

香港浸會大學附屬學校王錦輝中小學 Hong Kong Baptist University Affiliated School Wong Kam Fai Secondary and Primary School

ool pol

Vol.1

Newsletter













# Opening Ceremonly of A-Fitness Challenge Zone

Apart from the normal PE lessons and school team training, we would like to promote the self-driven fitness mode in school, so as to motivate our students to exercise regularly and achieve the target of accumulating 60 minutes of physical activities every day (MVPA60).

With the set-up of rope skipping kiosks, stationary bikes and exercise mats, together with the colourful background designed and drawn by our students, we transformed an open area into A-Fitness Challenge Zone which provides a variety of exercises that can be enjoyed during recess, before and after school.

We are honoured to have Mr. Wong Kam Po, former Olympian and iconic cyclist of Hong Kong to officiate at the opening ceremony on October 28, 2020 and share his valuable experiences with our students. His dedication and professionalism in sports participation certainly serves as a role model and inspires our kids to not only challenge their peers to improve together but more importantly to challenge their own selves to become stronger and healthier.

#### 6A TSUI Lok Yin, Michael

I was so glad our school has invited Mr Wong Kam Po, a Hong Kong professional cyclist, who had won numerous competitions to come to our school and share his experiences with us. Our PE Department also arranged various demonstrations in the A-Fitness Challenge Zone for students to perform and challenge. I am honoured to have the chance to perform some unicycling skills in front of the guests and my schoolmates. It was a fun, amazing, and entertaining opening ceremony.

#### 10C NG Pui Nam Ashley

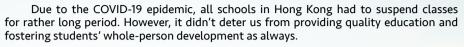
After attending the ceremony, I have learnt more about the functions of stationary bikes from the introduction of Mr. Wong Kam Po. I could also feel the passion for sports from all PS and SS students who cheered loudly while their classmates were competing. I really appreciate the preparation and dedication by our teachers and peers throughout the demonstration since it reminds us the enjoyment of participating in sports and more importantly, demonstrating sportsmanship and developing the habit of doing regular exercises.



# Suspending Classes without Suspending Learning







#### Teaching and Learning

During class suspension, we managed to conduct lessons through online platforms every day. Teachers prepared online materials and tasks for students to study and complete at home. For the junior PS students, school-based learning booklets were also prepared (in hard copies) to supplement e-learning. A strong focus was on ensuring that learning took place and not just teaching.

Live lessons were conducted mainly through online platforms "Zoom" or "Microsoft Teams". Other than teaching, these platforms enabled students to raise questions and work with each other. Students could also get feedback from teachers on their performance through online assignment and assessment. Besides, students learnt to exercise selfdiscipline, respect privacy and comply with "netiquette". Our digital citizenship curriculum which has been in place from the start of the year, ensured we were all well prepared to harness the power of technology, so students had the skills to be successful and informed digital learners.

#### **Personal Growth and Learning Support**

Apart from academic subjects, our SD teams prepared online learning materials and launched special programmes with the Positive Education elements to help students develop positive thinking which is extra important in the face of the challenging times, while our OLE teams arranged online training for school teams in order to maintain their skills and team spirit.

We understood some students might have difficulty in adapting to the new learning mode and therefore our guidance teachers and social workers would follow up these cases by phone and if needed, provide online counselling with individual students and parents. For those having special educational needs, our SEN team and educational psychologist would work with subject teachers closely to provide additional support to their studies and mental well-being.

To keep track of overall learning progress, online surveys were administered to students and parents regularly. The information collected would be used to review our pedagogies and support measures, and make adjustments wherever appropriate.

#### **Parent Education**

Parents are always our working partners in the nurturing of students. The implementation of online teaching and all other special programmes and measures could not have been so smooth and effective without their continued support. Besides, parents also need to learn during the epidemic. Some planned activities were cancelled and replaced by 5 additional parent forums corresponding to the pandemic situation. We worked with the Parent-Teacher Association to organise a variety of online seminars and parent-child activities so as to enhance their parenting skills and relationship with their children.

#### School Environment

Before classes actually resumed in late September, a wide range of preventive measures had been implemented in order to ensure a clean and safe school environment for everyone, including thorough cleaning and disinfection of the school premises, installing an infrared body temperature screening system at the school entrance, purchasing additional infrared thermometers, installing air purifiers in classrooms and special rooms, installing a book steriliser in the school library, placing alcohol-based hand sanitisers in communal areas, relocating the medical room for easier accessibility and better ventilation, etc. Careful thought has been given to designing systems keeping every minute and all movement of students in mind, so as to ensure students' health and safety comes first.

Undoubtedly, we are living in a world of increasing uncertainties. Therefore, everyone needs to learn to get used to the "new normal" and cope with changes flexibly and positively. During the class suspension periods, we were glad to notice that most of our students had adapted quite well to the new learning mode, and also learnt to manage their time and emotions effectively, and understand and sympathise with others maturely. These personal qualities are as important as knowledge and skills to our students.



#### **Sharing from Teachers:**

Mrs. Winnie PRADHAN (Chief Curriculum Officer and English Panel Head, Primary Division)

As schools were shut down late January due to the pandemic, our teachers were tasked with finding new ways to teach students effectively through distance learning so as to balance students 'learning with their well-being. Teaching in the era of COVID-19 heavily depends on the school's swift preparedness, strong communication with all stakeholders and availability of resources - all of which A-School, not just excels at, but also truly stands out head and shoulders above others. It's easy when we all follow the same credo-Putting students first!

#### Mr. FUNG Wing Ho, William (Head of IT in Education and ICL/ICT Panel Head, Secondary Division)

It's challenging for teachers to conduct remote teaching given very short preparation time. Teachers in A-School actively explored and used different e-learning tools for daily teaching and learning, thus minimizing the impact of class suspension on students. A-School students were also smart enough to get used to the new practices. The blended learning mode continues after class resumption and is conducive to the overall efficiency and effectiveness of teaching and learning.

#### **Sharing from Students:**

12C LAM Chun Yin

It was an interesting and tough experience to say the least. The interesting part is to adapt to an entirely new teaching dynamic and style, and get used to different e-learning tools during lessons or for submitting assignments. The tough part is mainly physical. Eye strains and headaches were common during the home learning periods. Looking at the computer screen for more than five hours every weekday was a kind of suffering. So I am glad that we are now able to go to school as usual.

#### 6E TSOI Shing Hin

heartfelt THWNK

A-School has really good management! During the quarantine, A-School swiftly made the transition to Zoom lessons and started with three to four lessons per day before scaling it up to the normal seven. They have systems to notify students and parents of events and changes via eClass, the calendar provided, and reminders from teachers! They have arrangements in place for most occasions so we can prepare accordingly.

9



ht 2019-2020 - Chine X \ 3 数率

# Activities related to COVID-19

The impacts of COVID-19 have extended into all areas of life, including how we learn, study, socialise and interact with each other. A photo exhibition was held to show every side of our daily life under the shadow of the pandemic. Our students demonstrated their support and gratitude to healthcare workers by their unique drawings and photographic portrait in the exhibition as well.

A-School was blessed with generous donation of health protection equipment including masks, hand sterilises and others from various members of the society to safeguard our students and staff during the special situation.

#### **Donation by Various Parties**



#### Photo Exhibition on Fight against COVID-19 (June 26, 2020)



# Lights



## **STEAM Day Activities**

**G1 - G4: Light Projector & Luminous Cup Making** 



STEAM Day 2020 11. 11. 2020 (Wednesday)

Primary Division STEAM Day had a perfect culmination on November 11, 2020.

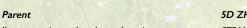
With the theme on Light & Shadow, the fun experience was more than a half-day school event, it was an inter-disciplinary learning that took place two weeks earlier to instruct students subject knowledge in Integrated Science, STEAM, and Visual Arts under the theme.

Students applied what they had learnt to create tools and products together and celebrate their learning on the STEAM Day. In junior school from G1 to G4, students experiment with light brightness to understand how shadows are formed to make their own light projectors and luminous cups, demonstrating the magic of light and shadow. While in G5 and G6, students collaboratively gridded 36 micro:bits together to form a big animation.

We are so honoured to have **Dr. Clifford Choy, Director of HK Maker Faire**, and **Dr. Ray Cheung, Curator of Hour of Code Hong Kong** to share with us the important role of maker mindset and coding in our daily life.

#### **G5 - G6: Pixel Animation Production**





Really appreciate the best learning resources provided to every A-School student! So fortunate to be a member of the A-School family.

#### 3E LEE Hin Hang Jonathan

I like STEAM day very much because all the activities are very interesting and fun, and we can also use our creativity to decorate our products.

#### 5D ZHOU Lang Cheng Diane

STEAM Day was very instructive, interesting and enlightening. The theme "Light and Shadow" could actually be found in all areas of daily life. STEAM Day gave us a chance to further understand and explore in different perspectives which can ultimately combine and enrich our knowledge in STEAM subjects.

#### 5B CHEUK Ka Him Torres

On the STEAM Day, I think I have learnt how technology has influenced our lives. It is a part of our life in the future. Also, I find that STEAM is very diversified and that it can be combined with other subjects, such as Integrated Science and Visual Arts.

## Sharing From 2020 Graduates



#### LEE Tak Yin Ouinton

# Current Student at Department of Experimental Psychology, University of Oxford, UK

I submit that most of what helped me get here was not the system of the school per se, but rather specific people that truly stood out. Several friends, tried-and-true and ostensibly genuine nonetheless; some teachers who poured their hearts into fostering new ideas, critical thinking – some I'd admit did so in eccentric yet creative ways – and ensuring the wellbeing of us all. There is no question that these people are the amalgamation of both their individual brilliance and the environment that A-School has created throughout its short 15-year life.

The school, like many sensible schools, had left us mostly with our own devices to figure out the A-levels. I can see with this methodology, people who are used to forcing in knowledge much like the foie gras ducks might find this novel and challenging. To this, I think the best advice I can give is to stop comparing to others. This constant competition with peers that public examination grading systems seems to promote is neither desirable nor sustainable - no less damaging your friendships and giving vourself excessive stress and anxiety. Comparing ourselves to another lets us know where we stand, and thus is comforting, but not only does it not help our case, we also project others' goals as our own, and gradually we lose the intrinsic motivation to learn. We all have our own interests and passions, and if learning fulfils our passion in any shape or form, our drive to fulfil it will help us get through the boring and hard bits of learning.

And to end with one tiny piece of advice – be aware of the Dunning-Kruger effect, which entails that some are overconfident because they don't even know how clueless they are. I'm also very much affected by it, but being aware of the pitfalls of our own biases we will have a clearer understanding of how much we still don't know.





#### **HO Shing Him**

#### Current Student at MEng Biomedical Engineering, Imperial College London, UK

The past twelve years studying A-School nurtured me to establish my lifelong goals and discover my interest. Thank you to all the teachers who assisted me in the last 12 years of study. A-School has provided a comfortable and knowledge-seeking environment to broaden my horizon. Through the OLEs and excursions, I found my interest in science and established my goal of becoming an entrepreneur. After clarifying my target, I know I must achieve this goal, or else I will regret it. I believe working hard is not the only criteria, but also establishing a goal as early as possible and planning the way step by step toward the goal.

My recent university life at Imperial College London is eye-opening, despite it is inconvenient due to COVID-19, I still have the opportunity to meet with some of the brilliant people around the world and conduct projects that I have never imagined. Also, plenty of networking activities allowing me to execute my plan on entrepreneurship. Besides, I can perform my talent in aspects other than academics, I will participate in the orchestra at the university.

I hope everyone treasures your moment in A-School and wish you all the best with your studies.







#### **LEE Yik Ching**

# Current Student at Department of Psychology, King's College London, UK

The past 12 years in A-School was fascinating. I feel so lucky that I was part of this big family and I am so thankful for everything here. A-School provided me a great study environment with supportive teachers, endless opportunities, and allowed me to make life-long friends.

I was so disoriented and did not know what to study at university back in G12 as I only studied business-related subjects for my A-levels. I had no idea what I would be able to study and what would be suitable for me. I ended up choosing psychology although I wasn't sure whether it was the right choice. After I started my university degree, I find out that psychology is really interesting and I enjoy studying it now! It is normal for us to be uncertain about your future pathway, but please remember that this isn't a big deal at all. Just keep exploring different things and you will find your interest soon.

Not every study method is useful for everyone and you need to find the one that is suitable for you. For me, I found that practicing is an effective way. You will never know what you don't understand if you don't do any past papers. If you are not sure about anything, asking for help from teachers and classmates is also a great way. We are all on the same boat, and everyone is here to support you. Moreover, regular exercise could help us to maintain our work-life balance. Exercising helps us to refresh ourselves and improves our concentration.

As a person that gets stressed easily, I know that public exams could be tough and stressful. But don't worry too much, we have all been through this and everything will be fine eventually. Lastly, I wish everyone the best and treasures the remaining time studying at A-School.







#### **LIU Chak Long**

#### Current Student at Faculty of Medicine, The Chinese University of Hong Kong

One of the biggest gratifications in life is that I was once an A-School student.

A-School is indisputably a school that allows students to explore their talents and interests, but not putting the sole emphasis on academics. In A-School, I believe that students can grow up to become a holistic person, with competence in different areas in life. Try to recollect the promotion day of school teams and clubs, were you struggling with what OLE activities to join? Activities ranging from music, sports, service and academics are abounding, and you can definitely find one that suits you.

When I was a member of the soccer team, I can profoundly feel the spirit of striving for excellence among our members. Conquering different teams and becoming the king of the green field is what we all long for. Besides sports, A-School provided me ample opportunities to thrive. HKUST dual programme, the Secondary School Mathematics and Science Competition organised by PolyU and International Biology Olympiad are some of the most memorable experiences to me.

Talking about challenge, DSE is by far the most challenging time in my life. Nevertheless, studying in A-School, you never walk alone. Our subject teachers work from dawn to day just to prepare concise notes and organised lesson planning for us. Our class teachers constantly updated us with further studies information so that we could have a clear determination on our future. Without the care of different teachers in A-School, I couldn't achieve my goal.

Some of you may be wondering about my study skills. In fact, it varies from person to person, and there isn't a universally applicable one. Having said that, why don't we find our own unique path towards success? Never follow the crowd, as in order to be an outstanding person, you have to do it differently, you have to walk an untrodden path.

Lastly, I would like to ask every one of you to enjoy your current school life. In university, things changed vastly. I have become so free and independent that I missed the old days when someone actually care about me and shoulder the responsibility with me. I missed the faces of the 12-year classmates and the spotless friendships. I just hope that we are forever young.

In the future, I will carry the spirit of A-School and move forward to become a good doctor, with an everlasting identity of a former A-School student.





#### **LAI Yu Chun**

#### Current Student at School of Mathematics MSc Programmes, The University of Edinburgh, UK

A-School always gives me an impression of innovation and open-mindedness, which has allowed me to have all these valuable experiences.

This year was very eventful and having my A-Levels this year was not ideal. However, this is not the excuse to slack on my studies. Being in quarantine, I have saved time from not needing to commute to school every day which has given me extra time to do practices and I believe this has helped me in learning to an extent.

Studying at home requires strong self-discipline. Having a fixed schedule and sticking to it has helped me a lot in focusing. By having a schedule, I do not mean studying the whole day non-stop, leaving some time to relax and have chat online with your friends, since we are in quarantine, is very important. Not sure if this is helpful but here are some advices for those studying online.

During these hard times, A-School has given me a lot of support. I really appreciated the fact that my class and subject teachers were keeping in close touch with me and helped me with my problems remotely. I am grateful to be in this small community which is supportive throughout my studies especially while I am on my A-Levels exams.

Nevertheless, we are all very fortunate to be in the A-School family, and I wish everyone good luck in their coming exams. Look forward to seeing everyone in our school prosper.





#### **LIM Natalie Joan**

#### Current Student at Department of Architecture, National University of Singapore, Singapore

When I first entered A-School in G7, I was unsure and worried about the road ahead of me. Switching to a new school was undoubtedly tough due to the unfamiliar environment, but with friendly and approachable classmates and teachers, I was able to adapt fairly quickly.

I initially decided to enroll in A-School due to the extra-curricular activities that can enrich learning experiences, and I am grateful to be able to participate in them throughout my secondary school life. Project-Based Learnings are the most fulfilling - the opportunity to travel overseas to experience different cultures, then transferring the knowledge learnt to projects is a valuable experience that cannot be gained from textbooks alone.

Besides academic experiences, participating in leadership programmes also played a significant role in secondary school. The Christian Disciples not only helped develop my leadership skills and courage to speak in front of large crowds, but also provided spiritual and emotional support in times of hardship. Secondary school life doesn't always go smoothly, and when stress becomes too overwhelming, sharing these experiences and receiving mutual support and encouragement really helped me cope with difficulties and reassured me that I'm not alone on this path.

Despite these fulfilling activities, exams still form a huge part of secondary school, exploring a suitable studying method is crucial to increasing confidence. Starting early helps prevent unnecessary panic before the exam and also allows continuous review and reflection. No matter how important studying is, sleep cannot be neglected as well. While sleeping may seem a waste of time compared to studying, it actually helps consolidate and digest knowledge subconsciously, which is just as important as studying.

In conclusion, A-School helped me better understand myself and also provided memorable secondary school experiences, I'm truly glad to be a part of it.





#### **NG Wai Hang**

# Current Student at EHL University of Hospitality Management, Switzerland

I was not a very good student back then, even kinda "infamous" among teachers. When time goes by, when people around me started to work hard for their future, I started to question myself what am I going to do after these few years?

To those who are still struggling with their future, those who are asking the same question as me, let me share what I did to you guys, and hope you find it useful.

First, trial and error. Question yourself, what are your hobbies? What are your talents? What thing interests you to the point leading you to devote most of your life doing so? Remember, it's your own future, follow your heart, don't fear to admit and dream big.

Secondly, be prepared. We always say "Chances come to the prepared ones." False. The prepared ones create chances for themselves. Actively seek chances, "do" everything, don't fear to ask, and of course, study hard.

And finally, go all in. One of my teachers once quoted for me, "There is no try, only do." Take your step, make your move, and don't fear to fail. It may be a tough one, but you will never know if you never "do". Expect the worst yet hope for the best.

Back to my story, after around 7 months of troublesome email replying, phone calling, document typing, interviewing, and studying, I finally made it to where I am now.

Last thing, yet hopefully no one is going to need this. If misfortune happened, feel free to cry, but never stop. You are still young, and there's always a second chance.





#### **WONG Kui Kwan**

#### Current Student at Li Ka Shing Faculty of Medicine, The University of Hona Kona

It has been an honour for me to share about my experience in A-School even after graduation. I could never thank A-School enough for providing such an excellent platform to help students pursue their dream career.

"You should work hard and reach for the sky." I had never really liked this saying because I used to think that I would not be able to reach my goal despite the fact that I have been chasing after it relentlessly. A-School has proven me wrong, the school provided me with the opportunity to not only "chase after", but to realise and to reach my dream - becoming a pharmacist in the future. Although I have only been able to learn about the basics about pharmacy, I still find it very rewarding to be able to take a leap forward to realise my dream.

I have never been a big fan of pulling an all-nighter and cramming everything in right before the exams. That is why I revise almost every single day right after I have completed my homework so as to consolidate the knowledge that I acquire throughout the day. Just go for it and push yourself, even if you are only able to concentrate for 15 minutes after your homework time. Moreover, never forget to work hard, play hard. Producing music has been my favourite pastime since G10. I spent most of the extra time throughout the day making music in my bedroom during the most tiring days before my A-Levels. Make sure you find something that you like to do when you are not studying. Everyone deserves a treat after a tough day of work.

Just hold on just a little bit longer, because you are getting closer to your goal than you have ever imagined.





#### **CHENG Sum Yi**

#### Current Student at Faculty of Law, The University of Hong Kong

I wish there was a way to know you're in the good old days, before you've actually left them. I had a phenomenal decade here, not only did I had a wonderful learning experience, this place also brought some of the best people I have ever known into my life.

Life is unpredictable, most things are, you may not have a plan, but don't let the uncertainty stop you from thriving for what you want, when you face the unexpected, adapt, improvise, and sail on. Never stop paddling, or else the waves would push you backwards, and it will be harder for you to reach your destination.

Another thing I learned is about stopping. Don't be satisfied by little or mediocre things, when you could get something bigger. No one was born to be average or ordinary, only those who settled for it did, there is always an extra mile you could go for, and when you go for it, it will lead you to somewhere miraculous.

Moreover, ask questions. During my last year here, I would leave tons of messages for my teachers because I know they are here for me, and they could do it for me in this journey, you are most likely to stumble across something you don't know, don't be shy, ask vour teachers. This is why they are here for you, to help you! I had the most amazing teachers who were very helpful, not only giving me suggestions how I can be better, they would also leave me little notes to remind me that sometimes, you need to take a break. Take the initiative, ask if you need to!

My 12 years here would always be something to be remembered. I hope that all of you would have a magical journey here.





#### **TANG Tsz Long**

#### Current Student at Aerospace Engineering (Honours) Degree Programme, The University of New South Wales, Australia

Hi, I am Michael Tang, a 19-20 graduate. I am currently a firstyear student studying Aerospace Engineering at the University of New South Wales in Australia.

What first came to my mind is that, remember when I first came to A-School, people were friendly, staff and teachers were helpful and A-School is just a community that allows you to blend in quite easily.

Talking about how A-School had helped me throughout my whole school life. What I can say is that there are many opportunities for you to discover your talents, like the sports teams, the uniform teams, the service and leadership teams, clubs and many more. All of these allows me to discover my talents and these made me what I have become today.

About facts on handling the public exam, it's cruel, but I am telling you the truth. To handle the public exam while a pandemic is sweeping is not an easy task at all. During these difficult days, what really counts is your time management and self-control. Like creating revision time tables at the start of each week, setting up goals like what kinds of results that I am aiming for, or planning on doing a certain topic of questions that you have struggled before. There are many ways to prepare for the public exam, and the most important is that you find a certain revision style that suits you the best, don't worry if you couldn't find one right now, there is always plenty of time for you to try out new methods before the public exam.

Hopefully, through hard work and perseverance, you can get what you hope for. Add Oil!





#### LAU Lai Him Justin

# Current Student at Department of Physiotherapy, Monash University, Australia

As a former student studied here for twelve years, A-School has transformed me from a shy child to a well-rounded person through its professional and comfortable learning space.

Within this space, the diversity different activities organised by A-School enables students to have different experiences here. For me, being a member of the St. John Ambulance for the past six years helped me to choose my future career to be a physiotherapist. Within these six years, this programme allowed me to gain some hands-on experience as a health professional through working as a first-aider during the athletic meet. At the same time, I improved my communication skills by assisting readers and librarians through being a Library Prefect.

After joining the programme during G11 and G12, it completely changed my life. Before that, I was very hesitated on whether I could get into the programme that I desire since my academic performance was only on an average level and the programme generally requires excellent examination results. With the supportive mode of teaching and high usage of English in this programme, my academic performance and the confidence of using English was boosted up dramatically. Ultimately, it shapes me who I am right now.

It is undisputed that public examination will be stressful. I discover that setting a clear goal for yourself will effectively speed up your study progress. After that, working hard is the key to success. Practising sheer amount of past papers from different periods will consolidate your knowledge because exam questions might be recurring. At last, remember to stay relaxed during your exam since not everything is under our control.

Although the COVID-19 pandemic has made a tremendous impact on us, with the school suspended for months and some exams cancelled, always remember to stay strong, healthy, and optimistic!





#### **TANG Wing Hei**

#### Current Student at School of International Liberal Studies, Waseda Universitv. Japan

Hello, I am Kit from class of 2020, I am now studying in Waseda University in the School of International Liberal Studies from Japan by having online courses. In this article, I will like to share about what opportunities the school has and provides for us when you need to decide your future pathway.

People usually question me on why I chose Japan as the host country for further study. In my case, I did not have any clear and definite objectives until I went to the excursion for introduction of Waseda University in G10. It was the first time that I could figure out a place where I want to spend after graduation of secondary school. Originally, I had a deep interest in Japanese culture, especially in pop culture like anime, video games and J-pop music, but I never thought of a chance to study in Japan since it was not a common choice when we compare it to the United Kingdom or Australia. The principal nomination system of A-School to Waseda University helps me a lot. It is the easiest way that I could gain information about studying abroad in Japan. Moreover, once you are confirmed to be nominated before taking public exam, you could have a clearer goal to fight for, it will be more comfortable and productive when you actually know what grades you need to get to fulfill the requirements of the conditional offer.

To add on, you can also read posters from the bulletin board from the corridor sides. We used to see them as decorations and often ignore them, yet they contain seas of information for future studies especially on 4th floor. I started reading them in G12 and I could actually find something useful and new to me, if you start reading them earlier, you might actually have an alternative plan for further studies. What I want to say is that, try to look at something that we always ignore, sometimes the right option for you is hidden, it is important for you to figure out everything instead of waiting for a chance to come.





#### **MA Ho Yuet**

#### Current Student at Faculty of Health and Behavioural Sciences, The University of Queensland, Australia

It was exceedingly difficult to step out of the comfort zone six years ago, being unprepared to face a new phase in my life studying in the secondary school. remembered how I stuttered on the stage in front of a school of students and teachers, given a chance to become the host of the hall assembly as a cultural ambassador. Under multifarious array of opportunities provided the school, for example participating in chamber activities, presenting to the public in PBL showcase. communicating with people in different countries during excursions... confidence is slowly built up, and made up to what I am

A-School is an indispensable role of the play. Studying here for 12 years, I had a deep impression on the chance given by the school to go to an excursion to Taiwan. With limited money and information, we had to find the way to travel to the destination given, gain money by doing street performances, doing our own financial management, and more. A-School gave a lot of similar occasions, training students to become independent, learn leadership and communication skills, self-discipline, and boosting the eagerness of students to learn more.

One year ago, I was wrapped in my fallacy about necessity to be admitted in the best universities in Hong Kong. Recalling to how perplexed I was when I knew the threshold of universities in Hong Kong are mostly high, and how my grades would not meet the standards of the subjects I wanted to be admitted in universities, I was thankful and grateful to have teachers guiding me back to the right path, giving me a new option for studying overseas, where I could study in my favorite subject in a university that provides sufficient resources and the best learning environment for me.

To the students who are about to take the public exams in the coming year, the exam is an uphill battle yet is surmountable. It may be stormy now, but after rain comes sunshine. Break a leg, everyone!





#### **LUI Man Shan Kyra**

# Current Student at Department of Art, Goldsmiths, University of London. UK

A few years before, I was still a jaunty student who didn't presume anything about the university. What made me started to endeavor to study was that all of my classmates had a clear goal of which university they wanted to go to and what kind of grade they hoped to achieve. The whole atmosphere hit and sort of woke me up to study. I studied in an A-Level course of Chinese, Mathematics, and Visual Art (Fine arts).

During this corona pandemic, there are a lot of challenges I have to surmount. No one expected our secondary school life to end abruptly, and so did all of our classes. I am glad that our teacher advised me a lot with my academic subjects patiently as I am not a learning-material. Most of my classmates are straight-A students. I got loads of pressure regarding that. Thankfully, they are always willing to help me whenever I am stuck.

Chinese and Visual Art in the A-Level course are not officially subjects that have lessons for me, and therefore I have to study these subjects by myself independently. I approached some of the teachers for advice on revising these subjects, and they gave me a bunch of beneficial information. I got a lot of free lessons as there are no classes for me to attend for these subjects. I used these free lessons to do past papers for Chinese and Mathematics and prepared my art portfolios. It is paramount for me to plan for my timetable when I have a great deal of time.

I am grateful that the school allowed and trusted me to study individually. Without the support from A-School, I don't think I will have the confidence to work on my own.

As importantly, good luck to all the G12 students. I hope you guys could accomplish your goals and enjoy every second of your secondary school life.





#### **LIU Hoi Ching**

#### Current Student at Faculty of Architecture, The University of Hona Kona

With the blink of an eye, I had already spent 12 years in A-School. With a learning environment full of different learning activities like excursions and PBLs, not only did A-School helped me with my pursuit on further studies, but also allowed me opportunities to discover other areas of knowledge and developed teamwork and independence skills, while providing potential experience such as museum visits and courses in the Finland Art and Design excursion for students who want to pursue an art career. I am really grateful for A-School for providing these opportunities and the teachers who guided us on them. One of the most important activities to me was the career expo held for G9-10 students, it introduced me to different career paths and sparked my interest in architecture.

Without the addition of the GCE A-Level curriculum and the extra courses organised, I probably could not get into the subject and university I want. With several talks from different universities and the UK university tour, I got to discover what choices were there for me. Thankfully, we were provided with lots of interview trainings, personal statement writing reviews and I got extra lessons on making a portfolio for Architectural Studies admissions and interviews.

G12 passed quickly as I spent most of my time revising the knowledge taught with reviewing notes and textbooks while doing lots of past papers. Thank all the teachers who spent extra time answering our questions and adapting to online mode. With the aid from teachers not on only public examinations but also on admission process, doubts and worries on pursuing further studies such as individual review sessions, as well as spending extra time on guiding us out of indecisiveness and emotional stress, I was able to make a smoother transition to university.

To other A-Schoolmates, do not be afraid to reach for different opportunities and ask when you have any questions. Also, of course keep working hard to reach for your dreams.





## SHIU Ming Chi

#### Current Student at Faculty of Engineering, The University of Hong Kong

Time Flies. 12 years have passed in a blink of an eve. 12 years ago, I am a G1 student who was excited with my school life in A-School in the future. 12 years afterwards, I have left A-School and am currently studying engineering in the University of Hong Kong. Looking back, it has been a large change on me. At first, I was a shy, introvert child, who wanted to stay in his comfort zone. But studying in A-School changed my personalities, that I have became more willing to jump out of my comfort zone. I would like to thank A-School for improving me.

I believe that everyone has their story with A-School. For me, being the member and the chairperson of the Handbell team changed my life. When I first participated in Handbell team, I was amazed by the impressive music, and the cooperation with teammates. It was the time that I opened up my mind, and tried to engage in different activities, like the Winter Concert, Variety Show etc. Moreover, being a leader of the team was a difficult task, like creating cohesion among the teammates. However, these struggling tasks had shaped me into a better person.

For my fellow schoolmates, my advice is to be frightened for your future. It is a bit weird as your teachers may suggest you stay comfort. However, being frightened helps you to stay focus every moment, and it helps you to concentrate in exam like DSE. 2019 and 2020 are tough years, but please remember what Batman says "The night is darkest just before the dawn. But I promise you the dawn is coming". After the darkest night, you will all be treated with good results in public exam.





#### **AU Toi Yan**

#### Current Student at Dual Degree Programme in Technology & Management, The Hong Kong University of Science and Technology

University life was all I had yearned for in secondary school, to break out of the weekly routine and escape the DSE syllabus. Yet university life isn't all rainbows and sunshine as I imagined it to be, UST is indeed University of Stress and Tension. In this process of transitioning from one environment to another, I would be lying if I said there isn't a small part of me that wants to crawl back into the safety and comfort of A-School.

Memories of my secondary school life still burned in the back of my mind the endless chit chat and gossip, aimless strolls around the campus during lunch recess; the lessons I've had inside and outside the classroom, different in nature but both equally important. A-School had given me countless opportunities to explore and experience, to face different challenges. A safety net to make mistakes and fail, and finally, with the help of supportive teachers and friends, to triumph. More than that, A-School has been my second home for 12 years, and for that I'm forever grateful.

DSE on the other hand, is a completely different story, because, to put it plainly, it had been torturous, yet it doesn't mean it's an unbeatable challenge. One point to note is to never undermine the importance of time management and early planning. There would be times where you feel lost and drained, completely out of focus. The best way to avoid that is to set small targets every day, and fight for DSE step by step at a pace that's comfortable. Never compare yourself with others. Most importantly, remember that you are taking DSE for yourself. It doesn't matter whether your results meet the expectations of others. As long as you know, deep in your heart, that you have put in everything ounce of effort you could, you have already won.





#### **CHEUNG Hei Yui**

#### Current Student at Faculty of Arts, The University of Hong Kona

A-School is by far the most welloriented school that provides a complete and all-rounded environment for students to discover their own potentials and abilities. In these 12 years, I am genuinely impressed by how far our school went, from basically nothing, to a school with consistent sports championships, and numerous graduates entering top-ranked universities at worldwide.

When I was one of the core members in the leadership programme of A-School, I was fortunate to be given so many opportunities from the teachers who had trusted me, to guide the juniors, held talks or conferences. From being a normal school member to taking various assistant and leading roles, I am shaped and fully equipped to be a student leader. Moreover, most of the activities that I participated such as exchange, composition competitions, inter-school choral speaking festivals were well-suited to me and helped me to make my career path precise and attainable

2020 is a testing year for 2021 graduates, the pandemic, suspension of class, revised examination scopes... I would like to take this opportunity to sharehow I prepared my DSE to G12 students in order to encourage you all, in pursuing the score you might want.

Unlike some of the top scorers in my grade, I struggled a lot in my foundation, so I did not aim a 5\*\* in every subject like everyone expected me to. Instead, the study leave period allowed me to pick up all the concepts and weaker subjects that I might have missed the chance to strike a great performance in secondary school, almost half of my revision schedule was to re-visit topics taught in G10 and G11.

Setting up an effective task-checking list, as I am here to recommend, is the best way for all DSE fighters to organise your schedule, with maximum 5 to 6 tasks a day. Keeping the revision on track will give you no excuse to slacking or pressurizing yourself too much. Also, doing exercise for around 45-60 minutes a day to boost your stamina, sleep before 12am each day, these two reminders may sound relatively less important than revising but it was indeed a key to sustain this long journey.

Currently studying Chinese and English in HKU, I have always found myself in a competitive atmosphere with heavy-loaded assignments to deal with. Every cloud has a silver lining, have faith in yourself and nothing will be insurmountable in the future.





#### 洪曉若

#### 現就讀香港科技大學 工商管理學院

不經不覺間,離開A-School的 校園生活已經半年多了,今年的種 種挑戰和改變實在令人反應不來。 由停課、疫情爆發、考試延期、各 類活動取消,到現在已經成為了一 位大學生。雖然時間匆匆流逝,但 我在A-School 十二年來的成長的點 點滴滴仍然歷歷在目。

感謝A-School為我們提供自由發掘潛能的平台,探索書本以外的知識,培養我們的公民意識,提升個人能力。我加入手鈴隊的五年裡,獲得學校提供的機會,參加音樂會、到不同場合表演、代表學校比賽等,培養了自己的自信心和團隊合作精神。把這多年來累積的種種經驗,裝備自己,迎接未來人生路上的難關。

談到讀書,先要由衷感謝A-School的各位老師,在如此艱難的時期,不為辭勞苦地協助我們應付公開試。還記得當初我在準備公開試時,因為各種突如其來的考試安排和自己給予自己的期望,使自上了龐大的壓力。公開試就如一場馬拉松,講求的是毅力和堅持,切忌為了和他人比較而刻意追趕自己未來感到迷茫,但其實只要找到合適的方法放鬆壓力,面對難關時就自然可以從容面對。

希望各位師弟妹能夠找到自己的夢想,各自努力,他日在成功的道路上遇見。





#### 霍智軒 現就讀香港科技大學 工學院

我對A-School 的印象是人生的 指路者,她不只是一所學校,我在 這裏除了學到書本知識,還學習做 人道理:她提供了不同機會,不僅 擴充了我學校以外的社交圈子,更 令我學到不少應對及解決問題的技 巧,正好作為將來在社會工作的經 驗。總括而言,我真的很感激可以 有機會在這裏就讀。

時間管理是應付考試的不二法 則,每個人都有自己獨有的温習方式,但如何在學習與玩樂之間取得 平衡,便是時間管理的學問!

感謝A-School一直對我們的全 方位教導,令我們接受到一套全人 教育!





#### 蒸桂俊

### 現就讀香港中文大學電子工程學系

在疫情期間,在家難以集中溫習,公共圖書館關閉,令我非常沮喪。幸好母校在逆境期間,開放學校圖書館,在學習的氛圍下,我能集中溫習。我在此感謝母校提供的支持。

我會比喻文憑試為一場遊戲, 要取勝,首先要背誦角色的技能和 遊戲的攻略。然後,了解遊戲規則,了解如何取得優勢。失敗後作 檢討及修正。在文憑試上,就如背誦中文的課文問答,了解不同卷別 的要求及取得更高分數的要求。

理解、背誦、認識技巧、操 練、糾正,缺一不可。

要相信自己,以前我認為其他 人天資比我優良,因此甚少相信自 己能比別人好。然而,命運一直在 我手。儘管別人的基礎比我好,我 需付出更多的時間才能追上,但至 少這能換來一些小成就。100分的 努力,可能只會換來1分的成功,很 少,不成正比,但嘗試過後,你我 都會無悔。上帝已經將屬於你的路 安排給你,不需要與人比較,好好 為自己的未來努力和奮鬥吧!





#### 張棨劻

### 現就讀香港中文大學藥劑學院

說真的畢業了幾個月,開學兩個月後還沒有適應自己已經是大學生的身份,偶爾還停留在中學生涯的回憶。畢竟我們今年是特別的一屆畢業生,失去了畢業典禮和畢業晚宴,的確沒有為我們中學生涯書上一個完美的句號。

A-School 的確給予我們不少機會培養自己成為未來的領袖,例如我在九年級參加的Excel 33,有不同的課程培養我們作為領袖該有的能力,例如演講能力:又邀請事業有成的名人分享自己管理公司的經驗及個人經歷。

至於應對公開試的方法,今年可說是對我們學習困難重重,公開試前夕都是透過視訊會議與老師討論學業上的問題。然而,這正正磨練自己逆難而上的能力,同時推動自己主動學習及發問。試動學習是不可或缺的。只要同學課堂上主動發問解決自己對知識的不理解,課後自主溫習甚至探索課外知識,必定會令自己獲益良多。

離開中學後才發現自己在石門的十二年學習時光十分珍貴,希望其他同學可以珍惜自己在學校與同學相處的時光。







#### **LUK Yin Hei**

#### Current Student at School of Engineering, The Hong Kong University of Science and Technology

I have been studying in A-School for twelve years through my primary and secondary school life. It took me these twelve years to realise how precious my time really was for studying in A-School.

It was after entering university that I realised how supportive, considerate, and caring teachers in A-School were, especially those who helped me through my secondary school years. Unlike instructors and professors in university, teachers here would truly care about your future, even though it was not a hundred percent of their responsibility. Of course, it is true that for me it's the time to grow up, and I should be more independent and responsible for my own studying and future career, but I must admit I missed the time in secondary school when can turn to teachers whenever faced difficulties, and the time when teachers provided me help unconditionally. There is no more hand-holding learning in university, no matter how challenging it gets, and this is exactly why I felt privileged to have gained help from teachers in A-School, especially the assistance and support I got a few months before DSE. I am grateful to be a student of A-School, and I can only repay my teachers by treasuring my time in university.

Another reason that made my time in secondary school valuable is the enjoyable time I get to share with my friends, true friends in A-School. As a massive introvert, it was not easy to talk and share about my feelings with someone, but fortunately I have friends who would truly listen to my thoughts, and care for me. Those happy moments we spent together in school was absolutely priceless, and I doubt that I would ever find close friends like those I met in secondary school.

Like the old saying, "You don't know what you have until it's gone", I now found myself constantly looking back at the wonderful time I had in secondary school. For those who are still having classes in A-School, treasure your time, or you'll regret it!





#### **CHEUNG Justin**

#### **Current Student at Business** School, The Hong Kong University of Science and Technology

A-School journey primary and upwards helped shape my values and transformed me into the person I am today. I still remember my first day as a little boy here like yesterday and being in awe of all the other higher grade students who were taller and noisier than me at recess. Today I see a young modern campus which dominates Shatin as a beacon of inspiration providing plenty of opportunities for students to grow and thrive. I am convinced A-School's best vears lie ahead of it.

The school is an unremitting source of inspiration with its high caliber teachers, unique project-based learning philosophy and pleasant students. I found plenty of freedom to have fun and make many good friends. In addition to its nurturing ecosystem. noticing little details also count towards a safe environment provided by the security team and a spotless backdrop from the cleaning staff. A-School does mean more.

In my final year, I nervously sensed DSE exams were on the horizon with the possibility I could be overwhelmed with a demanding workload. But I knew the journey ahead was about achieving little wins first plus good time management. So waking up and making my bed was a first win and set me in the right mood for the day ahead. I then paced myself with 3 hours intense revision sessions to match exam times and took restful gaming breaks in between. Then rinse and repeat to build up this good habit.

In life, we all have ups and downs. My parents encouraged me to become curious and solve problems in different ways. My teachers instilled in me the grit to never give up and continuously learn beyond just focusing on textbooks. I define success as Sensing Unlimited Chances Coming Each Single Second. A famous leader once said the best thing about the future is that it comes only one day at a time.





#### **WONG Sui Yin**

#### Current Student at School of Chinese Medicine, Hong Kong **Baptist University**

Since I first entered A-School, I had been asking myself: what constitutes a successful secondary school life? Now that I had studied in A-School for twelve years, I am confident to reveal my answer - it is the school's endeavour in providing holistic education to students that made my secondary school life successful and fruitful. Through these 12 years, A-School has been providing numerous opportunities for students to explore their interests in different aspects like sports, arts, music, social service and academics, you name it!

In addition, A-School has also provided great support on students' further studies by means like providing students with personality tests to investigate what kinds of occupation suits our personalities, inviting alumni studying in different field to share their experiences and holding university tours. I still remember it was the university tour to the Chinese Medicine Building in the HKBU which triggered my interest in studying Chinese medicine. Therefore I would also like to express my greatest gratification to the school for offering so much support on our further studies.

Considering how I handle the public exam, I would say it is a prerequisite to have a clear target so that appropriate amount of time could be allocated to each subject. At the same time, it is also important to strike a balance between studying and relaxing. While DSE might be one of the biggest challenges ahead, always bear in mind that it is not the end of your

To all G12 students, I am confident that with the unlimited support and help from teachers and peers, you will achieve your best.





#### **NG Pak San**

#### **Current Student at Department** of Biomedical Engineering, The Hong Kong Polytechnic University

My name is Pakson Ng. I am a graduate of A-School in 2020. As a student who has studied in A-School for 6 years, I would like to express my sincere appreciation to A-School for providing me a wonderful and grateful secondary school life.

Unlike other traditional schools, A-School gave me a 'half-international school' as the first impression. It is because A-School has many activities in different areas such as exchange programmes excursions and different OLE activities.

Throughout my whole school life, A-School has helped me a lot in academic as well as other aspects. A-School has provided us decent education, teachers always help us with their passion, which motivates us to learn. Other than academics, A-School advocates 'all-rounded development' of students. In other learning experiences, have learnt teamwork, career planning and moral skills for my future planning.

For my personal experience, I have several skills for handling public exams. The first thing you have to do is keeping your own mind positive every day. Sometimes you might face failure while you are studying, like you cannot clear some misconceptions in particular topics. What you have to do is to take a break, clear your mindset and continue in an alternative way or go ask your teachers and friends. Remember don't put too much stress on yourself.

Another reminder is that you need to ask questions frequently. Sometimes you might feel struggling in some subjects. What you must do is asking your teachers questions or even your classmates. You should discuss with them about the problems you are facing. Don't be afraid of asking others, you can learn a lot of things from others by asking questions.

The last thing I want to share about how I study is managing your own notes well. Throughout your study or revision, you will receive a large amount of knowledge. Therefore, it is essential for you to have a well-organised plan and notes for your own revision. In my own experience, having well-organised notes is helpful for your final revision, you can easily find anything you need in it. If you haven't done so, it is a high time for you to start doing that.

Throughout the 6 years in A-School, I have many unforgettable moments here, especially with my friends and teachers. I would say the most memorable time was G11 and G12. In the last two years we spent in A-School, every student was fighting for the same goal. We studied and played together every day, we motivated each other. I was glad to have them in this long journey. Treasure your friends and enjoy your school life.





#### 許希恩

#### 現就讀香港理工大學 紡織及服裝學系

清秋 初入A-School 帶著愁緒 帶著絲絲不暗 然而那天

微風拂樹 落花成陣

相遇 邂逅

一切都順其自然 一切都剛剛好

現在

當我佇立校園一隅 回首望去

**涌上小頭的不過一句足矣** 

心若不寒 秋風亦暖

感謝A-School 感謝相遇

三年前初次踏入A-School的校 門,那時總覺得畢業遙遙無期,但一轉眼,卻已經畢業好幾個月了。在這三年 的時間裡,感謝A-School,令我収穫了 許多許多,雖然是插班生,但這裏還是 帶給我家的感覺。老師們的諄諄教導, 同學間的互相鼓勵和學校安排的各種多 元化活動都構成了我美好校園回憶的· 。自小,我便熱愛藝術,成為服裝 設計師也是我長久以來的夢想,謝謝 A-School,給了我很多的機會,讓我在 這能夠自由地擁抱藝術,探索藝術。回 想起當初和朋友們一起參加視藝芬蘭遊 學團、藝術家駐校計畫,還有APEX畢 業展等活動,不僅開闊了我的視野,更 令我對香港的藝術發展有了深入的了 解。其中,APEX畢業展令我印象最為 深刻,從和同學們一起在學校為了作品 奮鬥到天黑才回家,看到一件件作品的 誕生,到最後看到它們在視覺藝術中心 展出。第一次當導賞,不但要熟悉自己 的作品,更要了解同學們的作品;第· 次佈置展覽,自己選擇展覽的位置,設 計作品如何擺放,再把它們掛到牆上。 對我來說,這些都是全新的體驗,也因 為這些經歷,讓我的履歷更加豐富,也 讓我順利進入香港理工大學就讀我喜歡 的服裝設計

回想起考文憑試那段日子,因為 疫情,考試受到延遲,補課也只能線上 進行,還好有學校和老師們的鼓勵和支 持,幫助我們渡過了難熬的時光。還記 得打開信箱後收到來白學校的禮物的那 份感動; 還記得屏幕那旁老師不厭其煩 -褊褊解釋難懂的題目的那份堅持;還 記得考試前收到老師們的叮囑和祝福增 強的那份信心.....在拼勁全力的同時 也記得要放鬆心情,我們能做到,相信 師弟師妹們也可以

進入大學,沒有人再一遍遍地提 醒我們交作業,督促我們上課,一切都 要靠自律。幸好,中學時養成了規劃 時間的習慣令我能夠應付忙碌的大學生 活。另外,除了個人作業之外幾乎每-節課都有不同的小組作業,學會如何與 人溝通和團隊合作也至關重要

回首,是一段青春無悔的歲月; ,有一個繁花似錦的前程



# Award of Teacher Commendation Scheme 2019-2020



**Primary Division** 

Secondary Division

#### **Awardees of Teacher Commendation Scheme 2019-20**

Primary Division	
CHONG Hiu Li Jackie	KONG Kenny Heung Wing
LEE Ka Wing	LEE Ka Ki
BERNING Karsten	PRADHAN Ashwini Sachin Winnie
CHO Siu Yee	YIU Kwun Sze Cecilia
CHU Po Ki	

#### **Reflection from Awardees:**

#### Ms. CHO Siu Yee

Head of Student Support

It is a great honour to be awarded the Teacher Commendation Award this year at A-School. Heartfelt gratitude to all the generous support from my colleagues. It has always been a pleasure to work with A-School teachers that are so dedicated and devoted to teaching. I am inspired by the teamwork all along in my journey as being a part of A-School family.

#### Ms. YIU Kwun Sze, Cecilia

Head of Student Management and Support

It was indeed a pleasant surprise to be awarded the Teacher Commendation Award this year. To be presented with such an award for doing something that I truly enjoy is definitely icing on the cake. My heartfelt thanks to colleagues, parents and students for their unwavering support and appreciation throughout my teaching career.

#### Mr. KONG Heung Wing Kenny

Science Teacher

In conjunction to celebrate the 15th year of school establishment and achievement, it is my esteemed honour to be one of the recipients of the 2019-2020 Teacher Commendation Scheme as voted by our dedicated and devoted school colleagues. I am extremely thankful to be amongst these wonderful collaborative colleagues recognised for our motivation, inspiration, understanding, support and care to our professional learning and teaching community. We are blessed because we are able to serve and continue to build a legacy for the HKBUAS family.

#### **Mr. Karsten BERNING**

Science and 3rd Language Teacher

I was very surprised to receive this award. It was my first year and I had tons of questions for my colleagues. My thanks go to all those who always answered my questions and who reminded me of important deadlines. Special thanks go to my mentors: Mr. Lee Ka Wing, Mrs. Pradhan Winnie, Mr. Kong Heung Wing Kenny. And finally I want to say thank you to my students.

#### **Awardees of Teacher Commendation Scheme 2019-20**

Secondary Division	
CHAN Lai Kwan	LAM Yuk Tsun
CHEUNG Ka Chak Simon	LEE Man Kit
FAN Yu Ong Cally	LEE Wai Shing
FOK Sui Tong	MAK Ho Nam
FUNG Wing Ho	NG Tsz Ho
KOO Sung Dek	YU Cheuk Yin Monty

#### **Reflection from Awardees:**

#### Mr. LEE Man Kit, Kidd

Head of OLE and ECA

Being awarded with the Teacher Commendation Scheme is a huge encouragement and recognition to my teaching life.

We, as a teacher, spend countless hours in school teaching kids.

We, as a teacher, aim at helping kids' personal growth instead of a single report card.

We, as a teacher, try our best to provide a positive environment for every kid's school life.

We don't really see the outcome until one day the kids realise what we, as a teacher, have inspired them in whatever way.

But being awarded with the Teacher Commendation Scheme proves that we, as a teacher, are doing the right things.

#### Ms. YU Cheuk Yin Monty

Mathematics Teacher

'When one teaches, two learn.' By Robert Heinlein.

In my opinion, teaching and learning go hand in hand and teaching is a process of learning. Through communicating and listening to students' opinions, both of us gain a lesson. Having taught in A-School for a few years, I feel so grateful to meet wonderful colleagues and students. There is always a spark between us to keep me going.

#### Mr. NG Tsz Ho Michael

Head of ITA and Mathematics Panel Head

I am glad to receive this award this year and I feel warm for the trust and support from my colleagues. I cherish the moments to work with my teammates, who have various strengths in the education field. May I take this opportunity to express my sincere thanks to all colleagues and students being part of my life in A-School. Stay strong and keep going together!

#### Ms. FOK Sui Tong

Visual Arts Teacher

Iamso delighted that I can also get the Award of Excellence Art with my teammates from the Visual Arts Teacher Commendation Scheme organised by the Hong Kong Society for Education in. I want to show my heartfelt thanks to Dr. Benjamin Chan for his continuous support to our Visual Arts team throughout these years. We will continue to work hard for Arts Education in our school and also our society.

G7 STEAM Project – Race to the Line micro:bit Rocket Car Competition



G8 & G9

Adventure Activities, Sports Climbing Course Local Traditional Handcraft Workshop: Rattan Handicrafts, Dreamcatcher, Plant Anthotype



# Life-wide Learning Day

November 11, 2020 **2020-2021** 

"Suspending Classes without Suspending Learning" is the motto that we have heard most frequently in the previous months. The COVID-19 turns the whole education industry into a new and more digital mode in which everybody relies on computer and internet.

The Life-wide Learning Day has been one of the traditional local excursion activities of A-School. Due to the COVID-19, even though the students are not supposed to have massive outings because of safety and hygiene concern, A-School still tries our very best to provide diversified learning opportunities within the campus to make our first ever and unforgettable in-school Life-wide Learning Day in order to achieve "Suspending Outings without Suspending Life-wide Learning".

**G10** Senior Associate Camp



**G11** 

Art Jamming Workshop Leather Making Workshop Perfume Making Workshop



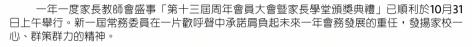
**G12** Golden Library





# المحادث

## 「第十三屆**周年會員大會**暨 家長學堂頒獎典禮」



本校於2018-2019年度開始開辦家長學堂,而家教會配合學堂的發展,於每年的會員大會特設家長學堂頒獎典禮,簡單而隆重。今年學校為所有得獎家長精心製作小禮物:由同學設計,饒有意義的環保布袋:感謝所有家長的鼎力支持與參與,讓家長學堂繼續穩健成長,家長學校一同學習、一同進步!

雖然家教會年度籌款活動「活力跑樓梯競技大賽」因疫情取消,但家教會即將舉辦「聖誕卡 義賣籌款活動」,並將所籌款項撥作「關愛同行」獎助學金及購買學校設施之用,敬請各位家長 同學繼續支持家長教師會。

#### 第十四屆家長教師會常務委員會名單

黃家豪	主席	小學部家長
何家亮	副主席	中學部家長
戴詠賢博士	副主席	助理校長
周家柱	秘書	小學部家長
司徒敏儀	秘書	中學部家長
曾子君	秘書	小學部老師
黃欣欣	司庫	小學部家長
張靄欣	司庫	中學部家長
曹小怡	司庫	小學部老師
杜文鳳	教育	小學部家長
吳嘉琪	教育	中學部家長
陳佩柔	教育	中學部老師
龐茵月	康樂及福利	小學部家長
崔錦慧	康樂及福利	中學部家長
李文傑	康樂及福利	中學部老師
于瀾	聯絡	小學部家長
黃一樑博士	聯絡	中學部家長
李殷殷	聯絡	小學部老師
黃錦發	總務	小學部家長
李國輝	總務	中學部家長
吳梓浩	總務	中學部老師
王美甄	理事	小學部家長
張兆敏	理事	中學部家長
張瑞霞博士	理事	助理校長

### 主席的話



校長,各位老師,家長,同學:

在家教會服務已經第三個年頭, 承蒙各老師、委員支持有幸成為第十四 屆家長教師會主席。首先感謝歷任主席 和委員的付出,成就了今天家教會與學 校彼此互信的關係和穩固的團隊精神。

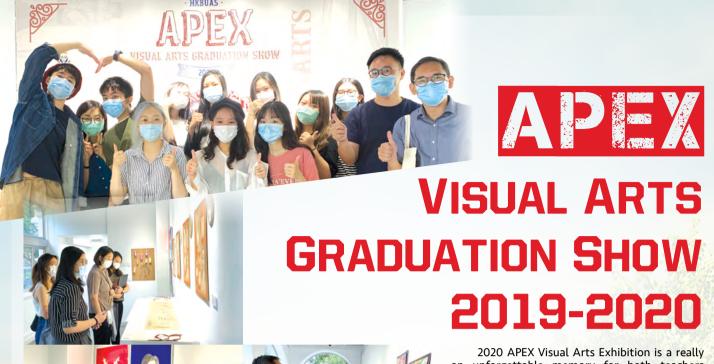
新一屆工作正式展開,各項活動亦已開始籌備,例如家長教育研討會、G12加油站、聖誕聯歡、文化日等等,活動得以順利進行,全賴各委員、老師和家長的配合。適逢學校十五周年校慶,家教會將會積極響應和支持學校舉辦的各項活動,希望各位家長積極參與和支持。

最後,本人謹代表家長教師會各 委員祝大家身體健康、生活愉快!

黃家豪 謹啓

2020-21第十四屆家長教師會主席







an unforgettable memory for both teachers and student artists. Under the pandemic, the exhibition date was postponed twice. Finally, we successfully held the exhibition in early July 2020 at the Hong Kong Visual Arts Center. This year we had ten Grade 12 students and two Grade 6 students participated in the exhibition. Among the Grade 12 students, eight of them showcased their DSE artworks and two of them showcased their GCE artworks. Hong Kong artist Mr. Lau Hok Shing and artist group Brainrental joined our show as they were the Artist in Residence in the year 2018 and 2019 respectively. We have representatives from SCAD, Tai Kwun, Asia Art Archive, and galleries visited the show. They gave positive feedbacks towards our students' artworks. We all treasured the opportunity and support provided by the school in order to help us keep this precious memory.



#### KWOK Pui Yu Zoe (2020 Graduate)

Time passes quickly, my identity swifts from a secondary to a university student. Looking back to my secondary school life, A-School provides lots of resources for students, especially for the subject Visual Arts. For example, we will get chances to learn, create and communicate with different artists in the programme called "Artist in Residence", I always got lots and lots of inspiration from the programme and it broadened my vision on creating. Besides this programme, we also got the chance to visit Art Central and Art Basel, both of the exhibitions are well known worldwide, by visiting the exhibition it helped me to build up my aesthetic of art.

Currently I am studying the Fashion Design department in Taiwan Kaohsiung Shu Te University. Everything is new to me, the environment, the teaching method and even the medium of instruction. At first it took me some time to adapt to university life, but now I found out that university life is quite interesting. I have a more flexible timetable, where I could use my spare time to have revision or do some additional studies of my subjects. Secondly, I had a chance to know more students from all around the world, as the university has quite a lot of foreign students, we will share our culture, which also helps broaden my knowledge.

Throwback to the 2020 APEX graduation show. Even the show was held for a few days, but all of the Visual Arts teachers and students put in tons and tons of effort into it, from souvenir design to removing the artwork off the wall...l was grateful to be a part of it and worked for it together. One of the most remarkable experiences of the show was I often walked around in the gallery and heard some of the comments of my work by the visitors, that I could know my strength and weakness, and to further improve myself in the future. I think the APEX graduation show provided a chance for me on self-growth.



#### POON Yin Hei Felix (2020 Graduate)

Perhaps the memories in secondary school for some gradually recede in their minds. But for me, they are still fresh. Studying in school till eight o'clock; going back to school on Saturday for supplementary lessons... to you may sound exhausting and demanding. However, I found so much joy when studying with my dearest friends. Besides, being the chairperson of chamber Einstein was undoubtedly a mini mile-stone for me. This had also shaped me as a well-rounded person. These were some of the happiest times in my life.

One of the exclusive experiences of being a VA student in A-School is definitely having our own graduation show APEX. I was so glad to have the opportunity to show my artwork to people from all walks of life. Furthermore, this improved my presentation skills, which are beneficial to my university study. This year, I knew that this exhibition is not easy to come by. Many thanks to Ms. Fok, Mr. Law, Mr. Tang and other staff members who helped for the preparation. A-School was undeniably a great place for me to fully unleash my creativity in art lessons.

Studying in university is diametrically different from secondary school. Plus, I am studying architecture in a foreign country, which allows me to expose myself in a different culture and a new environment. I have realised that university life is a place full of freedom and there is comparatively less guidance from teachers. Therefore, time management and self-discipline are relatively crucial. Without having a work-life balance, the workload could become overwhelming.

Leaving A-School seems alluring to us, we are now adults. We would no longer see our classmates in the school corridors and classrooms each day. Each of us has gone our own way. Each one with different ambitions. Nevertheless, let's strive for excellence. We will meet somewhere in the future!



# THE 3RD HKBUAS ALUMNI ASSOCIATION INAUGURATION

The HKBUAS Alumni Association was established to strengthen the bond between the school and its alumni, as well as to foster cohesion and involvement of the alumni. On October 7, 2020, the 3rd Executive Committee of the HKBUAS Alumni Association was officially inaugurated. We would like to express our gratitude to Ms. Elma FONG, Chairperson of the 2nd Executive Committee, and to the entire team for their dedication and contribution to the A-School community over the past two years.

The new Executive Committee was elected in August 2020. Mr. Jason HUI, the new Chairperson, will lead the 3rd Executive Committee to serve as a bridge between the school and our alumni in the following two years. We look forward to working more closely with our fellow alumni and building an even stronger alumni community.





#### **HUI Yau Long Jason**

(Chairperson of the 3rd Executive Committee of HKBUAS Alumni Association)

I am very honoured to be elected as the chairperson of the 3rd Alumni Association. My goal and the team's goal, is to provide more opportunities for our alumni to come back and participate in various homecoming activities, as well as promoting interactions between our alumni and current students. There are going to be a lot of challenges ahead, but I am looking forward to crushing them one by one along with my team throughout the journey.

The 15th anniversary of A-School is near. It will be a great opportunity for us to unite our alumni to celebrate this important milestone of our school.

There will be lot uncertainties ahead, but one thing that I am certain is that I will try my very best to fulfill my duty. Please give your support to the Alumni Association.

# Student Union and Chambers in Secondary Division



# Student Union and Houses in Primary Division

The Election Day of the Student Union and Chamber for the secondary school was held on October 16, 2020. The proposed cabinets of Student Union and chambers were successfully elected. They have organised the SU and Chamber forums during the promotion period. As the student leaders of A-School, they will take the responsibility to serve the school and all A-School students in the coming academic year and make A-School a better place to study at.

#### 10C LIN Wing Tung, Melody (Chairperson of Student Union)

I promised that our cabinet will strive to do from the very start. To unite A-School, create a harmonious learning environment, cultivate a sense of belonging, so as to allow students to feel acknowledged. Also, we will always remain humble, grow mentally and professionally no matter the season or weather, adapt to sudden situations and learn to overcome the many obstacles along our way, to live up to our motto "Stay Grounded, Keep Growing".



#### Student Union

Chairperson	10C	LIN Wing Tung
Internal Vice-chairperson	10E	WONG Kai Chung
External Vice-chairperson	10E	KWOK Ho Wang Clement

#### Chambers

#### **Aristotle**

#### **Committee Members:**

10D	LI Sheung Long	8E	CHOW Abby
9B	CHAN Long Fung Matthew	7C	WONG Jiyu Vanessa
9B	CHAN Sze Ching Jack		

72 0.11.11.020 0.11.18	,	
Beethoven		
Chairperson	10C	NG Pui Nam Ashley
Vice-Chairperson	10D	LAI Lok Man
Vice-Chairperson	10A	NG Shun Hei
Columbus		
Chairperson	10C	CHAK Ngo Man
Vice-Chairperson	10E	WONG Zi Ling
Vice-Chairperson	10E	WONG Ching Yi
Da Vinci		
Chairperson	10D	CHEUNG Prudence
Vice-Chairperson	10E	HUI Vennci
Vice-Chairperson	10D	CHAN Alpha Daviyd
Einstein		
Chairperson	10C	MOK Molly
Vice-Chairperson	10C	WONG Man Huen Nicole
Vice-Chairperson	10D	HUNG Lok Yiu

The epidemic cannot stop our passion for participating in the election of Student Union and House Committee. These two signature events have been smoothly and successfully completed on September 29 and October 29, 2020 respectively. Although we cannot have large-scale promotion, all SU and House Captain candidates shoot short videos to introduce themselves to let students understand their aspirations and enthusiasm in serving A-School. The G3 to G6 students voted for their ideal candidates for SU and Houses. After a fierce vote, we finally elected the representatives of SU and House captain for 2020-2021. Congratulations to all committee members!

#### 6C POON Ching (Chairperson of Student Union)

Hi, I am Ian Poon from 6C. I am the Chairperson of the Student Union for two years. Last year was a memorable experience for me. With the coronavirus spreading around the globe, it was really hard to make changes to the school and help our students out. Our team was always struggling about how could we truly help our schoolmates when we were separated from each other? That's why I wrote letters to outliers and asked them to give us advice and thanked them for their service meanwhile encouraging students to make their boring time at home less dull. One of the letters I wrote was to thank Professor Joseph Sung of the Chinese University, who played a huge role in this crisis. I wrote to thank him for the service and effort he put in to stop the coronavirus. Even though I couldn't do anything practical, I gained experience on how to become a better leader and I'm sure that I can do a better job this year.

#### 5E HONG Cheuk Lun Marcus (Internal Vice Chairperson of Student Union)

I was the Recreational Secretary last year and this year I am the Vice-Chairperson. I am so grateful that I could be a part of the Student Union again this year. However, the Covid-19 pandemic situation held me and the other members of SU back from helping and organising events for A-School. It is really an honour for me that I could contribute to the school. I will do my best to help all of you. I really hope our team could help more teachers and classmates, or even arrange more events.

#### 5E TAM Nga Man Jessie (Welfare Officer of Student Union)

Last year, as a member of the Welfare Secretary in the Student Union, I felt grateful to help others. However, because of the pandemic, we didn't get to help in many events. I think that being in the student union this year is an honour for me because I can contribute to the school again. Hopefully, we can have more events this year.

Student Union	
Chairperson	6C POON Ching
Internal Vice Chairperson	5E HONG Cheuk Lun Marcus
External Vice Chairperson	6A KWOK Hoi Lam Clarice
House Justice	
House Captain	6E LI Nga Yu
House Captain	6E LAU Drafus Siu Tung
House Wisdom	
House Captain	6B KONG Kelli
House Captain	6E HO Jasper
House Kindness	
House Captain	6D LAM Cheuk Ki Hebe
House Captain	6D TANG Tsz Yin Willis
<b>House Courtesy</b>	
House Captain	6E CHENG Kaile Hoi Ling
House Captain	6B HUI Jerone
House Faith	
House Captain	6C SHEK Yuen Ying
House Captain	6C LAU Cheuk Ip Anson

## A-Star G7 Orientation Seminar



Due to the epidemic situation, A-Star orientation was held online this year. We were happy that more than 250 students and parents joined the seminar on August 14, 2020.

Time flies and students have returned to school for face-to-face lessons for more than a month. We wish them all the best in the journey of learning in A-School.

#### 7A LAW Enid

This is a special year. What a pity we cannot meet face to face. For now, I am very grateful we can meet each other and have lesson together. I wish the epidemic will be over soon so we can see everyone's face.

#### 7B XIAO Zhun

My learning journey in HKBUAS has been two months long. In the first month, all students learnt by Zoom. I felt excited about that because it was such a new experience for me. I've got some new feelings after school resumption. At first I felt annoyed since it was super active in lessons. After a week I began to get use of it and made some friends. Generally, I feel pleased.

#### 7E LI Wei Li

I felt joyful during the first month of G7. Even though in the first month, we had to stay at home to have online learning through Zoom, I was happy to learn new things and meet new teachers. About one month later, we could finally go back to school. I am glad that we can meet new friends. I hope the COVID-19 will go away soon.



#### 1A 王敦敏

我每天都期待着上學,期待着見到老師和同學。第一天復課回家,我已經很雀躍地告訴媽媽:「老師帶我參觀A-School,學校很大、很漂亮。」接下去的日子,我都會和家人分享各種趣事——去空中、交看在、體育等在操場踢足球、高年級的姐姐教我寫言喜好朋友老師讓我做圖書大使。我很喜愛校園的生活。

# Olioge stay

#### 1E 陳樂熹

我在一年級適應日裡參與了很多有趣的活動,我感到十分開心。A-School的老師和讓可親,讓我很快適應了一年級的生活,現在我交了幾個好朋友,每逢小息時,我們都會留在課室談天。而我最愛是中文科,讓我學到很多中文的知識,我每天都期待回校上學。



#### 1B WONG Sau Yat Coen

I was so happy in the orientation because I had so much fun on that day. I read books and played with new friends, and got to meet with Mr. Tsang and Ms. Lee in person finally! During passing time, I went to the Lecture Theatre to watch a PTH video which I enjoyed much. I like my school very much!

# G1 Orientation Day

Our G1 students had an exciting time to meet their teachers and classmates face to face, as well as to explore the A-School Campus on the Orientation Day on September 18, 2020. Students attended campus tour, demo lessons and different kinds of activities to familiarise themselves with A-School learning style and environment. It was momentous for them as it represented a milestone in their primary school life, and they are well-prepared for the adventure in the coming school year!



十年長期服務獎





Ms. Chan Yin Yin

#### Clerical Officer

Having been working at A-School for ten years without realizing it, it is touching to see the growth and accomplishment of our students, attesting to the dedication of the Principal, teachers and students. I believe that in the years to come, I will see another surge of bright and prosperous development here.



李殷殷女士

#### 小學部總務統籌

轉眼之間,原來我已經在王錦輝度過了十年的光陰。在這十年裏,我見證着學生成長的同時,自己也獲益良多。我要感謝各位學生、同事和家長,全賴有你們,我的教學生活才會如此多姿多彩。



#### 鄭建興女十

#### 校役

轉眼在浸小已經工作十年,回顧這十年, 清潔校園讓活潑可愛的小朋友在舒適的環 境裡學習成長,我享受著開心和滿足的感 覺。



馮德強先生

#### 工程技工

營營役役轉眼十年了,我慶幸當初能抓住這個機遇,同時也是對自我的一種挑戰。 撫今追昔,真是感慨萬干。感謝學校給我 在這片熱土上工作,有賴上司、同事的信 任和支持。希望未來的每一個十年能夠繼 續為學校服務。



李惠儀女士

#### 校役

不經不覺已在王錦輝小學工作十年,我對 著一群可愛的小朋友既開心又緊張,不過 我很享受這份工作帶來的樂趣和滿足感。



#### Ms. Wu Yingying, Jessie

### Assistant English Language Panel Head, Secondary Division

When I saw students grow, I felt my youth was well spent. In these ten years, not only have I witnessed so many batches of students coming and leaving, but also the development of

A-School. I am delighted to be part of students' lives and look forward to seeing A-School become a perfect place for learning.





#### Ms. Fan Yu Ong, Cally

Mathematics Teacher, Secondary Division

Aristotle once said, "Educating the mind without educating the heart is no education at all."

Remembered when I first stepped into the classroom full of eyes staring at me and wondered "how am I going to do this?", I am blessed for having the opportunity to do it for 10 years now.

Those gazing turned into little conversations, starting from knowing their name, family, friends, emotions, goals, dreams etc. Once they know you care, that is when a relationship is build, which is able to make an impact on them.

Thank you for giving me a chance to be part of your journey, your smiles are the best motivation! As time passed by, hopefully you still remember I was once your cool teacher and friend.



#### Ms. Wu Chui Yu, Debbi

Mathematics Panel Head cum Assistant Head of E-Learning (Coordinator of PS), Primary Division

It's been ten years! I'm amased by how fast time passed by. These ten years have been challenging yet rewarding. I'm blessed with all the wonderful colleagues who have taught me, guided me, and inspired me. I'm grateful for all the precious moments, the sweet ones, the bittersweet ones that I shared with my students, throughout these ten years. Ten-year is a phase, it's a milestone. Let's look forward to the next milestone!



#### Mr. Chan Ho Kan, Kan

Coordinator of Integrated Science, Primary Division

I am very excited for completing the 10 years of my services. I do not know how fast these years passed. But one thing is sure that these all years were incredible for me. I worked in every kind of situation and always try to give my 100% to A-School. I am very proud to be a teacher in A-School.



#### 張家敏女士

#### 高級會計文員

轉眼間,我已在A-School 工作十年了!回顧這十年間,當中有苦、有甜、有堅持,更有收鑊!感恩能夠在這充滿愛的校園工作,展望A-School 在將來繼續作育英才。



#### 黃婷婷女士

#### 中學部中國語文科老師

十年匆匆彈指一揮間,我從一個初出茅廬的畢業生變成了一個工作十年的老師,回想起在A-School的點點滴滴,令人感慨萬干。感謝學校對我的栽培,讓我擁有了許多寶貴的經驗。我非常珍惜這十年與A-School同學相處的美好時光,也讓我更深刻地了解到何為「師道」。豈止於「傳道授業解惑」呢?陪伴同學們一起成長,共同經歷風風雨雨,收穫一段段真擊感情,這才是為人師表最大的幸福與樂趣。

#### 獲獎名單

Name		Position
Chan Ho Kan	陳浩勤	Teacher (PS)
Chan Yin Yin	陳燕燕	Clerical Officer (SSA)
Cheng Kin Hing	鄭建興	Janitor
Cheung Ka Man	張家敏	Senior Accounts Execxutive
Fan Yu Ong Cally	范裕盎	Teacher (SS)
Fung Tak Keung	馮德強	Craftsman
Huang Tingting	黃婷婷	Teacher (SS)
Lee Wai Yee	李惠儀	Janitor
Li Yan Yan	李殷殷	Teacher (PS)
Mankani Maneka	Prakash	Teacher (SS)
Wu Chui Yu	胡翠瑜	Teacher(PS)
Wu Yingying	吳瑩瑩	Teacher (SS)





## Sharing from Teachers





## **Dr. Cheung Shui Ha Ruby**

# Assistant Principal (Student Development) and Head of Global Citizenship

Dear all, this is Dr. Ruby Cheung. Serving as an Assistant Principal, I head the Student Development of Secondary Division. I am also the Head of Global Citizenship and Head of Moral and Civic Education.

Before joining A-School, I was the Project Manager and School Development Officer of the gifted education programme at the Chinese University of Hong Kong. I led my team to offer professional collaboration and school-based support for local primary and secondary schools on gifted education services and provisions. Furthermore, I have been a Course Lecturer and Instructor for various post-graduate programmes on Educational Psychology and Liberal Studies at local tertiary institutions.

In addition, I have contributed my academic and administrative strengths as a Vice Principal and Liberal Studies Panel Head in a DSS school before. I was responsible for the school curriculum development and academic affairs, school self-evaluation, whole-person development, school relations, global learning, and staff development. I also served in the Education Bureau and was the History Panel Head in a government secondary school.

This year, I am very grateful and delighted to join the family of A-School. I look forward to collaborating with the school management, teachers and parents to nurture our students to be life-long learners with all-round development, scholastic excellence, character strengths, and positive values and attitudes towards life and learning.



# Mr. Fung Wing Ho, William

# Head of IT in Education and ICL/ICT Panel Head

I am Mr. William Fung, the Head of IT in Education and ICL/ ICT Panel Head of the Secondary School. I have been working in A-School since 2007 and this is my 14th year in A-School family. I do remember on my first day serving in A-School, there's only two grades in Secondary Division with around 30 teachers and now A-School is a big family with good reputation in Hong Kong. I am really proud of being an A-School member and develop with A-School.

IT has now been widely used in Education. Technology giants like Google and Microsoft have developed Education suites like G Suite for Education and Office 365 to support e-learning. IT is a fundamental skill not only in IT profession, but also uses in all aspects. In 2018, I was invited by Microsoft and joined the Microsoft Education Exchange in Singapore. It was an annual global event with educators all over the world gather to learn the latest education trend and exchange ideas. In the 5-day event, I learnt from Mr. Anthony Salcito, the Vice President of Microsoft Education, about the transformation in education. I also worked with educators from different countries to plan a lesson about the use of technology in Environmental Protection. There was an Education Exchange session and I showcased A-School's STEAM Project with the use of micro:bit. Many visitors visited the booth and we exchanged many ideas on IT in Education. Visitors praised A-School's work and the students' performances. It's my honour to represent A-School and received many positive feedbacks from experts around the world for the excellent work made by A-School's teachers and students.





## **戴詠賢博士** 助理校長 (小學部學生發展)

你們還記得奇妙的「R」嗎?

R = Miss Ruby 戴老師

R = Resilience 抗逆力

R = Rich滿足的心靈

R = Rainbow燦爛愉快的校園生活

這個R就是我,很高興能來到A-School,希望我能用這個R,滋潤大家的心靈,一起迎接愉快的每一天。

除了R外,我家中有三個小寶貝,在家中,我和孩們都滿心地迎接中的每個挑戰,勇對每天的成功和失敗。在學校,我希望你們也能將孩子交托給我,讓我們暫當孩子的父母,與孩子一起披荊斬棘,一起學習「存好心、說好話、做好事」,大家能利用眼睛欣賞,用嘴巴表達善意,用耳朵耐心聆聽,用雙手幫助他人,用腦袋明辨是非,用感恩的心答謝他人。





# 老師李

## **李家琪老師** 中國語文科主任

各位讀者,你們好。我是李老師,加入A-School這大家庭不經不覺已四年。期間,我很幸運認識了一衆志同道合的同事,無數位可愛、聰穎的同學和在大小活動中均鼎力相助的家長,這一切也在心中留下難以忘懷的回憶。

在A-School,我時常碰到的疑問是「如何學好中文」,這也令我回想到其中一項我熱愛的興趣,就是長跑。跑步這回事,與讀書相似,有多少的努力,就有多少的表現。每場比賽的突破所帶來的滿足,就如同寫出令人滿意的文章,所以跑步與做學問相似——「沒有奇蹟,只有累積」,希望你們可以為學習和理想,一往無前地跑下去。







總校長 陳偉佳博士



高級顧問(升學) 林浡博士



高級顧問(電子學習及教師專業發展) 馮治華教授



首席副校長 盧志聰



高級副校長(學務)暨 國際課程總監 廖詠琪



助理校長(行政)兼 英文及英國文學科主任 古頌德



助理校長(學生發展)兼 全球交流主管 張瑞霞博士

#### 教務 Academic Affairs



廖詠琪\*



古頌德\*\*



陳婉兒



張嘉澤



朱偉基



馮穎豪



羅智宏



羅鳳儀



吳梓浩

#### 學生發展 Student Development



張瑞霞博士\*



鄧紹南\*\*



陳麗君





黃水茵



羅醒楷



李文傑

#### 其他學習經歷 Other Learning Experiences



李文傑\*



鄭可欣



霍瑞棠



黃婷婷



江凌穎



曾梓軒



劉錫妍







雷泳霖



白麗娟



蘇喆琳





黃詠徽



余卓妍



羅鳳儀\*



孫曉明\*\*





車品妍





黎鎬文





中國語文 Chinese Language



李理



林美卿



吳倩青



謝翠茹



黃素珊



Koo Sung Dek, Jacqui\*



Chong Chun Yu, Jeff\*\*



Wu Yingying, Jessie\*\*



Chan Angel



Cheng Ho Yan, Karen



Ge Wenyan, Maggie



Kwok Hau Yee, Iris



Lee Ka Ho, Darren



Lui Wing Lam, Melody

英國語文 English Language



Mak Chan Joukin Luis



Mankani Maneka Prakash



Mehvish Fatima



Wai Bonnie Ada



Yan Sze Hon Marco



Yau Lee King, Nikki



吳梓浩\*



謝博文\*\*



張惠安\*\*



朱偉基



范裕盎



侯偉新



李永輝



梁頌晞



李子汶

數學 Mathematics



廖詠琪



麥浩南



莫紹緯



黃璟煒



余卓妍



陳婉兒\*



張嘉澤\*



張可宜\*



江凌穎\*



凌沛聰\*



吳煬梓\*



錢添生\*\*



張瑞霞博士

麥松年



鄭浩來

彭顯豐





鄧國文

黎鎬文

陶穎珊

黎家慧

唐佩紅

黃書海

盧俊傑

黃子銓

















霍展聰\*

羅智宏\*

李威成\*

莊兆祺

江向榮

科學與實驗室管理 Science and Laboratory Management



劉展鴻



梁志輝



吳嘉君



潘彥光



冼嘉雯

資訊科技 Information and Communication Technology



馮穎豪\*



周偉業



林家寶



劉凱斌



蘇喆琳

美藝 Aesthetics



劉錫妍\*



羅醒楷\*



諸愛芳



霍瑞棠



鄧紹南



黃詠徽

體育 Physical Education



姚智勇\*



鍾麗娜



李文傑



白麗娟



曾梓軒

#### 第三語言 Third Languages



Mak Chan Joukin Luis\*



Haro Silvente, Julien Michel Maurice



Horiuchi Mihoko



Berning Karsten



圖書館 Library

王曉龍



簡潔欣

註冊護士

專業團隊 Professional Team





蘇凱文 駐校社工



鍾蕊虹 駐校社工





































藍安霖

林洛嫻

李珍妮

梁韻雯

梁穎琦

李殷殷



王嘉航



楊楠

袁妙玲



Pradhan, Ashwini Sachin Winnie\*



Chan Ngan Ling,
Annie\*\*

英國語文 English Language



Lam Alice Kar Yee\*\*



Chan Kar Mun, Carmen



Choi Cordelia F



Fung Chung Man, Cherrie



Lam Sze Man, Pinky



Leung Lap Pong, Edwin



Leung Sin Yi, Joanne



Li Hiu Tung, Cora



Beer Sandra Ho Yan



Tsang Lai Yi, Sandy



Tsang Yiu Pang, Rudolf



Wong Lok Yan, Cherry



Yiu Kwun Sze, Cecilia



胡翠瑜\*



伍湘如\*\*



遭焦琳\*\*



詹嘉



趙紫恩



鄒靜瑜



羅婉儀



李顯邦



吳志輝



潘佩



麗紅



楊雅雯



陸建忠\*



陸陞揚\*\*



張逸俊



梁立邦



楊雅雯

科學、科技、工程、美藝及數學教育 STEAM (Science, Technology, Engineering, Arts and Mathematics) Education





葉緑茵\*



戴詠賢博士



曹小怡



梁穎琦



吳志



王慧君



袁妙玲

#### 綜合科學 Integrated Science



陳浩勤\*



Berning Karsten



江向榮



李嘉榮



李家榮



周梓君\*



曹小怡



朱寶琪



楊凱珊

視覺藝術 Visual Arts





黎樂堃



諸愛芳



黎凱欣



鄧宇衡



葉曉彤



黃詠徽



姚智承\*



鍾麗娜



許柏年



吳俊穎



辛海鈴

灣育 Physical Education

第三語言 Third Languages



Mak Chan Joukin Luis\*



Haro Silvente, Julien Michel Maurice



Horiuchi Mihoko



Berning Karsten



專業團隊 Professional T

周詠琛 駐校社工



簡潔欣 註冊護士



許翠霞 教育心理學家



楊楠

#### 2020 (May to August 2020)

World Class Test Hong Kong Autumn 2019

3 · 3			
	Distinction	8B	CHAN Aryan
	Distinction	8C	FUNG Wai Tak Walter
	Distinction	8C	KWOK Tsz Leong
	Distinction	9D	CHEN Hongji
Mathematics	Distinction	9D	HUI Yi Ching
mathematics	Distinction	9D	LIN Wing Tung
	Distinction	9E	CHEUNG Kwan Chiu
	Distinction	9E	LAM Yat Hei
	Distinction	9E	HUNG Hoi Lam
	Distinction	9E	TANG Kit Hei
	Distinction	9E	CHEUNG Kwan Chiu
Problem Solving	Distinction	9E	LAM Yat Hei
	Distinction	9E	TANG Kit Hei
HKUST Dual Programme 2019			
Life Science (Level 2)	Excellent	11C	CHAN Sum Naa Summer

Life Science (Level 2)	Excellent Performance	11C	CHAN Sum Nga Summer
Physics (Level 2)	Excellent Performance	11E	MAN Hoi Nam
	Excellent Performance	7A	CHAN Nathan Heilun
Chemistry (Level 2)	Excellent Performance	9E	YEUNG Hiu Lon
	Excellent Performance	11E	YE Qingqing

#### 2019/20 Hong Kong Budding Poets (English) Award

Future Stars - Upward Mobility Scholarship 2019-2020

Secondary Section	The Outstanding Student Poet Awards (Bronze Award)	8B	FU Cheuk Yiu Tiffany
Secondary Section	The Poet of the School Award	8B	FU Cheuk Yiu Tiffany

10D KWUN Wing Yu

HKUST Dual Program 2019			
Mathematics (Pre-stage Level)	Excellent Performance	9D	NG Ying Yau Michelle
Mathematics (Level 1)	Excellent Performance	9E	CHU Hok Yin
	Excellent Performance	9E	CHEUNG Kwan Chiu
Life Science (Level 1)	Excellent Performance	10C	WANG Jou Yun
	Excellent Performance	10C	YAN Yui Hei Jessie
Cl. : . (1, 14)	Excellent Performance	10E	KEUNG Tsz Shing
Chemistry (Level 1)	Excellent Performance	10E	YAU Yik Hang

第七十一屆香港學校朗誦節 (中文朗誦)

普通話詩詞獨誦(中學三、四年級 - 女子組)	亞軍	10E	郭雙
粵語歌詞朗誦(中學四至六年級)	冠軍	10E	郭雙
粵語詩詞獨誦(中學四年級 - 女子組)	冠軍	10E	郭雙
粵語散文獨誦(中學二年級 - 女子組)	季軍	8A	黃綽盈
粵語詩詞獨誦(中學二年級 - 女子組)	冠軍	8A	黃綽盈
普通話詩詞集誦(中學三、四年級 - 男子或女子或 男女合誦)	冠軍	中文	長誦隊

71×11×10)							
71st Hong Kong Schools Speech Festival 2019 (English Speech)							
Public Speaking Solo (Secondary 3 and 4)	First	9D	KWOK Ho Wang Clement				
Solo Prose Reading, Non-Open (Secondary 3, Boys)	First	9D	KWOK Ho Wang Clement				
Solo Prose Speaking, Open (Age 14, Boys and Girls)	First	9D	KWOK Ho Wang Clement				
Solo Verse Speaking, Open (Age 14, Boys and Girls)	First	9D	KWOK Ho Wang Clement				
Solo Verse Speaking, Non-Open (Secondary 2, Girls)	Third	8A	WONG Cheuk Ying Chloe				
Asian Elite Dance Competition 2019							
International Junior Ballet Solo	Merit Award	9E	NG Pui Nam Ashley				
香港青少年兒童繪畫大獎賽2020							
青少年組 (校園生活)	亞軍	9B	蔣子淇				
9th World Children Art Awards 2020							
Painting in Youth Section	Gold Award	7B	CHAN Erin Yuet Kiu				

Sir Robert Black Trust Fund					
Non-Academic Fields	Grants for Talented Students	9B	CHAN Kwok Shun Dasson		
The 13th HKQAA "My Dream Home" W	riting, Photo	, Mic	rofilm, Drawing and		
Poster Design Contest	3,		, ,		
Poster Design Contest (Hong Kong: Junior	2nd Runner	7E	LIU Cho Ming		
Secondary Section) Poster Design Contest (Hong Kong: Senior	Up		•		
Secondary Section) Poster Design Contest (Hong Kong: Senior	Merit	10D	CHAN Chin Ying		
Secondary Section)	Merit	10D	LEUNG Tsun Hang Boris		
第二十六屆聖經朗誦節					
廣東話獨誦 (學校組:中四至中六組)	冠軍	10E	郭雙		
Joint School Music Competition 2020 Secondary Intermediate Solo (Wood Wind -					
Saxophone)	Bronze Medal	7E	HOR Choi Sze		
Secondary Solo (Recorder)	Bronze Medal	11E	CHENG Wing Yu		
56th Schools Dance Festival	District.				
Secondary Section (Chinese Dance - Solo/Duet/ Trio	Highly Commended	10E	KWOK Atrie		
Secondary School Section (Modern Dance - Solo/	Award Honours				
Duet/Trio)	Award	9E	NG Pui Nam Ashley		
連動			2040 2022		
A.S. Watson Group Hong Kong Studer					
Secondary School	Awardee	10B	NG Pak Hei		
Shatin District Age Group Athletic Me	et 2019 2nd Runner				
Girls Youth (13-15) Long Jump	2na Runner Up	9E	NG Pui Nam Ashley		
Girls Youth (13-15) 4x100m Relay	Champion	9E	NG Pui Nam Ashley		
Hong Kong Track Cycling Race 2019-2	020 (Series 3	)			
Madison (Men Junior)	1st Runner Up	8A	KAM Jason Tsz Shun		
Scratch (Men Novice)	4th Place	8A	KAM Jason Tsz Shun		
250m Time Trial (Men Novice)	1st Runner Up	8A	KAM Jason Tsz Shun		
香港課外活動優秀學生表揚計劃201	.9				
中學組	得獎學生	11C	林巧昕		
2020 International Touche Minime Under 15 Girls's Foil	Champion	7E	WONG Shun Yat		
2020 International Touche Minime	Champion 1st Runner up	7E 7E			
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil	1st Runner up		WONG Shun Yat		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe	1st Runner up		WONG Shun Yat		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe	1st Runner up		WONG Shun Yat		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament	1st Runner up	7E	WONG Shun Yat WONG Shun Yat		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division)	1st Runner up  1 2020) 82nd Place	7E 8A	WONG Shun Yat WONG Shun Yat CHAN Nathan Heilun		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament	1st Runner up	7E	WONG Shun Yat WONG Shun Yat		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division)	1st Runner up r 2020) 82nd Place Global Third	7E 8A	WONG Shun Yat WONG Shun Yat CHAN Nathan Heilun		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Global Division)	1st Runner up or 2020) 82nd Place Global Third Class 33rd Place Global Second	7E 8A 8A	WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Global Division)	1st Runner up r 2020) 82nd Place Global Third Class 33rd Place	7E 8A 8A 10C 10C	WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long YEUNG Hiu Long		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division)	1st Runner up or 2020) 82nd Place Global Third Class 33rd Place Global Second Class	8A 8A 10C 10C 10E	WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long YEUNG Hiu Long WONG Kai Chung		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division)	1st Runner up or 2020)  82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class	7E 8A 8A 10C 10C	WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long YEUNG Hiu Long WONG Kai Chung WONG Kai Chung		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division)	1st Runner up or 2020) 82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First	8A 8A 10C 10C 10E	WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long YEUNG Hiu Long WONG Kai Chung		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division)	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place	8A 8A 10C 10C 10E	WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long YEUNG Hiu Long WONG Kai Chung WONG Kai Chung		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division)	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place	7E  8A  8A  10C  10E  10E  8A	WONG Shun Yat  WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long YEUNG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division)	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner- Up	8A 8A 10C 10E 8A 10C	WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)  月旦古今:中國歷史人物小故事比賽	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner-Up 嘉許獎	8A 8A 10C 10E 8A 10C 10E 8A	WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner- Up	8A 8A 10C 10E 8A 10C 10E 8A 8A 8A	WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung CHAN OH CHAN		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)  月旦古今:中國歷史人物小故事比賽	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner-Up 嘉許獎	8A 8A 10C 10E 8A 10C 10E 8A	WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division)  月旦古今: 中國歷史人物小故事比賽網上閱讀問答比賽網上閱讀問答比賽網上閱讀問答比賽網上閱讀問答比賽網上閱讀問答比賽網上閱讀問答比賽網上閱讀問答比賽網上閱讀問答比賽	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner-Up 暴許獎 嘉許獎	8A 8A 10C 10E 10E 8A 10C 10E 8A 8A 8A 8A 8B	WONG Shun Yat WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division)  Frades 7-12 (Hong Kong Division)	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner-Up 嘉許獎 嘉許獎	8A 8A 10C 10E 8A 10C 10E 8A 8A 8A 8A 8B 8B	WONG Shun Yat WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung  陳心瑤 何子書 許明 右 賴 沅和 周 定 領		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division)  月旦古今: 中國歷史人物小故事比賽網上閱讀問答比賽網上閱讀問答比賽網上閱讀問答比賽網上閱讀問答比賽網上閱讀問答比賽網上閱讀問答比賽網上閱讀問答比賽網上閱讀問答比賽	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner-Up 暴許獎 嘉許獎	8A 8A 10C 10E 10E 8A 10C 10E 8A 8A 8A 8A 8B	WONG Shun Yat WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)  Frades 7-12 (Hong Kong Division)	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner- Up	8A 8A 10C 10E 8A 10C 10E 8A 8A 8A 8B 8B 8B 8B	WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung CHAN Shai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung  陳心瑤 何子曾 許明  和		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)  Floid 7-12 (Hong Kong Division)  Floid 8-12 (Hong Kong Division)  Floid 9-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner- Ug 嘉許獎獎嘉許獎獎嘉嘉許獎獎嘉嘉許獎獎嘉嘉許獎獎	8A 8A 10C 10E 8A 10C 10E 8A 8A 8B 8B 8B 8B 8D 9B 9C	WONG Shun Yat WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung  陳中子會 許明  「中子會 計 「中子會 「中子會 計 「中子會 」 「中子會 「中子會 」 「中子會 「中子會 」 「中子會 」 「中子會 「中子會 」 「中子會 「中子會 」 「中子會 「中子會 」 「中子會 」 「中子會 」 「中子會 「中子會 「中子會 「中子會 「中子會 「中子會 「中子會 「中子會		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner-Up 嘉嘉許獎獎 嘉嘉許獎 嘉嘉許獎 嘉嘉許獎 嘉嘉許獎 嘉嘉許獎	8A 8A 10C 10E 8A 10C 10E 8A 8A 8B 8B 8B 8B 8B 9C 9E	WONG Shun Yat WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)  Floid 7-12 (Hong Kong Division)  Floid 8-12 (Hong Kong Division)  Floid 9-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner- Ug 嘉許獎獎嘉許獎獎嘉嘉許獎獎嘉嘉許獎獎嘉嘉許獎獎	8A 8A 10C 10E 8A 10C 10E 8A 8A 8B 8B 8B 8B 8D 9B 9C	WONG Shun Yat WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung  陳中子會 許明  「中子會 計 「中子會 「中子會 計 「中子會 」 「中子會 「中子會 」 「中子會 「中子會 」 「中子會 」 「中子會 「中子會 」 「中子會 「中子會 」 「中子會 「中子會 」 「中子會 」 「中子會 」 「中子會 「中子會 「中子會 「中子會 「中子會 「中子會 「中子會 「中子會		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)  H旦古今:中國歷史人物小故事比到 網上閱讀問答比賽	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner- Up 嘉許獎獎 赛嘉許獎 赛嘉許獎 赛嘉許獎 赛嘉許獎 赛嘉許獎 赛嘉許獎 赛嘉許獎	8A 8A 8A 10C 10E 8A 8A 8A 8B 8B 8B 8D 9B 9C 10C 10D 10D 10D	WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung		
2020 International Touche Minime Under 15 Girls's Foil Under 15 Team Girls's Foil 2020-2021 (September to Octobe 學術 CodeQuest 2020 Global Tournament Grades 7-12 (Global Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division) Grades 7-12 (Hong Kong Division)  Grades 7-12 (Hong Kong Division)	82nd Place Global Third Class 33rd Place Global Second Class 6th Place Global First Class 21st Place 7th Place 2nd Runner- Up 嘉許獎獎 嘉許獎獎 嘉蔣許獎 嘉蔣許獎 嘉蔣許獎 嘉蔣許獎	8A 8A 10C 10E 8A 10C 10E 8A 8A 8B 8B 8D 9B 9C 9E 10C 10D	WONG Shun Yat WONG Shun Yat WONG Shun Yat  CHAN Nathan Heilun CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung CHAN Nathan Heilun YEUNG Hiu Long WONG Kai Chung  Reil Chung WONG Kai Chung  Reil Chung WONG Kai Chung  Reil Chung  Re		

## 網上閱讀問答比賽 向我最喜愛的中國歷史人物致敬創作比賽 (古人日記·高中組)

U14 Girls' Foil	1st Runner Up 8E	WONG Shun Yat
Ohshikai Karate Championship 2020		

優異獎 優異

10C 謝卓熹

11D 李瑋熹

Boys Kumite 13 yrs to 14 yrs Group 9A HO Yu Ting Champion

#### 學牛榮譽

学生栄誉							
2019-2020 (May to August 20	20)			女子8歲組 -20秒二重跳	冠軍	2E	方梓柔
才藝				女子8歲組 -10-30秒指定花式	冠軍	2E	方梓柔
中國美術教育委員會、中華書畫報社			『研究會、素質星杯全國	女子8歲組 -10-30秒自由花式	冠軍	2E	方梓柔
少兒書畫大賽組委素質星杯第38屆全 國畫	國少年尤里青董 銀獎	人實 6E	黎雪晴	男子10歳組 - 20秒單車步	冠軍	4A	方梓陽
	銀獎	6E	黎雪晴	男子10歲組 - 20秒雙腳跳	冠軍	4A	方梓陽
第九屆世界兒童繪畫大獎賽2020				男子10歲組 -20秒交叉開跳	冠軍	4A	方梓陽
西畫小童組	銀獎	4E	劉浩海	男子10歲組 -20秒後交叉開跳	冠軍	4A	方梓陽
全港青少兒繪畫及攝影比賽2020				男子10歳組-20秒連續交叉跳	冠軍	4A	方梓陽
高小繪畫組	金獎	4E	劉浩海	男子10歳組 -20秒二重跳	冠軍	4A	方梓陽
全港幼童繪畫挑戰賽遊樂場				男子10歲組 -10-30秒指定花式	冠軍	4A	方梓陽
	Gold Award	2C	戴靖兒	男子10歲組 -10-30秒自由花式	冠軍 上 審	4A	方梓陽
Art Mix Culture & Art Exchange J	oy of Painting			第三屆全港青少年及兒童舞蹈		26	李幟亭
Kids section	Bronze Award	2C	TAI Cordis Jane	(8-10 歲兒童獨舞組)  The 11th Dancing Star Competit	銅獎	2C	子鸭宁
A Happy Moment Drawing Comp	petition			Individual Jazz (Age 5-6)	The First Prize	2C	AU Hiu Chin
Year of Birth 2012	Talented Award	2C	TAI Cordis Jane	學術	mernsernze	20	7.6 Thu Chin
詩歌集(新修訂版) 封面填色比賽				13th Hong Kong Students Open	Speech Comp	etitio	n
初級組	最有創意獎	2C	戴靖兒	Story Telling (P3-4)	Third Place	4B	CHAN Ho Him
藝術智能之我眼中的抗疫英雄創作				2020年華夏盃晉級賽			
初小組	創意獎	2C	戴靖兒	G1 Section	三等獎	1A	劉青林
The HKIE Colouring Competition	2020 - Engine	ering	Our Future	Hong Kong Open Critical Thinkin	ng Math Challe	nge 2	2020
Senior Primary	Merit	6E	LAI Suet Ching	G1 Section	Distinction	1C	LAM Herb
第13屆香港青少年及幼兒藝術節				全港數學挑戰賽2020			
水彩及粉彩畫比賽 -小學一/二年級組	季軍	1D	唐意涵	Grade 6	季軍	6C	CHAN Hou Him
GNET STAR				2020 HKIMO			
全港青少年繪畫及攝影比賽2020繪畫小童組	銀獎	1D	唐意涵	初賽 P1	金獎	1C	黃擇善
中小學生短視頻比賽「疫情下的混	<b>温情</b> 」			粤港澳大灣區數學競賽全國總	决 <b>賽2020</b>		
小學組 - 個人	第二名	1D	洪才	小二級	特等獎	2B	鄺頌志
The 10th International Music Cor				(大灣賽區) 小二級	一等獎 	2B	鄺頌志
Piano Concert class Grade 2	Gold Award	1D	TANG Yi Han	2020-2021 (September to Od	t 2020)		
香港資優教育培訓總會國際聯校習	言架入費 冠軍	10	<b>中</b> 辛 运	<b>才藝</b>			
鋼琴 - 小學一至小三組 HKYPAF The 8th Hong Kong Inter		1D 1 Pe	唐意涵 rforming Arts	童心·童想 第一屆亞洲兒童繪畫大賽 7-8歳	銅獎	2E	李倩如
Festival 2020	national roati		10111111971113	Hong Kong Youth Arts and Culti			
The 4th (Taiwan) Asia. Aegean Sea Music Competition Hong Kong Preliminary Round 2020	) First Place	6C	CHAN Hou Him	Primary Senior Class	Champion	4A	LAM Hung Tak
- Piano ABRSM Grade 8	, instruce	0.0	C.W. II T. II C. II	2020菁藝盃音樂比賽	champion		2 iiii iidig idi.
Hong Kong Music Talent Award 2				小一至小二組別	第二名	2A	杜穎欣
Woodwind category - Primary School Junior	Silver Award	1D	KWOK Cheuk Ming	Tokyo International Youth Music	Competition 2	2020	
2020 International Fringe Music (					Champion		POON Hao Yan
Grade One Piano Class	Third Place	3C	LAI Hei Yan Joanne	Intermediate Vocal Solo (Musical theatre)	Champion	4E	HO Yui Kiu
Hong Kong Music for Youth The 8th Hong Kong Youth Barclampory Music				Vocal Solo for the young	First Place	4E	HO Yui Kiu
Festival - Flute Primary School Section	Third Place	1D	LEUNG Hoi Yo, Yovi	Taipei International Youth Music	Competition 2	2020	
Tokyo International Youth Music	Competition			Vocal junior	Third Place	4E	HO Yui Kiu
International European Music Competition 2020 Harp Junior ( Age 10 or under)	- Honourable Mentions	2C	LI Chi Ting	2020全港兒童鋼琴大賽			
Joint School Music Association -		usic	Competition 2020	小一至小三組別	冠軍	1D	鄭諾睎
Primary School Junior Violin Solo	Silver Award	2A	LIU Ching Lam	國際聯校音樂大賽2020			
Primary School Senior Singing Solo	Gold Award	6E	SUN Pak Wah Paxton	Woodwind - Clarinet - Grade 2 C2 Section	冠軍	2D	郭卓洛
運動				International Fringe Music Festiv	•		
Fencing Sport Academy FSA Fen	cing Competiti	on 2	020	Teenager Class Hong Kong International Musici	Second Place	5B	CHAN Ho Him
	First Runner Up	2E	FONG Chi Yau	Hong Kong International Musici	Champion	SSOCIA 6A	LAM Lok Yi Chloe
Hong Kong Fencing School Tomo	orrow's Star Fer	ncing	Competition (2nd	Asia Music Competition for Your	•		
season)				Vocal Elementary	Champion	4E	HO Yui Kiu
foil U8	First runner up - Girls'	2E	FONG Chi Yau	運動	- operati	-	
foil IIQ	Second runner	)F	FONG Chi Yau	Hong Kong Primary School And	Kindergarden I	Invita	tion Competition
foil U9	up- Girls'	2E	i Ond Cill Idu	Girls' foil U8	First runner up -	3E	FONG Chi Yau
epee U10	Second runner up- Boys'	4A	FONG Chi Yeung		Girls' foil U8	JL	1 SNG CIII Iad
Hong Kong Rope Skipping Acade		line	網上跳繩比賽2020	香港專業舞蹈導師協會 - 香港(亞洲)		26	相談日
女子8歲組 - 20秒單車步	冠軍	2E	方梓柔	2013 年生 - 組別	銀獎	2C	楊凱兒
女子8歳組 - 20秒雙腳跳	冠軍	2E	方梓柔	學術 華夏太子國數與屬林川古激誌赛202	0		
女子8歲組 -20秒交叉開跳	冠軍	2E	方梓柔	華夏杯全國數學奧林匹克邀請賽202 全國總決賽 - 小學一年級組	U 三等獎	2A	劉青林
女子8歲組 -20秒後交叉開跳	冠軍	2E	方梓柔	工四級八貝 小字 午畝和	_ <del></del>	ZA	TT RES
女子8歲組 -20秒連續交叉跳	冠軍	2E	方梓柔				

