

Vol.2

香港浸會大學附屬學校王錦輝中小學 Hong Kong Baptist University Affiliated School Wong Kam Fai Secondary and Primary School

2018-19

7B Gilbert Lewis James

I first joined the English Musical Programme when I was in G4. This year, I played Aladdin. The musical was very fun with some happy experiences. I have learnt many different skills in the musical, for example, communication and collaboration. The musical has increased my confidence too. Aside from good experiences, I have had bad ones too. I did not recite my lines before the practice, so I got scolded. Now I know that I need to be responsible and punctual. All in all, joining the musical is such an enjoyable experience and I recommend you to join it.

9A Lee Ka Yin Charmaine

I was only eleven when I first joined the English Musical Programme. I was one of the youngest and have always looked up to my seniors. Now that I'm the oldest, I feel really proud of all the members of the musical. This experience has indeed been wholesome and have taught me a lot. Realising that we need both sides to build a bridge and knowing that every single member is important and valuable, I'm looking forward to seeing new faces on the stage in the coming years.

Arts Festival 2019

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Musical . Dance . Orchestra . Choir . Chinese Drum . Cantonese Opera

The annual Variety Show was held on May 7, 2019 at Academic Community Hall, Hong Kong Baptist University. It provided a platform for our primary and secondary students to showcase their talents in performing arts such as musical instruments, singing, dancing and english musical, as well as to demonstrate their passion for arts which was the theme of our arts festival this year. Students have been training and preparing for the show for months or even years in Orchestra, Choir, Chinese Dance, Jazz Dance, Cantonese Opera, Chinese Drum and English Musical. Our young performers were surely amazed and surprised the audiences with their wonderful performances.









Arts Festival 2019



Date: 7 May 2019 (Tuesday) Time: 7:00pm-9:30pm Venue: AC Hall (Hong Kong Baptist University)





3D Lui Hei Wun

I learnt that teamwork is actually very important, especially when we are dancing. If a teammate is absent on that day, we need to help each other with the steps and positions. This Musical Programme was actually a practice which showed us how to get ready and perform in a show. You might have only a little time to have lunch and dinner on the performing day, but worth to do it! I will definitely join English Musical Programme next year!

4D Li Cheuk On

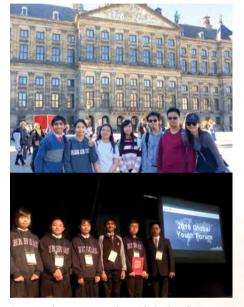
This was my first year joining the Musical Programme. At first, I refused to join, but I really regret that now. This musical was a fun programme where we can learn different skills. I like it a lot because I learnt how to cooperate with my teammates, and I made a lot of new friends too! This programme has really made me very happy! It was very memorable to perform on stage with all your friends. I will join again next year!

Student Exchange Programmes

Outward Exchange Programme

A-School aims to equip students with diverse learning experiences. Each year, students are assigned to different exchange programmes to explore various cultures, cultivating mutual learning opportunities.

Global Education Fair in Europe, Germany (September – October 2018)



Six students joined a Global Education Fair in Germany from September 26, 2018 to October 4, 2018. It was a valuable opportunity for our students to share their ideas of environmental protection with other students from different countries, like China, U.S.A, Korea, Indonesia and Philippines.

It was not just an educational sharing but also a cultural exchange with the students from the world. They visited the famous tourist spots in the Netherlands, Belgium and Germany. All of them had a very memorable experience in Europe.

10C Tsui Natalie Wan Man

During this trip, we've seen many beautiful architectures in Europe, and also some interesting artworks on the street. We even saw the Berlin Wall. I've learnt that Europeans are very creative in the past and nowadays. I also learnt a lot of European cultures, such as their food, traditions and clothing style. After this trip, I've learnt that the result of the competition is just the second important thing. The most important thing in the competition is the process of how teammates work together to finish the product.

Odsherreds Efterskole, Denmark (November 2018)



With the continuous effort to provide students with an opportunity to experience another culture outside Hong Kong, four Grade 9 and five Grade 10 students had the chance to go to Odsherreds Efterskole(OE) in Denmark from November 3 to 13, 2018.

During the visit, our students attended lessons with their local buddies and stayed with them in their dormitories on weekdays. Students also attended lessons such as robotics and used LEGO for education. They explored Copenhagen and visited Christiansborg Palace where they learnt about the history of the Palace and the Danish Royal Family. That indeed was a truly unique experience for our students.

10D Ng Tsz Him

Going to Denmark for exchange will forever be an unforgettable experience for me. Throughout the trip, I learnt a lot about the Danish culture from my buddy, his family, and his friends. I particularly enjoyed the casual lifestyle, as well as the passionate and friendly people there. I was especially amazed by the fact that Danish schools mainly focus not on students' academics, but on their character development and self-realisation. I will never forget this amazing trip to Denmark.

Global Vision Christian School, Mungyeong, Korea (January 2019)



Four Grade 7 and Five Grade 8 students joined the Winter Korean Cultural Experience Camp organised by the Global Vision Christian School, Korea from January 19 to 26, 2019.

Global Vision Christian School is a Christian international alternative school based on a Christian belief worldwide, with the purpose of cultivating global Christian leaders with outstanding spirituality, character and intelligence.

During the programme, they were able to meet students from Korea, Taiwan and Indonesia. They were divided into groups and completed different tasks together. Our students could explore different Korean culture by joining lessons such as Korean language lessons, ceramic class and Taekwondo lesson. Our students also had the chance to learn ski in Elysian Gangchon Ski Resort. They also explored Seoul and visited Bankimoon Birthplace, Namsan Tower and Samsun D'light place.

8D Fan Sin Ching

After joining the programme, I have learnt to communicate with others and try to meet new friends from different countries. I have learnt to be brave and to step out my comfort zone to talk to foreigners. I could explore Korean culture and learn new things through this exchange programme.

Peoples Christian Academy, Canada (April 2019)



Six secondary school students took part in an exchange programme Canada to from April 10-20, 2019. They attended classes at the Peoples Christian Academy, Markham and participated actively in school activities such as visiting the Toronto Zoo, taking part in the Maple Leafs & Raptors Day and the Battle of the Books. The experiences provided by the local school and the host families gave students a deeper insight of Canadian culture and inside/outsideof-class exposure to an authentic English-speaking environment. During the exchange, students became more independent, selfreliant and self-confident and were eager to build new connections and foster new friendships. The exchange has certainly opened up a whole new world for them to explore.

9B Man Yat Lok

My host family was extremely friendly and treated us with care and sincerity. We visited various attractions in Toronto such as the Niagara Falls. I was amazed by the scenery. School life in Canada is surely very different from Hong Kong. The French and Bible lessons were by far most memorable. The Peoples Christian Academy is a Christian school where most of the students truly believe in and respect God. The teachers, students and I prayed every morning at school. This was my first time visiting Canada. I have no regrets joining this programme to experience school life in Canada. Wirye Hanbit High School, South Korea (May 2019)



Seven students and a teacher visited Wirye Hanbit High School from May 1 to 9, 2019. They attended Korean class which was specially arranged by the school. They also had the chance to make their own tote bag by writing Korean and gave them to their buddies as gift. During the exchange programme, they visited many different places. They had a better understanding on the traditional Korean culture by wearing Hanbok in Gyeongbokgung Palace. They made their own traditional Korean doll as well. They also visited the SM Town Museum to learn about the K-pop culture.

10A Chow Tsz Tsun Vivian

This was a great honour for me to join this programme. All the teachers and students from Korea were very friendly and caring. The Koreans culture is totally different from Hong Kong. The Korean value the status in the hierarchy so they especially respect others who are older than them. This exchange programme gave me an unforgettable experience. I am grateful and blessed. Thanks for everything that the school and my buddy did for me. I really enjoyed the programme!

Inward Exchange Programme

Wirye Hanbit High School, South Korea (November 2018)



A group of eight students and two teachers from our partner school – Wirye Hanbit High School, Korea, came to A-School for an 8-day exchange programme from November 3 to 10, 2018. The Korean students attended different lessons and activities in A-School. They learnt about the Chinese cultures such as Chinese calligraphy and Chinese dance. Two students from Chinese Dance Team of A-School were responsible in teaching the steps. They also joined the Senior Associate Camp with their buddies during the Life-Wide Learning Day.

10C Chan Sum Nga Summer

During the inward exchange programme, we had a lot of fun with the buddies. We went to Ngong Ping 360 Cable Car, Disneyland and Ferris Wheel together. It was a great experience to play together and make new friends. These unforgettable memories brought both of us closer to each other. Hope we would meet each other and have fun in the future. Odsherreds Efterskole, Denmark (January – February 2019)



A group of Ten students from Odsherreds Efterskole (OE) in Denmark came to Hong Kong and visited A-School from January 25 to February 1, 2019. During their visit, they stayed with our students. They were engaged in various activities and lessons, like attended VA, VR and Putonghua lessons. They also paid a visit to Ngong Ping 360, Mong Kok, Che Kung Temple and many more. The Danish students even gave a performance in Putonghua and wished everyone a happy Chinese New Year on the Chinese Cultural Day. They enjoyed trying different snacks and games at the booths. A-School students who had visited them in November 2018 were very excited to meet their buddies again.

9E Yau Renee

It was the first time that I volunteered to become a host family. It was a truly remarkable experience for me as I had a chance to exchange cultures with someone else. I was able to teach my buddy about the life in Hong Kong and I gained more knowledge about the Danish lifestyle from her.

Student Exchange Programmes

Outward Exchange Programme

明日香小学校,聖德中学校 in Nara, Japan (Sept – Oct 2018) Middle School

A-School aims to equip students with diverse learning experiences. Each year, students are assigned to different exchange programmes to explore various cultures, cultivating mutual learning opportunities.



As part of the Middle School Programme, four primary school and four secondary school students visited Japan for the exchange programme from September 25 to October 1, 2018.

The students visited Osaka University of Health and Sports Science Namisho High School. They had the chance to interact with local students by learning calligraphy together. The students also went to Asukamura in Nara Prefecture. Asakua was the ancient capital of Japan around 500AD and there are many historical sites inside the village. Secondary school students visited Shotoku Junior High School while the primary school students visited Asuka Primary School. The secondary school students attended lessons and participated in the sports day practice with the local students. They also have the chance to go to some scenic spots in Nara, and attended crafts-making classes.



8A Wong Sze Ching

In this exchange programme to Japan, I experienced and learnt a lot about Japanese culture and lifestyle. Also, I could feel how warm the Japanese people were. I also enjoyed the amazing activities like obstacles race and calligraphy lessons. I am glad that I could have a chance to join such a meaningful exchange with my classmates.

6D Fong Hannah

The learning style and atmosphere in Japan are very different from Hong Kong, as they have more subjects and their learning style is more traditional. In our school, we will have discussing sessions and group work, but in Japan, they will just work and learn individually. With this traditional style, I think the students in Japan can learn more efficiently and the classroom will be more disciplined. However, the students may have too much pressure during lessons as they have to learn and think by themselves.

雲南傣族研習交流團 (2018年11月) *Middle School*



40名5至9年級學生於2018年11月 2-7日出發前往雲南西雙版納,了解中國 少數民族傣族生活文化傳統,並探訪嘎 灑鎮嘎棟曼邁小學體驗雙語教學。

6D 王敏莊

這次雲南西雙版納文化交流真令我大開眼界。我們 探訪當地的嘎灑鎮嘎楝曼邁小學,那裏的學生熱情 地以傣族的孔雀舞來歡迎我們,使我們感到十分親 切。他們還教我們跳孔雀舞舞步,就這樣過了一個 愉快的下午。可以參加這個交流活動是我的榮幸, 讓我認識到中國不同的民族,希望下次可以再參加 更多的交流活動。

6E 林柏言

這次雲南旅程,給我印象最深刻的是通過熟練的紡 織技巧創造出來的傣族紡織工藝。織造時傣族婦女 將花紋組織用一根根細繩繫在"紋版"(花本) 上,用手擔腳蹬的動作使經綫形成上下兩層後開始 投緯,十分漂亮的毛巾就出現了。"潑水節"也很 特別。大家用純淨的清水互相潑灑,祈求洗去過去 一年的不順,新的一年重新出發。

Inward Exchange Programme

雲南民族大學 (2018年11月)



雲南民族大學的學生於11月20日 來到本校交流。他們為我們表演了獨 特的少數民族歌舞,而本校鼓隊則展 示了我們團隊的氣勢。歌舞樂聲後, 我們繼續談天說笑,雙方對大家的生 活情況都感到很有興趣呢!

6E 林明沂

欣賞雲南同學精彩的表演後,我才知道原來傣族不同的舞蹈蘊含著不同的寓意和祝福。此外,我們還 到中學部共晉午餐。在用餐的時候,穿著傳統服裝 的雲南同學跟我們介紹了他們傳統服裝的特色呢!

Stormarnschule Ahrensburg, Germany (November 2018) *Middle School*



A group of 12 students and one teacher from Germany came to A-School for an 8-day exchange programme from November 22 to 29, 2018. Apart from experiencing life on A-School campus, they also attended our Winter Concert and even made a Chinese Drum performance after intensive learning and practising throughout the week.



6B Hor Choi Sze

I was very excited when the German buddy came to my home, because it was my first time being host family. After few days living with my buddy, I found out that he was a shy boy. I talked to him and shared funny things with him. We became close friends. I will never forget our happy moments we shared together. Hope to see my buddy very soon!

7B Fu Cheuk Yiu Tiffany

Through hosting my German buddy back, not only have I learnt to respect other cultures, but I've learnt how to be a good host! As a host and buddy, I've tackled a lot of challenges, mainly cultural differences. For instance, my buddy disliked Chinese cuisine, so my family and I prepared Western dishes and untraditional Chinese food for her. Unexpectedly, she liked our homemade Taiwanese fried chicken! This experience is truly meaningful as well as indelible, and I treasure it very much!

9B Guo Xinmei

This exchange programme had been a meaningful experience for me, my buddy Lily and I had a great time together. We went to Ocean Park, a jump house called 'Ryze' and watched movie with our friends during weekend. These were all sweet memories. The experience as a host had improved my social skills. It pushed me out of my comfort zone as an introvert because I had to interact with my foreign buddy from time to time. My buddy is really cool! I hope we can reunite soon!

Good News from G12 GCEAL Students



Secondary Division

The 2nd batch of GCE AL students will sit for their GCE AL examination in coming May and students rounded up the first year of study with their remarkable achievements in their recent GCE AS level examination, with 69% of entries obtained grade A and 86% of entries obtained grade B or above.

What is more encouraging is students received various conditional and unconditional offers from top universities around the world, including University of Oxford, Imperial College London, University College London, University of Edinburgh, University of St Andrews, King's College London, UC Davis, SCAD (with scholarship), The University of Hong Kong, The Chinese University of Hong Kong, and many more. These impressive results proved the efficiency of GCEAL curriculum planning and programme of admission coaching, giving students' impetus for the better preparation for university admission.





12E Au Ka Hei Natalie

I am glad that I chose to study the GCE curriculum in G11 and G12. Taking three public examinations within two years may sound tough, but I felt fortunate with this arrangement. It allows us to break the syllabus into smaller parts, having sufficient time for in-depth learning of different concepts.



12E Chang Chun Hei

I consider GCE as a more general kind of education. It allows one to discover a wider range of topics with less focus on each in comparison with DSE. A merit of said education would be that it allows students to explore and discover what interests them the most to further develop in the future.



12E Yuen Lok Man

The biggest difference between the GCE and DSE is GCE curriculum requires students to know the rationale behind. Rather than just learning about the content, you'll need to do in-depth research that utilises your newly learnt knowledge. Moreover, the small class size allows teachers to have a better grasp of each student's strengths and weaknesses. If you're a curious student and want to know the reason behind science, I would highly recommend you to take the GCE stream.

ARTS FESTIVAL



The theme of this year's Art Festival was "The Passion of Arts". We aim at providing platforms for the students to showcase their passion for arts and cultivating student's passion for arts through various performances, shows, artworks and exhibition.

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The grand opening of this year's Art Festival begun with the performance of School Orchestra and our Chief Principal, Dr. Benjamin Chan presented souvenirs to **Mr. Wong Chun Hei** and **Mr. Lau Hok Shing**, the artists who partook in our Artist in Residence project. All outstanding art pieces have been shown during this remarkable festival. It was doubtless that people can observe their marvellous performances in art.



10A Wong Noel

Students with potential on art have worked hard and prepared well for this Art Festival. I am honored to have the opportunity to participate in this year's Art festival. Through this event, I learnt a very important thing - try to imagine things you didn't expect. Rules are mostly made to be broken. As an artist, you can't limit your imagination, you have to make a breakthrough. Therefore, I hope that I can participate again next year and continue to inherit the artistic spirit and passion for art.

10E Leung Sin Hang Sophia

It is unquestionably that the Art Festival is one of the most prominent annual events. This year's art festival was the highlighted one in my secondary school life. Not just the first Art Festival as a high school student, yet, as a visual art student partook in the artist in residence project, a project that inspired me a lot.

11A Hui Hei Yan

As a visual art student who have been joined Artist in Residence project for 2 years, this project brought me a lot of harvest and unforgettable memories. We met different artists and learnt from them. By discussing, sharing and creating with artist Mr. Lau Hok Shing, I have a better understanding of the connection between when natural environment and artistic creation. Moreover, I learnt to use different materials to create my own work by imitated method. This was definitely a remarkable and fruitful experience in my school life.

Outstanding Performance





Ist Place Dance World Cup 2019 Hong Kong Qualifying Match Secondary School – Junior Large Group Commercial Category

Gold Medal Hong Kong (Asia) Da

Hong Kong (Asia) Dance Festival Competition Division

Honours Award and The Choreography Award The 55th Schools Dance Festival

Jazz Dance



Champion Inter-School Badminton Competition 2018-2019

Girls C Grade



Champion All Hong Kong Inter-Secondary School Softball Competition 2018-19 Boys



Highly Commended Award The 55th Schools Dance Festival Chinese Dance



Champion Inter-School Table Tennis Competition 2018-2019 Boys B Grade (Team)

2nd Runner Up

Inter-School Table Tennis Competition 2018-2019

Girls B Grade (Team)



2nd Runner Up Inter-School Table Tennis Competition Boys A Grade (Team)



Ist Runner Up and the Best Formation Award The I6th Hong Kong Synergy 24 Drum Competition

Schools (Greater China) Section - Middle / Secondary School and Tertiary Institute

Gold Award

Hong Kong Joint School Music Association - Joint School Music Competition

Secondary School - Music Ensemble -Chinese Drum



Champion New Territories Secondary Schools Tennis Competition 2018-2019 Boys



Champion New Territories Secondary Schools Tennis Competition 2018-2019

Girls





Champion New Territories Inter Secondary School Fencing Competition 2018-2019 Boys' Overall

Champion

New Territories Inter Secondary School Fencing Competition 2018-2019 Boys' Foil (Team)





Champion New Territories Inter Secondary School Fencing Competition 2018-2019

Girls' Overall

Champion

New Territories Inter Secondary School Fencing Competition 2018-2019

Girls' Foil (Team)



2nd Runner Up Inter-School Swimming Championships 2018-2019 (Shatin & Sai Kung District) Boys A Grade



Champion 25th Bible Choral Speaking Competition S1 to S3 Putonghua Group



2nd Runner Up Inter-School Long Distance Run Competition Boys A Grade Overall

Outstanding Performance



All Hong Kong Primary Schools Overall Champion

The 55th Schools Dance Festival Primary School Chinese Dance

Honours Award

The 55th Schools Dance Festival Primary School Senior Chinese Dance – Group Dance

Ist Place

Dance World Cup 2019 Hong Kong Qualifying Match

Primary School – Children Large Group National and Folklore



Honours Award

The 55th Schools Dance Festival Primary School Junior Chinese Dance – Group Dance



Honours Award The 55th Schools Dance Festival Primary School Chinese Dance – Trio Dance



Champion Shatin Inter-Primary Schools Table Tennis Competition 2018-19 Boys Team



First Place The 71st Hong Kong Schools Music Festival

Primary School Choir - Kowloon, New Territories East and New Territories West Regions- Foreign Language - Boys and/or Girls – Senior

Primary School Senior Choir

First Place

The 71st Hong Kong Schools Music Festival

Church Music - Kowloon, New Territories East and New Territories West Regions-Foreign Language - Boys and/or Girls – Senior

Primary School Senior Choir



Third Place The 71st Hong Kong Schools Music Festival Primary School Choir - Church Music -Chinese - Age 9 or under

Primary School Junior Choir



Champion Hong Kong Districts Primary School Rope Skipping Championships 2019 Girls Overall (Shatin and Sai Kung District)



Champion Hong Kong Primary School Baseball Championship 2019 (Tong Wai Kee Cup)

Senior T-Game



Winning Team & Best Speaker 2018-19 Hong Kong Secondary Schools Debating Competition

Primary Section Round 2



Ist Runner Up Shatin Inter-Primary Schools Badminton Competition 2018-19 Boys Team



2nd Runner Up Hong Kong Primary School Baseball Championship 2019 (Tong Wai Kee Cup) Junior T-Game



2nd Runner Up UST Underwater Robot Competition 2019 Final Round – Inter-school Competition



2nd Runner Up Shatin Inter-Primary Schools Badminton Competition 2018-19 Girls Team

Winter Concert

Passion et



The Winter Concert 2018 was successfully held at St. John's Cathedral on November 22, 2018. With the success of last year's performance, we were glad to be here again with more new, amazing memories. Heartfelt thanks is dedicated to all performers and student helpers in appreciation of their hard work all along. It was such a joyful moment to share our music with the audience. Music teams will keep it up and let the legend continue. Thank you for the immense support from the A-School, parents, teachers, and most importantly, from all of you. Hope to see you all next year in the Winter Concert!

6B Cheung Ka Lui Ashley

Having participated in the Winter Concert this year as a member of the Concert Choir, I was very excited during the singing performance. When I was singing, the team and I enjoyed a lot. It was a precious time to perform in front of the audience, so we cherish the time we have. It was an amazing experience.

7C Kwok Hei Tung

"Dance my heart to music". The music performance at St. John's Cathedral in Winter Concert was spectacular. This was a very memorable experience to have a concert in such elegant building. Being one of the choir and concert choir members, I was able to enjoy all the wonderful performances on the stage. I experienced not only the wonderful performances by the performers, but I also experienced the great effort by the supporting teams behind the scenes!



Junior Visual Arts Team students participated in "Our Gifts" workshop by **Mr. Ching Chin Wai Luke**, a Hong Kong-based **conceptual artist** from March to May 2019. Throughout the workshop, students have learnt to care more about different people in the community and explore the alternative way to create artworks.

At the same time, Senior Visual Arts Team joined "We Are Loved" workshop by **Ms. Tsang Chui Mei, a part-time lecturer in Hong Kong Art School**. Students expressed their love for people, animals and plants and made artworks with messages of passionate. Also enhanced students to aware kindness and care about the environment and learnt how to channel their compassion through art.





4D Shek Yuen Ying

We learnt making brooms for cleaners, drawing facilities in the community, and making road signs. The artwork I enjoyed creating the most was drawing facilities in the community, as I never did such work before! I am really pleased to join the art team and meet Mr. Luke. I really want to thank Mr. Luke for his ideas. I hope to have this fun experience again!

4E Chung Lap Yin Able

I would like to introduce you to the programme. We learnt how Philippine culture was and how to communicate with them using Tagalog. My best experience was when we were making brooms for street sweepers. We used many leaves and natural materials to make the broom. I felt very lucky to be in the resident programme because we can create with our own imagination.

5E Lee Ka Chun

I am so glad that I could met Hong Kong artist. Ms. Tsang Chui Mei taught us to use masking tape to paint, I felt strange at the beginning, but then I enjoyed it. She taught us to use emoji to make a sentence, made it like simple equation. The most surprising thing was we can use white glue to paint, make a special effect with acrylic paint. I hope that I can meet more different Hong Kong artists in the future.

6A Zhu Frederick Shicheng

In this programme, it was another brand new experience of art. The artist taught us deep meanings through pictures and how to express it with love, care and passion. My favourite piece of artwork was the tree painting, we first appreciated the Gustav Klimt's masterpiece "The Tree of Life", then we used acrylic to paint, then decorated with silver and gold markers. It ended up looking great and I loved it. I certainly improved my skills of expressing my feelings.

Sister School Programmes

Primary Division 小學部

北京育才學校 (2018年11月)

Inward

北京育才學校於2018年11月5日至7 日到訪本校,包括十五位學生及五位 老師,參與三天的交流活動,期望藉 著港京學校相互的合作,繼續舉辦更 多的交流計劃,創設與內地著名學府 更多學習的機會。



5A T巧朗

去年11月初·我認識了兩位來自北京育才學校的 小六同學。我介紹了香港的街頭小食和交通工具 讓他們認識,他們也為我介紹了北京的萬里長城 和故宮的故事。我們還<mark>交換了兩地的特色禮物</mark>, 他們送了一個變臉玩具給我 · 讓我認識了這門國 術,我真希望可以再和他們見面啊!

Outward

我校12位六年級學生連同兩位老師 於2018年11月12至22日中回訪育才 **學校。在北京十天的交流期間, 兩校** 學生一同學習語文、外語及數學。在 課堂上,我校同學認真積極,踴躍發 問和回答問題,於外語課時更與友校 同伴一起解決疑難。在課堂外,同學 亦安排參觀藝術中心,親自以天然染 料紮染自家原創的圍巾,圖案獨一無 L·從這份別具收藏價值的紀念品中 體驗藝術的匠心獨韻。此外·同學亦 參觀了北京科學中心,得到著名的青 少年航天科普教育專家金聲老師深入 淺出講解中國航天科技的發展,

啟發 同學對宇宙星空的興趣,獲益匪淺。



6A 張萃麟

北京育才學校帶我們一同到北京科學中心參觀。 我跟交流同學Kim一起遊覽展覽廳,積極參觀不同 的展覽區。令我們感覺最深刻的是生命展覽區, 那裡不但展示豐富的資料照片,還有特別的體驗 活動!我喜歡這個展覽、它不但增加了我的科學 知識,還令我跟對科學同樣好奇的夥伴建立了更 強的「科學關係」!

6D 謝貝晞

我印象最深刻的是萬里長城,它是歷史上的壯舉,十分 開心能夠親身感受這宏偉的建築物、壯觀的景色實在令 我嘆為觀止!今次的旅程十分難忘·希望日後仍有機會 參與不同的交流活動。

武漢常青第一學校 (2019年1月)

Inward

武漢常青第一學校於2019年1月 22-23日到訪本校,包括145位四年級 學生及10位老師。藉着上課、文藝表 演交流、出外參觀等等活動,讓友校 師生更了解香港,也令兩校學生締結 了深厚的友谊。





鄭銘泰老師

很榮幸負責接待武漢市常青第一學校師生。看見我 校學生大使熱情款待友校學生,主動跟他們談天 帶他們一起上課,一起吃飯,大家的友誼迅速建立 起來。身為老師,我十分欣慰。盼望這種能推動學 生進步的交流活動愈辦愈出色。

6E 郭樂瑤

這是我首次擔任學生大使·我帶着武漢的同學參觀 我校。我能在短時間內和陌生妹妹成為朋友·我 覺得自己進步了。我很喜歡這次武漢姊妹學校來港 交流活動,希望日後我也可以繼續參與或擔任學生 大使。

Sister School Programmes aiming at nurturing students" Local perspective and Global vision". This year, both Secondary School and Primary School have been organised various inward and outward exchange programmes to enrich students learning experience and cultural perspectives. Students felt gratitude of granting this opportunity to join our exchange programmes and gained cultural understanding and friendships throughout the programmes.

Secondary Division 中學部

華師附中番禺學校 (2019年4月)

Inward

廣州市華師附中番禺學校於2019年4 月17日到訪本校,並參與「活現書中 人」活動,為活動增色不少。是次交 流活動透過震耳欲聾的鼓聲、扣人心 弦的舞蹈及震撼心靈的鋼琴獨奏為兩 校築起了友愛之橋,希望藉著粵港澳 大灣區的教育發展契機,讓我校與大 灣區內的姊妹學校之後有更多、更深 入地相互學習、相互交流的機會。

天津耀華中學 (2019年4月)

Inward

2019年4月11至4月15日,天津耀華 中學12位師生來我校交流·天津師 生除了參與校園遊及課堂體驗外,亦 到旺角、尖沙嘴等地觀光,遊覽女人 街、鐘樓及星光大道,品嚐港式茶餐 廳食物,體驗兩地不同文化及生活習 慣

8A 李尚朗

五天的接持過去了,我感到十分榮幸可以代表學 校接待天津的同學。我不但學會了很多天津文 化,當中我也慢慢地理解他們的生活與文化。其 中一個我認為自己有進步的就是自信心,因為我 以前很怕與陌生人談話。但經過這次的經驗,我 再也不怕與陌生人聊天·我希望我可以參與更多 這類型的活動。

Outward

2019年4月15至19日·十位同學參 加了天津交流活動,到訪天津耀華中 學。同學們得到了天津耀華中學師牛 的熱情款待。同學們參觀了校舍、參 加了書法課和乒乓球課,也參觀了空 港工業區。黃婷婷老師還給耀華的同 學上了一堂中文課,增進了兩校的學 術交流。



7B 雷凱茹

我很感謝學校給了我去天津交流的機會。這次交 流令我更了解天津的文化,體會到天津和香港的 分别。我發現天津的科技比香港先進,可以用語 音控制電子產品<mark>。此外,居住在別人的家讓我學</mark> **懂照顧自己及學會獨立,會主動收拾物品,實在** 獲益良多。





4C 徐樂然

是次交流最令我印象深刻的是·我的夥伴送了一個 胡的樂器模型給我·我非常珍惜它·因為它代表 了我們之間的友誼。

4D 唐米

由於這是第一次與來自廣州市華師附中番禺學校的 同學見面·所以我十分緊張。在交換禮物的環節, 我收到的禮物非常特別·是我的夥伴親手用黏土製 作的植物模型·非常有心思·我心中不由得有一絲 絲威動。







18 Newsletter Vol. 2 2018-2019

2019年2月1日在小學部操場的醒獅賀歲,鑼鼓喧天,一年一 度的中國文化日來了!總校長陳偉佳博士、南旋集團有限公司主 席兼行政總裁王庭聰太平紳士、家長教師會主席黃一傑博士及一 衆嘉賓主持醒獅點睛儀式。俗話說「鞭炮齊鳴辭舊歲、鑼鼓喧天 賀新年」,熱鬧的農曆年自然需要鼓樂助興,中國鼓隊為大家演 奏一曲《秦王點兵》,樂曲充分發揮了敲鼓邊、擊鼓心等複雜技 巧,音韻鏗鏘、氣勢雄渾。小學部活潑可愛的中國舞隊拿起小花 鼓,隨著咚咚的鼓聲、伴隨著悠揚的樂聲,愉快起舞。禮堂的文 化表演豐富精彩,麵塑師傅做出一個個栩栩如生的麵粉公仔,台 下觀衆歎為觀止。攤位活動將文化日的熱鬧氣氛推向高峰,全校 師生全情投入,美食攤位人潮如鯽,活動攤位熙熙攘攘,人聲鼎 沸,熱鬧非常。最後,同學齊來大掃除,身體力行,為迎接新的 一年作好準備。

BB



6D 王途桐

華服日是我期待已久的學校活動,同學們都穿上華服回校參與攤位遊戲和品嚐 傳統的中國小吃。這一年,身為「大姐姐」的我要負責攤位遊戲,令這天變得 更加有意義呢!

7B 邱凱渟

今年是我升上中學後的第一個中國文化日·大家身穿華服·節日氣氛濃厚。各 社攤位各有特色·令人樂而忘返。



家校齊心百名行

家長教師會每年都會參與百萬行慈善活動,目的是加 強家校聯繫,為我校家庭提供有益身心的親子活動。適逢 本年為公益金成立50週年,各方家長及同學都踴躍參與於 2019年1月6日舉行的百萬行,並組成強大的隊伍。活動當 日氣勢如虹,由家教會帶領隊伍浩浩蕩蕩地走畢中環及灣 仔繞道新基建路程,沿路家長、同學與老師們談天說笑, 樂也融融。

EEP IN LAN



4C Leung Ho Yiu

×

HTKBL

In the Charity Walk, I felt really tired in the middle of it. When I had reached the finishing line, I was delighted. I was really excited at the beginning. Right when the charity walk had officially begun, I started to walk. After a few minutes, we had arrived the tunnel. Before I went into the tunnel, I took a few pictures. The tunnel was new, and it was really long. It was my first time walking in a tunnel. I started to struggle in the middle, I felt tired and hungry, but I did not give up. I continued the walk until the end. At last, I made it to the finishing line. Everyone was very happy, including me.

6D 王敏莊

這一次的百萬行慈善活動非常有意義,我們的捐款 可以幫助國內的兒童和一些貧窮的家庭提供醫療服 務、情緒支援等等。升上中學後,希望可以繼續參 與百萬行和鼓勵更多人參與,幫助更多有需要的兒 童和家庭。



The 12th Athletic Meet was held in the Ma On Shan Sports Ground on January 25, 2019. It was our pleasure that **Mr. Tang Hon Sing, Former 110m and 400m Hurdles Hong Kong Record Holder** was invited to be our Guest of Honour in the Prize Presentation Ceremony. The playground was full of cheering and excitement. It was a great success that 19 new school records were broken by students this year. More than 400 parents participated as helpers, athletes or witnesses. House Faith was crowned the Overall Champion, for the 4th time. Congratulation to all the winners!



6B Peng Tsz Yiu

The Athletic Meet was fun, and I enjoyed Softball Throwing the most. It was my first time to compete in the Softball Throwing in the Athletic Meet, so I was pretty surprised and very delighted that I did very well finally. On that day, I could only compete in one event because I was the student helper. So next year, I want to enjoy more activities like High Jump, Long Jump and 400M to challenge myself in the Athletic Meet of Secondary Section.

3B Peng Zilan

On January 25, 2019, we went to the Ma On Shan Sportsground for Athletic Meet. We were separated into 5 different houses, Justice, Kindness, Wisdom, Faith and Courtesy. Each of the houses should get more points in order to win! I am in Courtesy which is good at 4x100m relay. Although I am interested in relay, I am not a good runner. But I am a good cheering member every time. Although I didn't get any prize, I shared the joy of the winners. I am looking forward to the next Athletic Meet!

Results

Overall House Champion	Faith
G6 House Champion	Justice
G5 House Champion	Justice
G4 House Champion	Courtesy
G3 House Champion	Faith

Overall Individual Champions

	Boys	Girls
G6	6D Lo Chi Hei Marco	6A Mook Esmee Siebrig
	(Wisdom)	(Wisdom)
G5	5D Lau Pak Tsun Marcus	5C Chow Tsz Ching (Faith)
	(Justice)	
G4	4E Lau Cheuk Ip Anson	4C Au Eva (Justice)
	(Faith)	
G3	3E Chan Ho Ting	3B Poon Wu (Faith)
	(Kindness)	3D Siu Cheuk Ying
	3E Lee Yik Hang (Faith)	(Wisdom)



6th Aquatic Meet Primary School 2019

The 6th Aquatic Meet was held in the Tseung Kwan O Swimming Pool on March 22, 2019. It was our pleasure to have **Mr. Wong Kam Po, Former Hong Kong Cycling Team Representative and World Champion** to be our Guest of Honour in the Prize Presentation Ceremony. Although there was a bit rain during the competition. It didn't affect the performance of our students. The pool was still full of cheering and excitement. 4 new school records were broken. More than 300 parents participated as helpers, athletes or spectators. House Wisdom was crowned the Overall Champion for the 1st time. Congratulation to all the winners!



5E Yau Hoi Lam

I am so glad to be the G5 Girls Individual Champion in the Aquatic Meet this year. In the past few years, I often couldn't join the competition because of sick. So it is very important to keep healthy before competition. I am so surprised that I broke the 50m Butterfly record of school. I didn't know I can do it before the competition, but I know I will get a good result if I try my best.

Results

Overall House Champion	Wisdom
Grade 5-6 House Champion	Wisdom
Grade 3-4 House Champion	Wisdom
Grade 1-2 House Champion	Faith

Primary Division 小學部

Overall Individual Champions

	Boys	Girls
G5-6	6D lp Pak Ki (Wisdom)	5E Yau Hoi Lam (Courtesy)
	5D Chung Lok Yin (Wisdom)	
G 3-4	3C Chang Wai Yin (Wisdom)	4D Liu Zitian (Courtesy)
-	3D Lau Hon Fung (Kindness)	
G1-2	2D Liao An Jie (Wisdom)	2E Pang Hoi Kay (Faith)



6D Chow Chaplin

Though out all my 6 years of Aquatic Meet this has been the best one ever. Not only did I win 2 gold and 1 silver medals, but I was taught a very valuable lesson. My friends asked me which prizes I liked the most. I'd answer the silver because it was the one I won with my tearmate's. The Aquatic Meet is not about winning or losing, it's about the spirit. That's why I like it so much because I never lose the spirit.

12th Athletic Secondary School Meet 2018-19

The 12th Athletic Meet was successfully held with the active participation of students, teachers and alumni on December 13 and 14, 2019. It was our honour to have **Mr. Kwok Ho Ting Marco, Awardee of the Hong Kong Ten Outstanding Young Persons Selection 2017** to be our Guest of Honour in the Prize Presentation Ceremony.

The reigning champion Chamber Columbus faced a tough challenge from other Chambers especially the tight race with Chamber Beethoven who won Grade A and Grade C titles. Columbus showed great efforts in relay events, and won the Grade B champion with a big margin and enable them to retain the overall championship.

And we have a new champion for the cheerleading competition, all the five chambers showed great team work and creativity, but Chamber Aristotle stood out with greater passion and energy and became the new champion of the event.



11C Tang Wing Hei - Girls A Grade Individual Champion:

Being an individual champion is always one of my biggest objectives to achieve. The pathway to success is not easy. Just like studying, like you must first prepare your tests by continuous revisions. Many people may think that studying benefits more than working out in sports. Yet, that is not the case. Sports training require us to overcome the obstacles whenever you feel exhausted, perseverance will be cultivated in the process. Building up bonding with your teammates are also essential, ranging from team sports to events like relay. All of these precious experiences cannot be learnt from textbooks, and it is certainly one of the most important memories in my secondary school life.

11E Shum Pak Long Skylar - Boys A Grade Individual Champion

People were surprised by the events I have chosen to join in this year's Athletic Meet, given that I usually joined runs of longer distance, but I applied for the 100m and 200m sprint and Long jump this year, which put me against some other big names in the school who have excelled in these events in the past. I knew it wouldn't be an easy task to get the 1st place, and even to become the individual champion. In the end, odds were defied and by winning 2nd runner up for long jump and 1st place for both 100m and 200m sprint, I have won the honour as the Boys A Grade Individual Champion. I felt extremely happy and words cannot describe how I feel when it was announced that I have won the award. Challenges are to be overcome!



Results

Overall Champion	Chamber Columbus
A Grade Champion	Chamber Beethoven
B Grade Champion	Chamber Columbus
C Grade Champion	Chamber Beethoven
Boys Champion	Chamber Columbus
Girls Champion	Chamber Beethoven
Most Participative Award	Chamber Columbus
Cheerleading Competition Champion	Chamber Aristotle
Uniform Teams' Marching Competition Champion	Scouts

Individual Champions

Girls A Grade	Boys A Grade
11C Tang Wing Hei	11E Shum Pak Long Skylar
Girls B Grade	Boys B Grade
10D Leung Ching Yin	10B Wong Hou Yin Kyan
Girls C Grade	Boys C Grade
8A Wong Cheuk Yiu	8A Chan Hon Lam



G7 – Exploring Hong Kong Wetland Ecosystem (Wetland Park & Greenfield Garden)

G8 – Liberal Arts Cultural Day (Stanley)

G9 – Ecology Protection Study (Ocean Park)







Life-wide Learning Day was held on November 7, 2018. It is an annual event for the students to go beyond the classroom to extend their learning outside the 2018-2019

for the students to go beyond the classroom to extend their learning outside the school campus by watching, hearing, feeling, discussing, doing, and experiencing. Each grade went to different destinations in Hong Kong to explore a specific theme which echo to what they have learnt from various subjects.

G10 – Senior Associate Camp (School Campus)





G11 – Outdoor Adventure Experience (Po Leung Kuk Jockey Club Tai Tong Holiday Camp)





Primary Division 小學部

PLAY DAY AND PICNIC DAY

The G1 to G3 students, teachers and parents had the annual Play Day at school on November 7, 2018. Around 460 parents came to enjoy the game booths with their kids. We were glad to invite 130 parents and students from Hong Kong Baptist University Kindergarten to enjoy the day with us. Everyone had a parent-child handicraft session to show their creativity in art.

On the other hand, the G4 to G6 students, teachers and parents had enjoyed the time at Tai Tong Ecopark Park on the same day. The weather was perfect for everyone to experience a great range of outdoor activities, included bullock-cart pulling, horse riding and Bouncy Kingdom. Students also got the chance to visit and feed the animals which was a valuable experience to them. All students, teachers and parents managed to communicate with each other in such a relaxing place.





1E Chow Adrianna

It was a happy day on November 7, because it was our school Play Day. I played a lot of games and did handicrafts with my parents. Snacks such as sausage and popcorn were provided by school as well. I like this day most in the year.

3B Peng Zilan

On November 7, we had our school annual Play Day at the Playground, Hall and Indoor Gym. There were lots of game booths which I like the huge plastic slide most. But there were too many people and I need to wait for more than 15 minutes each time. I hope we can have longer time to play next year.

6B Peng Tsz Yiu

On November 7, we went to Tai Tong Ecopark Park for picnic. The weather was great, and the Park is very big, there are so many facilities such as small zoo, farm and horse riding. We enjoyed BBQ for lunch and played a lot of games with friends and family.

G6 OUTWARD BOUND YOUTH EXPLORER TRAINING CAMP

The 4-day Outward Bound Youth Explorer Training Camp kicked off on March 12, 2019. It has highlighted a stepping stone for all A-School G6 students to be promoted to the Secondary Division next year and better prepare them to embrace the new chapter in G7 with independence and collaboration skills.

Apart from the exciting outdoor activities, our sixth graders learnt the tactics of planning and co-operation by showing care, support and encouragement in a respectful manner to solve problems together. Character growth is cultivated whilst self-understanding and self-confidence have been strengthened.



6A 沈慧昕

在外展訓練營中,我體會到團體精神的重要性。訓練時,我們有很多需要互相 合作的活動,例如:划獨木舟、露營等。雖然我們會有不同的意見,但也能互 相合作,做到了團結一致,最後也找出了最好的方法完成任務。

6C Cheung Yee Ying

Outward Bound certainly was a special experience. Not only because of the special activities we got to experience, but also because of the valuable life lessons we learnt. I learnt that I cannot take the comforts of my home and the city for granted, because we live in a big world, and hardships are inevitable.

6D 張千幗

經過四天的訓練,我嘗試了很多野外訓練活動,當中的訓練活動都是我第一次 接觸,非常難忘。訓練後令我整個人變得煥然一新、朝氣勃勃,十分感謝學校 的安排和老師的照顧。





Grade 1 Experiential Learning Days

During December 5-7, 2018, while Grade 2 to 6 students had summative (term-end) assessments, the youngest members of A-School, our first graders, spent enjoyable three days immersing in experiential learning via Sports Fun games, Chinese game booths, storytelling session, Maze project, Music and Visual Arts activities. All the Grade 1 students enjoyed it and had a wonderful time in the Grade 1 Experiential Learning Days!



1E Wong Kyle Hong Yui

We did many different things on the experiential learning days. We played Chinese game booths, fun sport games and we drew our own family photos. When I played the Chinese games, it took me some time to understand the rules but with my daddy's help we won some games and got some prizes! It was fun!

1C Lau Chin Yui

It was a great day! Mum and Dad came to school and participated a lot of activities together with me. Hooray! We played a lot of games about Chinese. I was so happy that I won lots of prizes. We also had sports fun games in the hall. I formed a team with some classmates to compete with other teams. Our team won the championship! Yeah!

家長教育研討會

由家長教師會與學校合辦的「2018-2019家長教育研討會」於 2018年12月8日圓滿舉行。本年度研討會的主題是「家庭關係對子 女成長的影響」,當天三位主講嘉賓一**音樂人教室(MMP集團) 總裁及校長張崇德博士、兒童、個人、婚姻及家庭治療師霍張佩斯 女士以及家庭動力創辦人吳綺琴女士與家長暢談教育心得,家長專 注投入、踴躍發問,全場氣氛熱烈。**





7C郭忻澍 4C郭丞川 1D郭易為 家長

每年都喜歡参加這個活動,因為有機會聽取專業人士或教育專家分享各項管教 心得。身為三位小朋友的母親,要時刻自省有什麼做得好或做錯的地方。這次 研討會集中討論家庭關係,席上家長亦分享了管教子女的苦與樂和遇過的問題,我們可以藉此互相分享各自的經驗,在家長的路上繼續學習,實在感謝學 校的安排!

10E 胡中元 家長

很高興參與2018年家長教育研討會,今年請到張崇德博士跟家長分享家庭關 係對子女成長的影響。當中分享到怎樣跟小朋友相處影響家庭氣氛,比如考試 漸近,家長沒有見到同學讀書,不等如同學沒有心機讀或不在乎,其實可能同 學已經用不同方法,此時家長不應責備,反而應該關心幫助小朋友,這樣家庭 氣氛自然融合,小朋友放鬆點,學術或其他方面也會有進步。



Primary Division 小學部



"Up Close and Personal with **Professor Yuen Kwok Yung**" Open Forum

This year, Excel 33P students took the initiative to invite outliers, their own heroes, to come to our school and share their inspirational stories. Professor Yuen Kwok Yung, Hong Kong microbiologist, physician and surgeon, has accepted our student Megan Tse's invitation to share with us his work aspirations and life experiences on December 01, 2018. Professor Yuen shared his research work, the difficulties and the efforts made by the team during SARS with over 350 attendants. He also shared the qualities of a successful person should possess. At the same time, Professor Yuen also pointed out that the talents and characteristics of each student are different, parents should explore their kid's expertise and cultivate it patiently



5C 郭力韜

袁教授分享的成功人士要素,例如有耐性、謙卑和觀察力等,都啓發我要加倍 努力。透過這次近距離接觸,我深深感受到他那份貢獻社會的心意。

6D Tse Pui Hei Megan

When I write the letter to Professor Yuen, I didn't expect that he would really come! I learnt a lot from Professor Yuen – not only about microbiology, but also on time management, courage, admitting mistakes and how to become a reasonable human. After this experience, I know that there are possibilities for everything. Never stop dreaming!

Celebrity Talk with Hon Ip Kin Yuen



On December 11, 2018, It was our pleasure to have the Hon Ip Kin Yuen, member of the Legislative Council Member representing the Education Constituency, to come to talk about "21st Century Education: A Global Perspective". Mr. Ip shared his views on education issues, which gave us a lot of insights to how to complete the missions in the new era. After his sharing, an interactive session was hosted by the student leaders, during which they carried out in-depth discussion with Mr. Ip about the questions collected from students and teachers prior to the talk.

We hope that students could benefit from Mr. Ip's sharing and be well prepared themselves to be the 21st century leaders.



10D Ng Tsz Him

It was my honour to be given such precious opportunity to interview Mr. Ip about his views and opinions towards Hong Kong's 21st Century Education. I was thoroughly amazed by Mr. Ip's distinctive stances and remarkable preferences towards the education we are in now. His brilliant delivery will sure be a valuable lesson for our fellow schoolmates.

10D Saad Habibullah

It's been an honour for me to have such a precious opportunity to interview Mr. Ip regarding Hong Kong's 21st century education. I was absolutely inspired by his wonderful talk and it has broadened my horizons about the future prospect of education. His excellent speech will definitely be beneficial to all of us.



本校多位中小學學生於2019年1月26日參加了維特 健靈單車馬拉松賽前講座及工作坊,更請來世界第一車神 黃金寶先生擔任主講嘉賓,令一眾學生和家長感到萬分興 奮。當日獲邀的講者還有前香港隊奧運隊醫郭志堅先生和 廣東省運動創傷康復會袁穎嘉醫生,分別講解賽前準備, 以及處理成人和小童傷患的方法,讓家長和同學進一步了 解預防運動創傷與一般傷患的知識。此外,沙田體育會教 練鄧榮基先生亦於席間講解比賽要求,同學更接受單車技 術指導,提升單車技術及安全意識,以準備迎戰於2019 年2月24日舉行的維特健靈單車馬拉松。

維特健靈慈善單車馬拉松



維特健靈單車馬拉松2019

中小學部共200多名學生於2019年2月24日參加了在 中環龍和道舉行的「維特健靈慈善單車馬拉松2019」。 當日,同學們鬥志激昂,力爭佳績。經過一輪角逐,小學 部和中學部分別奪得慈善單車學校盃小學組及中學組冠 軍,7B邱凱渟和7A金子淳分別贏得女子初中組亞軍與男子 初中組季軍。是次活動既能讓同學鍛鍊體魄,又可向學生 推廣單車運動及使用單車代步,同時加深他們對單車安全 的意識,並增進學生認識綠色生活的重要。

4B Poon Ching

After attending the sharing seminar of world cyclist, Mr. Wong Kam Po, I was truly inspired. He said that we should never overlook ourselves and others. I was once confused by his words, but I soon understood what he meant. I will try my best to share my experiences with others and make progress together, like Wong Kam Po.

8E 吳沛嵐

我十分榮幸能夠體驗到一個非常有意義的活動,在賽前講座及工作坊,我能夠 與車神黃金寶先生見面,了解他所經歷的事情以及親眼目睹神聖的彩虹戰衣。 這慈善活動不但能夠幫助有需要的人,亦能透過參加單車比賽,強身健體。

7A Kam Jason Tsz Shun

Cycling is not just a sport, it also can help you to learn how to concentrate. Cycling not only good for your body, it also trains your mind. The weather was bad on the racing day. The road was wet and slippery. But all of us tried our best and we got the first place! I am very grateful of what we have achieved!

3B 陳浩謙

我感到既驚訝又開心!因為今年比去年有更多同學參與,同時,我又可以安全 完成比賽,下年我會更加努力了

2A 盧天藍

我連續兩年參<mark>加維持健靈慈善單車馬拉松,我十分享受每星期的練習,因為這</mark> 是我最愛的運動。今年,多了很多同學和中學部的哥哥姐姐一起參加,很熱 鬧,我期待著明年再次參加!



UK STEM Trip - The BETT Show

Six students from Primary School were chosen to participate in the BETT Show - an internationally acclaimed eLearning and STEM-related exhibition in London on January 20 to 27, 2019.

Our students prepared two reassemble models by micro:bit and gave comprehensive presentation for their projects in the Micro:bit official booth. The performance of A-School students was highly praised, visitors were so excited and had fun with us. Our little STEMers were impressed by the respectful attitude of the foreign educators and also be empowered as they have a chance to interact with those international professionals.

Secondary Division 中學部



本校通識教育組老師為了開拓同學進行獨立專題研習 探究的多元方式以及真切地了解現代中國包括大灣區之變 化·特意在2019年2月15至18日籌備了四天三夜的大灣區 考察團。

同學在四日內由最靠近香港的深圳看創科發展、社會 保障、醫療制度、教育方式,再到於九加二的大灣區屬較 邊陲、以休閒旅遊城市定位的肇慶市,觀察及比較當地著 名的七星岩、鼎湖山與香港之異同,互為借鏡。

而本團的探究方法,除了採取常用的觀察法和街頭訪 談外,亦與科學科合作,攜同檢測空氣與水質的儀器作全 面的科學測試,並嘗試以全景圖片及360相機將同學考察 過程與成果都載入日後的常規課程,讓同學可以課堂中體 驗考察成果,增強通識學與教的互動元素。

6C Lee Pak Kiu

Throughout the BETT trip, I felt extremely grateful. I am extremely thankful to the school for giving me such an opportunity to expand my learnings. I also learnt a lot of new ideas and ways technology could be shaped with new methods. This trip is full of knowledge and I recommend everyone to join if you are interested in technology.

6E Tang Hau In

The BETT show was brilliant! I've attended many exhibitions and shows before, but this one was the most exquisite of them all! There were many different booths from famous companies, STEAM products and educational tools. When we showed our project to curious visitors, they all enthusiastically asked questions and tried it out. I'm glad that they now know more about Hong Kong through our project, and I was most proud that they liked our work a lot!



11A 歐曉嵐

我在大灣區考察中獲益良多。考察是從深圳開始,我們感受到中國科技與經濟 發展硬實力發展日漸成熟。到了肇慶,我們更感受到國家在環境資源保育的成 就,深深體會到國家綜合國力的提升。在最後一天的學校交流裏,我們參與 了當地學校的歷史課,對內地學生上課態度與老師的互動教學模式留下深刻印 象。是次活動令我對學習更有目標。

11B 李卓禧

這次四日三夜的大灣區之旅不單是一次難忘的旅行,更是珍貴的學習經驗。無 論在七星岩或是鼎湖山,那一套取之自然,熱心保育的方式比香港完全依賴公 共資源維持觀光地的做法更為可取。我們不見遊客攀爬文物景觀拍照,也感受 到當局與民眾對七生岩洞細心保護的熱情。透過這次觀察,我發現在國民生產 總值不斷增長下,民眾的生活素質也不斷提高。



G12 Baccalaureate Service 2018-19



G12 Baccalaureate Service was successfully held on March 6, 2019 to bless the G12 students. It is honorable to have **Mr. Raymond Kwok, a representative of Kwok Chung Bo Fun Charitable Fund**, as our guest of honour. Representatives of each G12 class made their heart-felt speeches to give thanks to teachers and schoolmates; while Chief Principal Dr. Benjamin Chan, Mr. Raymond Kwok, Christian disciples and teachers representatives shared supportive messages to encourage and bless all the G12 students.

12A LAM Ka No

Baccalaureate Service was a golden opportunity for us to thank A-School. Music performances given by student performers were fascinating. Their burning enthusiasm empowered us to strive for our best in DSE. While listening to words of wisdom from teachers, we all enjoyed the Baccalaureate Service which signifies a new page of our life.

12C So Chung Yin

To express our gratitude to teachers and praise our God, the Baccalaureate Service was a traditional event for all G12 students. Sharing from class representatives were reminiscent of my secondary school life. Blessings from the teachers in the service were definitely major pillars of every fellow classmate who will face fierce challenges ahead.

國家教育部體育衛生與藝術教育司到訪

本校小學部中國舞隊奪得2018-19年度全港小學學界 舞蹈比賽(中國舞組)總冠軍・**國家教育部體育衛生與藝 術教育司副司長萬麗君女士、香港教育局總課程發展主任** (體育)巢志光先生、香港教育局主任及一眾內地官員於 2019年3月23日到訪本校與中國舞隊員進行交流・以了解 本校中國舞的發展。當日陳總校長親自接待及介紹本校發 展情況・中國舞隊成員更表演得獎舞蹈・得到高度讚賞。

中國舞導師宋潔老師

我校中國舞蹈隊,今年獲得香港第五十五屆校際舞蹈比賽小學組中國舞總冠 軍殊榮。本年3月23日,近60位舞蹈隊學生,以嫻熟、精彩的演技,為來港考 察的中國教育部來賓表演了獲獎舞蹈。得到來賓們高度的讚賞。王錦輝的孩子 們,你們是最棒的!

5C Wong Jiyu Vanessa

After the Trio Dance competition, I improved a lot in dance. It is my honour to perform to the official of the Ministry of Education of The People's Republic Of China. Thanks for school to host this activity. I enjoyed a lot on that day.



WUHAN SOCCER AND BADMINTON FRIENDLY MATCH

The Primary School Badminton Team and Middle School Soccer Team went to Wuhan to visit our sister school, Wuhan Changqing No.1 School on April 17 to 19, 2019 and had a friendly match with their school team. The school is very big and beautiful, all teaching equipment and school facilities are new. All students were surprised by what they have seen. The friendly match was exciting and our students learnt a lot from this trip. It was a meaningful trip for them.



7A Ng Jaden

This trip was a very good opportunity for me and the soccer team to improve our skills. I met some new friends, and had a great time playing soccer matches with mainland school soccer team. I enjoyed this trip very much and I hope that I could have another chance to go to another soccer trip with the soccer team in the future.

6C 尹悅

這次武漢交流令我獲益良多。在友誼賽中,我學會了即使別人的表現不好,我 們都不應該取笑他們,要學習尊重別人,並以多角度思考事件,我希望他日可 以再到武漢交流。

8C 何知樂

經過這次的足球交流訓練營,我們明白到要認真看待每個比賽,不能掉以輕 心。最令我印象深刻的是,這次是我以大哥哥的身份去照顧小學部的隊友,我 希望可以再次參加這類的交流訓練營。



上海華東師範大學寫作 訓練及中國文化考察團

復活假期,我校三十多位七年級的同學親身到訪上海 華東師範大學,於2019年4月15至22日參加了一連七日的 寫作訓練及中國文化考察團。課程由上海華東師範大學教 授親自任教,透過多元化的教學活動,如:辯論、演講、 朗讀、隨堂寫作等,培養學生對普通話學習的興趣,並提 升他們的寫作能力。此外,教授們亦帶領學生走出課室, 漫步豫園,欣賞明代園林之美;同時亦參觀了古錢幣博物 館。是次遊學對學生來說,實在得益匪淺。



7A 羅灝鋒

是次旅程最大收獲是我認識了一群新朋友,我們一起上課、一起用餐,大家都 很友善及關心我,我和一些祖籍上海的同學聊天,他們都稱讀我的普通話說得 很標準呢!

7C 許俊軒

我最深刻的活動是普通話課的辯論比賽,第一次的辯題是「小朋友應否玩手機 遊戲」、第二次的辯題則是「求學時期應否拍拖」。由於每次辯論我所持的立 場都與他人不同,因而令我學會從不同角度思考問題,真是獲益良多!



Newsletter Vol. 2 2018-2019 31

Sharing from Teachers





Ms. Sun Hoi Ling, Sue Physical Education Teacher

Hi, I'm Ms. Sun, I love playing and learning. When I was in secondary school, I joined all the sport teams. I even tried learning clarinet for a year! Lately, I've been very into gardening and cooking. My hobbies keep changing all the time. Although mastering different skills is challenging, the challenges that come along just make my life more colourful. I am also an animal lover! Once I travelled all the way to Africa just to see mountain gorillas!

Let me talk about my recent achievement. I've recently finished my master degree in Counselling in the university that ranks the top 1% in the world. It was challenging for me as it falls out of my profession. I've been volunteering to meet clients in a centre every weekend for more than a year now. My clients mainly suffer from stress-related problems. I enjoy being a counsellor since I find it meaningful to help my clients to better known themselves. Not only does it help them think positively, but seeing my clients having progress also makes my life purposeful.

Practicing sports has always been part of my routine. I'm fond of working out in the gym and I can hit it every single day. During day offs, I'd hide myself in the gym room for 2 hours doing cardio and weight training. I believe body never lies. Our health status reflects the efforts we've put in. Therefore, taking care of our health both mentally and physically is our life-long job.

Ms. Hui Ting Ting, Tinnie Coordinator of General Affairs

Hi all~ I'm Ms. Tinnie Hui. This is my fourth year teaching in A-School! I teach Mathematics and STEAM this year, and this is my first year teaching STEAM. It was a bit challenging for me at first, yet I find it's fun and inspiring. Students always surprise me with their creativity and enthusiasm in STEAM!

I enjoy traveling during long holidays. Traveling can open my eyes and refresh me with new experiences. One of my unforgettable trips was the one in Taiwan for almost 3 months. Not only the beautiful landscape meaningful for me, but also the special moments I shared with different people. I met a lot of good friends from Taiwan and different countries there. I'm still keeping in touch with some of them. Besides traveling, I enjoy learning. I just finished studying a Master degree in CUHK. Hopefully I will graduate in July.

One of my character strengths is perseverance. I would like to share with you one of my favorite quotes, "You never fail until you stop trying." - Albert Einstein. It really cheers me up when I face difficulties and failures. I hope the quote inspires you as well!





Secondary Division 中學部



Ms. Hwang Shui Yin, Ivy Head of Student Advancement Support

Hello everyone! I am Ms. Hwang, The Head of Student Advancement Support and currently teaching senior grades Biology in A-School. I am delighted to have an opportunity to work in A-School family and communicate with students which is truly meaningful.

As a teacher of student advancement support, it is no exaggeration to say that students are all enjoying themselves and striving for their best as students fully immersed themselves in different school events, activities and competitions, sparing no pain to do their best. I am so thrilled that A-School students have great enthusiasm and passion towards their interests and goals.

Do you enjoy learning? I like learning through travelling! Discovering the world lives allows me to experience something unfamiliar and leave with new skills or knowledge. You may discover totally different ways of doing things and gain awareness of new customs, cultures, people and places. Being a A-school student, you have many chances to go abroad such as excursions and exchanges, please treasure what you have and gain a deep sense of satisfaction with the new skills you've learned – and new insights you've gained.

It is of utmost importance to cherish every precious moment in your school life, so that it can be engraved in your heart forever and leave a lovely footprint in your vivid journey through life.





Mr. Norizuki Eiki Mathematics Teacher

I am usually stationed in the secondary section and teach mathematics. However, there may be more primary students that know me from the Middle School Third Language Programme. I think that you are an energetic and active group of students and every now and then, when I bump into some primary students during their lunch time, I will hear one of you great loudly "Hello, Mr. Eiki".

Most students call me Mr. Eiki and no one uses my surname (Norizuki) to call me as it is very long and a bit of a tongue twister. But the truth is many Japanese people cannot pronounce my name properly either!

As you may know, the Japanese language also uses Chinese characters. However, there can be several different pronunciations for the same character. My surname is pronounced very irregularly, so many people don't know what the correct pronunciation is.

Speaking about languages, I wanted to draw your attention to what the famous scientist Galileo once said. He described the universe as being written in the language of mathematics and understanding it is important to understand science. Whether you agree with Galileo or not, learning mathematics has some parallels with learning a language. You may have to practice to become more fluent and may make many mistakes from which to learn from. And ultimately, when you use a language, you feel more than think and I hope that you can also develop some intuition for the mathematics you are studying.





þ	學生榮譽
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學	2018-2019 (October 2018 to I	May 2019)
部	學術	
пh	2018-19 香港電腦奧林匹克競賽	Ŧ
	初中組	季軍
	World Class Tests - Mathematics (Hong Kong A
	Elite Competition	Gold Award
	Age 12 - 14	Outstanding Group

		10D	
World Class Tests - Mathematics (H	Hong Kong Auti	umn	2018)
		7C	WONG Chun Ho
Elite Competition	Gold Award	8E	LEONG Pak Yiu
A 10 14	Outstanding Group	L	. Malanda Chadanta
Age 12 - 14	Performance Award	Junic	or Mathematics Students
Hong Kong Secondary Schools Deb	oating Competit	ion	2018-2019
Term I NT Division I Junior	Champion	Engli	sh Debate Team
World Scholar's Cup - Regional Ro			
Individual Challenge - History (Junior)	The 1st Place	0,	LEUNG King Hei Lucas
Individual Challenge - Special Area (Junior)	The 3rd Place	8D	LEUNG King Hei Lucas
Individual Challenge - History (Junior)	The 2nd Place	8D	LIU Zirui
Individual Challenge - Special Area (Junior)	The I st Place	8D	LIU Zirui
Canadian Computing Competition	2019 (Hong Ko	ng (Contest)
Junior Division	Distinction	0	YAU Cheuk Nam Cyrus
才藝			
第七十屆香港學校朗誦節			
粤語歌詞朗誦 (中四至中六級)	冠軍	120	郭澄
粤語詩詞獨誦 (女子中五、中六級)	冠軍		郭澄
普通話散文獨誦(女子中一、二級)	冠軍	8E	吴沛嵐
粤語詩詞獨誦 (女子中一級)	冠軍	7A	黃綽盈
普通話散文獨誦(男子中一、二級)	冠軍	8D	陳弘基
粵語詩詞獨誦 (女子中三級)	冠軍	9B	郭雙
普通話詩詞獨誦 (女子中三、四級)	冠軍	9B	郭雙
Solo Verse Speaking, Non-Open, Girls (Secondary 3)		9B	KWOK Atrie
Solo Verse Speaking, Non-Open, Girls (Secondary I)		7C	CHONG Venice
Solo Verse Speaking, Non-Open, Boys (Secondary 2)		8D	KWOK Ho Wang Clement
Prose Reading, Non-Open, Boys (Secondary 2) Public Speaking Solo (Secondary 1-2)	Champion Champion	8D 8D	KWOK Ho Wang Clement KWOK Ho Wang Clement
Solo Verse Speaking, Non-Open, Boys (Secondary 3)		9B	WONG Pang Yu
Hong Kong (Asia) Dance Festival			
Competition Division	Champion	1277	Dance Team
第七屆浸大電影學院種子計劃數			· 一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一一
	評委推介獎		電視台
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	最佳演員 最佳道演		林勳立 黃子銘
▲ 本 期 約 約 約 約 約 約 約 約 約 約 約 約 約 約 約 約 約 約	最佳導演	I 2E	黃子銘
香港聖約翰救傷隊新界少青團20:	最佳導演 18年H.A.N.D.S	12E 5. 大	_{黃子銘} 比拼(東分區第三聯隊)
混合見習支隊	最佳導演	12E 5. 大	黃子銘
混合見習支隊 55th School Dance Festival	最佳導演 18年H.A.N.D.S 冠軍	12E 5. 大 聖約	黃子銘 比拼(東分區第三聯隊) ^{翰救傷隊}
混合見習支隊 55th School Dance Festival Group Dance	最佳導演 18年H.A.N.D.S	12E 5.大 聖約 J Chir	黃子銘 比拼(東分區第三聯隊) J翰救傷隊 ese Dance Team
混合見習支隊 55th School Dance Festival Group Dance Jazz and Street Dance	最佳導演 18年H.A.N.D.S 冠軍 Highy Commended Award Honor award & Choreography Award	12E 5. 大 聖約 J Chin Jazz	黃子銘 比拼(東分區第二聯隊) I翰救傷隊 ese Dance Team Dance Team
混合見習支隊 55th School Dance Festival Group Dance Jazz and Street Dance Modern Dance (Secondary Section)	最佳導演 18年H.A.N.D.S 冠軍 Highly Commended Award Honor award & Choreography Award Highly Commended Award	12E . 大 聖約 J Chin Jazz J 8E	黃子銘 比拼(東分區第三聯隊))翰救傷隊 ese Dance Team Dance Team NG Pui Nam Ashley
混合見習支隊 55th School Dance Festival Group Dance Jazz and Street Dance Modern Dance (Secondary Section) Chinese Dance (Secondary Section)	最佳導演 18年H.A.N.D.S 冠軍 Highy Commended Award Honor award & Choreograph Award Highy Commended Award Highy Commended Award	12E 5. 大 聖約 J Chin Jazz J 8E J 9B	黃子銘 比拼(東分區第二聯隊) I翰救傷隊 ese Dance Team Dance Team
混合見習支隊 55th School Dance Festival Group Dance Jazz and Street Dance Modern Dance (Secondary Section) Chinese Dance (Secondary Section) Dance World Cup 2019 Hong Kong	最佳導演 18年H.A.N.D.S 冠軍 Highly Commended Award Honor award & Choreograph Award Highly Commended Award Highly Commended Award g Qualifying mail	12E . 大 聖約 J Chin Jazz J 8E J 9B tch	黃子銘 比拼(東分區第三聯隊))翰救傷隊 Dance Team Dance Team NG Pui Nam Ashley KWOK Atrie
混合見習支隊 55th School Dance Festival Group Dance Jazz and Street Dance Modern Dance (Secondary Section) Chinese Dance (Secondary Section) Dance World Cup 2019 Hong Kong Junior Large Group Commercial Category	最佳導演 18年H.A.N.D.S 冠軍 Highly Commended Award Choreograph Award Highly Commended Award g Qualifying mai Gold Award	12E 、大 聖然 J Chin Jazz J 8E J 9B tch Jazz	黃子銘 比拼(東分區第二聯隊) 翰救傷隊 ese Dance Team Dance Team NG Pui Nam Ashley KWOK Atrie Dance Team
混合見習支隊 55th School Dance Festival Group Dance Jazz and Street Dance Modern Dance (Secondary Section) Chinese Dance (Secondary Section) Dance World Cup 2019 Hong Kong Junior Large Group Commercial Category Asian Cup Children Solo Ballet Point Shoes Category	最佳導演 18年H.A.N.D.S 冠軍 Highly Commended Award Choreography Award Highly Commended Award g Qualifying mai Gold Award y Gold Award	12E . 大 里約 J Chin Jazz J 8E J 9B tch Jazz 8E	黃子銘 比拼(東分區第二聯隊) 翰救傷隊 ese Dance Team Dance Team NG Pui Nam Ashley KWOK Atrie Dance Team NG Pui Nam Ashley KWOK Atrie
混合見習支隊 55th School Dance Festival Group Dance Jazz and Street Dance Modern Dance (Secondary Section) Chinese Dance (Secondary Section) Dance World Cup 2019 Hong Kong Junior Large Group Commercial Category Asian Cup Children Solo Ballet Point Shoes Category Junior Solo Hip Hop Category	最佳導演 18年H.A.N.D.S 冠軍 Highy Commended Award Honoraward & Choreography Award Highy Commended Award g Qualifying mai Gold Award y Gold Award Gold Award	12E 5. 大 聖約 1 Chiri Jazz 1 8E 1 9B tch Jazz 8E 10E	黃子銘 比拼(東分區第三聯隊) 翰救傷隊 ese Dance Team Dance Team NG Pui Nam Ashley KWOK Atrie Dance Team NG Pui Nam Ashley KWOK Atrie Dance Team NG Pui Nam Ashley YUEN Tin Wai
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混合見習支隊 55th School Dance Festival Group Dance Jazz and Street Dance Modern Dance (Secondary Section) Chinese Dance (Secondary Section) Dance World Cup 2019 Hong Kong Junior Large Group Commercial Category Asian Cup Children Solo Ballet Point Shoes Category Junior Solo Hip Hop Category	最佳導演 18年H.A.N.D.S 冠軍 Highy Commended Award Honoraward & Choreography Award Highy Commended Award g Qualifying mai Gold Award y Gold Award Gold Award	12E 5. 大 聖約 1 Chirri Jazz 1 8E 1 9B tch Jazz 8E 10E titio 9B 9B	黃子銘 比拼(東分區第三聯隊) Data Dance Team Dance Team NG Pui Nam Ashley KWOK Atrie Dance Team NG Pui Nam Ashley YUOK Atrie Dance Team NG Pui Nam Ashley YUEN Tin Wai n 2018-2019 SIN Hei Shu LEUNG Shing Fung Seth
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7E 朱穎庭

9C 徐懿

傑出演員獎

傑出舞台效果獎、 傑出合作獎 戲劇學會

優異獎、最佳攝影 校園電視台

運動		
2018年香港青少年室內射箭淘流	太賽	
女子個人複合弓乙組	亞軍	10A 童嘉慧
2018年雙日單輪射箭比賽(星章	賽)	
女子複合弓少年組60米	冠軍	10A 童嘉慧
2018-2019 年度新界地域中學學	學界劍擊比賽	
男子總團體	冠軍	男子劍擊隊
男子花劍團體	冠軍	男子劍擊隊
男子重劍團體	季軍	男子劍擊隊
女子總團體	冠軍	女子劍擊隊
女子花劍團體	冠軍	女子劍擊隊
女子重劍團體	亞軍	女子劍擊隊
男子丙組花劍	季軍	7D 吳定泓
女子乙組重劍	冠軍	9D 周靖琳
女子甲組花劍	冠軍	IIC 溫卓衡
女子甲組花劍	季軍	IIA 王悅之
女子甲組重劍	冠軍	IIB 盧穎睎
男子丙組花剣	 元軍 元軍	8A 許業翹 8B 鄧卓賢
男子乙組重劍 男子乙組花劍	 冠軍	8B 鄧卓賢 9D 馮焯睎
All Hong Kong Inter-Secondary Sch		
BoysTeam 士芸碑女会签上上二中入进館用	Champion	Boys Softball Team
南華體育會第七十二屆全港學界		
女子乙組100米	冠軍	IOD 梁靖研
	亞軍	10D 梁靖研
2018公民青少年田徑錦標賽		
女子丙組100米	冠軍	10D 梁靖研
New Zealand World International	Grappler Open	2018
UI6	Champion	8C MASON Brindy Jinine
Philippines International Jiu-Sitsu O	pen 2018	
UI8	Champion	8C MASON Brindy Jinine
Hong Kong Grappling Tournament	For All 2018	
U20	Champion	8C MASON Brindy Jinine
2018年香港青少年室內射箭公開		
女子複合弓乙組	冠軍	10A 童嘉慧
2018-19年度中學校際乒乓球比		
2010-19千度中学仪际关长场几 男子甲組團體	季軍	□□) 男子甲組乒乓球隊
2018-2019 全港場地單車賽	7 7	57.1 1 加テーマが155
2010-2019 主心场地早早貧		
500米個人計時賽 (學校男子組)	冠軍 亞軍	IIA 吳浩嵐 9C 毛藝錡
2019 2010 左府新田州博士阁		九 七雲詞
2018-2019 年度新界地域中學		
男子組	冠軍 冠軍	男子網球隊 女子網球隊
▲ 動感單車 X FIT 先導計劃 活躍及		
凱恩早早 ∧ FII 元等計劃 泊雌♪ 男子團體		《早早返胡食 高中體育科學生
另丁國脰 男子個人	冠軍	
另丁個八 男子個人	冠軍 季軍	A 吳浩嵐 A 黎永豐
另于個八 女子個人	字里 亞軍	A 淡水豆 C 溫卓衡
	元市	二に 温早閑
中學校際長跑比賽	-	
男子甲組 (團體)	季軍	男子甲組田徑隊
中學校際羽毛球比賽		
女子丙組 (團體)	冠軍	女子丙組羽毛球隊
中學校際乒乓球比賽		
男子乙組 (團體)	冠軍	男子乙組乒乓球隊
女子乙組 (團體)	季軍	女子乙組乒乓球隊
第二十屆香港中學彈網錦標賽		
女子甲組(個人)	季軍	10E 林巧昕
男子甲組(隊際)	季軍	男子甲組彈網隊
中學校際田徑比賽		
男子乙組標鎗	亞軍	9C 潘梓浩
男子乙組200米	季軍	9E 吳栢希
男子乙組400米	冠軍	9E 吳栢希
女子乙組100米	冠軍	10D 梁靖研
女子乙組200米	冠軍	10D 梁靖研
女子丙組4x100米接力	亞軍	女子丙組田徑隊
中學校際排球比賽(沙田及西貢區	品)	
男子乙二組	冠軍	男子乙組排球隊
女子乙二組	亞軍	女子乙組排球隊
男子青年組- 花式繞樁賽	亞軍	9A 姚皓証
男子青年組- 速度繞樁賽	亞軍	9A 姚皓証
岫本体上而告いて剑殿的博安		
脰月即丁凸成以下则擎鈰悰耷		
體育節十四歲以下劍擊錦標賽 14歲以下男子重劍	冠軍	8B 鄧卓賢
	冠軍	8B 鄧卓賢

運動

10D 丘卓楠

第6屆全港中學微電影創作大賽 初中組

學牛榮譽			
学工沐言 2018-2019 (October 2018 to April :	2019)		
	2017)		
學術			
EDB Reading KOL Short Video Competit			
Primary Division 2019機械足球挑戰賽第一季	Champion	5C	LAU Nga Hang
小學組	亞軍	6B 5E	張鏡淳
笠4<日今洪小路敷路地船寒(初寒)		DE	劉羽真
第4屆全港小學數學挑戰賽 (初賽) 小四組	個人獎 - 金獎	4D	唐米
2018-19 Hong Kong Secondary Schools			冶八
2010-17 Hong Kong Secondary Schools		5B	PANG Ho Ching
Primary Section - Round 2	Winning Team	5B	IP Chun Hei Aidan
,	-	6B	WONG Hiu Ka
	Best Speaker	6B	WONG Hiu Ka
	Research Team	5A 5E	YEUNG Tze Wing YUEN Yi Eires
	Research ream	6B	LAI Yuen Wo Janice
2018-19年度第14屆全港小學數學比賽	【沙田區)比賽		
小五級	智多星冠軍	5A	梁焯陽
		5A	梁焯陽
	銅獎	5A 5D	 葉家豪 陳敖天
第五屆全港小學數學挑戰賽(2018-201	9)	50	「林放人
小四組個人賽	2010年1月11日1日11日11日11日11日11日11日11日11日11日11日11日	4D	唐米
	銀獎	4D	林俊賢
小五組 個人賽	銀獎	5A	梁焯陽
才藝			
The 23rd St. Cecilia International Music C	Competition 2018		
inal Round of Grade I Harp Solo	Champion	IC	LI Chi Ting
nter-School International Performance C	hallenge		
Grade 2 Harp (Lever)	Gold Medal	IC	LI Chi Ting
Asia Music Competition for Young Artist	Variat Artist Arrows		
Piano Open Class - Junior	Young Artist Award (Champion)	4E	LAM Lok Yi Chloe
The 7th International Open Visual Arts C	Competition		
Age Division: 6	Champion	IA	CHAN Chiu Yu Jyoti
2018 全港兒童繪畫創作大賽			
繪畫 P3-4	冠軍	5B	梁芷柔
第七十屆香港學校朗誦節			
詩詞獨誦 - 普通話 - 小學三、四年級 - 女子組 詩詞獨誦 - 粵語 - 小學五年級 - 女子組	 冠軍 冠軍 	4B 5C	
Solo Verse Speaking(Non-open) Primary I-2 (Girls)	I st Place	2B	CHAN Sum Yau
Solo Verse Speaking(Non-open) Primary 3 (Girls)	Ist Place	3A	KWOK Hiu Ching
Solo Verse Speaking(Non-open) Primary 4 (Girls) Solo Verse Speaking(Non-open) Primary 5 (Girls)	Ist Place	4B 5C	KWOK Hoi Lam Clarice WONG Jiyu Vanessa
Solo Verse Speaking(Non-open) Primary 5 (Girls)	l st Place I st Place	5C	SO Hoi Ting
Solo Verse Speaking(Non-open) Primary 6 (Boys)	I st Place	6A	CHEUNG Sui Lun Colin
Solo Verse Speaking(Non-open) Primary 6 (Girls)	Ist Place	6B	WONG Hiu Ka
18th Super Language Recitation Compet	ition		
Inglish Poem - PI	Champion	IC	LI Chi Ting
5th PRO Speech Competion			
Dramatic Scene - Primary School Grade 3	Champion	3B	CHAN Ho Him
第十一屆全港學生公開音樂比賽	72	25	白芯湖
醫樂獨唱 - 小學三年級 第三 日本 - 日本	冠軍	2E	何蕊翹
第五屆全港兒童繪畫分齡比賽 中國畫 - 第三組 (2012年出生的小朋友)	一等獎	IA	周天悅
第七屆I Love Summer兒童創作大賽			同人讥
場 こ回I LOVE Summer 元 里自下八貫 環保袋設計 - 小童組	2010(城际农政市 金獎	3B	何子潤
	 華夏兒藝"全國少年		
美術組	美術一等獎	3B	何子潤
	美術二等獎	ΙB	鄺頌芝
	美術特等獎	6A	張萃麟
2018回歸盃香港藝術菁英繪畫大賽			
兒童畫 - 兒童A組	冠軍	5B	梁芷柔
YACC The 9th International Open Visual			0.00
Age:6	Champion Champion	IA 2C	CHEUNG Yu Lun Marku CHEUNG Ho Lun Linus
Age:7 IKYPAF第六屆香港國際青少年表演藝	· · · · ·	20	CHEOING HO LUN LINU
1KTFAF第77回台港國际自少牛衣演藝 英國皇家音樂學院豎琴級別 - 兒童組	1/IJ 民J 金獎	IC	李幟亭
ABME AND A LEAD AND A	ш <u>х</u>	10	
/ocal Solo - Foreign Language, Age 10 or under	Ist Place	4A	SUN Pak Wah Paxtor
Graded Piano Solo/Grade4	I st Place	4E	LAM Lok Yi Chloe
Graded Piano Solo/Grade6	I st Place	6C	WONG Yuet Tung Jasmin
第五屆全港兒童繪畫分齡比賽2018			
第四组	一等獎	2C	張濠麟

第四组

P.1-2組

第二屆童夢歷奇繪畫比賽

香港演藝精英盃2018藝術創作大賽			
兒童初級組 2019英百日苑、今岡小年日帝主術書は		2C	張濠麟
2018華夏兒藝-全國少年兒童美術書法 ^{兒童組}	□大賛 美術壹等獎	2C	張濠麟
Draw My Watch 錶面設計比賽2018			SPECIFIC THE SPECIFIC
	金獎	2C	張濠麟
"細看童畫"兒童及青少年繪畫大賽2		()	
^{兒童組} 魅力中國系列活動2018	金獎	6A	張萃麟
	金獎	6A	張萃麟
維也納華爾茲孤步舞錦標賽			
11歳或以上男女組 CPM6	冠軍	5A	劉衍彤
運動		5E	許晉瑜
理到 2018 - 2019 年度沙田區小學校際乒乓	动于事		
2018 - 2019 中度沙山區小学仪际头头 男子團體	冠軍	5C	董啓傑
		6A	鄧述榮
		6D 6D	何曉駿 呂承亨
		6E	黃創廉
	亞軍	6D	呂承亨
2018 - 2019 年度沙田區小學校際足均 小學組	< <u>に</u> 養 季軍	甲乙	足球隊
小季組 2018 – 2019 年度沙田區小學校際田徑		カゴ	~~~~~~~~
		6A	吳卓諺
		6B	湯允禧 區兆鵬
男子甲組4X100米接力	季軍	6D 6D	<u>區兆鵬</u> 何曉駿
		6E	李易軒
男子甲組100米	冠軍	5D 6A	劉栢榛 吴卓諺
女子乙組跳高	亞軍	5C	鄒子澄
女子乙組60米	冠軍	5B	黎穎潼
Hong Kong Primary School Baseball Charr IuniorT-Game	2019 (1 2nd Runner-up		Vai Kee Cup) Baseball Team
Senior T-Game	Champion		r Baseball Team
全港分區小學跳繩比賽 2019	· · ·		
女子組 (沙田及西貢區)	冠軍	6E	郭知澄
第三十九屆沙田區舞蹈比賽			
低小組 第五十五屆學校舞蹈節	銀獎	也小	中國舞隊
低小組	優等獎	低小	中國舞隊
高小組	優等獎		中國舞隊
三人舞	優等獎	5A 5C	彭希瑜 黃智瑜
		5D	岑若妃
獨舞	優等獎	6C 6C	王悅曈
現代舞 - 高小組	甲級獎 全港總冠軍	中國	_ 王悅瞳 舞隊
Dance World Cup 2019 Hong Kong Quali	fying Match		
Primary School - Children Large Group National and Folklore	I st Place		r Chinese Dance Team
Primary School - Children Duet/Trio National and Folklore	l st Place	5A 5C	PANG Jaydee Hei Yu WONG Jiyu Vanessa
		5D	SHUM York Fei
2018 - 2019 年度沙田區小學校際羽毛			
男子團體 男子單打	亞軍	男子: 6D	羽毛球隊 區兆鵬
	亞軍	6C	陳言俊
	季軍	女子	羽毛球隊
Hong Kong (Asia) Ballet Competition 2013 Junior Division - Ballet Solo	B First Place	6C	WONG Yuet Tung Jasmine
unior Division - Bailet Solo APSF Asian Single Championship Hong Ko		UC	THOMO TUCK TUNE JASTTINE
		5A	LAU Hin Tung
Open Standard 5 Dance - Age 11 or below	Champion	5E	HUI Chun Yu
全港躲避盤錦標賽2018	78	20	齋工房
碗賽組	冠軍	3D	羅天恩
SI Skata Hang Kang 2018	Channaire	IE	CHENG Man Hei Manfred
	Champion		
Age6-8	Champion		
Age6-8 2018-2019年度全港藝術體操公開賽	Champion 冠軍	6C	許舒涵
Age6-8 2018 – 2019年度全港藝術體操公開賽 疎 <mark>爆/預備組中級組</mark> 第十五屆德藝雙馨香港區賽		6C	許舒涵
SI Skate Hong Kong 2018 Age6-8 2018 – 2019年度全港藝術體操公開賽 球操/預備組中級組 第十五屆德藝雙馨香港區賽 芭蕾舞雙人及三人舞 - 小學一/二年級組		6C IB	許舒涵
Age6-8 2018 – 2019年度全港藝術體操公開賽 球操/預備組中級組 第十五屆德藝雙馨香港區賽 芭蕾舞雙人及三人舞 - 小學一/二年級組 Junior Aquathlon	冠軍	ΙB	何思語
Age6-8 2018 – 2019年度全港藝術體操公開賽 球操/預備組中級組 第十五屆德藝雙馨香港區賽 芭蕾舞雙人及三人舞 - 小學一/二年級組 Junior Aquathlon Male - Year 2010	冠軍		
Age6-8 2018 – 2019年度全港藝術體操公開賽 球操/預備組中級組 第十五屆德藝雙馨香港區賽 芭蕾舞雙人及三人舞 - 小學一/二年級組 Junior Aquathlon	冠軍	ΙB	何思語
Age6-8 2018 – 2019年度全港藝術體操公開賽 球操/預備組中級組 第十五屆德藝雙馨香港區賽 芭蕾舞雙人及三人舞 - 小學一/二年級組 unior Aquathlon Male - Year 2010 4th Poomsae Competition	冠軍 冠軍 Champion Ist Place	IB 3D	何思語 LIU Sung Tin Alton

2C 張濠麟

2C 張濠麟

一等獎

一等獎



Book **Character** Day

Reading is an integral part of enhancing literacy. The Primary Division celebrated its annual Book Character Day on April 17, 2019. This year, positive education is incorporated into reading and the social-emotional learning of the VIA 24 character strengths is introduced. Students learn to read books from new perspectives and understand the importance of reading in the larger context of whole person development.

Students and teachers joined in on whole-day reading activities such as Book Character Parade, bookmarks, posters, story books creation, the Reading Across Campus activity, author talks and the Battle of the Books Competition.



6A Tang Renita Sui Ni

I participated Reading Day and it was an incredible event. Our theme this year was Character Strengths. On that day we got to dress up as our favourite book character! We had several students who made STEAM costumes to go onstage. We also had the Battle of the Books. I represented my class and we had to answer questions about both English and Chinese book. My class won and I felt very satisfied. I have to say that Book Character Day is one of the most spectacular events of the year!



6D Shek Yuen Ching

Reading Day was loads of fun! In the morning, we had a book character parade where students with fantastic costume had a catwalk on stage. I got to enjoy many beautiful costumes! We also gave our G1 buddies a surprise visit and we introduced our book characters through a PowerPoint. In the afternoon, there were activities such as "Booktivities" where we created our own books, "Battle of the Books", and "Reading Across Campus". It was fun to learn that as long you enjoy reading, you can read literally everywhere!



Secondary Division 中學部

BrAvEry

6D 王敏莊

校園裏傳出響亮的笑聲,同學們也掛 着一副如太陽般燦爛的笑容·因為今 天是一個非常特別的日子「書中人物 日」。這個一年一度的特別日子、同 學可以穿着自己喜愛的書中人物。我 回到學校看到同學們穿着形形色色的 服裝,有蜘蛛俠、花木蘭、小飛俠等 等,真的像走進了童話世界呢!到了 下午·活動更精彩。我們邀請了作者 到學校進行演講·講了一些關於偵探 的小說和可以思考的問題。今天真是 非常精彩、令我難以忘懷。

