after reading it. As I have mentioned, the characters in the book always stay in your mind, giving you a deep impression. So I definitely will recommend it to others. Hoping others can learn and have fun from the book!

Pang Jaydee Hei Yu (6A)

Wonder

“I wish everyday could be Halloween” This is said by an inspirational boy who wrote a book about his journey. “Wonder” is the name of the book, and it is truly magnificent.

“Wonder” is a diary, written by R.J. Palacio. This treasure was published in 2012.

“Wonder” is a book about a boy who has a medical condition with his face, and he is afraid to let people see his appearance. His family tries to convince him that he is normal and would be fine, but the boy just doesn’t give in. He expresses feelings and writes about how he got bullied during his time at school. His sister also takes part in writing in the ‘diary-ish’ book, adding on how she feels as the sister of a depressed child.

My favorite part of the book was when the boy meets a student who is willing to be his friend. They have a special bond; they both like astronauts and astronomy. It was very touching when he got a friend. The two of them go on a journey together. His response when he finds out that he has a friend is priceless, and it would make you shed a tear.

This book is definitely worth reading as it’s a message to never be ashamed of who you are. No matter if you have a fake leg, or a medical condition, being yourself is always number one. This book is full of exquisite vocabulary, making the ride through the little boy’s journey as clear as crystal. The content is loaded with surprises, and reading this book could never be boring. It’s a very special story, and not reading this would be like not having presents on Christmas! You can learn about how unique everyone is in their own self.

Reading “Wonder” is very thrilling as it’s full of emotions. This book is poetry in a pattern perfectly. I recommend this book to all readers, no matter if you’re a teen, adult, or even elderly citizens. If you can read, it is a great choice. If you don’t like to read, watch the trailer of “Wonder” first, then you will easily fall in love with the series! This is one of the best books, and I hope all of you can read this treasure.

LETTER OF COMPLAINT

Hayley So Hoi Ting (6C)

Flat X , X Floor , Block X ,
Sandrea Cove,
88 Peona Street,
Shatin,
Hong Kong
18th May, 2019

Terrible Camping Company
Cici Tower,
18 Ony Street,
Shatin,
Hong Kong

Dear Sir or Madam,

My name is Hayley So. I am one of the customers who went camping with your company. We went to Meona Campsite in Ma On Shan on 8th May, 2019. I am writing this letter to complain about the terrible experience I had at the camping trip.

First of all , your tour guide Lanie’s attitude is absolutely unacceptable! My friends and I thought that we could relax and forget about all our stress on this camping trip . But it turned out to be a nightmare! Lanie forced us to play parachute ! My friends and I told Lanie that we are afraid of heights , but Lanie ignored us! We are totally disgusted by Lanie’s attitude towards us! That night, I had a nightmare about Lanie forcing us to play parachute! I am totally appalled. How would you feel if you were put in this situation?

Second of all, I want to complain about the schedule of the trip! The schedule was very exhausting! We needed to go to six attractions in a day, and we also needed to travel five hours in a car every day! We needed to wake up at 6 a.m. and we could only go back to the campsite and rest at 12 a.m.! I felt like I was in the army! How would you feel if you were put in this situation?

Last but not least, I want to tell you that the hygiene problem was very serious. At night, when all of us were starving, we hoped that we could have a fantastic dinner at the campsite. But again, it disappointed us! When I opened my dinner box, I could not believe my eyes! I saw cockroaches and ants crawling on my dinner! Could you believe it? How would you feel if you were put in this situation?

My friends and I are totally disgusted by the service provided. In order for your company to improve, here are some recommendations for your company. First please talk to all your staff and retrain them with proper manner and attitude. Maybe if they improve, you can raise their salary. I am sure if you do not change your staff’s attitude and manners, you will lose all your customers in a flash of time! Secondly, I think you need to make the schedule of the trip more realistic and relaxing! You can cut some of the attractions which are not very important or worth seeing. Last but not least, I hope you can improve the hygiene problem in the campsite. You can disinfect the campsite more often!

We are extremely disappointed with the camping trip. If you still do not improve, I will contact the Leisure and Cultural Services Department and tell them about the awful experience I had on the camping trip. But if you do improve, I will bring my friends and families and go camping with your company!

I am sure, in your position as head manager, you can make the trip a better one! All in all, I would love to see the improvements made by your company.

You can contact me by Gmail (Hsoayley@gmail.com) or by phone no. (8888 8888) . I am looking forward to your reply shortly.

Yours faithfully,

Hayley S.

Hayley So

Kendra Lee Yan Wah (6D)

Flat X, 24th Floor, Block X,
Half-blood Tower,
6 Olympian Lane,
Subtopewds District,
Hong Kong
11th August, 2019

Starlight Camp
Flat B, 1st Floor,
SkyHeights,
Lame Lane 99,
Bankrupt District,
Hong Kong

Dear Sir,

I am Kendra Lee, and I visited your camp, Starlight Camp from the 9th of August to the 12th of August with my friends and family. We were very dissatisfied and I wish to complain about the terrible time I had with your camping company.

Firstly, I am extremely disgusted by the way your guide treated us. We arrived at the camp and no one came to show us our cabins for ten minutes! When we asked a guide, he shoood us away and told us to wait for more with an exasperated expression on his face. After another ten minutes, our guide finally showed up. His face was red, which was probably caused by the bottle of beer he was drinking. He half-heartedly grumbled to us where the cabins were and what activities we could do with an irritated glare. His directions were unclear, so my friend politely asked him where our cabins were again. He snapped at her and stormed away.

How would you react if you got snapped at by a person whom you asked politely and was already late in the first place? Well, I was enraged by the appalling behavior of your staff. He was drinking during work hours, and did not even have the manners a proper guide should have! As a guide, he should have welcomed us and answered our questions politely.

If your service does not improve, I am going to post negative comments about your campsite on Facebook. When people read about how rude your staff is, they would not come, and you will lose customers. That would not be good for you.

The second problem with your camp is how expensive everything was. Yet that was not the biggest problem. It was how the flyer and online website of yours did not mention that we need to pay for everything except the entrance fee! In fact, I found a line on your website saying, “You can enjoy all the pleasures in our camp for free after you pay the entrance fee!” However, that was not the case. When I and my friends decided to canoe, we found that we had to pay an astounding amount of \$329 for an hour of renting the canoes! That is certainly not called “Free”! It was very expensive! The only free service in your camp was the small field that contains one ragged, dirty soccer area! I am infuriated by how you lied to your customers. This dishonest behavior is outrageous and not acceptable.

A friend of mine asked me to recommend a campsite to her, and I am thinking of recommending this camp to her. And I will still do that if this improves the next time I visit. I am sure my friend will also recommend the camp to others. That’s a lot of customers coming, and it means a lot of business. You surely would not turn down such an appealing offer, would you? It certainly will not be hard for you, the senior manager of the camp. You can easily solve this problem, as only the smartest, most intelligent, and the best leader could take on such an important role.

The third issue is quite an important one. It is about the lack of hygiene in your canteen. It cost us a fortune, and we were expecting high-quality food. Imagine our immense disappointment when we realized we paid so much money for time to dine in a gruesome, unhygienic restaurant! The meat in the kid’s burger was raw, and I caught some of your staff making coffee from coffee beans that fell on the ground! Your canteen was also infested with ants. I saw a whole colony of ants emerging from the cracks in the wall when I dropped some ice-cream on the ground!

How would you feel if you found out you had to pay \$386 per person for this kind of service? I am offended by how you failed our expectations terribly. If you do not improve your hygiene, I will alert the Food and Hygiene Department about your lack of hygiene. You will probably have to pay a huge fine, which may lead to this camp closing down. You will surely not want that, right?

Here are some recommendations I have for you. For your first problem, I strongly advise you to retrain your staff or hire a new batch of staff. No one likes staff with such an attitude, and your staff certainly is not earning the liking of your customers. Retrain your staff so they have better manners, or hire staff with good manners. Also, you have to remind them not to drink alcohol during work hours.

This is my advice for your second issue. Firstly, change your website and flyers. Yes, they may attract people to come to your camp, but they would make people angry as they are fooled, and they would not come back. They will most certainly not tell people good comments about your camp, and they also have all the right to sue you. Secondly, add more free activities. The activities were fun, but not so fun that you would pay the entrance fee and the fee for those activities. If customers feel like they are bankrupted, they would not come back. The free activities do not have to be ones you spend a lot on. It can be a simple playground or a ground for archery.

This is my advice for the biggest flaw in your camp. Firstly, hire more janitors. Make sure they do their job properly. You do not want to be sued for your unhygienic dining environment. Secondly, hire exterminators. There were colonies of ants in your cafeteria, and they scared people away from eating at your place. The exterminators would only have to come once every few months. That may cost quite a lot of money, but it will be worth it when customers pay for your food. Lastly, lower the price for your food. If not, your customers will be as unsatisfied as me, my friends and my family when we found out we paid so much for low-quality food, and they will bring their own food next time.

If you have any questions, this is my contact information. My phone number is 9999 0000, and my email address is catsarethebest@gmail.com.

Yours faithfully,
Kendra Lee Yan Wah

Lai Suet Ching (6E)

X/F, Flat X,
Block X, ABC Centre,
Yuen Long,
Hong Kong
24th December, 2019

North Star Camping Company
Flat B, 42nd floor,
Northstar Office Building,
51 Sesame Street,
Shatin,
Hong Kong

Dear Manager,

I am Suetching Lai. On December 20, I went to your campsite. I am writing to inform you and to complain about your horrible camping trip and terrible services, also about finding my stay extremely uncomfortable.

First of all, I joined your new program “Adventure Camp” and I signed up for “Hiking Beginners”. The instructor Mr. Hang was rude and kept saying we were wasting his time to lead us. He also led us on dangerous and steep trails with twigs and overgrown bushes blocking our road. When I tried to locate where we were, he just ignored us and continued hiking like I was invisible. After the hiking trip, I found out that the trail that he took us on was not even specified on your camp trail map, that means he took us through a shortcut! How would you feel if your instructor constantly ignores and complains that leading you was a waste of time, and taking you on dangerous shortcuts?

Secondly, I wish to complain about the unhygienic canteen. The utensils and plates were oily and had food stains on them, the food was not fully cooked, and it tasted horrible! Also the soup has some “free mosquitos” in it. I asked for a change and the waiters only said “Pay or nothing” to me! The dishes were quite salty although your menu was for “healthy food”. Also the sauce was dripping out. How would you feel if a waiter refuses to change the soup and oily utensils?

At last, I want to complain about the disgusting rooms. There were stains on pillowcases and bedsheets. The rubbish bin was full of old rubbish and some candy wrappers were left on the floor. Rooms were supposed to be cleaned every time a customer checked out! The scent was terrifying and it smelled a little bit like rotten eggs. Then we found a dead rat lying under a bed. Luckily the janitor quickly came to clean it up, but the

washroom was covered with some black mold! Is this the quality that I paid for? How would you feel if you were staying in these low-quality and unclean rooms with a dead rat lying under your bed?

As the senior manager, I am sure you have the ability to ensure these things will not happen again and are able to deal with these problems quickly and easily. I recommend you to recruit more staff instructors who want to teach and please teach your crew to be more polite while serving or teaching. The manners of your staff are an important image of your camp. Also you should tell the dishwashers to clean the dishes more carefully to avoid stains, then there will not be any oily utensils and dishes. Also do tell your chefs to be more careful not to let any outside items get into some food. Plus you should tell the janitors to tidy and clean the rooms directly after a customer checks out to make customers feel comfortable about their stay. Rooms are really needed to be clean as dead insects or dead animals may spread some disease and sickness through the campsite. Rude manners are also a serious problem as most of your staff looked angry and annoyed whenever I asked for anything. They ignored or spoke rudely and loudly, like I was disturbing them. Also, I was really surprised as one of your instructors, Mr. Hang Byran took us on dangerous routes and said out aloud he was wasting his time by teaching us. Mr. Hang also refused to answer our questions and ignored us.

If you do not change and improve, I will post a negative comment about your camping company or complain about your hygiene and food to the Food and Hygiene Department, so nobody will come to your company’s camp anymore. Five of my friends and I were planning to stay at your camp, but only if you improve, or else, we will cancel this plan and visit another company.

Once again, I was immensely disappointed about my experience and I hope you would improve as quickly as possible. I hope next time I visit, things will be up to standard. I am looking forward to your reply shortly. If you have any questions, feel free to contact me through 2222XXXX or my Gmail, abc@gmail.com.

Yours faithfully,

Suet Ching Lai

SONNETS

Eires Yuen Yi (6E)

Ode to Summer

Shall I compare thee to winning a prize?
A moment full of fascination and delight,
It’s like I’ve fallen into an endless paradise,
You’ll be full of joy inside day or night!

You are a toasty summer wonderland,
Full of unique creatures and tons of fun,
Enjoy the beach and play around with sand,
Now let’s go have some fun under the sun!

But thou can also be a scorching pan,
Toasting us all until we are burnt bread,
Oh how I desire that I could make a heat ban!
My brain is burning ferociously inside my head!

You are the spirit of everyone’s hearts,
Keeping us cheerful until dreaded school starts.

Eva Lee Ying Tung (6B)

Winter

Winter is a big, pale sheet of paper
Always covers the floor, making it snow-white
Watching this view while you are eating supper
Always makes you feel fantastic and bright

Winter is a fascinating picture
Its dazzling view makes people feel wonderful
A frozen decoration next to your furniture
Which pictures everything peaceful

Winter is an abusive parent
Always forces you to wear thick layers of clothes
In order to resist the cold air current
Oh! Winter! You make me sizzle in breaths

But thy fabulous view would always be seen
I will remember it every time everywhere I’ve been.

Matthew Kwok Shing Cheuk (6A)

Winter

Shall I compare thee to a sheet of white parchment
Desperately waiting for us to “write on”
And a machine which conjures excitement
It is the laughing gas thee produced keeping us on.

Shall I compare thee to a feast,
Providing us with delicious turkey.
Also a giving, good, friendly beast,
Guarding us against the evil summer’s lackey.

Though thou art an evil refrigerator,
Freezing everyone that’s in your path.
Thou art also a scary, murderous terminator,
Killing and attacking those who had a hot bath.

Though thou art an evil killer,
I shall stay with you like a whiteboard and marker.

STORIES WITH FLASHBACK AND CLIFFHANGERS

Aiden Leung Cheuk Yeung (6A)

Jane stood at the side of the stage, waiting for her name to be announced. She held her breath. This was the moment she had been waiting for all her life.

It was a year ago that Jane had started sixth grade in Clover Primary School as a new student. This school was famous for its students with very good inventing skills. She was moved from another place to this school and she was a very creative person. At the start of her life in Clover Primary School, she wasn't very popular as the relationships of other students were already very close. Therefore, it was a tough time for her to overcome this challenge.

The class teacher of Jane was Mrs. Juliet, and she was 50 years old with not a lot of white hair on her head. On the first day of school, Mrs. Juliet treated Jane exceptionally kindly because Jane was new. Jane thought that she was very kind, so she became good friends with Mrs. Juliet. Jane participated in Mrs. Juliet's maths club and as days went by, Jane's maths became the top five of the whole school.

One day, Mrs. Juliet invited her to join a competition about inventing a new system that could reduce global warming. She immediately said yes because she had always dreamt of creating a thing that could save the planet. She first planned for a while, then came up with an idea. She presented to Mrs.

Juliet, "I think we can install solar panels all around the cities. Like on the walls of skyscrapers and the road to absorb the sun power." Mrs. Juliet nodded her head and said, "This is a great idea, but you should think about the possibility of doing this. Think of how to install the panels and the price of it." Jane knew that this idea may not be possible, but she thought that she should work hard to reduce global warming.

The next day, Jane decided to stay after school and do some research on making the solar panels cheap and lightweight, so they could easily stay on the buildings and not make them be so heavy. Later, she discovered that using carbon fibre and installing solar cells on it could increase the efficiency to 60%. She told Mrs. Juliet about this achievement, because the best efficiency ever made so far was 40%. After trying and trying, the weight had been lowered to 20kg per 10m². She was very amused by the result she had made, and she thought she might win the competition if she strove to make her presentation better and make the numbers better.

As she changed her product to be better than ever, she began to prepare for her presentation and looked at the team from other places. She gasped at the competing teams because there were teams from Cambridge, Oxford, TCL, MIT, and many other famous schools in the world. She was worried that they are very strong teams and they would win the competition. She decided to work harder to make the presentation better and tried to do a test on her new solar panels.

There were five days until the competition, and Jane was all set to present her new solar panel design. She practiced and practiced until she was confident and fluent to present. She also prepared a model of the solar panel idea she made. She was now very invested in winning the prize to save global warming.

On the day of the competition, she dressed up for speaking and presenting her idea in front of other teams. She was at first nervous to speak in front of the crowd. She was also scared that the judges wouldn't pay much attention to her. She stood at the side of the stage, waiting for her name to be announced. She held her breath. This was the moment she had been waiting for all her life. When the judges announced her name, she walked on the stage to present. At first, she wasn't so confident as she had never faced so many people talking.

Later, she adapted the environment to the crowd. Her speech was becoming more confident and fluent. The judges were now nodding their heads to agree with her points. She was happy to have the judges agreeing with her. In the end, she bowed and left the stage. After her speech, she thought that she could win because she presented very well.

At the prize presentation, she was excited for the judges to announce the results. The prizes were presented in order. When the judges announced the third place, the prize went to Cambridge for inventing a new method of wind power.

The second place went to MIT for inventing a new method to monitor global warming. She felt that there was no hope because the third and second prize had been given away.

It was the moment of truth. Jane's heart was pounding quicker and quicker. When the light began to shine, the light moved around the hall. Soon, the light stopped at another group, so she felt that she had lost, but the light moved again, this time moving to Jane. It stopped and didn't move again. Jane had won the competition.

Lastly, Jane celebrated with Mrs. Juliet and Jane became very famous for inventing this solar panel, but the prize didn't arrive for a long time. Somebody has suspected her of cheating, and she was being investigated...

STORIES WITH FLASHBACK AND CLIFFHANGERS

Gustav Chau Yuet Chung (6D)

The Ultimate Boxing School

Jane stood at the side of the stage, waiting for her name to be announced. She held her breath. This was the moment she had been waiting for all her life.

It was a year ago that Jane had started sixth grade in Clover Primary School as a new student. It was a school that taught kids boxing. Every year there would be a student chosen to compete in the World Teenage Boxing Competition, representing Sweden. Everyone in the school wanted to compete in it, including Jane. Jane’s father was a boxing coach. He taught Jane how to box until he passed away, so Jane’s mother sent her to this school. Although the students in the school were told that she knew how to box, they still would not believe so, since Jane was a very skinny girl.

That was until they had their first fitness tests. Surprisingly Jane got an A and she had a lot of friends after that. While some students were friendly to her, others were not. Every day they would train for six to eight hours, and had to learn the theory of boxing for two hours. Everybody in the school only had one goal, which was to become the one chosen to compete in the world tournament.

Jane trained every day, even when she was at home. Soon it was the time to choose who would represent Sweden to join the World Teenage Boxing Competition. Students from all grades went to the training rooms to do the test, as did Jane. Coaches were there to mark the grades of each student. They were all very surprised by Jane, who was usually weak and tired all the time. Three days later, the results came out. Students from all grades stood on both sides of the stage, hoping they were the ones chosen to join the competition.

Jane also stood on the side of the stage, waiting for her name to be announced. Holding her breath, this was the moment she had waited for her whole life. The headmaster of the school stood on the stage and said, “ the person chosen to join The World Teenage Boxing Competition is..... Jane!” All of Jane’s friends cheered for her and her mom was proud of her.

A month later, it was the day of Jane’s first match in the boxing competition. But when she woke up, she found herself in a dark room with both of her arms tied around a chair.....

Nicole Cheng Tsz Yin (6A)

The Technology Choice

Jane stood at the side of the stage, waiting for her name to be announced. She held her breath. This was the moment she had been waiting for all her life.

It was a year ago that Jane had started sixth grade in Clover Primary School as a new student. She blended in the school quite quickly and slowly become one of the popular kids in the grade. She was very interested in technology and always tried to improve people through technology. Her best friend was a girl named Ella who helped and supported her ever since she started sixth grade.

She had invented all kinds of things but she was working on her biggest project yet - an AI robot butler. She told everyone about her project. Everyone was very excited except for one person, Mark. Nobody knew why but Mark always disagreed with others especially on projects with technology. Jane got a lot of compliments from her friends, classmates and teachers. Everything was going great. Jane kept up with the school’s learning and had time to work on her project.

Jane and Ella had fun programming the robot. Jane wanted to make a learning robot, that had emotion at the same time. It would obviously be hard, but they managed to do it. In the meantime, they learnt more about each other.

“How are you so good at this? Jane asked.

“I just enjoy coding as much as I love

dancing and dancing has always been my passion since the first grade. I have won multiple awards in dancing competitions,” Ella answered. Jane was stunned at the amount of determination and passion Ella had in her she was certain that others would look up to her if she ever told anyone (apparently Ella didn’t tell anyone about it).

As day became weeks and weeks became months, Jane was getting closer and closer to perfecting her robot. It was getting close to the end of the school year which meant the school would hold an award ceremony, to appreciate the outstanding performances of many students. Needless to say, Jane was one of the awardees. The teacher even invited her to introduce her new invention, the AI robot. Jane was very honored and she wanted to make the presentation memorable and perfect.

-Remember Mark? He was the MC and an awardee. He went up to Jane and said, “I can tell this time someone is plotting against you. “ That gave her goosebumps, but she didn’t care. Jane stood at the side of the stage, waiting for her name to be called. She held her breath. This was the moment she had been waiting for all her life. She heard her name and went up the stage. She was filled with confidence. She turned on the robot butler. Beeping sounds kept coming from the robot’s head. Smoke started appearing on the robot’s head. Jane was doubting herself. What went wrong? The only way to stop the robot from destroying things was to cut all of its wires so it would stop transmitting. Obviously Jane ran up to it and managed to

cut all the wires. She stopped and realised that the room was filled with chaos, but who could have rigged the machine? Her first thought was on Mark. It all made sense! Mark never liked robots, and the message sounded like a threat. Just when Jane was about to find Mark, she heard a voice.

“Hey Jane, “ said a voice, “I took the cooling system, so your robot goes crazy. “ Jane turned around. The voice was Ella’s Jane was shocked, “Why?” she asked. Ella who had a smick on her face replied, “I’m jealous. I don’t get why I’ve been winning many awards and yet people don’t notice me. Somehow everyone noticed you because of your technical talent. Why can’t we just be treated the same?” Ella’s smirk slowly turned to a frown. Jane was speechless.

“Ella did all this just so I have a bad reputation?” Jane thought to herself.

Silence crept through the hallway.

“I forgive you,” Jane said, “I know how it feels to not have a reputation. I felt the same way in my old school.” Jane promised to be more considerate of her best friend’s feelings. They decided to go through the secondary journey together (there was a Clover Secondary School).

Months passed by. They had adapted to the secondary school life and were in the middle of a holiday group project in Jane’s house. Ding Dong! The girls opened the door, to hear the stranger say “You two miss me much, my former creators?”

STORIES WITH FLASHBACK AND CLIFFHANGERS

Chan Sze Long (6B)

The Ultimate Boxing School

It was a year ago that Jane had started sixth grade in Clover Primary School as a new student. She was packing her bags at the locker ready for science class. As she sat on her chair, the teacher announced “ Today we will be going on a field trip! ” The whole class cheered with excitement. But when she asked the teacher where they were going, the teacher said with a creepy voice, “ Secret...”

After a long bus ride they arrived at a lab which only researched different chemicals. The class walked around the lab looking at the scientist working through the window. As Jane looked at different chemicals, the teacher pulled her aside and spoke in a deep - voice, “You are the new kid huh?. “ Jane nodded with a question mark in her mind.

“Follow me please, “ he continued “My boss wanted to meet you. Oh by the way, you can call me Jeff. I am actually a scientist here.”

After walking down the long and dark hallway, Jeff and Jane came to a big room with a lot of cells and..... a room filled with red gas.

“Woah! What is this?”

There were some other kids there, all wearing prisoner clothes.

Jeff spoke, “Boss. I have brought Test subject 292 here”

A mysterious voice answered, “Good job, Jeff! Now go back and take those foolish kids home!” Jeff nodded and went away.

The mysterious voice said, “ Now kid, stand beside the stage if you want to be stronger. We have invented Chemical - X. We can be stronger and rule these soft and foolish humans.”

Jane thought for a while she thought of why she changed school, the bullies from the old school! If she gets stronger, she could get revenge or even take over the world, I will be your test subject. “I want to be stronger,” Jane said with a grin on her face, “Good Good air... “ The mysterious lice said.

Jane stood quietly at the side of the stage, waiting for her name to be announced. She held her breath. This was the moment she had been waiting for a new life. It will surely be stranica mysterious voice said, Test subject 292, please step toward.

中文
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文集

句式運用

吳勁旻 (1B)

1. 一天上午，小貓在綠油油的草地上跑步。
2. 一天下午，蝴蝶在蔚藍的天空中飛舞。
3. 星期天的早上，雪白的綿羊在山坡上走來走去。
4. 星期二的下午，魚兒在小河裏玩耍。

梁凱喬 (1B)

1. 一天上午，小貓在草地上捉小蝴蝶。
2. 星期五，蝴蝶在天空中飛。
3. 早上，山羊在綠油油的草地上吃草。
4. 晚上，小魚兒在小池塘裏游泳。

黃柏榮 (1B)

1. 星期日，我們一家到公園裏玩。
2. 爸爸在公園裏聽小鳥唱歌。
3. 弟弟在公園裏盪秋千。
4. 可愛的猴子在公園裏爬樹。
5. 媽媽在公園裏看七彩繽紛的花草。

我最喜歡的麵包

黎語翹 (1E)

我最喜歡吃豆沙包。它外面有兩片圓圓的烤餅，裏面是豆沙餡，好像一個銅鑼。豆沙包的味道很香甜又鬆軟。我最喜歡吃裏面的豆沙餡，豆沙軟綿綿的，真美味。做豆沙包，我們需要用雞蛋、砂糖、麵粉、豆沙和黃油等材料。我好想和妹妹一起做豆沙包，再分享給我的老師、同學和家人吃。

我的假期

李展樺 (1C)

每逢假期，爸爸、媽媽會帶我和哥哥去不同的地方遊玩。復活節，我們去了日本沖繩賞鯨。暑假，我們去了馬來西亞的沙巴玩浮潛。國慶假期，我們留在香港爬山、騎單車。聖誕節，我們去了韓國滑雪。我們的假期真精彩！

我的假期

梁允言 (1D)

放假的時候，我和家人會到不同的地方玩耍。新年，我們到朋友家拜年。暑假，我們到沙灘游泳。中秋，我們到公園賞月。聖誕，我們到尖東看燈飾。我的假期真精彩！

我的假期

楊逸 (1A)

我的聖誕節

今年的聖誕節假期，我在台北訓練營中度過。我學會了自己洗澡、收拾、睡覺和團隊合作。聖誕夜那天，我在陽明山山頂上享用聖誕大餐。我吃了意大利薄餅、意粉、薯條……看見了很多星星和台北美麗的夜景，享受着節日的氣氛，我感到很幸福。

我的朋友

唐意涵 (1D)

我的朋友叫唐唐，我們是1D班的同學。我比他大一歲，他已經五歲了。

唐唐有一雙明亮的眼睛和一張櫻桃小嘴，笑起來很可愛。他喜歡在學校操場跑步。我們會一起去圖書館看書，我們還會一起去音樂室學唱歌，真開心！我很高興有這樣的朋友，我希望我們永遠是好朋友。

我的朋友

鄭以翹 (1E)

我的朋友叫淇淇，我們已經認識五年了。淇淇今年五歲，比我小一歲。她的眼睛圓得像寶石，臉上常常掛着燦爛的笑容。淇淇最愛唱歌，我們常常一起在家開演唱會。淇淇是我的好朋友，也是我的好妹妹。

我的朋友

陳晞瑜 (1C)

你好，今天我會介紹我的朋友，她就是我的同學可可。可可的嘴巴大大的，眼睛很明亮，像星星一樣閃閃發光。她的皮膚很白。她最喜歡的水果是西瓜，因為西瓜又甜又多汁。

我的朋友

雷宜睿 (1D)

我的朋友叫芊芊。她很關心別人，還會跳舞，跳得可好了，就像小天使！雖然我們在不同的地方上學了，但我也會忘記可愛的芊芊。

我的朋友

黃樂僊 (1C)

我的朋友叫瑩瑩，她是我幼稚園時幼兒班和高班的同班同學。我們今年都是六歲。今年我們入讀了同一間小學，但在不同的班別。

瑩瑩個子小小，頭髮短短，好像一個洋娃娃，真的很可愛！

現在的小息和午息，我們都會在一起玩耍，我覺得很開心！

你的好朋友是誰呢？

我的聖誕節

宋祺然 (1E)

聖誕假期，我和爸爸媽媽去溫暖的三亞旅行。我們去了海棠灣和亞龍灣。我看到了藍藍的大海，它像一面鏡子，照着蔚藍的天空。沙灘上有細細的沙子、白白的珊瑚和高大的椰子樹。沙灘是螃蟹和跳跳魚的家。每天早上退潮時，我們都會抓大大小小的螃蟹、小魚和一些軟綿綿的海參。我很開心，很期待明年的聖誕節！

運動會

易曦朗 (1A)

十月十八日，星期五，學校在馬鞍山運動場舉辦運動會。全校學生共分為仁、義、禮、智、信五個學社。我是仁學社，大家都穿着綠色的衣服，戴綠色的帽子。在運動會上，我參加了三項比賽：跑步、立定跳遠和拋豆袋。除了比賽，我還有一項任務——做啦啦隊，我要用力喊口號，支持自己學社的學生。這是我第一次參加小學運動會，好玩極了！今天我過得又開心又興奮，我期待明年的運動會。

黃梓謙 (1A)

十月十八日是我學校的運動會。我參加了跑步、跳遠和擲豆袋項目。馬鞍山運動場又大又漂亮。我穿上紫色的社服和帽子，坐在紫色的信社隊伍中，又高興又興奮地為運動健兒打氣。最後，我又開心又疲累地回家了。

一次跌倒受傷的經歷

丁藹穎 (2E)

一個陽光和煦的下午，我、哥哥和媽媽在凹凸凹凸的自行車徑上，快快樂樂地騎自行車。

突然，我失去了平衡，「撲通」一聲跌倒了。我痛得哇哇大叫，淚如雨下，一邊捂着膝蓋，一邊難過地抬頭看着關心我的媽媽，說：「我的膝蓋擦傷了，很痛呀！」這時候，哥哥和媽媽扶起我，一邊拍拍我的肩膀，一邊安慰我：「不用擔心，回家後我們替你清洗傷口吧！」

最後，他們扶着我一拐一拐地回家。我覺得很幸福，像吃了蜜糖一樣，心裏甜絲絲的。

看圖寫故事

狐狸和小狗

周天悅 (2D)

一天，狐狸、小狗和兔子兄妹在森林裏玩耍，然後大家一起野餐。狐狸忘記了帶食物，當他看到小狗拿出美味的雞腿時，就搶走了小狗的雞腿。小狗傷心地說：「他搶了我的雞腿！」

狐狸回家後，狐狸爸爸和媽媽知道了狐狸搶了小狗的雞腿，媽媽生氣地說：「你知道自己做錯了嗎？你不可以搶走小狗的雞腿！」小狐狸聽了感到很慚愧。

第二天，狐狸帶了一籃子的食物跟小狗道歉，裏面有：雞腿、蘿蔔、肉和蘋果。小狗高興地說：「嘩！謝謝你！」狐狸說：「不客氣！昨天是我錯了！」

最後，小動物一起分享狐狸的食物。兔妹妹說：「真好吃啊！」大家又做回好朋友了。狐狸爸爸和媽媽看到小狐狸知錯能改，感到十分欣慰。。

李卓諺 (2B)

一天，狐狸、小狗和兔子兄妹在森林裏玩耍，然後野餐。狐狸忘記帶食物，牠看到小狗拿出美味的雞腿時，便搶了小狗的雞腿。小狗看到了，就嘩嘩大哭，哭得面紅耳赤，呼聲震天。

狐狸回家後，狐狸爸爸和媽媽已經知道了狐狸搶了小狗的雞腿。狐狸爸媽都很憤怒，狐狸媽媽嚴肅地說：「搶別人的東西是不對的，你會傷害到別人！」狐狸聽了，便慚愧地說：「我知錯了！」牠決定向小狗道歉。

第二天，狐狸提着一籃子食物，準備到森林找小狗。狐狸看到小狗便說：「對不起，我昨天做錯了！」小狗說：「不要緊，我沒生氣！」就這樣，牠們坐在河邊一起快樂地野餐。

牠們一邊吃着籃子裏的食物，一邊談天，非常開心。狐狸爸媽看到了，都感到很欣慰。

這個故事令我明白了：做錯了事要改過，這樣才能補救，別人才能原諒你。

陳濔佳 (2B)

一天，狐狸、小狗和兔子兄妹在森林裏玩耍，然後野餐。狐狸忘記帶食物，牠看到小狗拿出美味的雞腿時，便搶了小狗的雞腿。小狗哭得呼天搶地，可憐極了！

狐狸回家後，狐狸爸爸和媽媽已經知道了狐狸搶了小狗的雞腿。狐狸爸爸和媽媽就很生氣，媽媽生氣地說：「你以後不可以再搶別人的食物了。」狐狸低下頭說：「我以後都不會再搶別人的食物了。」狐狸決定要把食物還給小狗。

第二天，狐狸提着一籃子食物來到森林，因為牠想向小狗賠罪。狐狸真誠地說：「小狗，對不起！」小狗說：「沒關係，我可以原諒你。」

最後，小動物們在草地上開心地分享食物。牠們從籃子裏拿出食物，一邊吃，一邊談天。狐狸的爸爸和媽媽看到兒子知錯能改，感到很欣慰。

黃匡逸 (2D)

一天，狐狸、小狗和兔子兄妹在森林裏玩耍，然後野餐。狐狸忘記帶食物，看到小狗拿出美味的雞腿時，便搶了小狗的雞腿。小狗一邊哭，一邊說：「小狐狸搶了我的食物。」

狐狸回家後，狐狸爸爸和媽媽已經知道了狐狸搶了小狗的雞腿。狐狸爸爸媽媽很生氣，說：「你不可以搶人家的食物，這樣做是不對的！」小狐狸覺得很後悔，跟狐狸媽媽說：「對不起！我知錯了。」

第二天，狐狸提着籃子，籃子裏除了有雞腿，還有蘋果和蘿蔔。小狗看到小狐狸籃子裏的食物感到很高興。小狐狸說：「對不起！我昨天做錯了，現在請大家一起吃這些食物。」小狗、兔哥哥和兔姐姐說：「好！」

最後，牠們一起吃食物，而且吃得很開心。小狐狸知錯能改，狐狸爸爸媽媽覺得欣慰。

看圖寫故事

陳皓晴 (2C)

今天陽光普照，我們一家人一起到樂思游泳池游泳。到門口的時候，哥哥興奮地說：「終於到達游泳池了，我們快進去吧！」

進入游泳池後，我們換上了泳衣。媽媽和我一起做熱身運動的時候，爸爸對哥哥說：「趕快過來做熱身吧！」但哥哥沒有理會爸爸的話，飛快地衝到泳池旁，想跟其他小孩一起追逐和嬉戲。

過了一會兒，我發現哥哥大叫：「救命啊！」原來哥哥的腳抽筋了，沒辦法動彈，他感到很驚慌。就在這緊急的時刻，有一位救生員毫不猶豫地跳進泳池，救了哥哥。後來，哥哥被送進醫療室治療。

最後，哥哥對爸爸說：「爸爸，對不起！我知錯了！我不應該不聽您的話。」當時，哥哥覺得很慚愧。

這個故事讓我明白了要聽父母的話。

盧欣浠 (2C)

星期天，陽光普照，爸爸、媽媽、妹妹和我一起到樂思游泳池游泳。當我抬頭看見樂思游泳池時，我便歡歡喜喜地說：「我們終於到達游泳池了，快進去吧！」

我們換上泳衣，媽媽和妹妹在做熱身運動。爸爸看見我靜悄悄地溜走，便對我說：「快來做熱身運動！」我不但沒有理會他，還飛快地衝進泳池裏，跟其他小朋友嬉戲和追逐，玩得不亦樂乎，開心極了！

當我在嬉水時，我突然抽筋了。我的家人看見我溺水便大驚失色起來。說時遲，那時快，救生員聽見我求救便毫不猶豫地從椅子上站起來，撲通一聲，跳進水裏救我。接着，爸爸媽媽便跟我到醫療室作檢查。

我做完詳細檢查後，沒有大礙，只要好好休息便可。我慚愧地對爸爸說：「對不起，爸爸！我令你們擔心了！」爸爸沒有罵我。最後，我連忙向救生員道謝，並且向爸媽承諾以後游泳前會做熱身。

張天行 (2C)

今天是陽光普照的一天，我、妹妹、爸爸和媽媽一起去樂思游泳池游泳。我歡歡喜喜地走進游泳，還說：「我們終於到達游泳池了！」

當我進場後，我快速地換上泳衣，飛快地來到游泳池邊。在游泳池旁，有的小朋友在追逐，有的在嬉戲，還有的小朋友在嬉水。我感到很興奮！爸爸說：「快來做熱身運動！」可是我沒有理會爸爸的話，馬上跳進游泳池。

當我跳進游泳池後，可能因為我沒做熱身運動，突然抽筋了。我痛得大聲叫：「救命啊！」爸媽都大驚失色，幸好救生員及時地救了我，我才沒有溺水。爸爸媽媽抱着我飛快地跑往醫療室去。

最後，在醫療室裏，救生員一邊為我檢查，一邊安慰我。我慚愧地對大家說：「對不起！我以後會聽爸爸的話，不會再令大家擔心了。」

今天，我感到十分內疚，也非常感激各位的幫助。

給醫護人員的一封信

朱值辰 (2A)

親愛的醫生和護士：

感謝你們在這段新型冠狀肺炎嚴峻的時期鏖而不捨地照顧病人，因為你們的付出，病人才會得到康復。我會做好自己，保持身體健康，不增加醫護人員的負擔。

我衷心感謝你們為市民所做的貢獻！

祝
身體健康、平平安安

學生
值辰敬上
二零二零年二月七日

黃珊銘 (2A)

親愛的醫生和護士：

我要跟你們說聲辛苦了！謝謝你們，因為你們在這段時期，不分晝夜幫助市民對抗突如其來的病毒，不畏懼病毒並照顧病人。你們就像黑暗中的蠟燭，燃燒自己，照亮別人。我會做好自己，少出外，少聚會，保持正常的生活作息，保持身體健康，這就是對你們一份幫助。

我真誠地再一次向你們致敬。

祝
身體健康！

學生
黃珊銘敬上
二零二零年二月七日

親子運動會

夏玉恒 (2B)

今天，我和爸爸去九龍仔運動場參加親子運動會。我心想：獎杯非我莫屬！我既緊張又興奮。

「嘩——」比賽開始了！爸爸飛快地向前跑，就像火箭一樣！我從爸爸手上接過接力棒，便拼命地向前衝。

本來，我遙遙領先，突然「撲通」一聲，我跌倒了。同學們驚叫起來，我翻滾了一圈，受傷流血了。爸爸扶我到醫療室，我低下頭來，被迫退出比賽。

然後，救護員仔細地幫我處理傷口。她幫我消毒、治療和貼紗布。爸爸擔心地問我：「你還痛嗎？」我說：「我好了很多。」救護員告訴我暫時不能跑步，我感到很傷心。

最後，我和爸爸到看台上觀看比賽，為其他同學打氣。爸爸安慰我說：「我們明年再參加比賽吧！」我說：「好！」我希望明年可以跟爸爸一起參加比賽，取得勝利。

過新年

何允程 (2A)

年三十晚的晚上，爸爸、媽媽、妹妹和我一起吃了一頓豐富的年夜飯。媽媽準備了很多佳餚，有白切雞、椒鹽蝦，還有我最喜愛的冬菇，真美味啊！我們互相夾食物給對方，多麼溫馨呢！

吃過年夜飯後，我們去逛年宵市場，這裏人山人海，多熱鬧啊！我們看見七彩繽紛的花和各式各樣的擺設。爸爸買了一個黃色的小熊氣球給妹妹。我興致勃勃地對媽媽說：「水仙花散發的味道特別香，我們買一盆水仙花回家吧！」

接着，我們挑選了一棵大桃花和一盆水仙花。因為桃花太重了，所以爸爸負責捧着桃花，那我就捧着水仙花。媽媽就付錢給攤位的店主。於是，我們就心滿意足地回家去。

回家後，媽媽煮湯圓給我們吃，爸爸把桃花插好後，便開始封紅包。我和妹妹就一起佈置桃花，把紅包掛在桃花上，我們還把揮春貼在牆上。經過我們一家人的佈置後，家裏充滿了新年的節日氣氛，我們過了一個很難忘的晚上。

徐子愉 (2D)

年三十晚上，我們一家人在家裏吃了一頓又豐富又美味的年夜飯。

晚飯過後，我們去了逛年宵市場。年宵市場裏人山人海，有的人買年花、有的人買汽水，十分熱鬧。我跟爸爸說：「我可以看看年花嗎？」爸爸說：「當然可以。」

然後，我們來到賣年花的攤位，那裏擺放了五顏六色的花。我們挑選了心愛的桃花和水仙花，媽媽便為我們付款。買完花後，我們便捧着年花，依依不捨地回家了。

回到家，我和妹妹便馬上佈置家居。一會兒後，媽媽煮好湯圓，我們就一面吃湯圓，一面迎接新年。今天真是又忙碌又難忘的一天。

李凱頤 (2E)

年三十晚上，爸爸、媽媽、妹妹和我在家裏吃年夜飯。餸菜非常豐富，有蝦、魚、冬菇……十分美味。

吃過年夜飯後，我們去逛年宵市場。那裏人山人海，十分熱鬧。我們看見有不同的年花和新年裝飾。媽媽買了一個元寶掛飾給我，我向媽媽說：「謝謝！」

接着，我們去了賣年花的攤位。我們選好了心儀的桃花和水仙花後，媽媽便付錢給檔主。之後，爸爸和我便高興地捧着花離開。

最後，我們回家佈置客廳。妹妹把紅包掛在桃花上，而我就把紅紙貼在花瓶上。媽媽也煮好湯圓給我們吃。今天真是又高興又難忘啊！

譚鎧津 (2E)

今年年三十晚，我們一家人在家裏吃年夜飯。這頓飯又美味又豐富，有魚、蝦、蟹和鮑魚等食物。我們吃得很滿足。

吃過年夜飯，我們去逛年宵市場。那兒人山人海，真是熱鬧得很。我們在攤位上看見很多不同品種的花，有水仙花、桃花、蘭花、五代同堂果等等。

接着，爸爸和媽媽決定買一盆水仙花和一棵桃花。媽媽付錢後，我便捧着一盆漂亮的水仙花，爸爸則拿着一棵綻放的桃花。妹妹看見隔壁的攤位有很多不同形狀的氣球，有的是圓形的小熊，有的是星形的比卡超。最後，妹妹選了圓形的小熊氣球。

回家後，媽媽在廚房裏煮湯圓，爸爸在餐桌上包紅包，我和妹妹在客廳裏把剛剛買回家的花裝飾起來，把客廳佈置得又整齊又漂亮。

最後，我們一起吃湯圓。然後，大家洗完澡，便換上新睡衣睡覺，期待大年初一的到來。

大自然教育中心

戴雪晴 (3C)

在一個風和日麗的早上，老師帶我和同學們到大自然教育中心學習大自然的知識。

到達大自然教育中心後，我看見很多不同的動物。我和我的同學都聽見鳥兒在吱吱喳喳地叫，好像在說：「你好！你好！」我們還聞到花兒的香味。

然後，老師帶我們到昆蟲館，昆蟲館裏的昆蟲可多了，例如：美麗的蝴蝶，可怕的蜜蜂……有的同學覺得很可怕，有的同學感覺很好奇，還有的同學覺得五顏六色的昆蟲好漂亮。我的好朋友美兒在欣賞正在飛舞的蝴蝶時，突然，一條毛毛蟲爬出來了。美兒害怕得直打冷顫。我說：「不用怕，那只是蝴蝶的寶寶。」美兒才平靜下來。

接着，我們就來到了鳥湖。鳥湖裏的鳥兒都很可愛，老師讓我們用麩包餵鳥兒，鳥兒吃東西的樣子更可愛了。

最後，我們要離開了。我們依依不捨地跟動物們說再見。

謝家朗 (3C)

在一個風和日麗的早上，老師帶領我們去大自然教育中心旅行，這是我們第一次跟老師去旅行，所以我們非常興奮。

我們一進門口，接待處就在眼前。這裏可真大，有昆蟲館、中華藥園、園圃、溫室和鳥湖。

我們先去昆蟲館參觀。有些同學很好奇，有些覺得很有趣，還有一些很害怕。我就跟這些害怕的同學說：「這些是蝴蝶的幼蟲，牠們不但不是害蟲，還很美麗。你們看！牠們好像在翩翩起舞呢！」那些害怕的同學說：「是啊！」

接着，我們去鳥湖參觀。有些同學覺得鳥兒很可愛，有些覺得牠們很漂亮，還有的同學覺得牠們很吵，因為牠們吱吱喳喳地吵個不停，但是有同學覺得鳥兒好像正在跟我們說：「你好！你好！」

最後，我們依依不捨地離開，我心想：下次我一定會叫我的家人再帶我來這裏的。

陳俊陶 (3B)

一個晴朗的清晨，老師帶我們到大自然教育中心旅行。

一下車，我們看到很多設施，哇！這裏真大啊！有昆蟲館、中草藥園、園圃……

首先，我們到了昆蟲館，很多同學都被嚇壞了。因為他們都覺得奇怪，為甚麼有這麼多昆蟲呢？這裏有螳螂，還有很多我說不出名字的昆蟲。非常有趣！

之後，我們到了園圃學習種植食物。我們先收割了成熟的蔬果，再開闢一塊土地來種植菜苗。那裏的工作人員說：「你們做得非常好，把收成的食物帶回家吃吧！」我想：可以把農作物帶回家，真是非常滿足啊！

我們玩了一個早上，都很餓了。吃過午餐後，我們便要回家了。我在這裏度過了一個又高興又充實的上午，我非常期待可以再來玩兒啊！

陳若璿 (3B)

一個陽光普照的上午，老師帶着我們到大自然教育中心。我們抱着既緊張又興奮的心情出發。

我們一來到大自然教育中心，便看到很多展館，有小食亭、昆蟲館、園圃、溫室……我聞到香噴噴的花香，聽到小鳥吱吱喳喳地叫，好像在說：「你好！你好！」

首先，我們參觀昆蟲館。我一進入昆蟲館就看到很多昆蟲。有五彩繽紛的蝴蝶、勤勞的蜜蜂、身體十分細小的螞蟻等，真令我大開眼界啊！因為我十分喜歡昆蟲，所以我迫不及待地拉着我好朋友的手，說：「你看到這昆蟲嗎？十分漂亮！」我的好朋友一邊打冷顫，一邊說：「我……我最怕昆蟲了！」「難道你看不到這花紋十分漂亮嗎？」我說。我的朋友說：「是啊！」

到了午餐時間了，學校提供了一個熱狗和一杯汽水。啊！有我最喜歡吃的熱狗，太棒了！我想起媽媽給了我二十塊錢，我夠錢買冰淇淋了。我一邊吃着一邊說：「真的太好吃了！」大家都吃得津津有味。

最後，我們依依不捨地離開了，我心想：希望下一次可以再來吧！

陳頌羲 (3A)

一個風和日麗的早上，老師帶領我們去大自然教育中心旅行。這是我們第一次去旅行，所以感到又緊張又興奮。

我們一進入大自然教育中心，就看到服務員笑容滿面地接待我們，還聽到小鳥的叫聲，就像在說：「你好，你好！」我們還聞到花朵的香味呢！

首先，我們去昆蟲館參觀。我驚訝地說：「哇！這裏有很多不同的昆蟲啊！」老師說：「大家注意，我們會看到美麗的蝴蝶。」我們進去之後，就看到有的蝴蝶在飛舞，有的在採花粉。參觀完整個昆蟲館後，我們全班同學都感到很高興。

接着，我們去了中草藥園摘中藥。女孩子們說：「中藥真臭！」我說：「不臭啊！」我們摘了很多中藥就走了。我看到女孩子們一臉難受的樣子，忍不住笑了。

我們要離開大自然教育中心的時候，小鳥拍拍翅膀經過我們的面前，就像在對我們說：「再見！」我們依依不捨地走了。

好書推薦

李卓蔚 (3A)

我最喜愛的書是《愛迪生》，也推薦給大家。這本書記述了發明家愛迪生經歷各種挫折和磨難，最後終於發明電燈的故事。電燈的發明對人類貢獻極大，所以人們尊稱他為「發明大王」。

我喜歡愛迪生，因為他除了發明很多電子產品之外，也是一位非常認真、努力、勤奮、有耐心和有強烈研究精神的人。愛迪生在發明電燈時，經過了六千多次失敗，但他不放棄，最後終於成功了。他真是一位了不起的天才。

我想把這本書推薦給一些做事沒有耐性的同學，因為我希望鼓勵他們做事好像愛迪生一樣有耐性。

王宥勻 (3A)

這本書的書名叫《大偵探福爾摩斯》，作者是柯南·道爾。

這是一本關於偵探的故事書。我最喜愛的人物是福爾摩斯和華生，因為福爾摩斯很聰明，也很有音樂的天分。有時候福爾摩斯最愛出數學遊戲給華生，我很懷疑，福爾摩斯真的知道答案嗎？

華生是福爾摩斯的好拍檔。他樂於助人，而且曾經擔任軍醫呢！另外，大家知道書中的其中一個角色——小兔子嗎？其實，小兔子既是福爾摩斯的好拍檔，也是專門賣大新聞的老闆。

我想把這本書推薦給大家，這樣我們就可以在撲朔迷離，錯綜複雜的案子中一起尋找答案和兇手。讀完了這本書，明白了福爾摩斯是如何巧妙地破案之後，難道你們不覺得福爾摩斯很聰明嗎？

我的志願

余浩楠 (3E)

請大家猜一猜，有一種職業總是穿着白色袍子，人們生病了，就會去找他。這是甚麼職業呢？猜對了，就是醫生！

我想當醫生。其中有兩個原因：第一，我的爺爺和奶奶都是醫生；第二，醫生救死扶傷，解除病人的痛苦。

面對重大疫情，醫生總是站在守護生命的第一線，他們不懼怕病毒，把病人的安危放在第一位，我覺得他們很偉大！

我知道要在香港成為一名醫生很困難，但是我會為此而努力！這個志願就像一顆種子種在我的心裏，希望有一天它可以開花結果。

劉浩海 (3E)

長大後，我想當一名造福人群的發明家。我覺得這項工作很有趣，具挑戰性，而且很有意義，符合我的性格和興趣，因為我總是對各種事物都抱有好奇心，也喜歡在家裏找各種各樣的東西來改造。

偉大的發明家知識豐富，具有創造力。發明家所發明的物品不但使人們的生活更便利，還可以提高人們生活素質。當我看到歷史上的發明家的事跡，我對發明的熱情被點燃了。我的理想是發明一面能看到自己長大後的樣子的鏡子，還可以預知未來的世界。

現在，我要好好學習，爭取當一名優秀的發明家。

汪叡孜 (3B)

長大後，我想當一名善於觀察生活、多動腦筋的畫家。

我喜歡這項工作的原因有兩個。首先，畫畫是一種藝術，要有很強的專業技巧，包括調色、塗色和定位等等，而且畫畫正是訓練臂力和腕力的好機會。

另外，畫家的工作不分地域界限，不論在家中，在街上，甚至走到世界任何一角，都可以把美麗的風景用畫筆記錄下來，既可以滿足自己的興趣，又可以擴闊視野。

希望將來別人欣賞我的畫作時，感受到藝術所帶來的歡樂，減輕壓力和放鬆心情，好像走進另一個自由自在的時空。

蕭峻行 (3D)

我的名字叫蕭峻行。長大後，我想當一名科學家。

我覺得做科學實驗十分有趣，也很有挑戰性。若我能研究出一些成果來，還可以貢獻社會。

當科學家還可以服務人群，對我來說，這份工作很有意義。我會繼續閱讀大量的科學書籍，增長知識，長大後成為一名出色的科學家。

趙欣樂 (3C)

我長大後想當一名幼稚園教師。

我喜歡這個職業是因為它具有挑戰性。在教學過程中，老師需要因應不同學生的能力調整教學方法，因材施教。除了智慧外，老師也要有很強的耐性，實為不易呢！

當教師雖然要面對各種困難和挑戰，但是我一點都不懼怕，因為我喜歡這份職業。當教師可以幫助學生身心健康地成長，除了教導他們書本上的知識，還教導他們做人的道理，明辨是非。

看圖寫故事

狐狸和小鹿摘蘋果

劉曦彤 (3E)

一個陽光普照的下午，狐狸和小鹿在一棵蘋果樹下相遇了。突然，狐狸看著蘋果樹，心想：我可不可以使勁地爬到樹上，然後摘一些蘋果下來呢？小鹿也想：如果我猛力地撞樹，可不可以把蘋果撞下來呢？但無論牠們怎樣嘗試，都不可以把蘋果摘下來，牠們都累得滿頭是汗。

過了一會兒，狐狸靈機一動，跟小鹿說：「不如我站在你的背上，把蘋果摘下來，我會跟你還有其他小動物一起分享。」小鹿擔心地想：狐狸會不會很貪心和欺騙我，然後把蘋果全部吃掉？

後來，小鹿還是答應了狐狸的請求，於是狐狸就站在小鹿的背上，把蘋果摘了下來。牠們終於摘到蘋果了！狐狸和小鹿都感到非常開心。

最後，狐狸跟其他小動物一起分享蘋果，大家都感到很高興。小鹿和狐狸看到其他小動物的笑容，也感到很滿足。

小鹿和狐狸終於明白了一個道理：要互相幫助，才能得到！

陳可晴 (3D)

一個陽光普照的下午，狐狸和小鹿在森林裏的一棵蘋果樹下相遇。蘋果樹上的蘋果都長得紅彤彤的，牠們都想摘來吃。狐狸拼命地想爬上去摘蘋果吃。小鹿用力地撞，想把蘋果撞下來。

過了一會兒，狐狸靈機一動，想到了一個方法。牠說：「不如，你背着我，然後我摘蘋果，摘下來之後，我們一起分享。好嗎？」聽到狐狸這句話，小鹿想：狐狸這麼貪心，一定是想欺騙我才這樣說的呢！

但是，小鹿因為非常想吃到蘋果，姑且相信狐狸一回，就同意了牠的提議。於是，牠們一起同心協力，合力把蘋果一個個地摘下來。牠們摘到一堆蘋果之後，都感到心滿意足。

第二天，狐狸和小鹿帶著蘋果，走到森林裏。牠們跟其他小動物一起分享蘋果，動物們都感到很高興。

狐狸和小鹿終於明白了一個道理：要互相幫助才可以成功。

陳彥諾 (3D)

一個陽光普照的下午，小狐狸和小鹿在森林裏相遇。牠們走啊走，走到一棵蘋果樹下。牠們都想吃蘋果，所以小狐狸拼命地爬，想把蘋果摘下來。小鹿拼命地撞蘋果樹，想把蘋果撞下來，可是都不成功，牠們都累得滿頭大汗。

過了一會兒，小狐狸靈機一動，說：「你把我背上，摘下蘋果，我一定給你蘋果。」小鹿想：小狐狸很貪心，一定會欺騙我，把蘋果拿走。小鹿很擔心。

但小鹿還是決定把小狐狸背上來，因為小鹿很想吃美味的蘋果。小鹿和小狐狸同心協力，把蘋果摘下來，蘋果可真美味！

最後，牠們把蘋果拿回家，和動物們分享，大家都很高興。牠們狼吞虎嚥地把蘋果吃完了。

這個故事讓小狐狸和小鹿明白一個道理：大家要互相幫助才可以成功。

一件XX的事

伍卓祈 (4B)

一件愉快的事

去年五月的一天，發生了一件令人愉快的事。

那天小息，我在小賣部買零食吃。忽然看見林老師捧着一疊很沉重的本子經過，我馬上走過去對她說：「林老師，讓我幫幫你吧！」

我和林老師各自捧着一些本子，向教員室走去，林老師一邊走，一邊對我說：「謝謝你，你真是個樂於助人的孩子！」我答道：「不用客氣！」

她溫柔地對我說：「因為你幫助了我，所以我一會兒給你糖果，鼓勵你以後多幫助有需要的人。」我愉快地回答：「我以後一定會幫助有需要的人，謝謝你！」老師的話令我感到高興，因為我有能力幫助別人。

這件事使我領悟到「助人為快樂之本」的道理，我也學會了幫助別人不是為了別人報答，而是我們從幫助人之中得到快樂。

秦永心 (4D)

一件有意義的事

上星期三，我決定幫媽媽做一次家務。

早餐後，我對媽媽說：「今天由我來做家務，您好好休息吧！」媽媽笑瞇瞇地點點頭說：「好吧！」

接着，我開始「工作」了。我首先拿起掃帚打掃睡房，然後仔細地打掃家裏每一個角落。接着，用毛巾擦桌子。最後，把廚房裏的碗洗乾淨。

幾小時過後，我終於清理完整個房子了。雖然我打掃得滿頭大汗，面熱得像滾燙的雞蛋一樣，但看見家裏煥然一新，一塵不染，心裏就樂透了。媽媽看見後，眉開眼笑地對我說：「你果然是好幫手！現在全家都十分乾淨！謝謝你！」媽媽還獎勵我一塊香噴噴的餅乾呢！我心裏甜絲絲的。

今天，我幫助媽媽做家務，讓她不用這麼操勞。以後我會繼續和她一起分擔家務，還要好好孝順父母，做個好孩子。

彭禧年 (4A)

一件發人深省的事

暑假多天以來，天都是黑濛濛的，那天突然風和日麗，我心血來潮相約幼稚園同學一起去玩耍。

爸爸笑着提議：「我們去西貢北潭涌吧！」我非常贊成，我們懷着又興奮又期待的心情出發了。

到了西貢北潭涌，剛好碰上那裏舉行二人三足比賽，我們迫不及待地衝進去報名站。我們一行十多人拍了大合照後，便浩浩蕩蕩往山上的起點出發。不到十五分鐘已到達起點，工作人員馬上協助我們綁好腳，把我和爸爸的腳牢牢地貼在一起。比賽開始了，本來我們遙遙領先，但後來朋友超越了我們。那時我心急如焚，才發現我和爸爸欠缺默契，而且沒有喊「一二一二」口號。接着，我們改變策略，從後趕上。

到了比賽最後階段，我們已超越所有同學，我沾沾自喜，以為必勝無疑。忽然，一個熟悉的背影闖進我的眼簾，可是為時已晚，被婷婷同學超越，我後悔掉以輕心。結果，我們只獲得亞軍。

這件事教我明白做任何事，最重要是有團隊精神、默契，並且要全力以赴，才能獲得佳績。

一件XX的事

吳灝言 (4A)

一件難忘的事

因為叔叔要去日本旅行，所以他把他的小狗——小白寄養在我的家裏。牠一進來，就跳到我的身上，非常可愛呢！

第二天，我們帶着小白去了迪欣湖遊玩。我們玩了很多東西，例如：放風箏、踢足球、野餐……玩皮球的時候，我不小心把皮球踢進湖裏。小白因為想取回皮球，就一個勁兒地跳進湖裏。我嚇得目瞪口呆，連忙跑上看個究竟。

過了一會兒，小白終於爬上岸了。我高興地把牠緊緊摟在懷裏，心想：幸好小白沒出意外！這時候，爸爸大喊：「午餐時間到了！大家過來吧！」我高興地抱着小白回去吃東西。看着牠吃得津津有味的樣子，真的非常可愛！

雖然這一周裏發生了一些意外，但我仍然過得很快樂。我明白到人類和小動物可以有深厚的感情，所以要好好愛護牠們。

羅沛霖 (4A)

一件難忘的事

世界上有很多事令人難忘，比如：考試考得不好、和朋友吵架……都是難忘的事。在我身上發生最難忘的事就是七歲那年，我獨自去紐西蘭探望姑媽。

那天，我雀躍萬分地獨自一人來到機場，然後迫不及待跑到登機櫃檯。我忍不住地對地勤服務員說：「我自己一個去紐西蘭啊！」服務員說：「小妹妹，你很棒！」

當我進入機艙就看到很多既友善又美麗的空姐，她們細心地照顧我，因為我只是個七歲，又沒有家長陪伴的小孩。年紀小小的我只顧吃、喝、玩、樂，忙得不亦樂乎。起初戰戰兢兢的我，頓時忘記了一個人坐飛機的恐懼。

最後，我平平安安地到達紐西蘭機場，在開口見到姑媽的瞬間，馬上跑到姑媽身旁緊緊地擁抱着她。姑媽帶我遊玩了紐西蘭很多地方。

這次旅行既愉快又刺激，令我感到很難忘，直到現在腦海裏仍然經常浮現當時的情景。

陳德揚 (4B)

一件難忘的事

上星期六是我參加講故事比賽的大日子，我感到非常緊張！

一開始，我很不願意參加這個比賽，因為要對着其他小朋友說故事。但是經過爸爸媽媽的鼓勵，以及看過年紀比我小的小朋友精彩的表演後，我心想：比我小的都能做到，那麼我肯定也能做到。於是我鼓起勇氣，嘗試講故事。

剛開始講《時鐘國王》的故事時，我的聲量很小，講得斷斷續續。說到故事的後半段時，我終於把心情調整過來，聲音越來越響亮，說得既動聽又流利。

待我演說完故事，我的弟弟和其他小朋友不約而同地大聲鼓掌稱讚。那時，我非常高興！

通過這件事，我學會了只要有勇氣去嘗試，就會有一些喜出望外的結果。

黃竟瑜 (4C)

一件難忘的事

三個月前的一天，童軍老師跟所有童軍說：「我們這個星期六去宿營。」我開心得眉飛色舞！

到了星期六，我們到筲箕灣宿營。老師先安排我們到房間裏收拾好東西和弄好床單，再給我們休息。休息後，我們先做熱身，接着便比賽了。

熱身後，我們在森林裏舉行野外定向比賽！我們先分好小組，然後老師派發指南針和地圖。老師大喊：「三！二！一！開始！」我組非常順利，但途中遇到一條小河，我們只是七嘴八舌地討論，未能得出一個結論。最後因為欠缺團隊精神，我隊花了很長的時間才能順利度過這條河。

比賽結束後，老師宣佈：「我明天會告訴你們各組的成績。」翌日早上，老師告訴我隊是最後一名。我們非常失望。老師對我們說：「你們下次要加油啊！」大家得到老師的鼓勵後，心情都開朗起來。

這次宿營的經歷教我學到參與團體活動時，一定要有團隊精神。

好書推薦

郭鎧進 (4C)

書名：《好多好多飛機》

作者：布萊恩

出版社：小天下

這是一本講述不同飛機種類的圖書，例如：噴射機、飛船、直升機……這也是一本兼顧知識與趣味的遊戲互動書。書中每一架飛機都有一個號碼，小朋友可從林林種種的飛機中找出1到100的數字。

我最喜歡書中有關駕駛艙的介紹，因為能讓我多了解飛機的結構。左面有空速表，右面有高度表，上面有速率表，飛機真是複雜啊！

我最想把書推薦給世界各地的小朋友。因為這麼有趣的空中大鳥，難道小朋友會不喜歡嗎？

盧穎瑜 (4E)

最近，媽媽經常說我書不離手，所以今天給大家介紹這本書——《屁屁偵探消失在暗夜中的巨人》。

我最喜歡的人物是小鈴小姐，她是咖啡店「幸運貓」店長的女兒。她的個性爽朗，好勝心強。她的興趣是搖滾樂及拳擊，不僅僅是觀賞，還會去親身體驗！為甚麼我喜歡小鈴呢？因為她不怕事，而且她會勇敢地面對困難！我最喜歡的情節是屁屁偵探破案的經過，充滿了緊張和刺激感。

我想把這本書推薦給大家，希望大家可以從中找到破案的樂趣！

其實，這本書我已經看了二十次了，你快來看看吧！

好書推薦

葉進 (4E)

今天，我向大家推薦一本書，名叫《爺爺天堂筆記本》。作者是古竹伸介，出版社是三采文化股份有限公司。這本書是講述一個男子的爺爺前陣子過世了，有一天他和媽媽一起打掃爺爺的房間時，他看見爺爺床底的筆記本上寫着「死掉之後該怎麼辦呢？」等一系列好笑的記錄。

我最喜愛的人物是爺爺，因為他在筆記本上寫的內容很有趣。我十分喜歡爺爺寫下的一句話：「希望家人可以幫我做的紀念品」。爺爺希望家人可以替他訂製紀念鑰匙圈、紀念金幣、爺爺紀念唱片、爺爺紀念郵票和有八十八種可收集的紀念卡片。他還希望家人能建造一個紀念樂園和製作一部紀念電影。

看完這本書的時候，我十分掛念我已逝世的爺爺，爺爺也應該很希望我做紀念品給他吧！想把此書推薦給懷念已過世親人的小朋友們。因為通過這本書，小朋友能知道親人在天堂上是不會孤單的，他們還會幫助在世的親人呢！

日記

梁昕悅 (4B)

九月十七日 星期一 雨

今天是星期一，我和弟弟不用上學，因為颱風山竹襲港，教育局宣佈停課。爸媽平時很忙碌，難得他們不用上班，我十分興奮！我一定要和他們一起做一些平時不可以做的事情！

早上，媽媽說我們今天可以自己煮早餐。我聽到後，興奮得跳起來！我一邊煮，一邊和媽媽聊天，十分愉快！我煮了香噴噴的香腸、蛋和魚柳。我自信地想：以後我可以煮早餐給媽媽吃，好好報答她了。

下午，我們一起玩拼圖。拼圖時，我們很快就拼出圖案。我覺得當我們合作時，很快就可以完成！我們笑嘻嘻地玩了一個下午。我想：雨天，都可以變成一個「晴天」呢！

晚上，我和弟弟一起看電視。電視節目是《學學並玩玩》！我們最喜歡看這個節目，因為那是一個以表演來學習知識的節目。通過這個節目，我學到很多知識，例如：「為甚麼企鵝不能飛？」我和弟弟都看得津津有味，目不轉睛，十分專注。

雖然今天是雨天，要留在家裏，但我過得非常充實。今天真是有意義的一天！

鍾澄心 (4E)

十二月四日 星期四 晴

今天，我幫助了同學，獲得老師的稱讚。我很高興，能幫到身邊的人。

小息時，我在課室裏做功課。突然，坐在我旁邊的同學小晴，走過來問我：「我中文評估不及格，可以幫幫我溫習嗎？」我聽到後，心想：我中文評估拿滿分，小晴是我的好朋友，我一定要幫幫她。我便對她說：「你拿出中文評估卷，我會說出你的錯處，然後慢慢講解為甚麼不對。」然後，我就把她不明白的題目，講解了一遍，把她不會的部分弄個明白。

正在這時，黃老師走進來，她輕輕拍了我的肩膀，原來整件事被她看到了，她稱讚我是一個樂於助人的孩子。我深深地感受到助人的快樂，我的臉上露出了既像太陽一樣燦爛，又像蜜糖一樣甜美的笑容。

我明白了一個道理，幫助別人可以使自己更快樂。

譚善文 (4D)

二月七日 星期五 晴

今天晴空萬里，我懷着既興奮又高興的心情到馬鞍山運動場參加羽毛球訓練班。

到達目的地後，我換上羽毛球鞋，然後做熱身運動，安靜地等待。終於輪到我們上訓練班了！老師把我們分成二人或三人一組，然後教我們打羽毛球的姿勢。經過老師耐心的教導，我們終於明白了怎樣打球。雖然我打得不好，但是我沒有放棄。老師看見我不放棄的樣子，對我微微一笑，像是鼓勵，給了我一點信心，令我打得越來越好。然後，老師叫了我的名字，還叫我做示範呢！因為我打得很好，所以得到了老師的稱讚。

在訓練班完結之前，老師叫我們比賽。我的對手很強，可是我努力地打，最後勝利了！

當我走出體育館，看見太陽伯伯已經走了，皎潔的月亮出現，我想：今天真開心啊！我不但學會了不同的打球技巧，還學會了永不放棄的體育精神。

關倬婷 (4D)

十月十三日 星期三 晴天

今天是我们中國舞跳舞隊比賽的日子，大家都很緊張。

集合時，我帶着緊張的心情走進舞蹈室。大部分跳舞隊隊員都在練習和拉筋，但是，有些同學高談闊論，有些打打鬧鬧，完全不認真練習，令宋老師非常生氣。

經過宋老師的提醒，同學們立即保持安靜，不敢再喧嘩，努力地綵排。大家都很認真，得到了宋老師的認同和讚賞。

時間緊迫，家長義工為我們梳頭、化妝和整理舞衣。出場時，得到宋老師的鼓勵，我決定勇敢地面對這次挑戰。我信心十足地踏上了舞台。當評審宣佈我們得到了冠軍的那一瞬，大家都歡喜若狂。

我的心情十分興奮，與宋老師和同學們一起拍照留念，大家都得意洋洋。我心裏很高興得到媽媽的支持，對宋老師充滿了感激，以後我會繼續努力。

這就是我

陳浩廷 (4A)

這就是我，一個又高大又活潑的小孩子——陳浩廷。我留着一頭短髮，身體壯健，還戴着一副黑色粗框眼鏡。

有一次學校陸運會，我進行六十米短跑比賽的時候，很多同學為我打氣。他們高呼：「浩廷加油！浩廷！快到終點了！」比賽結束了，我拿到第一名！我興奮極了！令我更開心的是同學們對我的支持和鼓勵。媽媽跟我說：「你人緣真好！一定是因為你性格開朗樂觀，廣交朋友吧！」

爸爸常常稱讚我很愛護小動物。上星期，我的小狗病了，很是心痛，於是我每晚都不眠不休地悉心照料牠，給牠喝暖水，給牠穿衣服保暖。

這就是我，一個既開朗又細心的陽光男孩——陳浩廷。

家人，我想對您說

區兆晴 (5A)

媽媽，女兒心中有很多話想跟您說。今天，我終於可以告訴您了。

媽媽，感謝您每天都照顧得我很好，也謝謝您每天都在我身邊為我打氣。有一次，我生病了，您一直在我身邊照顧我，就算生病了，也有一個溫暖的天使在身邊陪着我，我甚麼都不怕。又有一次，我代表學校參加女子足球比賽。一開始的時候，我覺得非常緊張。到比賽的時候，聽到您在身邊為我打氣，那時候，我充滿力量 and 信心。謝謝您！媽媽，如果您不在我身邊為我打氣，我也無法發揮出我的實力。

媽媽，我知道您很愛我，可是有時候您可能會誤會了我。媽媽，有時候您太心急了，每次當我打開電腦做功課，您總是以為我在玩電腦遊戲，每次都要我解釋一番，您才明白，這讓我感到非常苦惱。

媽媽，我還想跟您說：其實我真的很想幫助您。因為當您做家務的時候，我已經睡着了。我可以幫您洗衣服、擦地、收拾房間……媽媽，對不起！有時候我會欺負弟弟，我會好好反省和改過，做一個好姐姐。

媽媽，我有三個願望，希望您可以幫我實現。媽媽，希望您可以用心聆聽我的解釋，希望您可以給我多一點學習空間，更希望您可以多給我一點自由。這是我的心願，也希望是您的心願。

好書推薦

張菀芹 (5C)

我推薦的書叫《工作狂鼠聖誕大變身》。這本書的作者叫謝利連摩·史提頓。它的出版社叫新雅文化事業有限公司。

在這本那麼有趣的書中，我最喜歡的人物是史提頓。我為甚麼那麼喜歡史提頓呢？那是因為牠很幸運，可以看見聖誕老人幫他派禮物。我最喜歡的其中一個情節是史提頓在參加聖誕派對的時候，由於史提頓忙着寫作，沒有關心家人，所以牠的爺爺很失望，故此，我明白到跟家人團聚比工作更重要。

我想把這本書推薦給我的同學，因為這本書又玄妙又詭秘。在這本書裏我們應該學習多一點兒形容詞。那麼惹笑的書，難道你不喜歡看嗎？

潘瑚 (4D)

我叫潘瑚，今年九歲，是一個四年級女學生。我不但樂於助人，而且喜愛做運動。

我的臉龐圓圓的，臉色紅潤，有一把烏黑濃密的秀髮。我有一張櫻桃小嘴，笑起來非常甜美。我的身材比較矮小和瘦削，但是我的腿很修長，跑得很快。

我非常樂意幫助別人。有一次在中學部聽完中文計劃講座後，我們一個接一個排好隊回到課室。途中，我看見一個中學部的大哥哥掉了耳機，我立即撿起來交給他。他對我說：「謝謝！」當時我心裏甜滋滋的，因為做了一件好事呢！

放假的時候，我每天都做運動，每逢星期五，我都會上兩小時的跳繩班。我喜歡做運動，因為我的身體會變得強壯。

這就是我——一個不但樂於助人，而且愛做運動的女孩子。

鍾澄心 (4E)

我叫鍾澄心，今年十歲。我是一個非常喜歡看書的「蛀書蟲」，也是一位很有愛心的動物愛護者。

我個子算是適中吧。媽媽常說，我有一頭烏黑亮麗的直髮，清秀的柳葉眉下，有一雙帶着眼鏡像黑珍珠的小眼睛。明亮得似乎會在黑暗中閃閃發亮。筆直的小鼻子下有一張櫻桃小嘴，裏面藏着一排整齊的牙齒。但我覺得媽媽說的話太浮誇了。爸爸還說，我白裏透紅的瓜子臉上常常掛着比蜜糖更甜，比太陽更燦爛的笑容，這時候更會露出兩顆碩大的門牙。爸爸的話也太誇張了！但我知道，在每一位家長的眼中，他們的孩子都是最可愛的，所以不必太認真。

我喜歡看書。有一次我看了一本十分精彩的書本，被故事中的情節深深吸引了，看得入神，久久離不開目光。當晚飯時，媽媽命令我放下書本吃飯，但我已沉醉於書本中。我一邊看書，一邊吃飯，結果媽媽捉點了我。直到睡覺的時候來了，我雖萬般無奈地走到睡房，卻忍不住在黑暗的睡房中偷看，最終媽媽幫我保管那本書。

除了看書之外，我也有一顆愛護動物的心。有一天，爸爸帶我去他們朋友的生日派對。那個派對的食物真豐富，令人垂涎三尺！那裏有沙拉、咖喱、意大利粉、薄餅、乳豬……！一整隻乳豬？太恐怖了！一隻無辜的乳豬竟然被製成食物？想像一下，無辜地被殺，製成食物！真是太可憐了。

我不僅是個蛀書蟲和動物愛護者，也是大家的好朋友！

鄭廷軒 (5D)

媽媽，我心中有許多話想對您說，今天我終於有機會跟您傾訴了。

從小到大，您一直呵護我。生活上，您一直關心我。每天早上，我總是聽到您叫我起床。無論您晚上何時睡覺，您第二天一定會準時叫我起床。放學後，我總是看不見您的身影，聽外婆告訴我，我才知道您去了上班。您為了養育我和弟弟，無論多麼疲倦都照常上班，是多麼努力啊！我知道，您這麼努力，只是希望能把我養育成才。

您給我學琴，因為您希望我長大後，可有多些工作機會。您要我每天練琴，儘管我十分辛苦，可我還是會堅持。另一個令我不想學琴的原因，是因為教琴老師很嚴格。您卻以為我不想學琴是因為我想玩遊戲機，但這不是真正原因。

有一次，我欠交功課，不想給您簽名，因為我猜您又會像之前一樣對我失望。最後您竟然溫柔地安慰我：「以後別再欠交功課了！」

媽媽，我真想對您說：我深深理解您望子成龍的心情，但我也需要您明白我。媽媽，請您給我自由吧！從今開始，我會更尊重您。

翁雅妮 (5E)

媽媽，其實我有很多心裏話要跟您說！

媽媽，從小到大，您都默默地為我付出很多心血。可是不知情的我，每次都會誤會您，並給您多添加一份煩惱及傷心。

每天早上七時半，您都會偷偷摸摸地看着我走進地鐵。那時我心想：媽媽，您還在啊！為甚麼每天都要偷偷看着我呀？原來您是擔心我太辛苦了而默默地關心我。唉，媽媽，其實最辛苦的是您啊！

還有一次，我不小心把您的手機掉進湯裏了，我嚇得半死。可是您卻不生氣，並原諒了我。那時我像被凍住了一樣，一動不動地坐在那兒發呆。媽媽，您的一生是受過多少委屈，您的寬容心怎麼可以那麼大？

媽媽，我想對您說對不起。有一次，我和您大吵了一頓，還大力地關門並不聽您解釋。我一直為那件事而後悔不已。媽媽，我不知道您有沒有原諒我，但我是真心誠意的跟您道歉。請您原諒我！

您的女兒答應您，她永遠都不會跟您頂嘴了，她永遠都不會讓您生氣，並會嘗試不和弟弟吵架。就算我們不同意彼此的意見，我們也盡量不要爭論，好嗎？媽媽，最後我想您多體諒我一些，哪怕多一點也行，希望您並不要只護着弟弟。媽媽，不論我們之間出了甚麼差錯或誤會，您永遠都是我最愛的媽媽！

《爸爸，我想對你說》

林卓淇 (5D)

爸爸，我有很多話想跟您說。

爸爸，謝謝您一直呵護我。您每天都要工作。回家後，您已筋疲力盡，卻仍要照顧妹妹。妹妹睡着了，您卻還要檢查我的功課。我記得您老是說：「這條題目做錯了，應這樣修改……」但我依然做錯，結果您要花更多時間教我怎樣改。

記得有一次，我成功課的時候，問您拿手機玩，您說不，我卻不聽話和強行奪去了您的手機，終於不小心把它打破了。當時您十分生氣！不過最後您還是原諒了我。

爸爸，謝謝您！您時時刻刻都守護着我。當我頑皮的時候，您會教導我、原諒我；當我有煩惱的時候，您會幫助我。

爸爸，我真想對您說：能做您的女兒是我的榮幸。爸爸，希望我們今後能再開心些，讓您更疼愛我。

《爸爸，我想對你說》

肖丰禾 (5E)

爸爸，其實我有很多話想對您說。現在，利用這篇文章，我終於有機會跟您傾訴了。

爸爸，從小到大，您一直呵護着我。無論是學習，還是生活中，您都無微不至地照顧我、關心我、幫助我。大至選擇學校，小至購買衣服，都為我挑選最好的，最適合我的。小時候，每天晚上您都給我講故事；現在，每個星期您都送我上不同的課，風雨無阻，您一直堅持，就是為了讓我學到更多知識，讓我接受更好的教育，在學業上得到提升。爸爸，謝謝您！

爸爸，我知道您做了這麼多，都是為我好。您要我好好學習，不要沉迷於追劇、追星，要我學習自理……我知道，您都是為我好，但是這些規矩，就像水族館一樣，限制了希望在無邊無盡大海裏遨遊的活潑的海豚。這讓我想起了一首歌——《金色童年》裏的一句歌詞：「給我金色的童年，畫出碧海和藍天。」爸爸，如果您給我金色的童年，我就可以創造「無限可能」。

爸爸，謝謝您這十年來，對我無限的關懷。爸爸，希望您身體健康，工作順利，生活愉快！最後，爸爸，我愛您！

我最愛的一種蔬果

唐米 (5D)

你知道我最喜愛的一種蔬果是甚麼嗎？那就是西瓜。

西瓜的表面有像海草的綠色波浪條紋。它的外形像一個碧綠的籃球，慢慢地在泥土裏長大。

西瓜的味道也十分吸引。它比草莓更甘甜多汁；它比小蜜桃更解渴；它比黃瓜更清爽可口。一咬下去，它的果汁好像海嘯一樣噴射出來，口感十分獨特。

西瓜的營養價值也很高。西瓜有那麼多果汁，是因為它的成份的百分之九十五全都是水分。而在每一百克的西瓜裏，有零點四克的膳食纖維和八點一毫克的維生素丙。根據大學的研究顯示，多吃西瓜不但可以清熱解暑，還可以減少皺紋，達到美容的效果。

西瓜不但甘甜多汁，營養價值高，而且可以清熱解暑。你說，我怎能不愛吃呢？

我最愛的一種蔬果

楊子園 (5B)

你知道我最喜愛的蔬果是甚麼嗎？給你一點提示，它可以是水果，也可以是蔬菜。沒錯，那就是蕃茄。它雖然看起來平凡，卻是我的最愛。

蕃茄有一個非常吸引人的外表。在市場看見它時，它紅彤彤的，晶瑩發亮，頭上的花托就像一個綠色王冠，讓你忍不住買一個來吃。切開它後，它的內部像一個王宮般，又美麗又透亮。

它的味道可以說是和外觀相配。它進入口裏時，酸中帶甜的「黃金比例」就會溶入口裏，你聞它時，清淡的果香就會撲鼻而來，你去碰它時，那柔軟、滑溜溜的感覺會讓你一口將它吃掉，給人味覺、嗅覺和觸覺上的美。

它除了味道好吃，營養也很豐富。曾有大學的研究指出，蕃茄含有超過3種礦物質，有30毫克的維他命，吃一個就能滿足一天所需的分量，再加上它只有25千卡的卡路里，非常適合減肥的人吃，可以說是一個「萬能蔬果」。

蕃茄能用多種方式烹調，所以能在平常的茶餐廳內找到，例如：如果你把麵放下去水煮，它就變成了蕃茄湯麵；如果反過來配肉來炒的話，就變成了蕃茄炒肉片；或是用蛋取代肉來燜的話，就變成了香氣騰騰的蕃茄燜蛋。

總括來說，蕃茄營養價值高，容易搭配，烹調方式多，我怎能不喜歡呢？

我的班主任

陳洛琳 (5C)

我的班主任叫李老師，她來自香港，她在王錦輝小學教了三年。她又溫柔，又有幽默感。

她的樣子秀麗，戴着一副圓形的黑色小眼鏡。她的眼睛不大不小，閃爍的眼睛背後，藏着一顆聰明伶俐的腦袋。她的身高偏高，臉兒白裏通紅，生氣時，就會變得更加紅彤彤的。

她的性格非常溫柔。有一次，我們全校到禮堂聽講座。聽完，我們就回去課室。回到坐位，我留意到兩個班主任的面部表情都很嚴肅，我心想：老師表情多麼沉重，一定是有人做了錯事！我的猜測沒有錯，因為我們排隊到禮堂時一直在聊天。然後，李老師嚴肅而溫婉地說：「我知道你們才是小學五年級，很難控制自己，但是要慢慢學習，好嗎？那我們繼續……」老師居然沒有責怪我們。

李老師不但溫柔，也很有幽默感。又有一次，我們剛上完課，李老師就走進來，說：「四大天王，過來！」她就走到外面去。當沒人跟她出去，她再走來，說：「快點！」然後再走出去。我們班開始笑起來。她再次走進來，又小聲又生氣地叫：「xxx!xxx!xxx!xxx!出來！」她停在那裏，因為全班也哈哈大笑。她稱全班最頑皮的四個男生「四大天王」，真是太好笑了！

這就是李老師，我的班主任，她既溫柔，也富有幽默感，希望你有一天能認識她。

我第一次品嚐

何一言 (5B)

今天，我和家人到日本超市閒逛，為今天的晚餐作準備。突然，從美食部傳來撲鼻的肉香，這使我想起三年前到日本旅行時，我第一次品嚐的A5和牛，它的味道，令我難忘至今。

三年前的聖誕假期，我和家人到日本北海道旅行，那裏寒風刺骨，漫天飛雪。領隊帶我們到一家當地有名的火鍋店品嚐火鍋。在寒冷的天氣裏，品嚐火鍋是人生一大樂事。導遊極力推薦我們品嚐A5和牛，並介紹A5和牛的特別之處。

原來日本對飼養和牛非常講究，例如：飼料含有豐富的蛋白質，農夫會為牛隻按摩、讓牛喝啤酒等，這令到和牛肉質更鮮嫩。導遊講解後，我們已迫不及待叫了一客A5和牛來品嚐。我把和牛慢慢地放入口中，它鮮嫩多汁，並帶來入口即化的口感，令我一試難忘。

回到酒店後，那和牛的味道仍令我齒頰留香、回味無窮。

旅行日

張柏揚 (5C)

這是一個難得的週末。我努力完成功課後，心情一下子輕鬆了，可以呆得出神。於是，我就拿起一支火箭炮把玩着，但是，我一不小心，把它射到風扇上去了，正當我想辦法去取回火箭炮的時候，就想起兩星期前學校旅行的回憶……

那天，同學們和家長在課室集合。在班主任說明了注意事項後，我們就興致勃勃地起程了。經過一個多小時的車程，我們終於到達今次旅行的目的地——元朗大棠有機生態園。那裏的遊樂設施不勝枚舉，像天上的繁星那麼多，例如有：「充氣彈床」、「沙圈騎馬」、「繩網陣」等等，令人心花怒放。加上當天天朗氣清，秋高氣爽，風和日麗，我感到心曠神怡，那裏是令人忘憂的好地方。

不消一會，同學們已蜂擁購買了遊戲券，我們裝備好所有東西後，就出發去遊玩了。首先，我們玩了碰碰撞的高卡車。由於離心力的關係，我差點撞車了！接着，我玩了彈彈床，我和同學們在彈床上碰來碰去，非常刺激！然後，有同學建議去玩繩網陣。在繩網陣內，我們進行了分組比賽、障礙賽和捉迷藏，真是非常刺激啊！

然後，吃過牛肉飯後，我們一邊散步，一邊欣賞風景和拍攝美景。沿途經過湖心亭，這裏的亭台樓閣，小橋流水，滿有古代氣息。之後還經過動物村，果香四溢的楊桃林、荔枝林、芒果林……我們拍的相片多得很多呢！

這次學校旅行讓我最難忘的是玩繩網陣，因為可以體現同學們之間的團隊合作精神。雖然我非常疲倦，但卻極之盡興、滿足和開心，還帶了戰利品「火箭發射炮」回家呢！

當我還在風扇下發呆時，媽媽已把高高掛在風扇的火箭炮取下來了，她說：「我把它取下來了，繼續玩吧！」媽媽這句話把我從回憶帶回現實。現在回想起這次旅行，真是非常難忘呀！

給醫護人員的一封信

黃子曦 (5A)

親愛的前線醫護人員：

您們好嗎？工作忙嗎？您們有沒有充足的防護裝備？有沒有足夠的休息時間？

新型冠狀病毒在全球爆發，大家都正全力抗疫。感謝您們在這段期間，仍然緊守崗位，冒着受感染的危險，照顧病人。

每次我在電視新聞中看見有確診個案增加，心裏都為您們感到擔心，似乎疫症已開始於社區蔓延。您們要注意安全，先照顧好自己，才可以好好照顧其他人。而我們也會做好預防措施——勤洗手、不到人多擠迫的地方，以免染病，加重本港的醫療負擔。

最後，再一次感謝您們無私的付出，希望疫情快些得到控制，大家可以重回正常的生活模式，健康快樂地生活。

祝
身體健康！

五年級學生

子曦敬上

二月七日

黃靖宇 (5E)

親愛的醫護人員：

您們好嗎？現在香港的疫情很嚴峻，您們一定是很辛苦了，您們也要小心病毒，因為您們很容易受到感染。

我在電視新聞中看見很多人都進了醫院，您們的辛勞，您們的勤苦，您們的努力，我都被深深感動着，希望您們繼續努力。現在越來越多人受到感染，您們也忙個不停，日以繼夜地照顧病人，您們就像一個防護網，不讓病毒攻擊我們，謝謝您們！

我們感謝您們無私的奉獻，您們勇敢地對戰病毒，才令我們保持身心健康。您們也要保持健康，因為要幫我們打敗病毒呢！

祝福您們身體健康，努力打敗病毒，好好照顧自己和病人，您們一定會成功的！

祝

工作順利

小學五年級學生

黃靖宇上

二零二零年二月二十六日

舒緩壓力的方法

趙晞晴 (5B)

生活在香港這個繁榮的都市裏，每個人的生活節奏都很急促。對於我們學生而言，每天除了回學校學習，課餘時間要上興趣班及其他課外活動，還要應付考試。當中難免會在情緒上增添無形的壓力，所以我們應該積極尋求一些舒緩壓力的方法，保持身心康泰。

首先，我們應該養成早睡早起的習慣。正所謂「早睡早起精神好」，我覺得這句話很值得我們參考。精神好能令我們專注聆聽老師在課堂講解的內容，而且做起每樣事情都能達到最佳的效果。

其次，我會在家中和家人玩一些益智遊戲。這些遊戲不但能訓練腦部思考能力，從中也能放鬆心情。一家人說說笑笑，心情也很愉快呢！

最後，我會選擇假日時到郊外踏單車。因為做運動可以舒展筋骨，使人更有活力。在踏單車的途中，我們可以欣賞沿途的風景，也可以呼吸大自然的清新空氣，心情自然會豁然開朗，壓力也會得到舒緩。真是一舉兩得呢！

總括而言，舒緩壓力的方法有很多，不管我們用甚麼方法，只要想法正面，就能令自己心情舒暢，積極地面對生活和學習上的所有難題，無論有甚麼壓力，我們都能輕鬆地解決，活出精彩的一天！

舒緩壓力的方法

何思翰 (5A)

說到壓力，感覺千頭萬緒，不知所措。有時候，我們面臨的問題其實並不嚴重，只是因為心慌意亂而無法思考。如果能夠聽聽別人的想法發現問題所在，找出解決辦法，自然會感覺心情舒暢。今天我們來說一下舒緩壓力的方法。

首先，要舒緩壓力，我們必須要有良好的睡眠。睡眠能使疲倦的身體休息。

其次，不要對自己太苛刻，放低一下標準，放鬆一下自己的心情，或許能減輕自己的壓力。

最後，泡腳也是一種方法，因為通常我們的腳底都會累積很多酸性物質，利用泡腳的方式不但可以打通氣血經絡，消除酸痛，還能消除疲勞呢！

以上三種方法都能幫助舒緩壓力。只要我們遇到壓力時勇敢面對，必能減輕壓力。

一個熟悉的地方

陶文哲 (6B)

在香港，我最熟悉的地方是西貢。那裏被稱之為香港的「後花園」。

爸爸媽媽和我已經去過西貢很多次了。我們常常在那裏吃新鮮的海鮮。你可以在碼頭旁看見很多漁船擺賣着剛捕捉回來的海鮮！有蜆子、大蝦、魚等等。所以在那裏開了很多海鮮酒家，很多外國人也慕名而來呀！

有空時，我們便到西貢遠足。因為那裏風景優美，有很多條遠足徑，例如麥理浩徑一段、二段。我們更會在草地野餐和放風箏。每天也有很多遊人駕駛車前來遠足。停車場停滿了車，證明那裏多受歡迎啊！

當你到達西貢巴士總站旁的碼頭，你會發覺很多人在附近推銷本地遊島團。西貢海岸有很多自然遺產，還有很多漂亮的小島，有些形狀怪異的山洞和岩石很值得細看。如果你去西貢，不妨坐船出海吧！

這就是我熟悉的西貢。希望你們也去西貢遊玩吧！

一次勇敢承認錯誤的經歷

劉雅行 (6C)

今天，志強做了一件不後悔的事。

早上，志強班有一個數學測驗。他想：糟糕！我昨晚沒有做好準備，成績一定很差！

測驗開始了，志強突然靈機一動，看看他的抽屜，果然有答案冊！課室這麼大，應該沒有人看到他作弊吧！於是，他想也沒想就把所有答案抄到卷裏。測驗完結後，志強得意洋洋地把卷子交給老師。

誰知，測驗過後，志強就越來越後悔。為甚麼當時會作弊呢？這不是跟欺騙老師一樣嗎？他忍不住了，到教員室跟老師說出真相。

最後，雖然老師責備了志強，但是他覺得說出真相舒服了很多。這次勇於承認錯誤的經驗不但沒有令志強覺得後悔，還提醒了他從今以後要做個誠實的孩子！

廖心喬 (6A)

看着牆上一幅掛畫，小青不禁想起一次勇敢承認錯誤的經歷……

五年級學期的某一天，小青剛完成功課，看見正在入睡的媽媽，便打起一個壞念頭來。從小就愛看卡通片的小青，把茶几當成掩護物，再找出玩具槍，把橡皮擦當成手榴彈，又畫下進攻路線圖，隨後便正式開始「英雄大戰」。

可是，「英雄」有時也會闖禍的。正當小青忙着跟「敵人」戰鬥，掏出「手榴彈」扔出後，「啪啦」一聲。原來「手榴彈」不偏不倚地打中了媽媽心愛的花瓶。

小青頓時呆住了，內心矛盾不堪，心想：我應該瞞着媽媽還是勇敢地告訴她？小青內心掙扎了很久，最後還是勇敢承認錯誤。媽媽不但沒有怪責小青，還和他一起用花瓶的碎片做了一幅掛畫。

小青明白了只要勇於承認過錯，就可以修補錯誤。

梁苑芯 (6E)

每當小志要做練筆作業的時候，都會想起那一次難忘的經歷……

今天是交作文的日子，小志卻完全忘記了！於是他趕快抄了鄰座同學的作文再交給科長了事。

到中文課的時候，小志心裏出現了掙扎：我應不應該告訴老師我是抄別人的功課呢？如果我告訴了老師，那我的同學也會被罰，但如果我沒有跟老師自首，老師也會自己發現的……

最後，小志還是受不住自己的良心責備，選擇直接向老師坦白：「老師，對不起……我沒有做功課還抄了梁同學的……」老師語重心長地跟小志和梁同學說：「沒關係，其實犯錯並不可怕，只要知錯能改就行。不過仍然要寫反思啊！」

雖然小志還是逃不過要寫反思文章，但他學了一樣很重要而又很有用的事情，就是做人要誠實。

一次捐贈食物的經歷

陳曦言 (6A)

正當我在收拾房間時，偶然發現了一張心意卡，令我想起一年前學校舉辦的食物捐贈活動。

一年前，學校舉辦了一個愛心捐贈食物給老人院的活動，為長者帶來無限的溫暖。老師希望我們每人帶一至兩包食物到老人院。

當我回到家，我興奮地對媽媽說：「請為我預備一些麥包，明天我要帶去老人院捐贈。」在房間休息中的媽媽回答：「好啊！你用自己的零用錢到商場買吧！」

我到了商場時，發現了便利店推出了一些新糖果。這時我便想起，其實我不應該捐贈食物到老人院，因為老人家不一定喜歡我的食物，這樣會造成浪費。我可以買糖果令自己開心啊！

可是，我又想老人家沒有足夠食物十分可憐，加上他們的家人都很忙，沒有時間送食物給他們。如果我捐了食物給他們，那老人家便可以感受到別人對他們的愛。

到了探訪那天，我高興地帶着麥包到老人院。老人家們都很高興，並送了一張心意卡給每一位同學表示謝意。老人家激動地說：「謝謝你們的探訪，我們非常高興啊！」

看着他們，我感到很滿足，因為我看見所有人都很高興，包括老師、同學和老人家，我也更深刻地明白了「助人為樂」的道理。

劉巧玲 (6B)

一個風和日麗的早上，老師說：「我們學校參加了一個捐食物活動，希望每位同學都踴躍捐食物給非洲災民。」

聽完老師這番話後，我內心開始掙扎：我辛辛苦苦儲存了幾年的零用錢，剛好能買到一部我夢寐以求的遊戲機！難道我要為了捐食物給災民，令到自己不能買遊戲機嗎？而且我捐了食物還對我沒有好處！我的內心掙扎了很久：我應該捐，還是不捐？怎麼辦？

回家看電視的時候，在廣告中看見有些兩鬢斑白的老人們在吃着乾巴巴的包子，有瘦骨嶙峋的孩子們無奈地躺在床上，還有些孤獨無援的孩子坐在一旁，看着就令人心酸。我猶豫不決：如果我捐食物給他們，他們可以吃飽一點，也許會有更多的人關注他們呢！

想到這裏，我心想：我應該捐贈食物？還是買遊戲機？最後，我受不了良心的責備，決定要用那微不足道的零用錢到超級市場買餅乾和麥皮給非洲的災民，令他不用挨餓和生病，還可以健康點。

回到學校後，我把買了的食物放進箱裏，想像他們在吃着餅乾的笑臉，就感到一陣溫暖的感覺湧上心頭。我從捐贈食物這件事領悟了：助人為快樂之本，要慷慨解囊，樂於助人。這次真是寶貴的一課。

一次捐贈食物的經歷

張豫玥 (6B)

事情終於告一段落了，雖然我心裏曾有一番矛盾和掙扎，但我慶幸自己的選擇是對的。

今天風和日麗，鬧鐘把我的美夢打破了，我從床鋪立即起床，一手拿麵包，一手拿書包，匆匆趕回了學校。

「鈴鈴鈴！」上課的鈴聲響起了。老師走進課室，大聲宣佈：「明天會有一個捐贈食物的活動。這個活動是幫助非洲的貧窮家庭，希望大家都踴躍參加！請大家用五分鐘的時間討論一下可以捐贈甚麼食物吧！」大家都議論紛紛，整個課室變成了菜市場，非常熱鬧。

放學後，我和媽媽到超級市場買要捐贈的食物，過了半個小時，媽媽終於挑選了一盒餅乾，我立刻放進書包，準備明天捐贈。

第二天，因為我的鬧鐘沒有響，上學遲到了，也沒有吃早餐。捱了三堂的饑餓，終於到了小息。糟糕！我突然發現忘記帶零食，只有捐贈的那盒餅乾。我的腦子裏突然出現了一個念頭，原來是魔鬼在說話：「我還是不捐吧！他們饑餓也不關我事，別人會捐，少了我一份也沒關係的。」然後，天使插嘴：「如果不捐的話，他們就會很饑餓。我不可以自私自利的！」魔鬼和天使在我腦中進行激烈的拔河比賽。天啊！我該如何選擇？心中波浪翻騰，萬千思緒猶如一條條小蛇纏繞着我的心。

我突然想起我那三堂饑餓的感覺，非洲的人也要幸福的。我聽到一群女同學在捐贈箱子前談天，她們全部拿着美味的食物。我的朋友跟我說：「你還等甚麼？快去捐贈吧！」我微笑着點點頭，走過去，放下餅乾，一陣暖意湧上心頭。

經過這一次的經歷，我明白了助人為快樂之本的道理，雖然我的肚子很餓，但也是值得的！

心繫北京

李若凡 (6D)

北京的美，是各式各樣的。

北京的美，是喜聞樂見的。伴着微風，漫步於著名景點，耳朵裏聽着不同的語言，眼卻看着天空，看那五顏六色的風箏，導遊旗與藍天交織在一起，一串串音符與眼前的圖書匯集成了一種強烈的自豪感。

北京的美，是古老的。走在街頭，時常會看見幾座高樓對面立着一座小寺廟，難免會停下來欣賞一會兒。一邊是典雅與悠久，一邊是科技與創新，古老與現代的結合，讓我不禁讚歎這座有三千多年歷史的古城。

北京的美，是香噴噴的。各種老字號遍地都有，去全聚德吃頓烤鴨大餐；去海碗居來碗炸醬麵；去稻香村買幾塊糕點……酸、甜、苦、辣、咸，在這裏，你能把五味瓶裝進肚子。

北京的美，是熱情的。在北京的胡同裏，街坊鄰居親得像家人。黃昏時，老人們時常聚在一起聊聊天，小孩兒則一起玩遊戲，跑跑鬧鬧，活像可愛的小鳥。可惜隨着時代的發展，胡同在減少，大家都住進了高樓裏，這樣的畫面也很難再看見。

北京，一個擁有悠久歷史的國際化都市，還有更多的美等待我們去發現。

日記

戚馨予 (6D)

九月十三日 星期五 晴

今天是中國的傳統節日——中秋節，也是我們每個家庭團圓的日子。

今年的中秋節，我們一家去爺爺奶奶家慶祝。黃昏時，我們吃完媽媽精心準備的豐盛晚飯後，便全家一起外出賞月。

夜幕降臨，十五的月亮，又大又圓，就像一個銀色的玉盤，如水的月光照亮了深藍色的夜空，給大地披上了一件輕柔的紗布。看著這潔白的月亮，我問媽媽：「為甚麼中秋節的月亮又大又圓呢？」媽媽笑着說：「中秋節是一家人團圓的日子，所以月亮才會又大又圓。」聽完媽媽的話，我不禁想起一首古詩，就是「床前明月光，疑是地上霜。舉頭望明月，低頭思故鄉。」

今年的中秋之夜，能與家人在一起，真是一個充滿歡樂的夜晚啊！

羅緯盈 (6C)

九月十三日 星期五 晴

我度過了一個愉快的中秋節。

放學回家後，一陣香味撲鼻而來，我看見外婆正在做中秋節大餐，我的口水也不受控制地流下來了。外婆做的美食應有盡有：雞、帶子、蝦仁炒蛋、白松露燴意粉……美味極了！

大家吃飽後，我們休息了十分鐘，就從冰箱裏拿出了冰皮月餅和手做的紅豆月餅，冰皮月餅有四種口味：草莓味、芒果味、白桃味和哈密瓜味。我們吃得津津有味！

然後，我、弟弟、表妹、姨母和姨丈一起在平台賞月和玩傳統燈籠。姨母幫我點燈籠時，我手冒冷汗，害怕燈籠會起火，雖然我不是第一次玩傳統燈籠，但是玩的時候我也小心翼翼，害怕它會起火。我們大約走了十分鐘，表妹大喊：「月亮！」我們抬頭一看，看見月亮正在我們上方，我們很雀躍，立即跟它合照。

我覺得這個中秋節很完美，我和家人度過了一個愉快的晚上。

日記

陳兆冉 (6C)

九月十四日 星期六 天晴

今天是中秋節，學校放假，不用上學，所以我一覺睡到午飯時間。

吃完飯後，外婆陪我上街賞花燈。街上人山人海、車水龍馬，我和外婆也被堵在原地，走不了幾步。

過了一會兒，等人少了點，我們便努力前進。終於到了花燈店，我們把花燈店上上下下左左右右都看了一遍，最後我挑了一隻可愛的小粉豬，還給弟弟挑了一隻小老鼠。

接着，我們又到月餅店買了許多月餅，有冰皮月餅、豆沙月餅和流心月餅……買完後，我們高興地帶着「戰利品」回家。當時已差不多是晚上了。

到了夜晚，我們來到了會所的露天公園。我們先鋪上地毯，然後把食物一個一個放在地毯上慢慢享用。我們玩着五顏六色的花燈，吃着各式各樣的月餅，還靜靜地看着圓圓的大月亮。我心裏有種說不出的快樂。

今天真是愉快的一天！

給醫護人員的一封信

張天霖 (6E)

親愛的醫護人員：

你們好嗎？最近新型冠狀病毒迅速在香港蔓延。在醫療保護衣不足的情況下，你們依然盡心地把照顧病人，我為你們感到自豪。

我知道就算你們穿上了保護衣，也有可能受到感染。我為你們擔心，請小心保護自己，不要令自己倒下。

你們勇敢地對抗疫情，不眠不休地幫助病人康復。有一次，我看到了香港無線電視的「星期日檔案」，我看到你們有的住在狹窄的醫院休息間，有的住在酒店，是因為怕傳染病毒給家人。我為你們要和家人分離感到很痛心。

再者，感謝你們不斷傳達預防新型冠狀病毒的資訊給全港市民。你們就像一個溫柔的天使，幫助了香港市民很多。

我相信市民會為你們祈禱，鳥兒會為你們歌唱，天父會為你們祝福。你們一定要加油、不要放棄，因為有很多人都在支持你們。

我也要像你們不怕辛勞，勇於克服困難，希望長大後成為醫護人員，像你們一樣去幫助、服務更多的香港市民。

祝

身體健康

學生

張天霖上

二零二零年二月二十四日

趙琢 (6E)

在疫情中奮鬥的醫務人員：

您們現在還好嗎？我非常感謝您們照顧那些有需要幫助的病人。這並不是一定要做的事情，但是您們依然選擇犧牲自己寶貴的時間，換取病人哪怕多一分鐘的生命。

據新聞報導，您們為了快點找出這新型冠狀病毒，哪怕幾天都不睡，也要研究個清楚。穿上一層層厚厚的防護衣，再費力戴上一個又緊又硬的眼罩，套上鞋套，最後戴上一個讓你喘不過氣的口罩，才能去進染上新型冠狀病毒病人的房間。經過六、七個小時，當你們又取下防護裝備時，眼睛周圍因緊繃繃的眼罩留下一條條印子，但是你們也不當它是回事，反而樂觀地說它是成功的痕跡。

網上資訊說您們因疲倦過度，連防護裝備也沒除下已經倒頭而睡。看到您們如此辛苦，我心裏也很不舒服，總覺得我應該做一些事情。但是我現在明白了，做好我自己一切防疫措施，盡量不要染上病，就是對您們的支持與肯定。

前些日子著名歌手鄧紫棋推出一首歌叫《平凡天使》。在那個視頻裏有個情境讓我至今依然印象非常深刻：有個小女孩與她的爸爸一起給在醫院裏工作的媽媽送飯。見到多日未見的媽媽，女孩不禁淚如雨下。母女倆也只能隔着空氣做了一個擁抱，女孩把親手做的餃子裝在一個壺裏，輕輕地把它放在相隔在她與媽媽之間的台階上，不停地回頭和媽媽道別，依依不捨地離開了媽媽的視線。那位媽媽等女兒快要離開視線時，才走上前拿起女兒做的餃子，用力揮揮手，便繼續回醫院工作了。看到這一幕我心裏很酸，覺得女孩子也太可憐了，好幾天也見不到自己的媽媽。

醫務人員為了拯救病人，不惜盡花一切寶貴的時間；為了讓病人得到最好的照料，不介意縮短自己早已短得如一根針線的睡眠時間；為了快點研究出這個新型冠狀病毒，不拒絕用自己新年時與家人僅有一次的稀有團聚時間。您們辛苦了，加油！

祝

身體健康

學生

趙琢 敬上

二零二零年二月二十九日

給醫護人員的一封信

劉子瑜 (6D)

尊敬的前線醫護人員：

你們最近過得好嗎？這段時間辛苦你們了！

首先，我們誠心誠意感謝你們無私奉獻的精神！衷心感謝你們默默地為我們付出。你們上下一心，每天不辭勞苦細心地照顧病人，對抗病毒，只希望帶給我們無後顧之憂的生活。此外，科學家也要每一秒積極地工作，趕快研發肺炎疫苗，讓市民保持健康的身體。

這一次疫情最令我印象深刻的新聞，是我看見一個小女孩的媽媽是在醫院工作，從年初一到年初七都還沒回過家。她的女兒送便當給她媽媽，只能隔着空氣和她的媽媽擁抱。我看到這個畫面後相當感動！因為新年無法和家人一起渡過，無私奉獻只為了幫病人抵抗病毒。

為了醫護人員的健康，我每天默默地為你們祈禱，保佑你們身體健康，希望你們接收到我們的心意！雖然你們有保護裝備，但仍有很大機會受感染！作為一個小學生，也許對於抗疫工作幫不到甚麼忙，但我會做好自己的本分，注意自己的健康，勤洗手，少出門，做好防疫措施。我也誠心地為你們祈禱，讓疫情盡早結束，每個市民，醫護人員都能平安健康！加油！

祝

身體健康

小學六年級學生

劉子瑜敬上

二零二零年二月五日

運動的好處

葉家豪 (6A)

達·芬奇曾經說過：「運動是一切生命的源泉。」你有沒有做運動的習慣？我有，因為我明白運動有很多好處的。不如我們一起看看吧！

首先，做運動比吃藥對某些治療更有效。[法國](#)醫學家蒂素說：「運動的作用可以代替藥物，但所有的藥物都不能代替運動。」所以運動是一種很珍貴的「藥材」。

然後，做運動可以增進健康、預防疾病。運動能加速體內脂肪、蛋白質、糖的分解，因此有助預防糖尿病、高血壓、中風等等。

最後，做運動可以改善情緒，釋放壓力。有研究指出，大腦在做運動後會產生名為「內啡肽」的物質，它能讓人感到歡愉和滿足，可以幫助人減壓和不快。[美國耶魯大學](#)一項研究分析過當地一百二十萬人的數據，發現沒有做運動習慣的人平均一個月有三點四日不快樂，但是有做運動習慣的人減少近一點五日不快樂。由此看來，做運動可以有效減壓。

總而言之，做運動有增進健康、預防疾病和減少壓力等等不同的好處。不如我們一起養成做運動的習慣，促進健康，減少壓力，一起進步吧！

VISUAL ARTS GALLERY



Under The Big Tree

1. Lui Alexia Cheuk Yi / 1A
2. Tung Nok Hei / 1A
3. Ye Yu Wai / 1B
4. Yiu Cheuk Ying / 1B
5. Leung Kwok Yee / 1C
6. Tse King Chi / 1C
7. Wong Lok Sz / 1C
8. Wong Tik Yin Jadon / 1C
9. Tang On Yu / 1D
10. Mak Hon Tan / 1E

A Flourish Me



Chiu Genevieve / 1B

Smith Saul / 1B

Lee Hin / 1C

So Lok Chun / 1C

Tsao Ze Lin Hannah / 1A

Yeung Yat / 1A



Wong Kiu Pin
Gabrielle / 1B

Chan Chi Wing / 1E

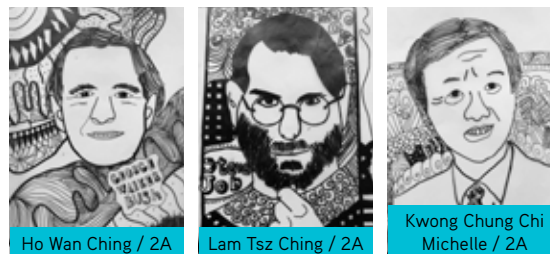
Li Qian Ru / 1E

Wong Ang Debbie / 1E

Hau Bailey / 1A

Hsu Chi Yu
Bethany / 1A

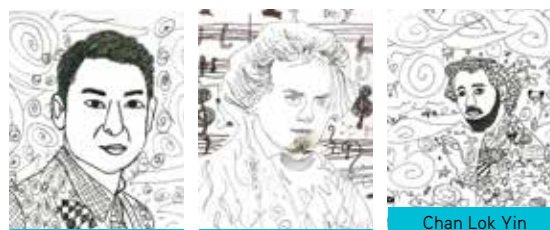
The Great People



Ho Wan Ching / 2A

Lam Tsz Ching / 2A

Kwong Chung Chi
Michelle / 2A



Lo Yan Hay / 2C

Chan Yuet Ying / 2D

Chan Lok Yin
Athena / 2A



Cheng Hei Tung / 2E

Chow Tin Yuet / 2D

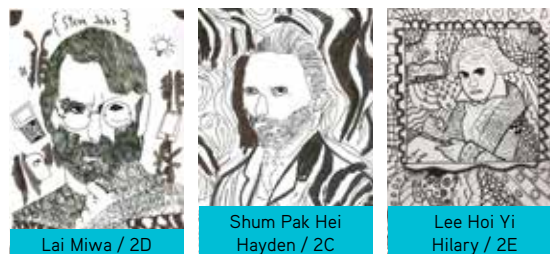
Tsang Ching Yiu
Perla / 2E



Ng Cheuk Yu / 2B

Ho Joanne / 2C

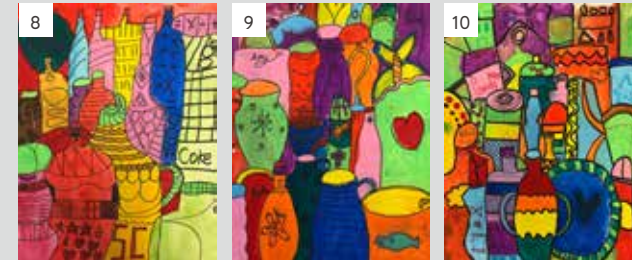
Cheung Yui Nam / 2D



Lai Miwa / 2D

Shum Pak Hei
Hayden / 2C

Lee Hoi Yi
Hilary / 2E



Fabulous Objects in Color

1. Huang Shanming Coral / 2A
2. Lai Pak Ho / 2E
3. Pang Ching Kei / 2B
4. Cheung Yu Lun Markus / 2B
5. Ting Oi Wing / 2E
6. Chung Chi Yui / 2D
7. Tse Shun Yan / 2A
8. Kwok Yik Wei / 2D
9. Chan Hoi Lam / 2C
10. Chan Ho Ching / 2C

My Face



Chan Chung Hei / 3A



Tang Sophia / 3A



Chan Tsz Nok
Caleb / 3C



Wong Yui Gi / 3B



Fu Ching Yee / 3B



Cheung Ho Lun
Linus / 3E



Wah Hei Man / 3C



Chan Abigail / 3E



Chan Yin Nok
Jayden / 3D



Wong Tsz Ho / 3D



1



2



3



4



5



6



7



8



9



10

Jungle World

- Lam Chun Ki / 3A
- Wang You Yun / 3A
- Chan Wing Sum Camille / 3B
- Lam Ka Ching / 3D
- Lai Sum Nam Gali / 3E
- Law Sum Yi / 3E
- Chew Yan Yeuk Charisse / 3B
- Liu Ziqi Abby / 3C
- Yu Ha Yan / 3C
- Cheng Wing Kiu / 3D

A Beautiful Moment



1



2



3



7



8



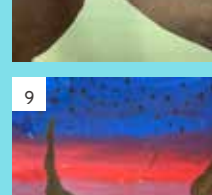
4



5



6



9



10

- Li Hau Chun / 4E
- Chan Pui Ki / 4B
- Lee Chi Ching / 4D
- Lee Ryan / 4B
- Chan Max Hin-Kiu / 4C

- Ngai Fung / 4C
- Au Yi Ting Nicole / 4A
- Chan Yee Ching Jamiee / 4A
- Lee Caitlin Alice Ka Lam / 4D
- Ho Nathan / 4E

Fun in the Forest



Au Cheuk Ying / 4A



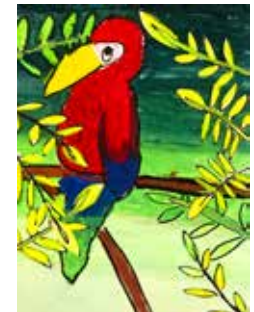
Kwok Hiu Ching / 4A



Law Pui Lam Cerys / 4A



Pang Hei Nin / 4A



Fong Ka Lut Tessa / 4B



Liu Cheuk Ue / 4A



Leung Yan Yuet / 4B



He Tsz Yun / 4C



Ma Sze Ching / 4E



Ng Yin Sum Ilus / 4E

The Person I Admire Most



Au Nim Kei / 5A



Ho Sze Ho / 5A



Tsui Lok Yin Michael / 5A



Chan Sum Yee / 5B



Yip Cho Wing / 5B



Au Lok Lam / 5D



Cheng Ting Hin / 5D



Pang Ching Ka / 5E



Leung Shing Yue Sage / 5E



Yu Olivia / 5D



Au Wang Yui / 5E



Cheng Hoi Ling Kaile / 5E



Li Yan Hei Chloe / 5E



Tse Yee Pok / 5E



Wong Yat / 5E



Lam Cheuk Ki Hebe / 5D



Au Tat Shing / 5C



Deng Angela Shudan / 5D

Chinese Lantern



Fung Sze Long / 5A



Gillman Aaliya
Noelle Hoiyau / 5A



Lam Lok Yi Chloe / 5A



Ng Yan Yung / 5A



Yam Wai Ching / 5A



Chan Cheuk Long / 5B



Chan Tsz Tsung
Cayden / 5B



Kam Anson Tsz Yin / 5B



Kung Sum Yu Calie / 5B



Siu Ngai / 5B



Yip Cho Wing / 5B



Lam Chit / 5C



Yim Ching Laam / 5C



Chan Ka Long / 5D



Lam Lucas Nicholas / 5D



Cheng Hoi Ling
Kaile / 5E



Kwok Tsz Ying / 5E



Kwok Yuet Yee / 5E



Leung Ho Yiu / 5E



Leung Shing Yue
Sage / 5E

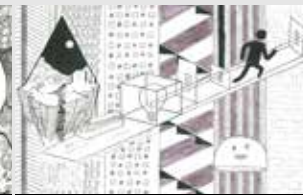
Our Hong Kong



9. Lau Nga Hang / 6C
10. Hariyanto Clara / 6D
11. Liu Pui Yee / 6C
12. Wong Lok Nam Lovna / 6C
13. Chik Hing Yu / 6D
14. Fan King Chun / 6E
15. Leung Tsz Yau / 6B
16. Wong Yik Man / 6D

17. Chung Yee Ting Jocelyn / 6E
18. Liu Shun Yat / 6E
19. Leung Yuen Sum / 6E
20. Lai Suet Ching / 6E
21. Lau Charlie / 6E
22. Cheng Tsz Yin Nicole / 6A

Flourishing World



- Leung Shing Hang
Shane / 6A



PASSION
2019 - 2020

Publisher : Hong Kong Baptist University Affiliated School
Wong Kam Fai Secondary and Primary School
Tel: 2637 2277 Fax: 2637 2077
Website: www.hkbuas.edu.hk

First Edition



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